

Speakers:

Geri Hepp is the social service designee at Madonna. Hepp has extensive experience in advocacy, education, program development, and management. Hepp's experience includes more than eight years as the State Long-term Care Ombudsman with the Nebraska Health and Human Services System, State Unit on Aging. In addition, she served as executive director during construction and the opening of the Parsons House on Eagle Run in Omaha, an assisted living and Alzheimer's care facility, and past vice president of programs for the Alzheimer's Association-Great Plains Chapter, providing leadership and direction for development, implementation and evaluation of the Chapter's programs and services in Nebraska, Kansas and Wyoming.

Teresa Stitcher Fritz is the program director of the Alzheimer's Association of the Great Plains. She has a bachelor's degree in special education and psychology from the University of Northern Colorado and a master's degree in management from Doane College. She has an extensive professional history of working on behalf of persons with developmental and physical disabilities. She has experienced caregiving for persons with Alzheimer's disease through her family. In the past five years, she has worked as educator and program director for the Alzheimer's Association.

DeEtta Vrana holds an Administrative Assisted Living License and has a genuine caring concern for the elderly. She has had experience in facility management, including independent living, assisted living and memory care. Vrana serves as a board member for the Alzheimer's Association of the Great Plains, which is a personal passion as she experiences the stages of the disease with her mother. Vrana also is a member of the Nebraska Assisted Living Association, Coalition for Older Adult Health Promotion.

Please note regarding this workshop:

- Participants must attend the entire workshop to receive credit.
- Dress in layers as the room temperature fluctuates.
- Send payment with registration form.
- You must call **402-437-2700** or **1-800-828-0072** and cancel before 5 p.m. the day before the workshop begins to receive 100 percent refund. **NO refunds** will be given after that. If you are unable to attend and wish to send someone in your place, you must notify the College in advance.
- Attendees requiring special accommodations or have dietary restrictions must notify the college at 402-437-2700 in advance of the seminar they will be attending.
- **Confirmations are not mailed.**

For More Information:

Jeanette Walsh
Southeast Community College
Continuing Education
402-437-2706 • 1-800-828-0072, ext. 2706
jwalsh@southeast.edu

NON-PROFIT
U.S. POSTAGE
PAID
LINCOLN, NE
PERMIT NO. 502

**CONTINUING
EDUCATION**
CONTINUING EDUCATION CENTER
301 S 68TH STREET PLACE
LINCOLN, NE 68510-2449

Continuing Education

Quality of Life & Resident Focus

Keys to Quality Dementia Care



February 5, 2011

9 a.m.-4 p.m.

alzheimer's  association
the compassion to care, the leadership to conquer

Southeast community college

www.southeast.edu/continuing

REGISTRATION FORM - CONTINUING EDUCATION COURSE

Southeast community college

Complete form with payment information and send via FAX or mail to: SCC-Continuing Education Center, 301 S. 68th Street Place, Lincoln, NE 68510-2449. FAX: (402) 437-2703. Include credit card information or Letter of Authorization (required for third-party billing). The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under the Family Educational Rights and Privacy Act (FERPA). The College will be privileged to redisclose that information only with the consent of the student or in those very limited circumstances when consent is not required by FERPA.

2011 QUARTER

X_winter ___summer
___spring ___fall

Social Security Number	Name: Last	First	Middle Initial	E-mail address	
Residence Mailing Address	City	State	Zip	County #	<input type="checkbox"/> Cell <input type="checkbox"/> Business Phone
Birth Date	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino	Race (select one or more): <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American	<input type="checkbox"/> Resident of Nebraska <input type="checkbox"/> Non-Resident of Nebraska	Home Phone
<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> Mastercard <input type="checkbox"/> Discover <input type="checkbox"/> VISA (VCode _____) Exp.Date _____ Credit card # _____ Name as it appears on card _____ Billing agency (include letter of authorization) _____ Signature _____					

Quality of Life & Resident Focus: Keys to Quality Dementia Care

February 5, 2011 • 9 a.m.–4 p.m. • CEC, Auditorium • \$59 • HLTH-3086-CEWA

Staff/Dep Disc. (_____)	TOTAL DUE
For Office Use Only: DE _____ ID# _____	

It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Director of Human Resources, SCC, 301 S. 68th Street, Place, Lincoln, NE 68510. 402-323-3420 or jstoe@southeast.edu. La política pública de SCC es de proveer equidad, y prohíbe discriminación, en todo asunto referencial a la admisión, participación, y empleo con toda persona por motivo de raza, nacionalidad, u otros factores prohibidos por ley o política del Colegio. Preguntas relacionadas a la política sobre equidad/nondiscriminación, de SCC deben dirigirse al Director de Recursos Humanos, SCC, 301 S. 68th Street Place, Lincoln, NE 68510. 402-323-3420, o jstoe@southeast.edu.

Quality of Life & Resident Focus

Keys to Quality Dementia Care

Co-sponsored with the Great Plains Alzheimer's Association

**February 5, 2011
9 a.m.–4 p.m.**

**SCC Continuing Education Center
301 S. 68th St. Place
Lincoln, NE • Auditorium**

**Tuition \$69 (Lunch provided)
6.0 contact hours**

Purpose:

This workshop is designed to help professionals, caregivers and others understand the principles, benefits and importance of person-centered care.

Participants will discuss and practice communication techniques to build successful relationships with residents, families and co-workers. Participants will learn to analyze challenging behaviors, identify triggers and practice interventions to minimize behaviors. Resources to assist participants in providing quality, person-centered dementia care will be provided.

Audience:

Designed for health care professionals: Nursing home or assisted living administrators, nurses and nurse aides, social workers, and other care providers.

6 contact hours for nurses and nursing home administrators. Other health care professionals should check with their licensing agencies to verify that this workshop will count as continuing education in their field.

Southeast Community College Continuing Education Division is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center Commission on Accreditation.



Objectives for this workshop:

- Define the principles and benefits of person-centered dementia care
- Identify strategies to communicate effectively with persons with dementia that promote engagement in life around them and foster a sense of positive self-worth
- Explain techniques to assist health care professionals in developing and sustaining positive relationships with families of persons with dementia
- Discuss common challenging behaviors displayed by individuals with dementia, triggers that cause the behavior, and the use of interventions, including Validation Therapy, to reduce the escalation of behaviors

Agenda:

- 8:30 a.m.Check-in
- 9 a.m.**Overview of Workshop**
Geri Hepp
- 9:30 a.m.**The Basics of Alzheimer's Disease**
Geri Hepp
- 10 a.m.**What is Person-Centered Care?**
Geri Hepp
- 10:45 a.m.Break
- 11 a.m.**Communication is the Key to Quality Care**
Theresa Stitcher Fritz
- NoonLunch (provided)
- 12:30 p.m.**Developing & Sustaining Family Relationships**
DeEtta Vrana
- 2 p.m.Break
- 2:15 p.m.**Analyzing & Identifying Solutions for Challenging Behaviors**
Geri Hepp & Theresa Stitcher Fritz
- 3:45 p.m.Questions
Geri Hepp & Theresa Stitcher Fritz
- 4 p.m.Evaluations