**GPCOG Screening Test**

**Step 1: Patient Examination**

Unless specified, each question should only be asked once

**Name and Address for subsequent recall test**

1. “I am going to give you a name and address. After I have said it, I want you to repeat it. Remember this name and address because I am going to ask you to tell it to me again in a few minutes: John Brown, 42 West Street, Kensington.” (Allow a maximum of 4 attempts).

**Time Orientation**

2. What is the date? (exact only)

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**Clock Drawing** – use blank page

3. *Please mark in all the numbers to indicate the hours of a clock* (correct spacing required)

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4. *Please mark in hands to show 10 minutes past eleven o’clock* (11.10)

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**Information**

5. Can you tell me something that happened in the news recently? (Recently = in the last week. If a general answer is given, eg “war”, “lot of rain”, ask for details. Only specific answer scores).

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**Recall**

6. What was the name and address I asked you to remember

   John  
   Brown  
   42  
   West (St)  
   Kensington

(To get a total score, add the number of items answered correctly)

**Total correct** (score out of 9)

/9

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If patient scores 9, no significant cognitive impairment and further testing not necessary.

If patient scores 5-8, more information required. Proceed with Step 2, informant section.

If patient scores 0-4, cognitive impairment is indicated. Conduct standard investigations.

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Informant Interview

Date: ____________

Informant’s name: ___________________________________

Informant’s relationship to patient, i.e. informant is the patient’s: ____________

These six questions ask how the patient is compared to when s/he was well, say 5 – 10 years ago

Compared to a few years ago:

- Does the patient have more trouble remembering things that have happened recently than s/he used to?

- Does he or she have more trouble recalling conversations a few days later?

- When speaking, does the patient have more difficulty in finding the right word or tend to use the wrong words more often?

- Is the patient less able to manage money and financial affairs (e.g. paying bills, budgeting)?

- Is the patient less able to manage his or her medication independently?

- Does the patient need more assistance with transport (either private or public)?
  (If the patient has difficulties due only to physical problems, e.g bad leg, tick ‘no’)

(To get a total score, add the number of items answered ‘no’, ‘don’t know’ or ‘N/A’)

Total score (out of 6) ____________

If patient scores 0-3, cognitive impairment is indicated. Conduct standard investigations.

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