

## Educational Materials List



The Georgia Chapter of the Alzheimer's Association offers the following publications to assist families in coping with the changes they may encounter when assisting their loved ones living with Alzheimer's disease. If you are interested in purchasing any particular book, please complete the attached book order form and mail or email it to our offices.

### ***FOR THE FAMILY CAREGIVER:***

#### ***Instructional/Direct Care***

1. **A Field Guide for Families**, Jane Yousey. How to Assist Your Older Loved Ones When You Don't Live Next Door. 2002. 198 pp. \$18.00
2. **Alzheimer's: The Answers You Need**, Helen D. Davies and Michael P. Jensen. A guidebook written for people in the early stages of Alzheimer's disease and their caregivers. Provides helpful answers to questions like: "Can I continue to work?" and "Will Alzheimer's affect my driving?" 1998. 138 pp. \$14.00
3. **Alzheimer's: A Caregivers Guide and Sourcebook**, Howard Gruetzner. Understanding the patient's behaviors and ways to cope. 1988. 230 pp. \$16.00
4. **Alzheimer's Disease: Caregivers Speak Out**, Pam Haisman, RN, MS. A guide for families, friends, and professionals to better understand those who have Alzheimer's disease and the people who care for them. 1998. 276 pp. \$22.00
5. **Alzheimer's Sourcebook for Caregivers**, Frena Gray-Davidson. A fact-based, hands on caregiving book written by an in-home Alzheimer's caregiver. 1996. 242 pp. \$17.00
6. **Don't Take My Grief Away From Me: How to Walk Through Grief and Learn to Live Again**, Doug Manning. Tips on dealing with the death of a loved one. 1979. 128 pp. \$10.00
7. **Elder Rage or Take My Farther...Please**, Jacqueline Marcell. A guidebook for how to survive caring for aging parents. 2001. 270 pp. \$16.00
8. **Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Measures Only and the Patient with a Life-Threatening Illness**, Hank Dunn. 1994. 48 pp. \$2.00. Available in Spanish.
10. **Helping People Through Grief**, Delores Kuenning. Discusses coping skills to help families deal with extended grief occurring with chronic illness and Alzheimer's. 1987. 213 pp. \$13.00
11. **How to Care for Your Parents**, Nora Jean Levin. A truly useful, realistic and comprehensive road map to all of the issues and available resources. 1997. 259 pp. \$15.00
12. **How to Keep Your Loved One Safe in a Nursing Home**, Andrew D. Weinberg, M.D. A Quick Reference Guide for Families. 2003. 106 pp. \$15.00
13. **Learning to Speak Alzheimer's**, Joanne Koenig Coste. A Groundbreaking Approach for Everyone Dealing with the Disease. 2003. 240 pp. \$16.50
14. **Mom's OK She Just Forgets**, Evelyn McLay & Ellen P. Young. The Alzheimer's Journey from Denial to Acceptance- A Handbook for Families. 2007. 181 pp. \$13.00
15. **Moving a Relative with Memory Loss: A Family Caregiver's Guide**, Laurie White & Beth Spencer. A step-by-step guide to transitioning a person with Alzheimer's. 2000. 50 pp. \$10.00
16. **Navigating the Alzheimer's Journey**, Carol Bowlby Sifton. A guidebook for providing the best care for a loved on with Alzheimer's. 2004. 558 pp. \$27.00

## Educational Materials List



17. **Nurturing Nuggets**, Susan E. Lanza. 25 Supportive Strategies in caring for persons with dementia. 2006. 25 pp. \$7.00
18. **Parenting our Parents**, Doug Manning. How to communicate with your parents when roles change. 1992. 14 pp. \$2.00
19. **Pressure Points: Alzheimer's and Anger**, Edna Ballard, Lisa Gwyther & T. Patrick Total. Examples and stories about how families, professionals and people with Alzheimer's manage feelings of anger. 1999. 20 pp. \$10.00
20. **Rethinking Alzheimer's Care**, Sam Fazio; Dorothy Seman & Jane Stansell. Thought-provoking exercises to help administrators and staff explore and implement new attitudes toward the disease and its management. 1999. 165 pp. \$28.00
21. **Searching For Normal Feelings**, Doug Manning. Continuing Care Series. 1991. 14 pp. \$2.00
22. **The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer's Disease, Related Dementing Illnesses and Memory Loss in Later Life**, Nancy Mace and Peter Rabins. The classic guide for home care. 1991. 253 pp. \$7.00 \*Also available in Spanish\*
23. **The Affordable Funeral: Going in Style, Not in Debt**, R. E. Markin. A common sense consumer's guide and planning workbook for funeral arrangements. 1996-8. 103 pp. \$18.00
24. **The Alzheimer's health care Handbook**, Mary S. Mittelman, Dr. PH & Cynthia Epstein, ACSW. How to Get the Best Medical Care for Your Relative with Alzheimer's Disease, in and out of the Hospital. 2002, 2003. 196 pp. \$12.00
25. **The Alzheimer's Source Book for Caregivers**, Frena Gray-Davidson. A practical guide for getting through the day. 1999. 305 pp. \$17.00
26. **The Art of Dementia Care**, Daniel Kahn & Jane Verity. A practical guide for those who provide support, encouragement, and care for those with Dementia. 2008. 100 pp. \$10.00
27. **The Caring Spirit: Approach to Eldercare**, Nancy L. Kriseman. A Training Guide for Professionals and Families. 2005. 206 pp. \$27.50
28. **The Elder Law Handbook: A Legal and Financial Guide for Caregivers and Seniors**. A good resource on all legal and financial questions that arise as we age. 1996. Hardcover. \$35.00
29. **The Past in the Present**, Fatih Gibson. A collection of methods for using reminiscence caregivers in health and social care. 2004. 306 pp. \$36.00
30. **Therapeutic Caregiving**, Barbara J. Bridges, R.N. A Practical Guide for Caregivers of Persons with Alzheimer's and Other Dementia Causing Diseases. 1998. 234 pp. \$15.00  
**Unlimited Love**, Stephen G. Post. An outline of the challenges of exploring the intersection of science, human experience, and the underlying metaphysics of divine love. 2003. 232 pp. \$19.00
31. **Visiting in a Nursing Home**, Doug Manning. A guide to visiting your loved one in a nursing home. 1989. 14 pp. \$2.00.
32. **Visiting Mom: An Unexpected Gift: A guide for visiting elders with Alzheimer's**, Sherry Bell, Ph.D. After moving her mother into a nursing home, Bell learns new and better ways to visit and communicate with someone in a care facility. 2000. 160 pp. \$20.00
33. **What You Need to Know About Alzheimer's**, John Medina. A thorough guidebook on understanding Alzheimer's, the behaviors that accompany the disease and new research in the past decade. Very easy to understand and contains great illustrations. 1999. 165 pp. \$18.00.

## Educational Materials List



34. **When Someone You Love has Alzheimer's: A Caregiver's Journey**, Earl Grollman & Kenneth Koski. General information on Alzheimer's and caregiving tips. 1996. 163 pp. \$12.00

### *Inspirational/Personal Stories*

35. **Dementia Caregivers Share Their Stories**, Lynda A. Markut & Anatole Crane. A guidebook for anyone who must attend to the needs of a loved one suffering from Alzheimer's Disease or another form of Dementia. 2005. 237 pp. \$24.00
36. **He Used to be Somebody**, Beverly Bigtree Murphy, Gibbs Association. A true story written by a newlywed of an Alzheimer's patient. 1995. 348 pp. \$20.00
37. **In Sickness & In Health**, William M. Grubbs. A caregiver's story of caring for his wife at home and his frankly discussed dilemma of placement. 1997. 148 pp. \$15.00
38. **Love in the Land of Dementia**, Deborah Shouse. A collection of stories that follows the progression of Alzheimer's disease. 2006. 170 pp. \$11.00
39. **No Turning Back**, Lyn H. Silverman. A reflection of a daughter and her mother, sharing the journey into Alzheimer's. 2004. \$12.00
40. **Symphony of Spirits: Encounters with the Spiritual Dimension of Alzheimer's**, Dr. Deborah A. Forrest. Illustrating spirituality and Alzheimer's through the narratives of seven people with the disease. 2000. 209 pp. \$23.00
41. **When Love Gets Tough**, Doug Manning. Feelings that complicate the decision for nursing home care, with counsel and suggestions for handling them. 1983. 91 pp. \$7.00
42. **Your Name is Hughes Hannibal Shanks**, Lela Knox Shanks. One woman's inspiring story of caring for her husband, who has Alzheimer's disease. 1996. 177 pp. \$12.00

### *Children's Books*

43. **If I Forget, You Remember**, Carol Lynch. Elyse, a 6<sup>th</sup> grader, has to cope with pre-teen life, as well as her grandmother with Alzheimer's. 1995. 201 pp. \$4.00 (Ages 10-15)
44. **Let's Talk About When Someone You Love Has Alzheimer's Disease**, Elizabeth Weitzman. A non-fiction book with basics on Alzheimer's and how it may affect the child and their families. 1996. 24 pp. \$6.00 (Ages 6-10)
45. **Sachiko Means Happiness**, Kimiko Sakai. A story of Sachiko, a Japanese-American, and how her grandmother, with Alzheimer's, has changed over the years. 1990. 30 pp. \$8.00 (Ages 6-10)
46. **Through Tara's Eyes**, Kathy Baumann & Erin Connors. Tara, a 7 year old, describes how she copes with her grandmother changes due to Alzheimer's. Includes activities for the child at the end of the story. 1995. 37 pp. \$6.00 (Ages 6-10)
47. **When Meme Came to Live at My House**, Mary Janine Langdon. A girl named Katie describes when her grandmother with Alzheimer's comes to live at their house. 25 pp. \$7.00 (Ages 6-10)
48. **Wilfred Gordon McDonald Partridge**, Mem Fox. A small boy tries to discover the meaning of "memory" so he can restore that of an elderly friend. 1989. 32 pp. \$8.00. (Ages 4-8)

## Educational Materials List



### ***FOR THE PROFESSIONAL CAREGIVER:***

49. **A Dignified Life**, Virginia Bell & David Troxell. This book shows the caregiver how to meet the daily challenges of caring for someone with dementia. Illustrated. 2002. 278 pp. \$10.00
50. **A Way of Life**, Susan D. Gilster, Ph.D., A guidebook to engage the critical thinking process necessary for dementia care units. Case examples. 2006. 120 pp. \$24.00
51. **Between Two Worlds: Special Moments of Alzheimer's and Dementia**, Ellen P. Young. Through personal accounts and humorous vignettes, a former social worker recalls her caregiving experiences. 1999. \$20.00
52. **Counseling the Alzheimer's Caregiver**, Mary S. Mittelman, Cynthia Epstein & Alicia Pierzchala. A Resource for Health Care Professionals. 2003. \$42.00
53. **Dementia Care Mapping**, Anthea Innes. A cutting-edge assessment tool for direct care staff to observe and measure a resident's quality of life. 2003. 184 pp. \$17.00
54. **Hospice Care for Patients with Advanced Progressive Dementia**, Ladislav Volicer, MD, PhD & Ann Hurley, RN, DSNc. How hospice care leads to improved quality of life for patients with terminal dementia and their families. 1998. 305 pp. \$55.00
55. **Improving Hospital Care for Persons with Dementia**, Nina M. Silverstein & Katie Maslow. A collection of case examples that illustrate the challenges faced and provides strategies for successful treatment planning. 2006. 258 pp. \$50.00
56. **Key Elements of Dementia Care**, Alzheimer's Association. This document defines, describes, and illustrates dementia-capable care throughout the range of residential care settings. It was designed to both complement and expand on the eight goals introduced and described in *Guidelines for Dignity*. 1997. 90 pp. \$25.00
57. **Practical Dementia Care, Second Edition**, Peter V. Rabins; Constantine G. Lyketsos & Cynthia D. Steele. An evidence based approach to the management of patients with dementia from the time of diagnosis to the end of life. 2006. 276 pp. \$50.00
58. **The Best Friends Approach to Alzheimer's Care**, Virginia Bell & David Troxell. How to change and enrich the life of an Alzheimer's patient by acting as a friend. 1997. 238 pp. \$25.00
59. **The Best Friends Staff: Building a Culture of Care in Alzheimer's Programs**, Virginia Bell & David Troxell. A tool kit of training activities, case studies and tips for facilities. 2000. \$35.00
60. **The End-of-Life Namaste Care Program for People with Dementia**, Joyce Simard. A manual for direct care staff to learn simple and practical ways to provide holistic end-of-life care to their residents. 2007. 216 pp. \$28.00
61. **You Are One of Us**, Lisa Gwyther, ACSW. This bulleted booklet suggests ways clergy and churches can help their members with Alzheimer's. 1995. 65 pp. \$5.00

### ***Activity Books***

62. **Activity Programming for Persons with Dementia**, Alzheimer's Association. This sourcebook provides care professionals with group activity plans specifically for persons with dementia. 1995. 138 pp. \$13.00
63. **Keeping Busy: A Handbook of Activities for Persons with Dementia**, James Dowling. A variety of activities designed to bring meaning and enjoyment to the lives of persons with Alzheimer's. It includes music, exercise, pets, humor and social events. 1995. 178 pp. \$15.00

## Educational Materials List



- 64. **Montessori-Based Activities for Persons with Dementia, Vol. 1**, Cameron J. Camp, Ph.D. A step-by-step activities manual created to help people with Dementia maintain and improve basic tasks. 1999. 76 pp. \$43.00
- 65. **Montessori-Based Activities for Persons with Dementia, Vol. 2**, Cameron J. Camp, Ph.D. A follow-up to the first book, Vol. 2 promotes increased opportunities for socialization and interaction. 2006. 96 pp. 49.00

### ***FOR THE BILINGUAL CAREGIVER: (Spanish)***

- 66. **Cuando El Dia Tiene 30 Horas**, Nancy Mace y Peter Rabins. Una guia para cuidar a enfermos con perdida de memoria, demencia senil y Alzheimer. (A guide to care for those with memory loss or Alzheimer's.) 1997. 374 pp. \$7.00
- 67. **Decisiones Dificiles para los Seres Queridos**, Hank Dunn. RCP, alimentacion artificial, medidas paliativas unicamente para el paciente con una enfermedad que le amenaza la vida. (Hard Choices for Loving People.) 2000. \$2.00
- 68. **Dedicado a Usted**, Alzheimer Canada. Sintomas y surgerencias para cuidar a alguien con la Enfermedad de Alzheimer. (Symptoms & suggestions to care for one with A.D.) 16 pp. \$5.00
- 69. **La Enfermedad de Alzheimer**, Fructuoso Irigoyen-Rascon. Sintomas, historia clinica, estudios neuropsiquiatricos y medicamentos para la enfermedad de Alzheimer. (Symptoms, clinical history, studies and medicines related to Alzheimer's.) 1995. 41 pp. \$5.00

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### GEORGIA CHAPTER BOOK ORDER FORM

Please print this form and mail to the chapter. All publications will be shipped within ten working days. For more information, call 404-728-1181 ext. 6050

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State/Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_

Title	Price	Quantity	Total
A Dignified Life	10.00	_____	_____
A Field Guide for Families	18.00	_____	_____
A Way of Life	24.00	_____	_____
Activity Programming for Person w/Dementia	13.00	_____	_____
Alzheimer's: The Answers You Need	14.00	_____	_____
Alzheimer's: Caregiver's Guide & Sourcebook	16.00	_____	_____
Alzheimer's Disease: Caregivers Speak Out	22.00	_____	_____
Alzheimer's Sourcebook for Caregivers	17.00	_____	_____
Best Friends Approach to Alzheimer's Care	25.00	_____	_____
Best Friends Staff	35.00	_____	_____
Between Two Worlds	20.00	_____	_____
Counseling the Alzheimer's Caregiver	42.00	_____	_____
Cuando el Dia Tiene 36 Horas	7.00	_____	_____
Dedicado a Usted	5.00	_____	_____
Decisiones Dificiles para los Seres Queridos	2.00	_____	_____
Dementia Care Mapping	17.00	_____	_____
Dementia Caregivers Share Their Stories	24.00	_____	_____
Don't Take My Grief Away From Me	10.00	_____	_____
Elder Law Handbook	35.00	_____	_____
Elder Rage or Take My Father	16.00	_____	_____
La Enfermedad de Alzheimer	5.00	_____	_____
Hard Choices for Loving People	2.00	_____	_____
He Used to be Somebody	20.00	_____	_____
Helping People through Grief	13.00	_____	_____
Hospice Care for Patients	55.00	_____	_____
How to Care for Your Parents	15.00	_____	_____
How to Keep Your Loved on Safe in a Nursing Home	15.00	_____	_____
If I Forget, You Remember	4.00	_____	_____
In Sickness and In Health	15.00	_____	_____
Keeping Busy: A Handbook of Activities...	15.00	_____	_____
Key Elements of Dementia Care	25.00	_____	_____
Let's Talk About When Someone You Love...	6.00	_____	_____
Learning to Speak Alzheimer's	16.50	_____	_____
Love in the Land of Dementia	11.00	_____	_____
Mom's OK She Just Forgets	13.00	_____	_____
Montessori-Based Activities, Vol.1	43.00	_____	_____
Montessori-Based Activities, Vol.2	49.00	_____	_____
Moving a Relative with Memory Loss	10.00	_____	_____
Navigating the Alzheimer's Journey	27.00	_____	_____
No Turning Back	12.00	_____	_____
Nurturing Nuggets	7.00	_____	_____

**Educational Materials List**



<b>Parenting Our Parents</b>	<b>2.00</b>	_____	_____
<b>Practical Dementia Care</b>	<b>50.00</b>	_____	_____
<b>Pressure Points: Alzheimer's &amp; Anger</b>	<b>10.00</b>	_____	_____
<b>Rethinking Alzheimer's Care</b>	<b>28.00</b>	_____	_____
<b>Sachiko Means Happiness</b>	<b>7.00</b>	_____	_____
<b>Symphony of Spirits</b>	<b>23.00</b>	_____	_____
<b>The 36 Hour Day</b>	<b>7.00</b>	_____	_____
<b>The Affordable Funeral</b>	<b>18.00</b>	_____	_____
<b>The Alzheimer's health care handbook</b>	<b>12.00</b>	_____	_____
<b>The Art of Dementia Care</b>	<b>10.00</b>	_____	_____
<b>The Caring Spirit</b>	<b>27.50</b>	_____	_____
<b>The End-of-Life Nameste</b>	<b>28.00</b>	_____	_____
<b>The Past in the Present</b>	<b>36.00</b>	_____	_____
<b>Therapeutic Caregiving</b>	<b>15.00</b>	_____	_____
<b>Through Tara's Eyes</b>	<b>6.00</b>	_____	_____
<b>Visiting in a Nursing Home</b>	<b>2.00</b>	_____	_____
<b>Visiting Mom</b>	<b>20.00</b>	_____	_____
<b>What You Need to Know About A.D.</b>	<b>18.00</b>	_____	_____
<b>When Love Gets Tough</b>	<b>7.00</b>	_____	_____
<b>When Meme Came to Live at My House</b>	<b>7.00</b>	_____	_____
<b>When Someone You Love has AD</b>	<b>12.00</b>	_____	_____
<b>Wilfred Gordon McDonald Partridge</b>	<b>8.00</b>	_____	_____
<b>You Are One of Us</b>	<b>5.00</b>	_____	_____
<b>Your Name is Hughes Hannibal Shanks</b>	<b>12.00</b>	_____	_____
		<b>Total amount due</b>	<b>\$ _____</b>