In Utah, 17 percent of those aged 60 and over – and one in three aged 85 and over – report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

Over 80 percent of them have not talked to a health care professional about it.

For those with worsening memory problems, about one in three says it has interfered with household activities and/or work or social activities.

### Percent of Those Aged 60+ Reporting Worsening Memory Problems in Previous 12 Months

<table>
<thead>
<tr>
<th>All</th>
<th>Gender</th>
<th>Age</th>
<th>Disability</th>
<th>Veterans</th>
</tr>
</thead>
<tbody>
<tr>
<td>17.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Men</td>
<td>Women</td>
<td>60-64</td>
<td>65-74</td>
</tr>
<tr>
<td></td>
<td>17.4%</td>
<td>16.6%</td>
<td>14.6%</td>
<td>15.7%</td>
</tr>
</tbody>
</table>

### Percent with memory problems who say it creates difficulties and burden

- Memory Problems Interfere with Activities: 30.2%
- Need Assistance: 46.4%
- Receive Help from Family and Friends: 5.8%

### Percent with memory problems by educational attainment

- High School: 22.8%
- Some College: 17.1%
- College Grad: 13.2%

### Percent with memory problems who live alone

29.4%