

A support group designed for individuals in the early stages of Alzheimer's disease or related dementias and their care partners

early stage support group

The Alzheimer's Association Early Stage Support Group provides an opportunity for individuals with Alzheimer's disease or related dementias and their care partners to meet regularly for information, emotional support and socialization among peers who face similar circumstances. The group can also encourage open communication between persons with dementia and their loved ones regarding emotional and practical issues. For more information about the Early Stage Support Group, participant guidelines, and meeting times and location, contact the Alzheimer's Association East Central Iowa Chapter at 319.294.9699 or at 1-800-272-3900.

The Early Stage Support Group is offered at no charge.

Early Stage Support Group Participant Guidelines

- Individuals must be in the early stages of Alzheimer's disease or related dementias
- It is desirable for the person with dementia to have a care partner attend the group sessions with them
- Attendees must be willing to discuss feelings and experiences related to their illness
- Attendees must have good communication skills, e.g. be able to participate in discussion, express him/herself, and understand others despite difficulty with word finding or speech.
- Attendees must be comfortable in and enjoy social situations
- An interview with the carepartner and person with disease is required before attendance.

Meeting Times and Locations

Cedar Rapids

This group meets one time each month for 1 1/2 hours. Call for meeting time and location.

Iowa City

This group meets one time each month for 1 1/2 hours. Call for meeting time and location.

Waterloo

This group meets one time each month for 1 1/2 hours. Call for meeting time and location.

Learn more by visiting our website or by calling our 24/7 Helpline.

PRESENTED BY:

www.alz.org/eci

alzheimer's  association™

24/7 Helpline - 1.800.272.3900

the compassion to care, the leadership to conquer