

Greater Iowa Chapter News

Published quarterly for caregivers, donors, volunteers, advocates and friends in the Alzheimer community

Summer 2006

www.alz.org/greateriowa
1 800 272 3900

End Of Life Care

For an individual with Alzheimer's disease, advance planning is essential to fulfilling end-of-life wishes. Early discussion will help to clarify the individual's wishes and may prevent added stress and discord when the time comes to implement those decisions.

Advance directives

Individuals have a moral and legal right to limit or forgo medical or life sustaining treatment (including the use of artificial feeding, mechanical ventilators, cardiopulmonary resuscitation, antibiotics, dialysis and other invasive technologies). Individuals who lack decision-making capacity have the right to have surrogates use advance directives to assure this right.

The two common forms of advance directives are a living will and a durable power of attorney for health care. A living will states the individual's choices for future medical care decisions. The durable power of attorney allows the person to designate a surrogate, usually a trusted family member, to make specific treatment decisions for them.

Ethical considerations

The best situation for caregivers is when, early in the disease process, the person with Alzheimer's has made his/her wishes clearly known and

Inside This Newsletter...



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A Difference**

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In the Beginning... There Were Support Groups

Ann Riesenberg, Program Director

The first Alzheimer's support groups formed in the early 1980's consisted of families, friends and neighbors who joined together to help each other as caregivers. Diagnostic technology was in its infancy and medications to help with the symptoms of Alzheimer's would not be available for another decade.

A support group was formed in Des Moines in 1981. Following an advertisement in the Des Moines Register, fourteen people met and formed a non-profit organization, the Alzheimer's Disease and Related Disorders Association of Des Moines. A similar group, formed in 1983 in Davenport, affiliated with the Association to become the Quad Cities Chapter. Twenty-five years later and several mergers, the Greater Iowa Chapter serves 64 counties in Iowa and Illinois.

As the chapter evolves, so do support groups. The Greater Iowa Chapter now has 77 in-person groups for family caregivers, a telephone group and three groups for persons in the early stages of Alzheimer's.

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Why You Should Consider a Charitable Bequest

(A Gift to the Alzheimer's Association in Your Will)

Rare is the person who regrets having been truly generous or thoughtful. More likely, we are sorry for not having done more to help others when we could. But fears about the future impair our ability to be as philanthropic as we might like. How can you give away property, securities or real estate *now* if you don't know whether you or your family will need those assets later? One solution is to make gifts to charitable organizations, like the Alzheimer's Association, by means of a bequest—a gift through your will.

Following are some of the advantages. Bequests are:

Easy. Making a bequest is as simple as inserting a few sentences into your will. If you have already prepared your will, simply add a codicil (amendment) to specify a gift. Share this with your professional counsel: "I give, devise and bequeath (insert amount of gift, percentage of estate or residuary of estate) to the Alzheimer's Association, Greater Iowa Chapter."

Revocable. Wills are not written in stone and can be changed at any time. Because relationships and circumstances evolve over time, your will should naturally do the same. With a bequest, you're not actually making a gift until your death. Until then, you are free to alter your plans, eliminating the worry that you must make an irrevocable commitment that you might later regret.

Versatile. Bequests can be structured in many ways. For example, you can make a gift of a *specific* item or amount of money. You can make a gift *contingent* upon certain events, such as "I give \$25,000 to my grandson, if he is living; otherwise to [Alzheimer's Association]." You can also bequeath a *percentage* or the *remainder* of your estate after all other debts, taxes and bequests have been fulfilled.

Tax-wise. Aside from the joy achieved by leaving meaningful gifts to others, making a bequest to a charitable organization has valuable tax benefits. You are entitled to an unlimited estate and gift tax charitable deduction for bequests to qualified charitable organizations.

For more information, please contact Paul Crawford, Development Director, at (800) 272-3900 or email paul.crawford@alz.org.



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Genworth Financial 



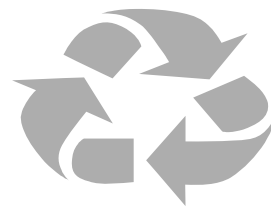
City	Date	Location
Ames	September 9	Brookside Park
Clinton	September 9	Riverview Park
Humboldt	September 16	Zion Lutheran Church
Dubuque	September 16	Louis Murphy Park
Mason City	September 23	NIACC Activity Center
Bellevue	September 23	Cole Park
Lamoni	September 23	Central Park
Corning	September 23	Central Park
Quad Cities	September 30	The Mark
Des Moines	September 30	Waterworks Park
Burlington	September 30	Crapo Park
Fort Dodge	October 7	Snell/Crawford Park
Savanna, IL	October 14	Old Mill Park

Go to www.alz.org/greateriowa to register on-line!

New Partnership for Alzheimer's Chapters in Iowa

The Greater Iowa, Big Sioux, Midlands and East Central Iowa Chapters of the Alzheimer's Association announce a new Memory Walk sponsorship initiative with wide reaching benefits. Dex, a primary publisher of phone directories in Iowa, will partner with Iowa chapters to promote Memory Walks as well as the services offered by the Alzheimer's Association. In exchange for Dex being named the first statewide Media Sponsor of Memory Walks, the Alzheimer's Association will receive generous advertising space in the white and yellow pages of phone directories in Iowa.

"We're delighted to team up with the Alzheimer's Association – Greater Iowa Chapter," said Mary Spittler, Dex's Customer Program & Events Manager. "Their work within the community is truly exceptional and we're pleased to be able to help them communicate through our directories."



If you're finished with this issue, please take it to a friend, doctor's office or other public place. You may provide the help someone is looking for!

Con't from page one

put those wishes in a living will. One of those wishes may be the refusal or withdrawal of any treatment, including treatment for life-threatening illness (including infections, hemorrhaging, heart attacks, etc.). This is not the same as assisted suicide or euthanasia. In fact, aggressive medical treatment may seem torturous to the individual because of his or her lack of orientation to the surroundings and lack of understanding of the intentions of care providers.

“Survival in End-Stage Dementia Following Acute Illness,” a report published in 2000 in the *Journal of the American Medical Association*, demonstrated that at this stage, hospitalization and the related treatments are not recommended, given the limited life expectancy of persons with advanced dementia, the significant burdens of aggressive treatment, and the limited attention given to pain control in hospital settings. The most compassionate decision for such persons is to eliminate hospitalization and concentrate on palliation and comfort care.

Hospice care

During the final stages of Alzheimer’s disease, hospice care can be particularly beneficial to individuals with Alzheimer’s and their family members. Hospice’s emphasis is on management of pain and other symptoms and quality of life rather than length of life.

Alzheimer’s patients can benefit from hospice services longer than most caregivers realize. These services includes comprehensive palliative care and support services, including bereavement counseling for family members.

Signs of end-stage dementia

- *Incontinence
- *Progressive loss of speech
- *Complete dependence for dressing, eating and toileting
- *Inability to recognize loved ones
- *Eating difficulties, possibly including the loss of ability to swallow

Tom Moreland, President/CEO of Iowa Hospice notes, “A common misperception is that late-stage Alzheimer’s patients won’t benefit from services that hospice provides. But there are several ways to reach people suffering from Alzheimer’s, such as massage and music therapy.”

Hospice care is also crucial for the caregiver’s well-being. Kim Shelquist, Community Engagement Director for Hospice of Central Iowa, says “In addition to everything that we can do for the person with the disease, there are so many important support structures for the caregiver. From basic services such as a home health aide assisting with activities of daily living to specially trained volunteers who can give caregivers that desperately needed break. There are social workers to lead families through the grieving process and offer invaluable support after.”

Despite the increased prevalence of Alzheimer’s, the national average of hospice admissions with this diagnosis is only two percent, according to Moreland. Results from a 2004 National Hospice and Palliative Care Organization survey found only 13 percent of family and profession caregivers were aware hospice served dementia patients, yet 90 percent believed hospice would be an appropriate alternative for these patients. Hospice can be an important part of caregiving and Alzheimer’s disease.

Resources Are Available

Below are some of the publications available free of charge from the Alzheimer’s Association to assist caregivers with end-of-life issues. As always, our 24-Hour Helpline (1-800-272-3900) is available to those who wish to speak to trained staff about these or any Alzheimer’s issues or answer any questions.

- Hard Choices for Loving People
- Grief, Mourning and Guilt Fact Sheet
- Assisted Oral Feeding and Tube Feeding
- Issues in Death and Dying Fact Sheet
- Late Stage Care Booklet
- Legal Plans Booklet
- Medicare: Hospice Benefits Fact Sheet

Tips For Communicating with People with Alzheimer's in Hospice

Basic communication techniques:

- Approach the person slowly from the front; speak only when he or she can see you.
- Keep interaction one-on-one; move away from distractions.
- Move to the person's eye level.
- Support and stabilize any movement the person makes.
- Try a variety of techniques: gestures, pointing to objects, pictures, written words.
- Use few words; frame questions simply with one thought; give direct instructions, not polite requests.
- Repeat once or twice using the same words; then repeat more simply.
- Give the person time to think and respond.

When speech becomes nonsensical:

- Assume the person's tone and expression to convey empathy.
- Get clues from body language.

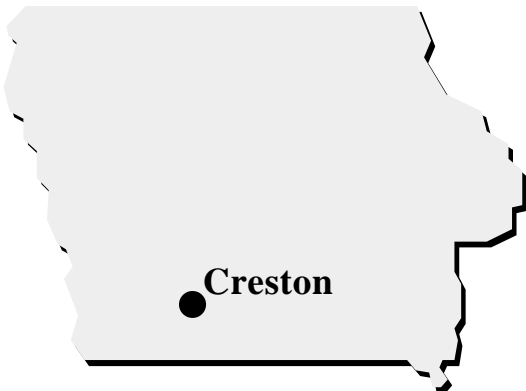
No longer speaking, but mostly awake and alert:

- Read or speak in soothing tones.
- Show the person colorful pictures.
- Take the person for a ride in a wheelchair.

Less Responsive- the five senses are the last to go. Even though the person cannot speak or understand speech, there are ways to communicate:

- Vision: show pictures of familiar objects or family photos. Decorate the ceiling.
- Sound: Play music of their time and interest, nature sounds or family recordings.
- Scent: Allow them to smell flowers, coffee, wood shavings or lotion (mild scent).
- Touch: Massage, brush hair, do nails, sit with them in sunshine or a soft breeze.
- Taste: Give small tastes of mint or sweet, if permitted.

Creston Opens Drop-In Respite Center



Iowa's first drop-in respite center exclusively for persons with dementia opened in June at the First Baptist Church in Creston. Open on Tuesdays and Fridays from 10:00 until 2:00 pm, the Center offers therapeutic activities tailored to the needs and abilities of the participants. The Center's start up funding was obtained through a grant awarded to the Area XIV Agency on Aging from the Alzheimer's Demonstration Project and represents the collaborative effort of the Area XIV Agency on Aging, the Department of Elder Affairs, the University of Iowa School of Nursing and the Alzheimer's Association, Greater Iowa Chapter. Chapter staff served as consultants for the project. Connie Luca, Program Specialist, designed the program and trained the staff and volunteers and Ann Riesenberg,

Program Director, developed policies and procedures. Jaleyn Dobbs, LPN, Project Coordinator states "the response from community healthcare providers and families has been overwhelmingly supportive. This is a needed service for southern Iowa families affected by Alzheimer's".

Alzheimer's in the News

Medical Research Funding Cut

On June 13, the House Appropriations Committee voted to cut funding for medical research — including research on Alzheimer's — below last year's level. The Labor/HHS/Education bill approved by the House Appropriations Committee (no bill number at this time) will cut the federal government's investment in Alzheimer research by \$7 million, down to \$645 million for 2007. The Senate must still take action and we will continue the fight the cuts approved by the House. Yesterday's action by the House Appropriations Committee is just one step in the long budget process that will likely continue through the late fall.

On a more positive note, the Labor/HHS/Education bill approved by the House Appropriations Committee restores funding for three key Alzheimer care programs — the Alzheimer's Call Center, the CDC Brain Health Initiative and Alzheimer State Matching Grants Program to 2006 funding levels. The Call Center received \$1 million, the CDC Brain Health Initiative is funded at \$1.6 million and the State Matching Grants were restored to \$11.8 million. The president proposed to eliminate funding for all three of these programs.

New Web Tool Unveiled

Millions of individuals affected by Alzheimer's disease are faced with the challenge of finding good care for themselves or their loved ones. To support them, the Alzheimer's Association has developed a unique Web tool that helps individuals find the right care options, from home and community-based care, to assisted living and nursing home care.

The Alzheimer's Association CareFinder™ at www.alz.org/carefinder, has a special feature that allows individuals and families to input personalized information, special needs, abilities and preferences, and receive a customized summary report with care recommendations and specific questions to ask potential care providers based on the profile.

“The good news is that there are more care options available today but that also means that finding the right care options can be daunting and very complicated,” said Dr. Laurel Coleman, geriatric physician and Alzheimer's Association national board member. “The Alzheimer's Association CareFinder, a first of its kind interactive tool, empowers individuals and their families to find the care they need and anticipate their care needs in the future.”

This new resource provides personalized information on on decision making and planning ahead, care options, coordinating care among professional providers and family members, and support and resources available.

Thursday, July 27

The Harvester

Rhodes, Iowa

Call (515) 440-2722

Morning and afternoon flights available!

Silent auction, tee and other prizes!

Reserve your foresome today!



Memorials and Honorariums received 2-25-06 to 5-31-06

ABRAMSON, EVELYN

Michelle Weber
Barbara Van Blarcom
John and Nancy Ferry
Joyce and Wayne Haverland
Tessa and Mike Lambe

ALLEN, MAXINE

Neal and Laura Jackson

ALSEROS, AL

Inge Sears

ANDERSON, CARL

Chester and Donna Payne

ASH, EARL

David and Nancy Betcher

BALTES, LUCILLE

Terry Sullivan

BARCLAY, BETTY

Robert and Vickie Barclay

BEAMS, JEANETTE

Mark and Diane Klosterman

BEAUDETTE, RODNEY

Allen and Alison Shafer
Jeffery and Kimberly Bates

BEERS, ROBERT

Beth Jaeger
Linda Caligiuri
Mary Grace
Richard and Lavaughn
Bachman

BELL, WHITEY

Don and Judy Pisel

BEYHL, FRED

Carl Brechler
Delores G Beyhl
Denise Hoeg
Dennis and Constance
Goedert
Donna and Edward Danielsen
G. Bart and Kathleen Bontems
G.M. and B.J. Stolley
Gary and Dianne
Heimendinger
James and Gunda Davis
Jay and Janet Burnette
Kai and Diane Mayne
Ronald and Judi Brooks
Terence Houlihan
Wesley and Diane Eller

BISSELL, NANCY

Dennis and Nancy Proctor
Donald and Elaine Faas

Julia Elliott

M.G. and Rita Parks
Susan Souder

BLACKWOOD, IRENE

Jacqueline Kohn
Richard Mattan
Robert and Judy DeBoever

BLOOMQUIST, RUTH

Tom Bloomquist

BUTTERY, MARIE

Cheryl Newman
Earl and Lucille Fredericks
J. David and Adrian Gentry
Jan and Daniel Conner

CONRADT, PAUL

David and Elizabeth Bishop
Gabriel Grchan
Mary and Robert Kenny
Michael and Claudia K Cox

CROMER, EARL

Ann and Joseph Black
Carol Lippe
David and JoJean Degeeter
Dennis Cromer
Douglas and Nancy Swanson
Douglas Doran
Kathleen Murphy
Linda Ceurvorst
Odetta Cromer

DAVIS, MARIAN

Peter Flynn

DENSER, CLARENCE

Don Williams
Neita Derrough

DIXON, LUCILLE

Emma and William Young

DOMBROWE, DONALD

Donald and Arla Bisson
Wade and Amy Finke

DUNCAN, LOIS

Donald and Barbara Wignall
George and Rebeca Clavenna
Jo Jenkins

ELMORE, EARL

Carol Elmore

ERSCHEN, ROBERT

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FARRELL, GERALDINE

Peter and Patricia Kale

FEARIS, MORRIE

Janet Coogan

FLYNN, RITA

Cheryl and David Lowe
DB Daugherty
Jane and Stephen Knutson
Judy Valentine
Karen Lomen
Nancy Fleming
Roger Grefe
Steve and Barbara Keller
Tom and Linda Fuller

FOSTER, VIRGINIA

Alan and Terri McGaffin
Charles and Mary Foster
Eleanor McGaffin
Lowell Foster

FRENCH, TRISTRUM

Dan and Beth French
George and Shirley Wagner

FURLONG, PEG

Emory and Teresa Cleveland
Mary Bartusek
Micheline Many
Sue Dwyer

GERHART, BEULAH

Kay Gerhart

GRAFTON, ELAINE

Craig Grafton
Sandra Buracker
Thomas Harper

HALL, THOMAS

Judy Macleod

HALLIGEN, GRACE

John Vernon
Joseph and Lee Wiewel
Kent and Melissa Schrof
Mary Ellen Burr
Mike and Linda Streck

Miriam Hardy

Modra Goodrich

Sharon Bueford

Suzanne Engelhardt

T. Scott Lodge

Thomas and Mary Kay Suckow

HARDER, ELIZABETH

David Henke
Denise Eilers
Ray and Patricia Crownover

HAWBAKER, LUCILLE

Alan and Debbie Hall
Barbara Indra
Karen and Jay Flynn

Neita Derrough
Robert Grief
HEINRICH, EVELYN
Michael and Cheryl Heinrich
Robert and Sheila Geiger
HOLLINGSWORTH, "GIB"
Bonnie Sauer
Clarence & Nancy Sanders
Don and Bill Swanson
Dr. Alan and Dorothy Raun
Gale Martz
Gary and Sharon Benell
Gary Hollingsworth
Jamie Hollingsworth
Joe & Margaret Haupt
John and Judith Campbell
Judith Gauger
Karen Reece
Karen Reece
Larry Kinsinger
Marilyn and Russell Logue
Marvin Hubbell
Mr. and Mrs. Larry McIntire
Richard and Darlinda Black
Robert and Mary Nack
Vivian Soballe

JUHL, RUTH
Chris Juhl
KELSALL, DEAN
Susan Hudson
NAUMAN, RICHARD
Dan and Candy Danielson
Mark and Celane Vasey
NIDAY, CLAIR
James and Marilyn Dailey
Mr. and Mrs. E.M. Knepper
Nancy Knapp
Ronald Cross
Stephen and Kathy Michelson
William and Dorothy West
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Loyd and Terry Settle
Neil Bohner
Thomas and Geraldine Brown
Tom O'Leary
Weldon and Jeanine Belval
OLSON, HELEN
Ronald Moen
OLSON, LLOYD
Georgie Tassin
OSBORN, BEATRICE
Cindy Mortale

PAPIAN, KATHERINE
Catherine Lucia
Cooney Beverage Company
Charles Glosimo
Esther Grabenstein
Gary and Donna Runge
Janice Bittner
Mike and Sue Peterson
Nancy Baumgartner
Nancy Galeazzie
Phil and Jeanie Dally
Rodney and Kelly Krois
Tish Fazio
Trudy Holman
PETERSON, MINNIE
Gary and Gail Denning
Jan Heinz
PFLUEGER, MARIE
Harry and Kathryn Sandstrom
Julia Johnston
PHILLIPS, IRENE
Alan Larsen
Anne Brinn
Barbara Forgie
Don Shepard
Dwayne and Kathryn Forgie

Honoring A Loved One

The Alzheimer's Association is grateful for the generosity of friends, family and coworkers who choose to honor and remember a person with Alzheimer's disease by directing donations to support the Greater Iowa Chapter.

One family recently used the joy of a wedding to honor the bride's grandmother, Francis Burchland, who lives in central Iowa. Brad and Julie Summy dedicated the dollar dance at their April wedding to Francis, who is living with Alzheimer's. The couple was thrilled with the outpouring of support. "Friends were lining up to dance with Brad and I, and so many of them had loved ones with this disease," said Julie. The Summys donated \$250 received during the dance to the Greater Iowa Chapter, and included a note that said, "Your organization has provided so much to our family, and we wanted to say thanks."

The Alzheimer's Association thanks the Summys for their generosity and unique way of honoring Julie's grandmother.



Francis and Julie

James T Teros
 Paul Kakert
 Ron Baird
PORTER, CAROLE
 Dorothy Russell
REGAL, DUANE
 Keith and Michele Williamson
 Robert and Cynthia Groene
 Rosalie Regal
 Rose Mary Leonard
 Westview Church Preschool
ROGERS, ALICE
 Mr Carrol L. Rogers
SAMUELSON, HARLAN
 B. Joan Jensen
SCHAUFLER, RALPH
 Tim Brooks and Catherine Schorn
SCHNEIDER, GAY
 Aaron and Julia Rankin
 Debbie Danielson
 Loretta Payne
SCRANTON, JANET
 Louise Engwall
SEAMEN, ALICE
 Cathy and Drake Mueller
 Marilyn Duning
 Roberta and W. Steven Seamen
SHERADEN, CLARA
 Donald Phillis
 Doug and Denise Koester
 Kent Casey
 Kimberly Pastega
 Mary Carter
 Paul and Sue Devitt
SICKELS, IVAN
 Darcy Culver
SNOW, RITA
 Mike and Sandy Holmes
SUESS, JOANNE
 Arno and Vivian Panicucci
 Candis Koster
SWEDBERG, ROBERT
 Beth Jasper
 Dean and Selma Johnson
 James and Jeanne Gale
 Karen and Richard Sandberg
 Kathy Banowetz
 Luella Hage
 Roseanna Rivera
 Susan Breiby

TANNATT, SHIRLEY
 Becky and Chuck Irlmeier
 Cynthia and Dwayne Barton
 E. Charles and Linda Brice
 John and Mary Bankus
 Karen and Jerry L Lafferty
 Melinda Huisinga
TEACHOUT, MIKE AND JANA
 Jana Johnson
 Kevin and Jodi Christensen
 Leigh Sheehey
 Nancy Agan
 Sandra and Dale Johnson
THORNTON, MILDRED
 James Thornton
UBBEN, ARTHUR
 Karla Bronaugh
VIERLING, BRUCE
 John and Linda Morton
WELLS, MARVEL
 Keith Wells

Donations

Carol Ades, Bill Allen, Barb Andersen, Katherine Anderson, Mrs. William Assell, John Asta, Nancy Bigley, James Blume, Doug Bolsem, Albert & Marilyn Bowers, Michael Bowman, Amy Boynton, Connie Brent, Sarah Brodd, Ann Brunkhorst, Jodie Buehler, William Burke, Robert Butts, Evelyn Carroll, Charles Celsi, Anne Clubine, Nathan Cmelik, Michelle Covey, James Darby, Richard Day, David De Flavio, Joseph Dolter, Hope Doyle, William & Caroline Ebert, William Engler, George Fagg, Pam Griffith, Jon Fleming, Gwen Fleshner, Mary Jo Toms, Leonard Gutshall, Jerry Hall, Jan Haugen, Stephen Hawkins, Jack Hebbeln, Arnie Heimsoth, Howard Herman, Leona Herman, Robert Hildebrand, Margaret Hoffman, Dr. Patrick Irving, Janna Johnson, Quentin & Sandi Johnson, Ron Kaldenberg, Virginia Kelley, Johnette Kellogg, Kristopher Kelly,

Mr. and Mrs. Earl Kistler, Ron & Carla Klosterman, Earl Koele, Steven & Cathy Lambrecht, Ruth Lang, Robert Lapsley, Michael Leuck, Mrs. James Lowe, Randy Lyon, Mrs. Hester MacGregor, George Mack, Patricia Magle, Mrs. Lois Malmstrom, Nicholas Mancuso, George Marsh, Shirley Maxwell, James McCarl, Patricia McDonnell, Dian Meek, Fred & Ardrith Meeker, William Miles, Charles & Doris Montgomery, Francis & Phyllis Morris, Louis Nachbauer, Gene Noble, Mr. and Mrs. Douglas Olson, John O'Neil, John Peters, Steve Schaaf, Patricia Post, Ralph & Jan Quere, Mervin Raines, Valerie Reum, Anna Riepe, Catherine Root, Bill Rosebery, Richard Rosonke, Willard Sally, Dee Sammon, Gregory Schaefer, Rita Schneider, Joyleen Sherwood, Susan Sieh, John Slover, Peter Smith, Kenneth and Cindy Stephens, Emma Jean Stillwell, Howard & Christine Stoffa, Brad & Julie Summy, Tjada Sweers, Angel Thomason, Wayne Tompkins, R. Traviss, Robert Tree, Brandt & Marcelina Van Maanen, John Vroom, Stanley Vruble, Robert & Donna Wahlert, Charles Walker, Michael Ward, Grethen & Thomas Weber, Mike & Valerie Weis, Randy & Barbara Westerdale, David Wildes, Barbara Witt, Brian & Carol Worth, Marcia Wych, Dennis Xuereb, Deena Zymm.



Honor Loved Ones with this Exclusive Isabel Bloom Forget-Me-Not Heart

In medieval times, the Forget-Me-Not flower was worn as a sign of faithfulness and enduring love. Capture the promise of the Forget-Me-Not with this limited-edition sculpture by Isabel Bloom L.L.C. This heart combines a classic design of delicate purple flowers with golden yellow centers. This special color-finish is unique and will not be sold in retail stores. It will only be available from the Alzheimer’s Association, Greater Iowa Chapter, and the proceeds will support programs and services for people living with Alzheimer’s, friends, family and caregivers. Each sculpture is \$19, comes with a hand-tied purple ribbon and tag, and can be set on a stand or hung as an ornament. Sculptures will be available after August 24 at Alzheimer’s Association offices or at Memory Walks in September and October. For more information or to download an order form, go to www.alz.org/greateriowa, or call 1-800-272-3900.

Upcoming Events

“Art To Remember”-Friday, August 4

Kenneth Paul Gallery, 6600 Douglas Avenue in Des Moines will be hosting a benefit auction for the Alzheimer’s Association from 5-9pm. Live and silent auctions of works by artist Jesse Barnes, Jim Buckels and many more, including the live creation of a watercolor work by Nadine Hawbaker. RSVP by July 28 by calling Kenneth Paul Gallery at (515) 276-4378.

“Livingston Saturday Night”- Saturday, September 23

The Des Moines Parrot Head Club is hosting a country/tropical party at the downtown Des Moines Marriott. This Jimmy Buffet themed event will feature two live bands, appetizer bar, goody bags and auction items, including a guitar signed by the singer! Tickets are \$20 each or \$35 per couple. For tickets, call the Alzheimer’s Association at (515) 440-2722.



First Annual UnFOREgettable Golf Classic is a Success!

On Thursday, May 25, 55 golfers braved the gray skies and misting rain to be a part of the 1st Annual UnFOREgettable Golf Classic in Galena, IL. The tournament was held on the General Golf Course at Eagle Ridge Resort and Spa. Golfers at the tournament enjoyed a challenging round of golf, fun flag events, and an evening awards banquet, featuring Coach Johnny Orr. Thanks to the support of the generous golfers and sponsors, the tournament raised over \$5,000 for the Alzheimer’s Association’s programs and services. The Alzheimer’s Association would especially like to thank the lead event sponsor, Galena-Strauss

Sr. Mary Ann Hackenmiller celebrates a great putt! Also pictured: Kim Weber and Janet Schroeder.

Hospital and the tournament committee members: Denny and Ruth Krull, Jackie Richardson, Tom Soccamonno, Marty and Dawn Wagner, and John and Jane Yoder.

Support Groups...Continued from page one

Why attend an Alzheimer's Support Group?

Caregivers of persons with Alzheimer's and other irreversible dementias soon realize that this is not a one-person job. Support groups provide a safe, supportive and confidential environment where caregivers in similar situations meet to share experiences and emotions surrounding dementia care giving.

How are Alzheimer's Association Affiliated Support Groups different from other caregiver groups?

The Alzheimer's Association provides regular updates and information about the disease to support groups. There are specific requirements for groups who wish to affiliate, including holding meetings in a public place at regularly scheduled times, following policies and procedures for confidentiality and record keeping. The Greater Iowa Chapter is also able to offer limited financial assistance to caregivers for respite services. Whether you need in-home care, adult day or drop-in respite care for your loved one, while you attend a support group meeting, we may be able to help. Contact your local Greater Iowa Chapter office or contact us at 1-800-272-3900.

Support Groups Serve Individuals with Early-Stage Disease

As early detection methods improve and more people are diagnosed sooner in the disease process, early-stage support groups help affected individuals to understand and cope with the illness. The Greater Iowa Chapter offers early-stage groups in West Des Moines, Newton and Dubuque. These groups offer education and skills to persons with mild dementia to support memory and functional abilities and to plan for future care needs. To learn more call the toll free Helpline at 1-800-272-3900 or go to www.alz.org/greateriowa.

Support Group Facilitator Training Scheduled

The upcoming two-hour training program for new facilitators will be offered at the following locations and times:

Creston - Tuesday, July 18, 2006 2:00-4:00 pm First Baptist Church
1001 North Lincoln Street, Creston

Webster City - Tuesday, August 15, 2006 6:30-8:30 pm
Location to be determined

West Des Moines – Tuesday, September 5, 2006 2:00-4:00 pm
1730 28th Street, West Des Moines

Communities Need Support Groups

Certain Iowa communities are in need of facilitators to begin or resume Alzheimer's Association affiliated support groups. Some groups have facilitators who would like to have a co-facilitator. If you are interested or know someone who would be well suited for the job and lives in or near Iowa Falls, Eldora, Clear Lake, Creston, Mount Ayr, and Clarinda, please contact the Greater Iowa Chapter.

Telephone Support Groups Available for Caregivers with Special Circumstances

On the third Wednesday of each month at 7:00 pm, there is a support group conducted by telephone. This group is available to caregivers who are no longer able to drive, live more than 30 miles from an in-person group or who are without access to respite services for a loved one who cannot be left alone. Conducted by Mary McNally, Program Specialist in the Dubuque office, this group is limited to 10 participants. If you are interested, please call 1-800-272-3900.

Recent Grant Awards

Allied Insurance and Nationwide Foundation – \$3,000 for the continuation of the education program, “Older Drivers: Balancing Safety and Independence.” The funding will allow the Greater Iowa Chapter to present five programs throughout its chapter territory in Iowa.

Dubuque Racing Association – \$7,500 to the Alzheimer’s Association to purchase library materials and office equipment for the Dubuque Branch Office.

Great River Health Systems – \$3,800 for the purchase of new library materials, including materials on video and DVD.

Principal Financial Group Foundation – \$4,250 for a volunteer training program. Funds will be used to train new support group facilitators, speakers bureau volunteers, community liaisons, and Helpline volunteers in central and north-central Iowa. If you are interested in more information about the training program, please call (515) 440-2722 or (800) 272-3900.

Scott County Regional Authority – \$3,800 to enhance the library in the Quad Cities Branch Office.

www.alz.org
800 272 3900

We are fighting on your behalf 24/7
to give everyone a reason to hope.

Greater Iowa
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