

join us for an alzheimer's association caregiver workshop

Thief

By Frances H. Kakugawa

*Before the thief came
I saw her with all the flaws of an imperfect mother.
I became righteous and judgmental
In my quiet, unspoken perception of her.*

*Then the thief came quietly into the night
Like that fog on little cat feet
And slowly began to rob her
Of what was rightfully hers since her birth.*

*Childhood memories,
Dates and places.
Yesterdays and today's,
Even family faces.
Oh so quietly, so silently
Stolen without a sound.*

*The mother is no longer here,
But a shell of a woman,
Leaving me nothing to judge, nothing at all.
She sits for hours without a past, without a present,
A woman struggling each day to retain
What little dignity the thief has not found
In the tiny remaining crevices of her mind.*

*My heart aches with love
For the woman she has become.
Perhaps there is a reason for this thief
A final transformation of a mother
Into her purest form,
A newborn babe once again
Before her final journey.*

Lessons in Caregiving Through Poetry

Presented by
Frances H. Kakugawa

Author of Mosaic Moon - Caregiving Through Poetry;
Wordsworth the Poet; A Caregiver's Voice: Breaking
Silence Through Writing released Sept 2009

Friday, March 13, 2009

10:00 am - 11:30 am

Ward Warehouse

Kaka'ako Conference Room

Come hear caregiver, award-winning published author, support group facilitator, and lifetime educator, Frances Kakugawa share how writing helped her rise above the burden of caregiving. Her stories and poems speak of her transformation from a burdened, scared person into a compassionate and competent caregiver.

Come weep, laugh, shout, or simply remain silent. Frances will also work with those interested in trying their hand at journal or poetry writing. She enjoys working with people who claim writing is limited to their grocery lists.

To register or for information:

808 591 2771 p

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alzheimer's  association®

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