

**alzheimer's  association**  
**GREATER MICHIGAN CHAPTER**

**VOLUNTEER POSITION DESCRIPTION**

*All volunteer positions support our agency's overall mission and goals. The Greater Michigan Chapter's mission statement is to enhance the quality of living of all persons affected by Alzheimer's disease and other dementia related disorders by providing leadership, programs/services, advocacy and research support.*

**PROGRAM NAME: Respite**

**GOAL OF PROGRAM**

Respite services provide relief to persons who are caring for individuals with Alzheimer's disease or a related dementia. The respite services also help to engage individuals with Alzheimer's disease and other dementia related illnesses in social activities and increase quality of life. This service is available through Adult Day Care or in the client's home.

The respite department is committed to improving the quality of life for individuals with Alzheimer's Disease and other dementia related illnesses

**VOLUNTEER POSITION DESCRIPTION**

There are 2 volunteer positions within the respite department. The In-Home Respite volunteer requires the volunteer to be assigned as a companion to individuals with Alzheimer's disease and other dementia related illnesses. The Adult Day Care Volunteer assists clients with social and recreational activities.

**SUPERVISOR:** Appropriate Staff Coordinator

**DESIRED QUALIFICATIONS/SKILLS OF VOLUNTEER:**

1. Must be 18 years or older
2. Have transportation
3. Knowledge of Alzheimer's disease and related dementia's, and required training.
4. Dependable
5. Team Player
6. Contribute a minimum of eight hours per month and a maximum of 16 hours per month
7. Maintain Confidentiality

**POSITION RESPONSIBILITIES:** *Training required for position will vary. However, we ask all volunteers go through training to learn about position and chapter services.*

**In-home respite** volunteer responsibilities will include providing companionship and engaging in simple recreational activities with individuals with Alzheimer's disease and other dementia related illnesses. The In-home respite volunteer must turn in time sheets by the end of every month. Volunteers must report unusual incidents immediately to their supervisor per policy and/or supervisor directions. Volunteers must turn in reports as often as necessary directed by their supervisor.

**Adult Day Care** volunteer responsibilities including assisting individuals with Alzheimer's disease and other dementia related illnesses with social and recreational activities such as exercise, reading or adapted sports, engaging in one on one interaction with clients, and encourage/facilitate weekly participation. All volunteers are required to attend a minimum of two in-services a year or complete 4-6 additional hours of educational training.