



the compassion to care, the leadership to conquer

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FOR IMMEDIATE RELEASE

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**Alzheimer's Association offers new education program to help those living with
Alzheimer's disease**

(Cedar Rapids, IA) – While an early diagnosis of Alzheimer's disease allows affected people, relatives and their caregivers to plan for the future, the diagnosis is life-changing and leads to many questions. The Alzheimer's Association East Central Iowa Chapter will offer a FREE program for those in the early stages of Alzheimer's disease at the Human Service Campus, 2nd Floor Conference Room located at 317 7th Ave. SE in Cedar Rapids. The three part series will take place from 5–7 p.m. on June 13, 20 and 27.

Living with Alzheimer's: For People with Alzheimer's is an interactive three-part program where participants will have a chance to hear from others who have been diagnosed with Alzheimer's disease. "The Alzheimer's Association is committed to increasing awareness about the importance of early detection and diagnosis," said Amanda Miller, Education and Outreach Manager of the Alzheimer's Association East Central Iowa Chapter. "The Living with Alzheimer's goal is to work with people in the community and connect them to local resources and services that help them to better understand and manage what Alzheimer's disease introduces into their lives. This knowledge can not only be empowering but extremely helpful to the whole family." Discussion topics will include:

- Understanding Alzheimer's disease and memory loss.
- Partnering with your medical team.
- Effective communication and telling others about the diagnosis.
- Coping with changes and making decisions.
- Daily strategies and safety issues.
- Opportunities for supporting research.

- Resources for people with early-stage Alzheimer's disease.

Registration is required and can be completed by calling 800.272.3900 or emailing Amanda.Miller@alz.org.

About the Alzheimer's Association:

The Alzheimer's Association is the leading voluntary health organization in Alzheimer care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's disease. For more information, visit www.alz.org/eci.

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