

# Walking to End Alzheimer's Disease

The Alzheimer's Association at the MORE ½ Marathon



Local **Alzheimer's Association** Champions, Memory Walk committee volunteer/Memory Walk Team Captain & former Board Member of the Association's Hudson Valley/Rockland/Westchester, NY Chapter, **Marian Crapanzano**, and her sister/fellow Memory Walk fundraiser, **Pam Berger**, will be walking the "MORE Half Marathon," on Sunday, April 26, 2009 at New York's Central Park. Marian and Pam are walking on behalf of the Alzheimer's Association to raise funds and awareness of this important cause!

*When my mother, Mona (pictured), was diagnosed with Alzheimer's disease, she and our family fought to maintain her dignity and comfort for the remaining 12 years of her life. The local Alzheimer's Association offered Mom and our family a wide range of services including access to adult day care and referrals to various community resources, education about the disease, and emotional support. I truly don't know what we would have done without them.*

*Now, I am committed to assisting the Alzheimer's Association in continuing their work with local families impacted by this disease in Rockland, Dutchess, Orange, Putnam, Sullivan, Ulster and Westchester Counties. As a former caregiver I know how valuable these programs are, and as a former Board member, I know how expensive they are.*

*Each year, my family and I volunteer and walk in our local Memory Walk to raise funds and awareness. But this year, in an effort to raise even MORE funds and awareness of this important cause, my sister, Pam, and I will be representing the Alzheimer's Association in the MORE ½ Marathon, on Sunday, April 26, 2009, in New York's Central Park.*

*Won't you help by sponsoring us in our efforts?*

*Thank you,*

*Marian Crapanzano*

To support Marian's and Pam's efforts, as they walk the 13.1 mile half marathon on behalf of local families impacted by Alzheimer's disease, please send your check (payable to the **Alzheimer's Association**) to Marian's attention at Kantrowitz, Goldhamer & Graifman, P. C., 747 Chestnut Ridge Road, Chestnut Ridge, NY 10977, or make your donation online:

<http://memorywalk09.kintera.org/pearlriverny/teammona>.