

Personal Care Techniques
Caring for the Cognitively Impaired in the Home

Sponsored by

alzheimer's  association™



Friday, September 25, 2009

A Grace Place

8030 Staples Mill Road

Henrico, VA 23228

Registration – 8:30 am

Program – 9:00 am – 2:00 pm

Respite Vouchers Provided

Please contact Ginny Becker, Senior Connections, at 343-3058 for information.

Interactive Learning Sessions On:

Nutrition
Bathing

Exercise
Dressing

Transferring
Communication

No Charge – Lunch Provided

Registration Required - Please call 804-967-2580 to register or
send in the bottom portion of this flyer.

Space is Limited

Personal Care Techniques: Caring for the Cognitively Impaired in the Home
September 25, 2009

Name _____

Address _____

City, State, Zip _____

Telephone _____

E-Mail Address _____

Please detach and return to:

Alzheimer's Association Greater Richmond Chapter

4600 Cox Road, Suite 130

Glen Allen, VA 23060

Phone: 804-967-2580 • Fax: 804-967-2588

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Agenda

Friday, September 25, 2009

8:30 – 9:00	Registration
9:00- 9:15	Welcome and Introduction of Sponsor's
9:15- 10:15	Transferring and Bathing
10:15- 10:30	Break
10:30 – 11:15	Dressing
11:15 - 12:15	Communication
12:15 - 12:45	Lunch
12:45 - 1:15	Nutrition
1:15 - 1:45	Exercise
1:45 - 2:00	Wrap up and Evaluation

Thank you for coming today. A special THANK YOU to all of the therapists who volunteered their time today to teach these classes.

Please see other information in your packets about future educational opportunities and resources.