Welcome!

If your children have a parent or grandparent with Alzheimer’s, or if you are a teacher who wants to help your students better understand and cope with the disease, you’re in the right place. To supplement our programs for kids and teens, here are some resources you can use to help kids and teens understand and cope with Alzheimer’s disease and related dementias.

Alzheimer’s Association Resources:

Services

- **24/7 Helpline** (1.800.272.3900): Our Helpline is staffed by Information Specialists and Care Consultants who provide emotional support and practical information to all those who need assistance.
- **Online Community**: Our message boards and chat rooms provide the opportunity to share thoughts and experiences, ask questions, receive encouragement, and make connections with others.

Web Pages/Electronic Materials

- **Alzheimer’s Disease: Major Milestones**: Describes the remarkable strides that have been made over the past century in understanding how Alzheimer’s affects the brain and learning how to make life better for affected individuals and families.
- **Parents’ Guide: Helping Children and Teens Understand Alzheimer’s Disease**: Our brochure written to help parents communicate more effectively with their children when Alzheimer’s disease affects the family.
- **Maria Shriver: What’s Happening to Grandpa (book) and Grandpa, Do You Know Who I Am? (documentary)**: Describes the Association’s collaborations with Maria Shriver to raise awareness about Alzheimer’s disease, including her book and documentary focusing on children who have relatives with the disease.

Resource Lists

- **For School Projects on Alzheimer’s Disease**
- **Information for Children and Adolescents**
Additional Resources:

- **Alzbrain.org**: A learning resource containing information for caregivers and educators. It is sponsored by the Dementia Education & Training Program through support from the Alabama Department of Mental Health and Mental Retardation and the Alabama state legislature.

- **Alzheimer’s Disease Education & Referral Center: Information for Children and Teens**: A compilation of books, articles, brochures, and Web sites aimed toward helping children and teens.

- **Grandpa isn’t Grandpa Anymore**: A book written to help children understand the stages and changes of Alzheimer’s Disease. It presents the story from the grandchildren’s point of view, following the early signs of Alzheimer’s to the point where Grandpa has to live in a long-term care facility.

- **Mayo Clinic: Alzheimer’s – Helping Children Understand the Disease**: An article written by Mayo Clinic staff focusing on questions that children may ask and tips for responding to those questions.

- **The Whole Brain Atlas**: An information resource for central nervous system imaging which integrates clinical information with magnetic resonance (MR), x-ray computed tomography (CT), and nuclear medicine images. The project is made possible in part by the Departments of Radiology and Neurology at Brigham and Women’s Hospital, Harvard Medical School, the Countway Library of Medicine, and the American Academy of Neurology.

- **Young Children in Early-Onset Alzheimer’s Disease Families: Research Gaps and Emerging Service Needs**: An article published in the American Journal of Alzheimer’s Disease and Other Dementias addressing the unique psychosocial issues that children and teens face when a parent under the age of 65 has Alzheimer’s disease.