

alzheimer's association

Greater Richmond Chapter
 4600 Cox Road, Suite 130, Glen Allen, Virginia 23060
 Phone: 804-967-2580

Lending Library: Books (By Subject)

Revised April 2009

Title	Author	Year	Length	No. of Copies
Subject: Information on Disease				
Aging With Grace: What the Nun Study Teaches Us About Leading Longer, Healthier, and More Meaningful Lives	David Snowdon, Ph.D.	2001	242 pp	1
Alzheimer's: A Broken Brain	Dementia Education & Training Program	1995	10 pp	1
Alzheimer's: A Caregiver's Guide and Sourcebook	Howard Gruetzner	1992	308 pp	1
Alzheimer's A to Z	Jytte Lokvig	2000	285 pp	1
Alzheimer's: Making Sense of Suffering	Teresa Strecker	1997	197 pp	2
Alzheimer's Disease: Crossing the River of Life with Alzheimer's (contains great photographs of the brain)	Dementia Education & Training Program	1995	18 pp	1
Alzheimer's Disease: The Family Journey	Wayne A. Caron, James J. Pattee, Orlo J. Otteson	2000	213 pp	1
Alzheimer's Disease Progress Report 2001-2002	National Institute on Aging	2003	48 pp	1
Alzheimer's Disease: The Silent Epidemic	Julia Frank	1985	80 pp	1
Alzheimer's Disease: Unraveling the Mystery	National Institute on Aging	2002	60 pp	1
Alzheimer's for Dummies	Patricia Smith, Mary Kenan, Mark Kunik	2004	360 pp	1
Alzheimer's Forgetting Piece by Piece	Ami Simms	2007	111 pp	1
Decoding Darkness: The Search for the Genetic Causes of Alzheimer's Disease	Rudolph Tanzi and Ann Parson	2000	281 pp	1
Dementia and Wandering Behavior	Nina Silverstein, Gerald Flaherty, Terri Tobin	2002	215pp	1
Glimmers: A Journey Into Alzheimer's Disease	Heidi E. Hamilton	2003	109 pp	1
A Guide to Alzheimer's Disease: For Families, Spouses, and Friends	Barry Reisberg	1981	198 pp	2
Living With Grief – Alzheimer's Disease	Hospice Foundation of America	2004	290 pp	2
Losing My Mind: An Intimate Look at Life with Alzheimer's	Thomas DeBaggio	2002	210 pp	1
Mayo Clinic on Alzheimer's Disease: Practical Answers on Memory Loss, Aging, Research, Treatment, and Caregiving	Ronald Peterson, ed.	2002	210 pp	1

New Hope for People with Alzheimer's and Their Caregivers	Porter Shimer	2002	295 pp	1
Survival of the Sickest	Dr. Sharon Moalem with Jonathan Prince	2007	267 pp	1
Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friend	Claudia J. Strauss	2001	161pp	1
The 36-Hour Day (<i>Also available for sale for \$10</i>)	Nancy Mace & Peter Rabins	1999	330 pp	1 (1 in Spanish)
The Forgetting. Alzheimer's: Portrait of an Epidemic	David Shenk	2003	294 pp	1
The Memory Bible: An Innovative Strategy for Keeping Your Brain Young	Gary Small, M.D.	2002	305 pp	1
The Loss of Self	Donna Cohen & Carl Eisdorfer	2001	461 pp	1
The Person With Alzheimer's Disease (Pathways to Understanding the Experience)	Phyllis Braudy Harris	2002	289 pp	1
Understanding Alzheimer's Disease	Mariam Aronson, Ed.	1988	380 pp	1
What is Happening to Abuelito? (<i>In English & Spanish</i>)	Alzheimer's Association		32 pp	1
What you Need to Know About Alzheimer's	John Medina	1999	165 pp	1
Subject: Caregiver Techniques				
Alzheimer's – A Caregiver's Guide & Sourcebook	Howard Gruetzner	2001	336 pp	1
The Alzheimer's Caregiver	Harriet Hodgson	1998	221 pp	1
Alzheimer's Essentials – Practical Skills for Caregivers	Bretten C. Gordeau & Jeffrey Hillier, Ph.D.	2005	129 pp	1
Alzheimer's: Finding the Words. A Communication Guide for Those Who Care	Harriet Hodgson	1995	230 pp	1
The Alzheimer's Sourcebook for Caregivers: A Practical Guide for Getting Through the Day	Frena Gray Davidson	1994	234 pp	1
Alzheimer's: Another Opportunity to Love	Grayce Bonham Confe	1992	64 pp	3
At the Heart of Alzheimer's	Carol Simpson	1996	145 pp	2
Bathing Without a Battle – Personal Care of Individuals with Dementia	Ann Louise Barrick, Joanne Rader, Beverly Hoeffler, Philip D. Sloane	2002	162 pp	1
The Best Friends Approach to Alzheimer's Care	Virginia Bell & David Troxel	1997	250 pp	1
Caregiving: Helping an Aging Loved One	Jo Horne	1985	319 pp	1
The Caregiver: A Life with Alzheimer's	Aaron Alterra	1999	208 pp	1
Caring for the Caregiver: A Guide to Living with Alzheimer's Disease	Parke-Davis Pharmaceuticals	1994	171 pp	1
Caring for the Mentally Impaired Elderly: A Family Guide	Florence Safford	1986	323 pp	1
Caring for Yourself While Caring for Your Aging Parents: How to Help, How to Survive	Claire Berman	1996	255 pp	1
Children of a Certain Age – Adults & Their Aging Parents	Vivian Greenberg	1994	183 pp	1
Coping With Your Difficult Older Parent: A Guide for Stressed-Out Children	Grace Lebow & Barbara Kane	1999	203 pp	1

Facing Alzheimer's: Family Caregivers Speak	Patricia Brown Coughlan	1993	262 pp	1
A Family Caregiver's Guide to Planning & Decision Making for the Elderly: Forms, Checklists, and Practical Advice on Health, Housing, Finances, and More	James A. Wilkinson	1999	260 pp	1
The Fearless Caregiver: How to Get the Best Care for Your Loved One and Still Have a Life of your Own	Gary Barg	2001	264 pp	1
Forgive Your Parents, Heal Yourself: How Understanding Your Painful Family Legacy Can Transform Your Life	Barry Grosskopf	1999	277 pp	1
Gentlecare: Changing the Experience of Alzheimer's Disease in a Positive Way	Moyra Jones	1999	376 pp	1
Helping Yourself Help Others: A book for Caregivers	Rosalynn Carter with Susan Golant	1994	278 pp	1
How to Care for Aging Parents	Virginia Morris	1996	460 pp	1
How to Care for Your Parents: A Handbook for Adult Children	Nora Jean Levin	1990	103 pp	2
How to Survive Your Aging Parents... so You and They Can Enjoy Life: A Common Sense Guide for Turning a Difficult Time in both Your Lives into a Loving, Cooperative Relationship	Shulman & Boman	1988	192 pp	1
In the Comfort of Your Home: A Handbook About Home Health Care for Patients and Caregivers	Channing L. Bete Co., Inc.	1998	31 pp	1
Into the Mist – When Someone You Love Has Alzheimer's	Deborah Uetz with Dr. Anne Lindsay	2005	309 pp	1
It Takes More Than Love: A Practical Guide to Taking Care of an Aging Adult	Anita G. Beckerman & Ruth M. Tappen	2000	346 pp	1
Journal of a Caregiver: Caregiver to an Alzheimer's Patient	Charles H. Morris	2004	112 pp	1
Key Elements of Dementia Care	Alzheimer's Association	1997	90 pp	1
Knowing Me, Knowing You – A Biography of You and Your Loved Ones	C. S. Manifold	2005	134 pp	1
Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease	Joanne Koenig Coste	2003	240 pp	2
My Mother's Keeper – A Middle-Aged Son's Experiences as Caregiver for His Alzheimer-Afflicted Mother	Bob Apperson	2001	121 pp	1
Parenting Our Parents	Doug Manning	1991	14 pp	2
Terms and Tips: An Alzheimer's Care Handbook	Alzheimer's Association	1995	84 pp	4
Therapeutic Caregiving: A Practical Guide for Caregivers of Persons with Alzheimer's and Other Dementia Causing Diseases	Barbara J. Bridges, R.N.	1998	234 pp	2
There's Still a Person in There: The Complete Guide to Treating and Coping with Alzheimer's	Castleman, Gallagher-Thompson & Naythons	1999	370 pp	2
Unwrapping the Sandwich Generation – Life Vignettes About Seniors and Their Adult Boomer Children	Susan Cunningham	2005	227 pp	1

Your Best is Good Enough – Aging Parents and Your Emotions	Vivian Greenberg	1989	170 pp	1
Your Name is Hughes Hannibal Shanks: A Caregiver's Guide to Alzheimer's	Lela Knox Shanks	1999	193 pp	1
Subject: Activities				
A Part of Daily Life: Alzheimer's Caregivers Simplify Activities and the Home	Morris & Hunt	1994	25 pp	1
Alzheimer's Disease and Related Dementias: Family Care Guide	Alzheimer's Disease and Related Disorders Association of Massachusetts	1988	146 pp	1
The Best Friends Book of Alzheimer's Activities	Virginia Bell, David Troxel, T onya Cox, Robin Hamon	2004	199 pp	1
The Comfort of Home: An Illustrated Step-by-Step Guide for Caregivers	Maria Meyer & Paula Derr	1998	365 pp	1
Creating Moments of Joy for the Person with Alzheimer's or Dementia: A Journal for Caregivers	Jolene Brackey	2000	188 pp	1
Failure-Free Activities for the Alzheimer's Patient: A Guidebook for Caregivers	Carmel Sheridan	1987	104 pp	1
Finding the Joy in Alzheimer's: Caregivers Share the Joyful Times	Brenda Avadian	2002	159 pp	1
Guide to Home Safety for Caregivers of Persons with Alzheimer's Disease	Alzheimer's Association		40 pp	1
Home Modifications: Responding to Dementia	The Research Center of the Corinne Dolan Alzheimer's Center	1990	31 pp	1
Homes That Help: Advice from Caregivers for Creating a Supportive Home	Olsen, Ehrenkrantz, Hutchings	1993	77 pp	1
Managing Nutrition in Dementia Care: A Supportive Approach for Caregivers	Alzheimer's Association	2001	30 pp	1
Non-Chew Cookbook	J. Randy Wilson	1985	195 pp	1
The Positive Interactions Program of Activities for People with Alzheimer's Disease: Featuring 92 Step-by-Step Activities	Nissenboim & Voman	2000	136 pp	2
The Sunshine on My Face	Lydia Burdick	2005	22 pp	1
Validation Breakthrough: Simple Techniques for Communicating with People with Alzheimer's-Type Dementia	Naomi Feil	1993	320 pp	1
Subject: Self Care				
Children As Caregivers: Parental & Parentified Children	Chester A. Winston	2003	230 pp	1

Coping with Caregiver Worries: The Caregiver Survival Series	James R. Sherman	1998	87 pp	1
Creative Caregiving: The Caregiver Survival Series	James R. Sherman	1994	85 pp	1
Exercise: A Guide from the National Institute on Aging	National Institute on Aging		80 pp	1
Glimmers: A Journey Into Alzheimer's Disease	Heidi E. Hamilton	2003	109 pp	1
Help Yourself to Good Health	National Institute on Aging & Pfizer	1987	98 pp	1
The Magic of Humor in Caregiving: The Caregiver Survival Series	James R. Sherman	1995	95 pp	1
Male Caregivers' Guidebook: Caring for Your Loved One with Alzheimer's At Home	Alzheimer's Association – Mid-Iowa Chapter	1990	74 pp	2
The Memory Bible – An Innovative Strategy for Keeping Your Brain Young	Gary Small, M.D.	2002	305 pp	1
Memory Power	Scott Hagwood	2006	202 pp	1
The Memory Prescription – 14-Day Plan to Keep Your Brain and Body Young	Gary Small, M.D.	2004	368 pp	1
Positive Caregiver Attitudes: The Caregiver Survival Series	James Sherman	1994	85 pp	1
Power to the Patient: The Treatments to Insist on When You're Sick	Isadore Rosenfeld, M.D.	2002	448 pp	1
Pressure Points: Alzheimer's and Anger	Ballard, Gwyther, & Toal	2000	70 pp	1
Preventing Caregiver Burnout: The Caregiver Survival Series	James R. Sherman	1994	77 pp	1
Rethinking Alzheimer's Care	Fazio, Seman, & Stansell	1999	175 pp	1
Searching for Normal Feelings	Doug Manning	1989	14 pp	1
Sex in Later Life	Margot Tallmer, PhD	1996	142	1
Socks – How to Solve Problems	Doug Manning	1989	14 pp	2
Staying Connected While Letting Go: The Paradox of Alzheimer's Caregiving	Sandy Braff and Mary Rose Olenik	2003	254	1
Talking with Your Doctor: A Guide for Older People	National Institute on Aging	2002	29 pp	1
Understanding and Caring for the Person with Alzheimer's Disease	Alzheimer's Association	1985	31 pp	1
Subject: Facility Information				
Family Members' View: What is Quality in Assisted Living Facilities: Providing Care to People with Dementia	Harves, Greene, Wood	1997	74 pp	1
How to Choose a Nursing Home: A Guide to Quality Caring	Jo Anne Meshinsky	1991	182 pp	1
Moving a Relative with Memory Loss: A Family	White & Spencer	2000	50 pp	2

Caregiver's Guide				
The Nursing Home and You: Partners in Caring for a Relative with Alzheimer's Disease	Blevins, Darnell, & Bonebrake	1987	32 pp	1
The Nursing Home Handbook: A Guide for Families	Jo Horne	1989	172 pp	1
When Love Gets Tough: The Nursing Home Decision	Doug Manning	1998	90 pp	3
Subject: End of Life Issues				
Choices at the End of Life: Finding Out What Your Parents Want Before It's Too Late	Linda Norlander & Kerstin McSteen	2001	165 pp	1
Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying	Maggie Callanan & Patricia Kelly	1992	239 pp	1
Hard Choices for Loving People: CPS, Artificial Feeding, Comfort Measures Only, and the Elderly Patient	Hank Dunn	1999	84 pp	1
Living With Grief – Ethical Dilemmas at the End of Life	Hospice Foundation of America	2005	357 pp	1
Subject: Early Stage				
A View From Within: Living with Early Onset Alzheimer's	Thaddeus Raush	2001	128 pp	1
Alzheimer's Early Stages: First Steps in Caring and Treatment	Daniel Kuhn	1999	275 pp	1
Catch a Falling Star: Living with Alzheimer's	Betty Baker Spohr	1995	215 pp	1
Will I Be Next? The Terror of Living with Familial Alzheimer's Disease	Gorman & Bristow	1996	260 pp	1
Subject: Community Resources				
A Life Care Guide to Alzheimer's Disease and Related Dementia	Merritt and Marottoli	2001	96 pp	2
How to Avoid Identity Theft: A Guide for Victims of Identity Theft	Mark Earley	1999	20 pp	1
Long-Term Care: A Consumer's Guide	Virginia Health Information / Virginia Department for the Aging	2000	128 pp	3
Long-Term Care and Prevention Services: 2003 Program Report	Virginia Department of Social Services	2003	93 pp	1
Senior Citizens Handbook: Laws and Programs Affecting Senior Citizens in Virginia	Virginia State Bar Association	1999	106 pp	1 (1 in Spanish)
Senior Citizen Resource Manual	Office of the Attorney General	1999	191 pp	3
A Shopper's Guide to Long-Term Care Insurance	National Association of Insurance Commissioners	1999	45 pp	3
The Consumer Action Handbook	GSA Federal Consumer Information Center	2001	144 pp	1
Virginia Consumer Guide	Mark Early		88 pp	1

Subject: Persons With Disease				
A Room Without Doors	Owen Darnell	1995	25 pp	1
Another Name for Madness: Dramatic Story of a Family's Struggle with Alzheimer's Disease	Marion Roach	1985	241 pp	1
Between Two Worlds: Special Moments of Alzheimer's and Dementia	Ellen Young	1999	207 pp	1
The Diminished Mind: One Family's Extraordinary Battle with Alzheimer's (The Jean Tyler Story)	Harry Anifantakis	1991	253 pp	1
Elder Rage – or – Take My Father...Please!: How to Survive Caring for Aging Parents	Jacqueline Marcell	2000	344 pp	1
Finding a Voice (Poems, Stories, and Essays by Caregivers)	Daum, Ed.	1990	112 pp	1
Ginny: A Love Remembered	Bob Artley (foreward by Princess Yasmin Aga Khan)	1993	258 pp	1
He Used to Be Somebody: A Journey Into Alzheimer's Disease Through the Eyes of a Caregiver	Beverly Bigtree Murphy	1995	348 pp	1
Heavy Snow: My Father's Disappearance into Alzheimer's (comic book format)	John Haugse	1999	132 pp	1
I Can't Remember: Family Stories of Alzheimer's Disease (Photo essay of four families and their process of coping)	Esther S. Smoller	1997	134 pp	1
I Choose to Continue: My Life Before and After "the Funeral That Never Ends" – A Family's Coping with Alzheimer's Disease	Bobbie G. Custer	--	93 pp	1
In a Tangled Wood: An Alzheimer's Journey	Joyce Dyer	1996	160 pp	1
In the Care of Strangers: When Your Loved One Needs Nursing Home	Linda Pischke & Calvin Langmade	1998	133 pp	1
Iris and Her Friends: A Memoir of Memory and Desire	John Bayley	2000	275 pp	1
Just Love Me: My Life Turned Upside-Down by Alzheimer's (a compelling personal narrative)	Jeanne L. Lee	2003	90 pp	1
Life With Charlie: Coping with An Alzheimer's Spouse or Other Dementia Patient and Keeping Your Sanity	Carol Heckman-Owen	1992	134 pp	1
Living Every Minute: Remembering Pauline Efford Delano	Nancy Delano Moore	2001	202 pp	1
Living in the Labyrinth: The Maze of Alzheimer's	Diana Friel McGowin	1993	147 pp	1
Living With Alzheimer's: Ruth's Story (The personal story of two victims of senile dementia)	Art Danforth	1984	219pp	1
Love is Ageless: Stories About Alzheimer's Disease	Jessica Bryan, Editor	2002	244 pp	4
Mom's Ok – She Just Forgets	Evelyn McLay & Ellen P. Young	2007	182 pp	1
Moments (A Collection of Poems and Essays)	Gretchen Daum, Ed.	1992	113 pp	1
My Father Forgets	Lynn McAndrews	1990	110 pp	2

My Journey Into Alzheimer's Disease	Robert Davis	1984	140 pp	1
One Family's Journey Through Alzheimer's: Love, Grace, Sorrow, and Laughter in a Most Compelling Story	Mary Walsh	2000	204 pp	1
Only With the Heart	Sherri Szeman	2000	336 pp	1
Partial View: An Alzheimer's Journal	Cary Smith Henderson	1998	100 pp	2
She Never Said Goodbye: My Wife's Disappearance Down a Road of No Return... Alzheimer's	George Vernon Ellison & Loy Young	2000	284 pp	2
Stolen Mind: The Slow Disappearance of Ray Doernberg	Myrna Doernberg	1986	223 pp	1
Surviving Life With Laughter	Steve Kissell	1993	102 pp	1
Through the Wilderness of Alzheimer's: A Guide in Two Voices	Robert & Anne Simpson	1999	160 pp	1
To Hold a Falling Star: A Personal Story of Living at Home with Alzheimer's	Betty Baker Spohr	1990	212 pp	1
Where Did Mary Go? A Loving Husband's Struggle with Alzheimer's	Frank Wall		90 pp	1
Subject: Spirituality				
A Child's View of Grief: A Guide for Caring Adults	Alan Wolfelt, Ph.D.		38 pp	2
Caregiving: The Spiritual Journey of Love, Loss, and Renewal	Beth Witrogen McLeod	1994	264 pp	1
Comforting Those Who Grieve: A Guide for Helping Others	Doug Manning	1985	71 pp	1
Day to Day: Spiritual Help When Someone You Love Has Alzheimer's	Cecil Murphey	1988	152 pp	1
Don't Take My Grief Away From Me: How to Walk Through Grief and Learn to Live Again	Doug Manning	1989	129 pp	1
Forgetting Who We Are: Alzheimer's Disease and the Love of God	David Keck	1996	255 pp	1
God's Love For Us Is Sure & Strong	American Bible Society	1992	65 pp	1
Invisible Barriers: Pastoral Care with Physically Disabled People	Jessie Van Dongen-Garrad	1983	156 pp	1
Living With Grief: When Illness is Prolonged	Edited by Kenneth Doka, Ph.D.	1997	220 pp	1
Mosaic Moon: Caregiving Through Poetry – Easing the burden of Alzheimer's Disease	Frances H. Kalugawa	2002	218 pp	1
Safe Return Home: An Inspirational Book for Caregivers of Alzheimer's	Batiuk & Ayers	1998	112 pp	1
Someone you Love is Dying. How do you Cope?	Charles Corr, Ph.D.	1992	28 pp	2
Speaking Our Minds: Personal Reflections From Individuals With Alzheimer's (Also available for sale for	Lisa Snyder	1999	160 pp	4

\$12.00)				
Spiritual Care for Persons with Dementia	Larry VandeCreek, DMin	1999	125 pp	1
The Courage to Grieve: Creative Living, Recovery, & Growth Through Grief	Judy Tatelbaum	1980	177 pp	1
Visiting In a Nursing Home	Doug Manning	1989	14 pp	2
You Are One of Us – Successful Clergy/Church Connections to Alzheimer’s Families	Lisa P. Gwyther	1995	59 pp	3
Subject: Children’s Books				
Grandma’s Cobwebs	Ann Frantti	1999	40 pp	1
Grandma’s Soup	Nancy Karkowsky	1989	30pp	1
Grandpa Doesn’t Know It’s Me	Donna Guthrie	1986		1
I Remember When	Tracy Mobley and Austin Mobley	2005	34	9
If I Forget, You Remember	Carol Lynch Williams	1998	201 pp	2
My Grammy	Marsha Kibbey	1988		1
Old Timers: The One That Got Away!	Noa Schwartz			1
Striped Shirts and Flowered Pants	Barbara Schnurbush	2007		1
The Memory Box	Mary Bahr	1992	32 pp	2
The Smell of Chocolate	Barbara McGuire	2003	31 pp	1
The Sunsets of Miss Olivia Wiggins	Lester L. Laminack	1998	28 pp	1
What’s Happening to Grandpa?	Maria Shriver	2004		6
What’s Wrong With Daddy	Alida Young	1986	172 pp	1
What’s Wrong With My Grandma	Lin Noyes	1982	18 pp	1
When Meme Came To Live At My House	Mary Janine Langdon		25 pp	1
Wilfrid Gordon McDonald Partridge	Mem Fox	1985	30 pp	2