

program description

The Alzheimer's Association - Nancy and James Grosfeld Center at Henry Ford Neuroscience Institute is designed to provide a comprehensive, state-of-the-art system of health care delivery for patients served by the Henry Ford Health System (HFHS) who have a diagnosis of Alzheimer's disease or related dementia.

The program will pair a counselor from the Alzheimer's Association with a neurologist or diagnosing physician at Henry Ford Hospital in Detroit and Henry Ford West Bloomfield Hospital. Following a diagnosis of Alzheimer's or related dementia, families will be seen by the on-site counselor for development of a care plan.

The goal is to keep families from feeling alone and afraid. The counselor will be available to respond to a family's concerns, to inform them about care options and to share information about available resources through the Alzheimer's Association and throughout the community. Families will have access to a range of educational and support programs, including: Telephone Helpline; Caregiver Education and Training; Support Groups; Adult Day Centers; Respite Care Assistance; and MedicAlert® +Safe Return® (a Wandering Rescue program).

This proactive approach will change the dynamics of health care delivery for those dealing with Alzheimer's disease or related dementia.

FOR MORE INFORMATION ABOUT SERVICES

Please Call

(248) 351-0280

or

(800) 272-3900

**Ask to Speak with a
Helpline Representative**

**Also visit our website at:
alz.org/gmc**

alzheimer's  association™

**nancy and james
grosfeld center**

**at henry ford
health system**



NEUROSCIENCE INSTITUTE

**A collaborative health care partnership
for comprehensive diagnosis and
care management of persons with
Alzheimer's disease and related dementia**



Photo courtesy of Alzheimer's Association

Greater Michigan Chapter

the compassion to care, the leadership to conquer

what services are provided through the program?

- **Multi-disciplinary Team Approach and Integrated Health Care Plan**

The counselor from the Alzheimer's Association will work with the neurology and health care team at the Henry Ford Neuroscience Institute, coordinating referrals and decisions regarding care options. This seamless system of health care delivery will limit duplication of services and result in increased efficiency in patient care. The expectation is that through enhanced communication and support, families will be better equipped to cope with the challenges of Alzheimer's disease.



- **Care Counseling**

Care counseling is designed to meet the needs of the caregiver as well as the individual diagnosed with the disease. Early diagnosis provides those in the early-stage of the disease with the opportunity to participate in care and planning decisions while they are still able. Individual and group counseling is available for families and care partners. Issues regarding family dynamics as well as feelings of denial, depression and stress will be addressed as they impact the overall health and well-being of the person with the disease and the caregiver.

In addition, the counselor will provide a better understanding of the disease and assist in the development of coping strategies, effective communication, problem solving and behavior management skills. Long-term care planning can also be addressed.

- **Care Management**

Care management carries counseling efforts one step further with development of a comprehensive care plan. Together, the caregiver and counselor will design a plan based on a mutually agreed upon list of priorities, attending to the needs of the caregiver and the person with Alzheimer's or a related dementia.

Aspects of care management include: comprehensive assessment of needs; development of a plan of care; and coordination of all necessary services, including referrals, scheduling and follow-up. Given that caregivers of persons with dementia show an increased incidence of depression and health issues, care plans will also address the challenges facing the caregiver.