Short Form of the Informant Questionnaire on Cognitive Decline in the Elderly (Short IQCODE)

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There is no copyright on the Short IQCODE. However, the author appreciates being kept informed of research projects which make use of it.

Note: As used in published studies, the IQCODE was preceded by questions to the informant on the subject's sociodemographic characteristics and physical health.
Now we want you to remember what your friend or relative was like 10 years ago and to compare it with what he/she is like now. 10 years ago was in 19__. Below are situations where this person has to use his/her memory or intelligence and we want you to indicate whether this has improved, stayed the same or got worse in that situation over the past 10 years. Note the importance of comparing his/her present performance with 10 years ago. So if 10 years ago this person always forgot where he/she had left things, and he/she still does, then this would be considered "Hasn't changed much". Please indicate the changes you have observed by circling the appropriate answer.

**Compared with 10 years ago how is this person at:**

<table>
<thead>
<tr>
<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Remembering things about family and friends e.g. occupations, birthdays, addresses</td>
<td>Much improved</td>
<td>A bit improved</td>
<td>Not much change</td>
<td>A bit worse</td>
</tr>
<tr>
<td>2</td>
<td>Remembering things that have happened recently</td>
<td>Much improved</td>
<td>A bit improved</td>
<td>Not much change</td>
<td>A bit worse</td>
</tr>
<tr>
<td>3</td>
<td>Recalling conversations a few days later</td>
<td>Much improved</td>
<td>A bit improved</td>
<td>Not much change</td>
<td>A bit worse</td>
</tr>
<tr>
<td>4</td>
<td>Remembering his/her address and telephone number</td>
<td>Much improved</td>
<td>A bit improved</td>
<td>Not much change</td>
<td>A bit worse</td>
</tr>
<tr>
<td>5</td>
<td>Remembering what day and month it is</td>
<td>Much improved</td>
<td>A bit improved</td>
<td>Not much change</td>
<td>A bit worse</td>
</tr>
<tr>
<td>6</td>
<td>Remembering where things are usually kept</td>
<td>Much improved</td>
<td>A bit improved</td>
<td>Not much change</td>
<td>A bit worse</td>
</tr>
<tr>
<td>7</td>
<td>Remembering where to find things which have been put in a different place from usual</td>
<td>Much improved</td>
<td>A bit improved</td>
<td>Not much change</td>
<td>A bit worse</td>
</tr>
<tr>
<td>8</td>
<td>Knowing how to work familiar machines around the house</td>
<td>Much improved</td>
<td>A bit improved</td>
<td>Not much change</td>
<td>A bit worse</td>
</tr>
</tbody>
</table>
9. Learning to use a new gadget or machine around the house
   | Much improved | A bit improved | Not much change | A bit worse | Much worse
10. Learning new things in general
    | Much improved | A bit improved | Not much change | A bit worse | Much worse
11. Following a story in a book or on TV
    | Much improved | A bit improved | Not much change | A bit worse | Much worse
12. Making decisions on everyday matters
    | Much improved | A bit improved | Not much change | A bit worse | Much worse
13. Handling money for shopping
    | Much improved | A bit improved | Not much change | A bit worse | Much worse
14. Handling financial matters e.g. the pension, dealing with the bank
    | Much improved | A bit improved | Not much change | A bit worse | Much worse
15. Handling other everyday arithmetic problems e.g. knowing how much food to buy, knowing how long between visits from family or friends
    | Much improved | A bit improved | Not much change | A bit worse | Much worse
16. Using his/her intelligence to understand what's going on and to reason things through
    | Much improved | A bit improved | Not much change | A bit worse | Much worse