



**CREATING CONFIDENT CAREGIVERS WORKSHOP**

**WHO: THIS FREE\* SIX-WEEK WORKSHOP IS FOR CAREGIVERS WHO ARE CARING FOR A LOVED ONE WHO HAS A DIAGNOSIS OF ALZHEIMER'S DISEASE OR A RELATED DEMENTIA.**

**WHEN: SESSIONS ARE HELD FROM 1:00-3:00 PM:**

- THURSDAY JUNE 11, 2009
- THURSDAY JUNE 18, 2009
- THURSDAY JUNE 25, 2009
- THURSDAY JULY 2, 2009
- THURSDAY JULY 9, 2009
- THURSDAY JULY 16, 2009
- 

**WHERE: WEXFORD SENIOR CENTER  
601 CHESTNUT  
CADILLAC, MI 49601**

**&**

**WHEN: SESSIONS ARE HELD FROM 2:00-4:00 PM:**

- THURSDAY JULY 23, 2009
- THURSDAY JULY 30, 2009
- THURSDAY AUGUST 6, 2009
- THURSDAY AUGUST 13, 2009
- THURSDAY AUGUST 20, 2009
- THURSDAY AUGUST 27, 2009
- 

**WHERE: ALZHEIMER'S ASSOCIATION  
1040 WALNUT STREET  
TRAVERSE CITY, MI 49686**

**FOR MORE INFORMATION OR TO REGISTER FOR THE UPCOMING SESSION  
CONTACT THE ALZHEIMER'S ASSOCIATION  
929-3804**

**ADDITIONAL WORKSHOP DATES WILL BE OFFERED IN THE FUTURE.  
RESPITE IS AVAILABLE UPON REQUEST**

***\*This program is supported, in part, by the U.S. Administration on Aging through its Alzheimer's Disease Demonstration Grants to States, (#90AE0322), the Michigan Office of Services to the Aging, the Area Agency on Aging of Northwest Michigan and the Alzheimer's Association, Greater Michigan Chapter, Northern Region.***

