

Ways We Can Help:

If you don't call we can't help!

1-800-272-3900

Our Vision: A World Without Alzheimer's

Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

For over 25 years, the donor-supported, not-for-profit Alzheimer's Association has provided reliable information and care consultation, created support services for families, advocated for funding for dementia research, and influenced public policy changes.

An estimated 11,600 Vermonters are currently living with Alzheimer's and other dementias. By 2025 the incidence is expected to increase to nearly 20,000.

Vermont Staff

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Services

Information & Referral: The Chapter provides emotional support to the caller as well as information about Alzheimer's disease and related disorders, chapter services and referrals to community resources.

Care Consultations: Dedicated professional staff help people navigate through the difficult decisions and uncertainties people with Alzheimer's and their families face at every stage of the disease. Services can be provided by telephone, e-mail or in-person.

Support Groups: Participation in a support group can help caregivers and family members by providing a chance to share with others who understand a similar situation.

Safety Services: The Chapter promotes and encourages people with Alzheimer's to enroll in MedicAlert® + Alzheimer's Association Safe Return®. When a person with Alzheimer's or a related dementia wanders or has a medical emergency, the Chapter provides support to the family and assists law enforcement.

Education: The Chapter maintains a variety of educational materials (brochures, videos, audiotapes, and books) on topics related to Alzheimer's disease and related disorders. Topics include basic information about the disease, getting a diagnosis, communication techniques, home safety tips, choosing a residential care setting, caregiving experiences and activity programming.

I can't thank the staff enough for the support they gave me and my family this September. Their guidance helped me through the heart-wrenching process of finding the right care facility for my 53 year old sister who has young onset Alzheimer's disease.

Lisa from Grand Isle, VT

Community Education Programs:

Know the 10 Signs is a family education program that aims to increase awareness of the warning signs of Alzheimer's and the benefits of early detection and early diagnosis.

The Basics: Memory Loss, Dementia, & Alzheimer's is a workshop for anyone who would like to know more about Alzheimer's disease and related dementias.

Living with Alzheimer's: For People with Alzheimer's is an interactive three-part program where you will have a chance to hear from others who have been where you are. We will discuss what you need to know to navigate this chapter of your life.

Living with Alzheimer's for Younger-Onset Alzheimer's is a series of education programs that provide answers to the questions that arise for people concerned about Younger-Onset Alzheimer's or related dementias. Hear from those directly affected and learn what you can do to ease the impact throughout the course of the disease.

Living with Alzheimer's for Caregivers is a series of education programs that provides answers to the questions that arise in the early, middle and late stages of the disease. Hear from those directly affected and learn what you need to know to navigate the process of caring for someone with Alzheimer's.

Legal and Financial Planning for Alzheimer's Disease is an interactive two-part program where you will learn about important legal and financial issues to consider, how to put plans in place and how to access legal and financial resources near you.

If you would like to schedule a program for your community group, rotary club, church group, or other gathering please contact the Chapter for details.

Professional Education Programs:

Foundations of Dementia Care:

Our national training program, part of the Alzheimer's Association's Campaign for Quality Residential Care, provides professionals with hands-on practices based on the latest research and expert evidence in the dementia care field. The program consists of 9 modules covering all aspects of dementia care in residential and skilled nursing facilities. Home care modules are coming soon. Contact the Chapter Office for details.

Online Training for Professional Caregivers:

The Alzheimer's Association has teamed up with Health Care Interactive to develop CARES® online training. CARES is a person-centered, easy-to-remember approach to care for any person in any situation and at any level of dementia thinking decline. CARES stands for: **C**onnect with the Person, **A**ssess Behavior, **R**espond Appropriately, **E**valuate What Works, and **S**hare with Others. For more information about CARES programs go to <http://www.hcinteractive.com/ProfessionalCARES>

Get trained. Get certified. It's essentiALZ.

Do you provide care for someone with dementia or Alzheimer's? The Alzheimer's Association® essentiALZ™ certification program is a convenient way for individuals to be recognized for learning quality dementia care practices. The essentiALZ program combines select HealthCare Interactive CARES® online dementia care training with Alzheimer's Association certification exams, to find out more go to <http://www.hcinteractive.com/essentialz>

Get Involved...Join the Cause!

Join us in our vision of a world without Alzheimer's. The **Walk to End Alzheimer's** is a united movement that has allowed us to take great strides in the fight against Alzheimer's. Feel connected to thousands of others from across the state who walk together to end this devastating disease. This inspirational event helps rid the feelings of isolation felt by so many dealing with Alzheimer's by bringing us together to raise the funds needed to beat Alzheimer's. For more information on how to get involved visit us at www.alz.org/walk

www.alz.org

Our award winning website includes an interactive Brain Tour that helps the lay person understand what Alzheimer's disease is. Other features include electronic versions of brochures, links to resources and the Green Field Library. Visit the message boards to connect with others. You may also sign up for the Alzheimer's Association e-newsletter, Research Updates and the Alzheimer's Advocacy Networks.

To access Vermont Chapter information enter your zip code or choose Vermont on the drop down list of states. You'll find links to local resources and information on upcoming programs and events.

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Website: alz.org

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