

VOLUNTEER NEWSLETTER

October 2010



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alzheimer's association

memory walk '10[®]

An Overview

Alzheimer's Association Memory Walk™ is the nation's largest event to raise awareness and funds for Alzheimer care, support and research. Held annually in hundreds of communities across the country, this inspiring event calls on volunteers of all ages to become champions in the fight against Alzheimer's disease.

What Does Memory Walk Support?

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Memory Walk supports our mission to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's.

When is Memory Walk?

November 6, 2010

Fashion Show Mall

3200 Las Vegas Blvd.

7:00 a.m. - 10:00 a.m.

Registration Info

Luis Carrillo, Regional Director

702-248-2770

luis.carrillo@alz.org

Andrea Starks, Office Manager

702-248-2770

andrea.starks@alz.org

Register online:

[Http://lasvegasmemorywalk.org](http://lasvegasmemorywalk.org)



Memory Walk Kick-Off Event

The 2010 Las Vegas Memory Walk officially kicked off August 25th, 2010. Team captains, individual walkers and community sponsors came together to celebrate and encourage each other to MOVE a nation to end Alzheimer's!

"Every year, we are honored and amazed by the community support we receive," shared Luis Carrillo, Southern Nevada Regional Director.

"Especially in these economic times, when so many people have to do more with less, the out-pouring of help and support is phenomenal!"



Hosted at the Italian American Club, this year's kick-off

raised over \$3,000 for the 2010 Las Vegas Memory Walk.

"I cannot thank the Italian American Club enough for the delicious food and there hospitality," raved Mr. Carrillo. "As well, this event would not be possible without the support of

Life Care Center of Las Vegas & Life Care Center of Paradise Valley."

Memory Walk is the Desert Southwest Chapter's largest fundraiser. Last year, teams, walkers and sponsors in southern Nevada raised over \$100,000 to support local programs and services as well as the latest advancements in Alzheimer's research.

The Alzheimer's Association Las Vegas Memory Walk is Saturday, November 6th. The Walk is one of the few indoor walks in the Nation, held inside of the Fashion Show Mall in Las Vegas. It's an early morning for the cause as registration opens at 7:00 am and the Walk begins at 9:00 am.

Dan B. Lawler
Director of Development

To sign up for the Memory Walk, go to www.LasVegasMemoryWalk.org or call our Regional Office at 702-248-2770.



Calling All Volunteers!



Your support would be greatly appreciated for the 2010 Memory Walk. We need plenty of volunteers this year to help us with creating goody bags, setting-up for Memory Walk (night before) and various volunteer projects the day of Memory Walk.

We need volunteers for the following dates:

- **Memory Walk Goody Bag Party – Thursday, Oct. 28th at 2:00pm until done (1-2 hrs.) Our office**
- **Memory Walk set-up- Friday, Nov. 5th at 8:30pm until done (1-2 hrs.) Fashion Show Mall**
- **Memory Walk event – Saturday, Nov. 6th at 6:30am-9:00am Fashion Show Mall**
- **Memory Walk event clean-up/ breakdown at 8:30am until done or by 9am.**

Please let me know soon if you are able to volunteer for Memory Walk 2010!

Looking forward to hearing from you!

Shanna Grayson
shanna.grayson@alz.org
702-248-2770



Nevada CarePRO, Please Join Us!

The CarePRO program is now taking applicants for upcoming sessions. Funded by the Federal Administration on Aging, our Chapter is contracted to provide this free service to caregiver's.

Designed by David W. Coon, PhD, an ASU professor who is one of the nation's leading experts on caregiver support, the program is part of a nationwide effort to provide evidence based skills to caregivers.

Each CarePRO series engages seven to ten caregivers in education about dementia and its impact on families. Caregivers are trained in ways to manage stress and techniques to help them cope with disease and communicate better with loved ones suffering form memory loss.



Please see flyer insert for further details and contact information.

FTD/PPA Caregiver Support Group

New Frontal Temporal Lobe Dementia Support Group

If you are caring for someone with Frontal Temporal Lobe Dementia, who is caring for you?

The informational group design makes it possible for families to learn more about Frontal Temporal Lobe Dementia as well as understand their feelings about the changes dementia has made on their daily lives. This Caregiver support group will help you:

- Learn practical information
- Get mutual support
- Learn about your local community resources

Please join us the 2nd Wednesday of the month

Where: Glazier's Food Marketplace-Community Room

Desert Marketplace—8525 West Warm Springs Rd

(Durango & Warm Springs)
Las Vegas, NV. 89113

Time: 7:00 – 8:30 pm

Contact: Before attending the support group, please contact Lisa Radin, Support Group Facilitator, or Christine Terry, Alzheimer's Association Desert Southwest Chapter, Southern Nevada Region:

Lisa Radin, Support Group Facilitator, at lradin@iglide.net
Christine Terry, Program Manager, at 702-248-2770 or christine.terry@alz.org



The Desert Southwest Chapter of the Alzheimer's Association is a charitable organization incorporated in the State of Arizona and governed by a local board of directors. While we are an affiliate of the National Alzheimer's Association based in Chicago, all our work is devoted to providing service and support to Alzheimer's patients, family members and caregivers throughout Arizona and Southern Nevada.

Our Mission To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Our Vision A world without Alzheimer's disease.

Our Purpose To empower and support individuals, families, care partners and communities affected by dementia in Arizona and Southern Nevada.

Announcements



Introducing Our New Office

The Southern Nevada Regional office has grown by leaps and bounds by expanding its staff, volunteers and space since its doors opened. Currently servicing this office is a Regional Director, Regional Office Manager, (3) Family Care Consultants and a Program Manager. Although the relocation is just next door to the old office in Suite #104, there is plenty of room for the staff and working volunteers to get the job done.

The new office space is approximately 3500 square feet, the set-up is comprised of a reception area, conference room, break area, volunteer work room, staff offices, (2) restrooms and warehouse storage. We welcome you to stop by and take a tour of the new space as the Open House will be announced later next month.

Committee chairs, support group facilitators and volunteer positions are available. Please contact the Regional Office if you or someone you know are interested in working with the Alzheimer's Association.

Andrea Starks, Regional Office Manager

JOIN US IN MAKING A DIFFERENCE IN OUR COMMUNITY

We are looking for helpline volunteers and clerical volunteers to help us in the office. If you are interested or know someone who might be interested, please call

Andrea Starks at
(702) 248-2770 or email
andrea.starks@alz.org

¿Cómo puedo ayudar?

Aporta tu tiempo como voluntario

¡Nuestros voluntarios son esenciales!
Las oportunidades incluyen recibir entrenamiento para ayudar en programas como Helpline (Línea de Ayuda) o Grupos de Apoyo, ser asistente de oficina, promoción multicultural y en la comunidad, y participar activamente en comités.

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