

## Dallas Trailblazers Testimonials

“When we first received Larry's diagnosis of Alzheimer's disease, I did not know that it was possible to feel so alone. I knew we needed help, but I was an only child and had never learned that you could lean and not fall. Trailblazer gave us a family to share both the highs and the lows. We were given the tools with which to forge tahead hrough the legal and the medical tangles, and the friends upon which to lean. A true life saver.”

- J. M.

“It helped so much that a third party was asking all these hard questions. We were able to get situated and plan ahead. Being part of the Trailblazers group and getting Mom in the midst of others who were also struggling so empowered Mom she was able to be calm and relaxed. Trailblazers was a godsend to her and to me.”

- Kitty W,

“Trailblazers has been an absolute lifesaver for me and my family. We have learned so much about the disease (from experts), the various benefits and services available to us (for both Caregivers and those afflicted with Alzheimer's), and have greatly appreciated the fellowship with our Trailblazers group. This disease can leave one feeling quite ostracized from those who have not experienced it either personally or as a caregiver. Trailblazers provides a social outlet and a common thread between members that we cannot experience with some of our family members and most of our friends. We look forward to going to every monthly meeting and seeing our new-found friends.

Every doctor should recommend Trailblazers to their patients who have Alzheimer's or dementia and their caregivers. I liken it to having a caring personal guide in the nebulous world of a devastating disease.”

- Laura.B.

“Trailblazers was like throwing a drowning man a lifeline.” – Beverly H.

“What would I tell someone that's got a diagnosis? As Yosemite Sam always says, 'fight, love, or go for your guns.' Makes sense. Tell everyone what's going on with you. Don't hide it—then you're in trouble. As they tell us in Trailblazers, do everything you can now. And I can tell them life's still fun.

- Jim H. (diagnosed w/ Early-stage Alzheimer's in 2007)