

## Northern Region Discussion & Information Groups – Alpena Office

### **Alcona County**

2<sup>nd</sup> Tues of each month @ 2:00pm  
Jamieson Nursing Home  
790 US-23 South – Harrisville  
Contact Jeni Hoppe 989.356.3474 ext 205

### **Alpena County**

2<sup>nd</sup> Wed of each month @ 11:00am  
First Presbyterian Church  
1600 W Chisholm St – Alpena  
Contact Annie Hepburn 989.356.1030  
or Rae Margaret Adams 989.356.2194

*New Evening Group coming soon!  
Alzheimer's Association New Office  
526 W Chisholm St – Alpena  
Contact Diane O'Connor 989.356.4087  
Or Pegg Thomas 989.356.4087*

### **Cheboygan County**

2<sup>nd</sup> Wed of each month @ 2:00pm  
Cheboygan Senior Center  
1531 Sand Rd – Cheboygan  
Contact Jean Lang 231.238.5165

### **Crawford County**

3<sup>rd</sup> Wed of each month @ 2:00pm  
Grayling Senior Citizen's Center  
308 Lawndale St – Grayling  
Contact Liz Oleskie 989.915.0006

### **Iosco County**

Last Thurs of each month @ 7:00pm  
Hale Senior Center  
310 Washington St – Hale  
Contact Bev Kuschel 989.257.4154  
or Lorna Everitt 989.756.3971

3<sup>rd</sup> Tues of each month @ 1:00pm  
United Methodist Church  
20 M-55 – Tawas  
Contact Sandi Erickson 989.362.8645  
or Vanessa Klave 989.362.8645

### **Montmorency County**

*Currently undergoing changes  
Call for more information*  
Contact Diane O'Connor 989.356.4087

### **Ogemaw County**

1<sup>st</sup> Thurs of each month @ 2:00pm  
West Branch Regional Medical Center  
2463 South M-30 – West Branch  
Contact Sue Rosiek 877.345.1975  
or Carolyn Zarachowicz 877.345.1975

### **Oscoda County**

3<sup>rd</sup> Thurs of each month @ 1:00pm  
Agency on Aging Building  
429 N Mt Tom Road – Mio  
Contact Mark Grantner 989.826.3025

### **Otsego County**

3<sup>rd</sup> Sat of each month @ 10:00am  
University Center  
95 Livingston Blvd – Gaylord  
Contact Nancy Ragan 989.731.7916

### **Presque Isle County**

3<sup>rd</sup> Wed of each month @ 2:00pm  
Rogers City Senior Rehab Hospital  
555 N Bradley Hwy, Ste C – Rogers City  
Contact Christine Ortman 989.734.7545

Last Tues of each month @ 5:30pm  
Grand Lake Branch of PI District Library  
18132 Lake Esau Hwy – Presque Isle  
Contact Rae Margaret Adams 989.356.2194

### **Roscommon County**

3<sup>rd</sup> Wed of each month @ 6:00pm  
Houghton Lake Senior Citizen's Center  
2625 Townline Road – Houghton Lake  
Contact Kenda Denlinger 989.275.8915