

101 Things to Do

With an individual who has Alzheimer's disease

1. Clip coupons
2. Sort poker chips
3. Count tickets
4. Rake leaves
5. Vacuum
6. Look up names in a phone book
7. Bake cookies
8. Read the daily paper out loud
9. Ask a friend with a child to visit
10. Read out loud
11. Listen to relaxing music
12. Plant seeds
13. Look at family photos
14. Toss a ball
15. Color pictures
16. Make homemade lemonade
17. Wipe off the table
18. Weed the flowerbed
19. Make Cream Cheese Mints
2lbs Powdered Sugar,
8oz Cream Cheese,
2 Drops Peppermint
Extract. Knead together,
press into mint molds.
20. Have a spelling bee
21. Read from Reader's Digest
22. Fold clothes
23. Arrange a visit with a calm pet
24. Cut pictures from old greeting cards
25. Wash/dry silverware
26. Bake homemade bread
27. Sort objects, such as beads, by color
28. Sing Christmas carols
29. Say "Tell me more" when she/he talks about a memory
30. Put silverware away
31. Make a Valentine collage
32. Play favorite songs and sing together
33. Take a ride
34. Make a cherry pie
35. Read poetry aloud
36. Dye Easter eggs
37. Make a basket of socks
38. Take a walk
39. Reminisce about the first day of school
40. String cheerios to hang outside for the birds
41. Make a fresh fruit salad
42. Sweep the patio
43. Color paper shamrocks green
44. Fold towels
45. Have afternoon tea
46. Remember great inventions
47. Play Pictionary
48. Paint a sheet
49. Cut out paper dolls
50. Identify states and capitals
51. Make a family tree
52. Color a picture of our flag
53. Cook hot dogs outside
54. Grow magic rocks
55. Water houseplants
56. Reminisce about a first kiss
57. Play horseshoes
58. Dance
59. Sing favorite hymns
60. Make homemade ice cream
61. Force bulbs for winter blooming
62. Make Christmas cards
63. Sort cards by suit or color
64. Write a letter to a family member
65. Dress in team colors on football Saturday
66. Pop popcorn
67. Name the presidents
68. Give a manicure or a pedicure
69. Make paper butterflies
70. Plant a tree
71. Make a May basket
72. Make homemade apple sauce
73. Finish famous sayings
74. Feed ducks on a pond
75. Mold play dough
76. Look at pictures in a National Geographic
77. Put together a simple puzzle
78. Sand wood
79. Apply hand lotion
80. Decorate paper placemats
81. Arrange fresh flowers
82. Remember famous people
83. Straighten underwear drawer
84. Finish nursery rhymes
85. Make peanut butter sandwiches
86. Wipe off patio furniture
87. Cut up used paper for scratch paper
88. Take care of a fish tank
89. Trace and cut out leaves
90. Ask simple trivia questions

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91. Finish bible quotes
92. Paint with string
93. Cut pictures from a magazine
94. Read classic short stories
95. Put coins in a jar or roll
96. Sew sewing cards
97. Put bird seed out for the birds
98. Clean out a pumpkin
99. Roll yarn into a ball
100. Reminisce about a favorite season
101. Make a birthday cake

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