In North Carolina, 8.5 percent of those aged 60 and over report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

Over 75 percent of them have not talked to a health care professional about it.

For those with worsening memory problems, more than four in ten say it has interfered with household activities and/or work or social activities.

**Percent of Those Aged 60+ Reporting Worsening Memory Problems in Previous 12 Months**

<table>
<thead>
<tr>
<th>All 8.5%</th>
<th>Gender</th>
<th>Age</th>
<th>Disability</th>
<th>Veterans</th>
</tr>
</thead>
<tbody>
<tr>
<td>All 8.5%</td>
<td>Men 8.4%</td>
<td>Women 8.5%</td>
<td>60-64 8.8%</td>
<td>65-74 7.5%</td>
</tr>
</tbody>
</table>

**Percent with memory problems who say it creates difficulties and burden**

- Memory Problems Interfere with Activities 43.3%
- Need Assistance 51.9%
- Receive Help from Family and Friends 11.9%

**Percent with memory problems by educational attainment**

- Less than High School 12.9%
- High School 7.8%
- Some College 8.3%
- College Grad 4.1%

**Percent with memory problems who live alone**

39.9%