

# join us for an alzheimer's association caregiver workshop

## *Lessons in Caregiving Through Poetry*

*Presented by*  
**Frances H. Kakugawa**

Author of *Mosaic Moon - Caregiving Through Poetry;*  
and *Wordsworth the Poet*

**Wednesday, October 21, 2009**

**10:00 am - 11:30 am**

**Ward Warehouse**

**Kaka'ako Conference Room**

*Free to the public, Call to RSVP*

Come hear caregiver, award-winning published author, support group facilitator, and lifetime educator, Frances Kakugawa share how writing helped her rise above the burden of caregiving. Her stories and poems speak of her transformation from a burdened, scared person into a compassionate and competent caregiver.

Come weep, laugh, shout, or simply remain silent. Frances will also work with those interested in trying their hand at journal or poetry writing. She enjoys working with people who claim writing is limited to their grocery lists.

## *Is it Normal Forgetfulness or Something More Serious?*

*Presented by*  
**Teepa Snow, M.S.**

Co-sponsored by The Queen's Medical Center, the  
Alzheimer's Association, Aloha Chapter and Kokua Mau

**Thursday, November 12, 2009**

**5:00 pm - 6:30 pm**

**Queen's Conference Center**

**2nd Flr Mezzanine**

*Free to the public, No RSVP required*

Ms. Snow is an occupational therapist and Dementia Care and Education Specialist. Teepa has over 28 years of experience, receiving national recognition for her expertise in Geriatrics and Dementia Care.

One of Teepa's most outstanding teaching skills is the ability to mimic the behaviors and symptoms presented by persons suffering from dementia, winning both laughter and attention from her audience.

To register or for information:

**808 591 2771 p**

[www.alz.org/hawaii](http://www.alz.org/hawaii)

**alzheimer's  association®**

Alzheimer's Association, Aloha Chapter  
1050 Ala Moana Blvd, 2610  
Honolulu, HI 96814