



the compassion to care, the leadership to conquer

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**Board of Directors became “Helping Hands” at HuHot Mongolian Grill**  
*Event raises funds for Alzheimer’s Association*

**(Cedar Rapids, Iowa, February 18)** – Local community leaders raised some cold hard cash while cooking up some hot food at HuHot Mongolian Grill in Cedar Rapids. The Alzheimer’s Association Board of Directors participated in the HuHot Helping Hands program to benefit East Central Iowa Chapter on Wednesday, February 17<sup>th</sup> in the Lindale Mall restaurant. Board members became grill-masters while learning tricks of the trade and showing off their culinary skills. Other Board members greeted customers and shared the services available through the Alzheimer’s Association. The event raised just under \$1,000.

“The HuHot Helping Hands event was truly a successful evening,” said Lindsey Driscoll, Public Relations & Events Coordinator for the Alzheimer’s Association East Central Iowa Chapter. “We were able to reach out to community members to raise concern and awareness for the disease. Alzheimer’s is currently the 5<sup>th</sup> leading cause of death in Iowa, so our primary focus is educating the public on warning signs of the disease and getting an early diagnosis.”

**About the Alzheimer's Association:**

The Alzheimer’s Association is the leading voluntary health organization in Alzheimer’s research, care and support. Our mission is to eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer’s. For more information visit [www.alz.org/eci](http://www.alz.org/eci).

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