



# newscope

Newsletter of the Hudson Valley/Rockland/Westchester, NY Chapter

Published quarterly for our donors, volunteers, advocates, and friends in the Alzheimer's community

Winter, 2011

## The Shriver Report™ Examines Impact of Alzheimer's Disease on American Women

### Inside this issue:

Chapter News	2
Winter Programs	4
Winter Programs & Research	5
Memory Walk	
2010 - Thank you!	6
Support Groups	8
Advocacy	9
Special Events	10
Memorials & Tributes	11
How Our Funds Are Used	12

### ~ Our Mission ~

**To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.**

This fall Maria Shriver and the Alzheimer's Association released *The Shriver Report: A Woman's Nation Takes on Alzheimer's*. This groundbreaking report examines the impact of Alzheimer's disease on American women as caregivers, advocates, and people living with the disease. Maria Shriver's own father, Sargent Shriver, was diagnosed with Alzheimer's disease in 2003.

The Shriver Report demonstrates that women are at the epicenter of the Alzheimer's epidemic. According to the Women and Alzheimer's Poll unveiled in the Report, women comprise almost two-thirds of all Americans with Alzheimer's and 60 percent of the unpaid caregivers for family members and friends with the disease. That means 10 million women either have Alzheimer's or are caring for someone with the disease. Is this country ready for the impact on family, the workplace, our health-care system, our government? Is anyone ready?

*The Shriver Report: A Woman's Nation Takes on Alzheimer's* is the first multi-disciplinary look at these questions. In addition to substantive chapters by scholars and experts mining the data and explaining the breakthroughs and trends in the medical research, the economic impacts, the sociology and the cultural shifts, the report includes, original photography by award-winning photojournalist Barbara Kinney and personal essays.

Contributors include Barbra Streisand, Terrell Owens, Soleil Moon Frye, ABC News "Nightline" anchor Terry Moran, CBS News Correspondent Barry Petersen, former First Lady Laura Bush, President Ronald Reagan's daughter Patti Davis, Alzheimer's Study Group Chairs Newt Gingrich and former Sen. Bob Kerrey, Secretary of Health and

Human Services Kathleen Sebelius and Vice President Joseph Biden. Extraordinarily honest and moving essays by a diverse group of Americans – including teenage caregivers and women in their sixties living with Alzheimer's – further illustrate the toll Alzheimer's is taking on America.

An instant eBook edition of *The Shriver Report* created by Free Press is available wherever Simon & Schuster eBooks are sold. This eBook will be the only copy of the report available to the public. Portions of the report are also available at [www.alz.org](http://www.alz.org) and at [www.ShriverReport.com](http://www.ShriverReport.com).



*The Shriver Report: A Woman's Nation Takes on Alzheimer's* is designed to spark a national dialogue around kitchen tables and in communities across the country. "The statistics in this report are shocking," said Shriver. "It's time to start talking about Alzheimer's. It's time to fight this disease."

Locally the Alzheimer's Association is seeking to bring special essay reading and discussion events to women's groups this spring. If you have a connection to an organization that would be interested in hosting or co-sponsoring such an event, please contact Michele Muir, Director of Communications & Public Policy, at 1-800-872-0994 or [michele.muir@alz.org](mailto:michele.muir@alz.org).

# Chapter News

## Board of Directors

Karen Folster Lesperance, Chair  
 William M. "Andy" Cahn, III, First Vice Chair  
 Debra Kagan-Birkeland, Second Vice Chair  
 Andrew B. Sillin, Secretary  
 James B. McEvoy, Treasurer  
 David A. "D.A." Abrams  
 Donna Maria Blancero, Ph.D.  
 Karen Burns  
 Alan E. Dillon  
 Lawrence T. Force, Ph.D.  
 Christina Horsford  
 Neil Klar  
 Faith Kotzker  
 Frances M. Pantaleo  
 Mindy Quinn  
 Alana Sweeney

## Staff

Elaine Sproat, President/CEO  
 Meg Boyce, Director, Programs & Services  
 Alison Buchalter, Director of Development  
 Michele Muir, Director, Communications & Public Policy  
 Jennifer Scheuermann, Director, Finance & Operations

### Poughkeepsie

Barbara Lynch, Administrative Assistant  
 Richard McClurg, Staff Accountant  
 Wendy Rudder, Care Consultant  
 Karen Skelton, Administrator  
 Mary Varano, Bookkeeper

### Middletown

Donna Davies, Care Consultant  
 Janet Troia, Administrator

### New City

Inez Carling, Care Consultant  
 Maria Paliotta, Administrator

### Brewster

Stuart Greif, Program Development Specialist

### Purchase

Alice Feintuch, Care Consultant  
 Ellen Imbiano, Care Consultant  
 Terry Kean, Administrator  
 Erva Randolph, Administrative Assistant

### National Colleagues

Laura Ewing-Mahoney, Major & Principal Gifts  
 Karen McAllister, Planned Giving

©2011 Alzheimer's Association, Hudson Valley/ Rockland/ Westchester, NY Chapter, Inc., except where specifically stated otherwise. All rights reserved. All material in *newscope* is offered as information to our readers. The Alzheimer's Association, Hudson Valley/Rockland/ Westchester, NY Chapter cannot warrant, endorse, or recommend any provider, program, or product.

## Among Friends

Something has changed! This past fall you couldn't read a newspaper, listen to the radio, or watch television without hearing about caregiver issues, the genetics of Alzheimer's disease, early detection, diagnosis, treatment, or financing long-term care. It feels as if we have turned a corner. National and local media are taking notice of Alzheimer's disease:



Elaine Sproat

♦ "The Vanishing Mind," a series of articles examining the worldwide struggle to find answers about Alzheimer's disease, began in *The New York Times* in mid-June, and more than 10 stories have appeared about Alzheimer's since September.

♦ *The Shriver Report* was released in mid-October and included national TV coverage on "This Week with Christiane Amanpour," "Good Morning America," "The View," "World News Tonight," and "Nightline."

♦ Alzheimer's disease was the Cover story for *Time* magazine on October 25.

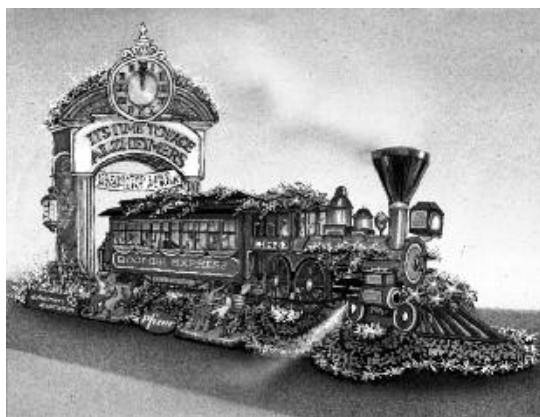
♦ "The Age of Alzheimer's," an op-ed article by Sandra Day O'Connor, Stanley Prusiner and Ken Dychtwald, appeared on October 28. (If you missed it, check it out at [www.nytimes.com/2010/10/28/opinion/28oconnor.html](http://www.nytimes.com/2010/10/28/opinion/28oconnor.html).)

♦ Interviews about Alzheimer's disease were aired on local radio stations throughout October and November, and feature stories on living with Alzheimer's, caregiving, and new programs such as Alzheimer's Association TrialMatch, appeared in *The Daily Freeman*, *The Journal News*, the *Poughkeepsie Journal*, the *Times Herald Record*, and local weeklies.

It's no coincidence. Much of the attention being paid to Alzheimer's is coming thanks to the tireless advocacy of the Alzheimer's Association and our supporters. Join us as we continue to work to make Alzheimer's a national priority and bring our stories to elected officials in Albany and Washington, D.C. in the coming months. (See page 9.)

Elaine

## Float to Raise Awareness: It's Time to Face Alzheimer's



In 2011, the first wave of baby boomers will begin turning 65 and advance into an age of greater risk for developing Alzheimer's. The Alzheimer's Association and Pfizer have joined together to raise awareness about Alzheimer's disease and to tell Americans, *It's Time to Face Alzheimer's*. The effort includes a website, [www.TimetoFaceAlz.org](http://www.TimetoFaceAlz.org), where all will be invited to visit, upload photos

and share stories about how they have been affected by Alzheimer's. The initiative will culminate with a featured float, called The Boomer Express, in the 122nd Tournament of Roses® Parade on New Year's Day.

To add your photos and personal story to the Faces of Alzheimer's mosaic, please visit [www.TimetoFaceAlz.org](http://www.TimetoFaceAlz.org), and don't forget to watch The Boomer Express make its debut at the Tournament of Roses Parade on January 1, 2011.

# Chapter News

## Transitions

It has been said that the only constant is change. As extraordinary people come through our doors, we are grateful for all they bring, or have brought us.

In January, we will welcome a new member of our Chapter's Board of Directors. **Diane Aparisio**, M.S.W., has been a friend of the Alzheimer's



*Diane Aparisio*

Association for many years. Among her numerous achievements as Deputy Commissioner of Westchester County's Department of Senior Programs and Services, she implemented Westchester's Family Caregiver Support Program. Recently retired, she continues as a Consultant with the Cornell Psychiatric Geriatric Research Institute; she is also primary caregiver for her father, who has been diagnosed with Alzheimer's.

**Alan Jacobs, M.D.**, has resigned from his position on the Board due to competing personal and professional responsibilities, but he will remain involved with the Chapter as a supporter and volunteer.

This fall, the Chapter's Dutchess/Ulster Regional Office welcomed a new administrative assistant, **Barbara Lynch**. Previously, Barbara worked for 12 years as Regional Programs Assistant at Vassar



*Barbara Lynch*

College and for 10 years as Membership Coordinator and Development Department Manager at The Garden Conservancy. Her excellent skills were quickly put to use as she came on board at the height of Memory Walk season.

We say good-bye to **Amy Kotash**, who used her outstanding computer skills to benefit the Chapter for the past eight years. We wish her the very best.

New faces in January will include **Lisa Truffi**, a Human Services major at Mount Saint Mary College, who is interning in the Orange/Sullivan Regional Office, and **Lisa Mignone**, a senior in the Advanced Social Work program at Nyack College, who is interning at the Rockland Regional Office.

Lisa T. and Lisa M. join interns who have been assisting in the Dutchess/Ulster Regional Office all year. **Mary Gillen**, a graduate of SUNY Albany, was drawn to help us because her father has Alzheimer's disease. She is a tremendous asset to us in the areas of Public Policy and Public Relations. **Kelly Murphy**, a senior at SUNY New Paltz who plans to pursue an M.S.W. next fall, spends two afternoons with us each week, observing, learning, and developing her social work skills, as well as providing support for two clients with multiple long-term planning needs.

Finally, on October 27 we welcomed the newest member of Team Noah, **Riley Danette Scheuermann**, whose mother Jennifer is our Chapter's Director of Finance & Operations. We expect Riley to be a frequent visitor to our Orange/Sullivan Regional Office.



*Riley with proud big brother Noah, age 4*

## Angels Needed

Our Chapter always keeps our overhead very low, but this year because of the challenging economy, we had to trim our budget even further, leaving nothing for improvements in technology and replacement of some badly-worn and makeshift furniture.

In addition to end-of-year donations that directly support our full mission of research, care, and support, we are looking for donations to fund these special needs.

**Most critical, our Chapter is in need of important new software.** Why? Our current software (Office 2003) is not compatible with Windows 7 or our online File Server, and this is affecting our ability to deliver our programs and services.

With special pricing, we can obtain licenses for Microsoft Office 2010 Professional for all Chapter computers for just \$1,500, but our technology budget does not include the needed funds.



In addition, we would like to replace the folding utility tables being used in the conference room in our New City office with modular tables (\$1,400), and staff in Poughkeepsie and New City would like to replace seven broken or wounded desk chairs (\$1,050) and four guest chairs (\$400).

If you would consider being an "angel" and making a special gift for either technology or office furniture, we would be most appreciative. Questions? Please contact Elaine Sproat, 1-800-872-0994 or [elaine.sproat@alz.org](mailto:elaine.sproat@alz.org).

## Alzheimer's Association Winter Programs

Did you know we offer educational programs for families and individuals facing Alzheimer's, as well as community members? If you don't see a program that meets your needs, please call your nearest Regional Office (see back page). *Unless otherwise indicated, all programs are free of charge.*

### Dutchess/Ulster

**"Understanding Memory Loss,"** a program for the general public, will be presented this winter in Dutchess and Ulster Counties:

- ◆ at Hyde Park Library, 2 Main Street, Hyde Park, NY, from 1 p.m. to 2:30 p.m. on **Tuesday, January 25**. To register, call 845-471-2655.
- ◆ at Woodstock Community Center (Woodstock Seniors), Rock City Road, Woodstock, NY, from 1 p.m. to 2 p.m. on **Wednesday, February 2**. To register, call 845-340-8474.

### Orange/Sullivan

**New Year's Open House** -- Stop by our Orange/Sullivan Regional Office, 384 Crystal Run Road, Ste. 102, Middletown, NY between 1 p.m. and 4 p.m. on **Friday, January 14** to say hello to our local staff and pick up the latest information on Alzheimer's disease. Refreshments will be available.

The Orange/Sullivan office will offer educational programs on three topics in the first quarter of the year. **"Keeping Fit from the Neck Up"** will help you learn about retaining brain health through diet, physical exercise, and activities that exercise the mind. It includes a brief overview of Alzheimer's disease, some current research, and popular wisdom (& some myths!). This program will be offered at two locations over the winter months:

- ◆ at the Unitarian Universalist Congregation at Rock Tavern, 9 Vance Lane, Rock Tavern, NY, from 6:30 p.m. to 8 p.m. on **Tuesday, January 18** (register by calling the Alzheimer's Association at 845-695-2247);
- ◆ at Hand-in-Hand Adult Day Care, 48 East Main Street, Middletown, NY, from 2 p.m. to 3 p.m. on **Wednesday, February 9**. Please register by calling the Alzheimer's Association at 845-695-2247; for free respite during the program--offered by Hand in Hand--registration is required by Monday, February 7.

A talk on **"Protecting Your Assets from Nursing Home Costs"** will be given by Richard Shapiro, Esq., of Blustein, Shapiro, Rich & Barone, LLP, at the firm's Education Center, 10 Matthews Street, Goshen, NY from 2 p.m. to 4 p.m. on **Thursday, March 3**. To register for this program, please contact the Alzheimer's Association, 845-695-2247.

**"Know the 10 Signs: Early Detection Matters"** will outline how early detection and diagnosis of Alzheimer's disease gives individuals the power to make choices about their own health and future. This workshop, presented by Donna Davies, LCSW, will be offered from 1:30 p.m. to 3 p.m. on **Wednesday, March 9**, at Elant Choice, 31 Cerone Place, Newburgh, NY. Light refreshments will be served. RSVP to the Alzheimer's Association by calling 845-695-2247.

### Orange County Socialization Program Expands!

Due to generous donations from the **Soothe Your Soul Music Extravaganza** in November, we are able to offer a monthly music socialization program. Call Janet at the Alzheimer's Association, 845-695-2247, for more info. Socialization programs are free of charge and are for people with Alzheimer's disease and their family caregivers.

**Unique opportunity!** If you or someone you know has been diagnosed with Alzheimer's disease or another dementia, and likes to sing, a new singing group in Orange County, under the direction of music therapist Melinda Burgard, M.A., CMT, LCAT, may be for you. No experience or music reading abilities necessary. The group will be meeting once a month, location and day TBD to accommodate participant preferences. \$5/meeting. For more information, please contact the Alzheimer's Association's Orange/Sullivan Regional Office at 845-695-2247.

### Rockland

To celebrate their move to 301 N. Main St., Ste. 7, New City, NY, the staff of the Rockland Regional Office invite you to a Ribbon Cutting and Open House at 5 p.m. on **Thursday, January 20**. (Snow date: Thurs., Feb. 10.) Please RSVP, 845-639-6776.

This winter the Rockland staff have planned monthly educational programs and a dynamic Early Stage activities program. **Please RSVP for all programs by calling the Alzheimer's Association at 845-639-6776.** Families interested in the Early Stage activities program should meet with Inez Carling, LCSW, prior to attending for the first time.

**Wednesday, January 19, 7 p.m. - 8:30 p.m.**

Peter Fella, Director of Patient Services at A & T Healthcare, will speak at the New City Library, 220 N. Main Street, New City, NY, on **"What to Expect When Hiring a Home Health Aide."**

**Tuesday, February 22, 7 p.m. - 8:30 p.m.**

Maria Paliotta, Administrator of the Alzheimer's Association's Rockland Office, will speak at the Nyack Library, 59 S. Broadway, Nyack, NY. The topic: **"Know the Ten Warning Signs: Early Detection Matters!"**

## Winter Programs & Research

**Wednesday, March 2**, 2 p.m. – 3:30 p.m.

A workshop on *“Keeping Fit From the Neck Up”* will be held at the Alzheimer’s Association’s Rockland office, 301 North Main Street, New City, NY.

-----

**Early Stage programs** will be held on the following dates.

**Friday, January 7**, at 2:45 p.m., at Hearthstone Alzheimer Care, 640 Oak Tree Road, Palisades, NY. Come to an old-fashioned Ice Cream Social and enjoy an afternoon of fun, friends and fantastic sundaes!

**Friday, January 14**, at 1:45 p.m., at Hearthstone Alzheimer Care, 640 Oak Tree Road, Palisades, NY. An opportunity to try Yomenco, which combines relaxing yoga movements and breathing exercises with flamenco dance rhythms.

**Thursday February 17**, 11:30 a.m. – 1 p.m., at The Chocolatier, 63 S. Main Street, New City, NY. Enjoy pizza pie and soda and make your own chocolate pizza!

**Wednesday, March 2** – Advocacy Day (see page 9)

**Monday, March 14**, 3:15 p.m., at Hearthstone Alzheimer Care, 640 Oak Tree Road, Palisades, NY. If you’re a fan of “Old Blue Eyes,” don’t miss Mitchell Korn’s live performance of the great songs of Frank Sinatra.

**Thursday, March 24**, 11:30 a.m. – 1 p.m., at Jill’s Ceramics, 180 Germonds Rd. West Nyack, NY. Choose from an assortment of ceramics to paint and take home.

### Westchester/Putnam

The Alzheimer’s Association and elder law attorney Michele Cassidy, of Cassidy Law Firm, will present *“Long Term Care Planning,”* an informative program on accessing Medicaid eligibility trusts for long term care planning, advanced directives and estate planning, on **Thursday, January 20**, 10 a.m. – 11:30 a.m., at the Westchester/Putnam Regional Office, 2900 Westchester Ave., Purchase, NY. The program is free of charge, but prior registration is required by January 14. For reservations and information, please call 914-253-6860.

Individuals diagnosed with early dementia and their primary caregivers are invited to attend a **Sunday Social Program** that offers music, food and an opportunity to maintain social contacts. The program will be held at Burke Rehabilitation Center (Bldg. 7, Room G-41), 785 Mamaroneck Ave., White Plains, NY, from 12:30 p.m. to 3 p.m. on March 13. The Social is free of charge, but reservations are required. For reservations, please call 914-253-6860 by the Monday, March 7.

**Save the date!** The Alzheimer’s Association’s **2011 Adele Rohrlich Memorial Lecture** and workshops will be held on **Thursday, June 16** at White Plains Hospital.

## NYU Scientist Receives 2010 Margaret M. Cahn Research Award

Eighty-four Alzheimer’s researchers have been awarded a total of nearly \$14 million in grant funding through the *Alzheimer’s Association 2010 International Research Grant Program*. Since its founding in 1982, the program has awarded more than \$279 million to 1,900-plus best-of-field grant proposals.

Grants were awarded in nine categories. Of the 84 investigators receiving funding, 43 received New Investigator Research Grants, which advance research while supporting the early-career development of researchers who have earned their doctoral degrees within the last 10 years. Another 24 received Investigator-Initiated Research Grants, which fund established scientists exploring important questions across the entire research spectrum, from basic neurobiology and genetic risk factors to disease-modifying treatments and evidence-based, quality care. The remainder received grants in one of the other seven categories.

The Hudson Valley/Rockland/Westchester, NY Chapter recently honored Dr. Alall Boutajangout, a recipient of one of last year’s New Investigator Research Grants, with the **2010 Margaret M. Cahn Research Award**. This award was created by the Hudson Valley/Rockland/Westchester, NY Chapter to honor Margaret M. Cahn’s philanthropy to the Alzheimer’s Association and to recognize an Alzheimer’s researcher in the greater NY area who is making promising contributions to the study of the disease. A Zenith donor herself, Mrs. Cahn created a Zenith Society Challenge in 2008 that resulted in five additional Zenith gifts to the Alzheimer’s Association.



*Andy Cahn (son of Margaret M. Cahn) and his wife Jane congratulate Dr. Alall Boutajangout*

Dr. Boutajangout is Research Assistant Professor at NYU. His funded project studies the mechanisms for neurofibrillary tangles, which are part of Alzheimer’s pathology, and the protein Tau, which is the primary component of these tangles in the brain. He has published over 20 peer-reviewed scientific articles.

# 2010. Memory Walk.

Thank you for taking steps to end Alzheimer's disease during the 2010 Memory Walk season! Beautiful weather was the backdrop for all seven local walks this year, and the events were filled with mission moments including persons with dementia and family members sharing their stories, a Maintain Your Brain® Wellness Tent, Forget-Me-Not flower walls, and more.

This year, more than **1,800** walkers and more than **310** teams have raised **\$430,000** to date to fund Alzheimer research and expert local Alzheimer's Association services. Be on the lookout for the final Memory Walk 2010 fundraising total and Top Fundraiser/Top Team listings, to be posted on local 2011 **WALK to End Alzheimer's** websites in the new year!

Thank you to our national teams, and our local sponsors & community partners:

### National Teams

**Platinum Teams:** BrightStar, Genworth Financial, Kindred Healthcare

**Gold Teams:** Brookdale Senior Living, Home Instead Senior Care

**Member Teams:** Parrot Heads in Paradise, Sigma Kappa, Evercare, SunBridge Healthcare, Emeritus Senior Living, Sunrise Senior Living

### Bronze Sponsors

Classic Residence, a Vi Community HealthQuest  
 Hebrew Hospital Home  
 Northeast Radiology  
 The Seabury at Fieldhome  
 The Wartburg Adult Care Community

### Copper Sponsors

A&T Healthcare  
 Atria Senior Living  
 Crystal Run Healthcare  
 Elder Care Consulting  
 The Family Lodge  
 The Fountains at Riverview  
 Greens at Greenwich  
 Greenwich Woods Rehabilitation  
 HealthAlliance of the Hudson Valley  
 Hearthstone Alzheimer Care – Palisades

Horizon Family Medical Group  
 Lehigh Landscaping  
 Memory Evaluation & Treatment Program at Burke Rehabilitation Hospital  
 Morningside House Adult Day Health Care Ctr.  
 N & S Supply  
 Northern Services Group  
 Omnicare  
 Orange Regional Medical Center  
 The Osborn Retirement Community  
 The Promenade at Blue Hill  
 Putnam Ridge Nursing Home & Rehab. Ctr.  
 Raymour & Flanigan  
 Schnurmacher Ctr. for Rehab. & Nursing  
 Sam's Club  
 Sunrise Senior Living at New City  
 Sunrise Senior Living – Westchester  
 Ten Broeck Commons  
 Victoria Home  
 Viking Industries

### Major Media & Community Partners

*Cumulus Media* – Mix 97 / WPDH / WFAS / WRRV / The Wolf  
*Kiwanis International* – Including Circle K & Key Club

*Special Thanks to our dedicated and hard-working Memory Walk Planning Committee volunteers and the day-of-event volunteers who made our 2010 Memory Walk season such a success!*

Our top fundraising teams and individual fundraisers also deserve special recognition.

2010 Memory Walk **Top Fundraisers** (as of 11/15/2010):

\$7,500+

Abby Salzman  
 Joan & Alan Zale

\$5,000-\$7,499

Philip Petruzzelli  
 Nancy O'Connor

\$2,500-\$4,999

Karen Barone  
 Lisa Bisceglia  
 Peter J. Brent, Sr.  
 Kathleen Carey  
 Mark Carey  
 Marian Crapanzano  
 Larry & Denise DeGennaro



# 2011. Different Name. Same Purpose. WALK to End Alzheimer's.



on  
for your  
walk team  
a table at  
Cary or big  
Help our  
on by



Kenneth Folster  
Terri Gifford  
Anne Gottlieb  
Susan Grossman  
Daniel Hogan  
Sharon O'Connell  
Tim & Tina Osborn  
Nick Pomo

**\$1,000 - \$2,499**

Damien Alfalla  
Jo Ann Arfin  
Kate Aubry  
Rhona Baron  
Michael Bisceglia  
Dona Bissonnette/Arlyna Starr  
Joan Black  
Sue Bondi  
Carol Castellano  
Kris Charter  
Sue & Fred Christiansen  
Lisa Cline

Sue & Jim Connors  
Carol D'Amore  
Jerry D'Amore  
Janice DiDonato  
Lois Dorsey  
Susan Faxon  
Marsha Forman  
Danielle Fragala-Harper  
Cathy & Dave Fuller  
Kellie Fuller  
Taylor Ganis  
Jennifer Garrity  
Mimi Gelb  
Gary Guenther  
Nancy Haeberle

*In Memory of Louise Ansley Harrell*

Karen Hauptman  
Lisa Henderson  
Corrie Jacobs  
Gerry Jones  
Ellen Kearney  
Daniel Klar  
Helene Kotzker  
Angela Laubhan  
Jamie Nadler  
Deborah Niven  
Jannette O'Connor  
Peggy O'Donnell  
Irene Okwit

Regina Rinato  
Robert Saar  
Susan Sciotto-Brown  
Kelly & Joe Sessa  
David Sherman  
Andrew Sillin  
Eden Simon  
Karen Skelton  
Ryan Stewart  
Nancy Stolarski  
Scott Sullivan  
Marianne Taylor  
Paul Toscano  
Diane Troccoli  
Janet Troia  
Christine Tsaldaris  
Laurie Zelen

**2010 Memory Walk Top Fundraising Teams (as of 11/15/10):**

**\$10,000 - \$15,000**

1st Place - Team Carey  
*Captain: Kathleen Carey*

**\$7,500 - \$9,999**

2nd Place - Team RJFS  
*Captain: Maria Dowling*  
3rd Place - False Echoes  
*Captain: Larry & Denise DeGennaro*  
4th Place - Carmela's Crew  
*Captain: Jeannie Sherman*  
5th Place - Dottie's Girls  
*Captain: Abby Salzman*  
6th Place - Honi's B's  
*Captain: Lisa Bisceglia*  
7th Place - For All the Parents  
*Captain: Nancy O'Connor*

**\$5,000 - \$7,499**

8th Place - Bronx-Westchester Kiwanis  
*Captain: Sister Anne-Marie Kirmse*  
9th Place - Healthy Boundaries 2010  
*Captain: Philip Petruzzelli*  
10th Place - Team Christiansen  
*Captain: Kate Aubrey*  
11th Place - "Because We Care"  
*Captain: Sharon O'Connell*  
12th Place - Hogan's Heroes  
*Captain: Daniel Hogan*  
13th Place - Pines Walk Team  
*Captain: Karen Barone*

*(Continued on Page 9)*

# Alzheimer's Association Support Groups

All support groups are free and open to the public, but pre-registration is required. Since the number of groups offered has grown, we can no longer include detailed information about each group in the newsletter. For exact location, support group leader contact information, and general questions, or to confirm a group is meeting in inclement weather, please call your local chapter office (see back page).

## FAMILY SUPPORT GROUPS

### DUTCHESS COUNTY

#### Beacon

Elant at Fishkill  
3rd Wed., 3 p.m.

#### Hopewell Junction

Hopewell Reformed Church  
3rd Tues., 1 p.m.

#### Poughkeepsie

Alzheimer's Association  
1st Wed., 11 a.m.

#### Rhinebeck

The Thompson House  
2nd Mon., 6 p.m.

### ORANGE COUNTY

#### \*\* Goshen

Valley View Center for  
Nursing & Rehabilitation  
Last Mon., 7 p.m.

#### \*\* Goshen

Valley View Center for  
Nursing & Rehabilitation  
2nd Tues., 2-3:30 p.m.

#### \*\* Middletown

Hand-in-Hand Care, 48 E. Main  
3rd Wed., 11 a.m.

#### Newburgh

Elant at Newburgh  
Conf. Rm.  
2nd Tues., 7 p.m.

### PUTNAM COUNTY

#### Carmel

The Plaza at Clover Lake  
3rd Thurs., 6:30-8 p.m.

### ROCKLAND COUNTY

#### \*\* Nanuet

Meals on Wheels  
Weds., weekly, 1 p.m.

#### New City

Sunrise Senior Living  
2nd/4th Mon., 6:30-8 p.m.

#### New City

Alzheimer's Association  
Mons., weekly, 2:30-4 p.m.

#### West Nyack

Jewish Family Service  
1st /3rd Thurs., 5:30-6:30 p.m.

### SULLIVAN COUNTY

Call for info, 845-794-3774

### ULSTER COUNTY

#### \*\* Kingston

Always There Adult Day  
Program at Kingston  
2nd Mon., 2-3:30 p.m.

#### Woodstock

Christ Lutheran Church  
3rd Tues., 2 p.m.

### WESTCHESTER COUNTY

#### Ardley

Atria at Woodlands  
1st Wednesday, 1-2 p.m.

#### Ardley

Atria at Woodlands  
1st Wednesday, 7 - 8 p.m.

#### Cortlandt Manor

The Seabury at Fieldhome  
1st/3rd Wed., 10-11:30 a.m.

#### Hawthorne

Morningside House ADC  
2nd/4th Thurs., 10-11:15 a.m.

#### ## Mt. Kisco

Pres. Church of Mt. Kisco  
2nd/4th Weds., 6:30-8 p.m.

#### Mount Vernon

Sunrise Sr. Living @ Fleetwood  
Last Thursday, 7-9 p.m.

#### New Rochelle

Willow Towers  
2nd Thurs., 6-7:30 p.m.

#### Purchase

Alzheimer's Association  
2nd/4th Mon., 10-11:30 a.m.

#### Purchase

Alzheimer's Association  
1st/3rd Mon., 1-2:30 p.m.

#### \* Purchase

Alzheimer's Association  
1st/3rd Wed., 10a.m.-11:30 p.m.

#### Purchase

Alzheimer's Association  
2nd/4th Wed., 10-11:30 a.m.

#### Scarsdale

Call 914-253-6860 for info.

#### Somers

Astoria Federal Savings  
1st & 3rd Mon., 1-2:30 p.m.

#### ##Yonkers

Classic Residence  
2nd/4th Tues., 6 p.m.

### EARLY-STAGE GROUPS

**Note: pre-registration interviews are required. For an appointment, please call the staff member listed below.**

### ORANGE COUNTY

Donna Davies, 845-695-2247

### DUTCHESS COUNTY

Meg Boyce, 845-471-2655

### ROCKLAND COUNTY

Inez Carling, 845-639-6776

### WESTCHESTER COUNTY

Ellen Imbiano, 914-253-6860

## Don't See a Support Group in Your Area?

We are interested in hearing from you if you don't see a group you can attend.

To express interest in a new group, please call Meg Boyce at 1-800-872-0994.

## Would a Telephone Support Group Meet Your Needs?

We would like to assess interest in a telephone support group for caregivers who do not drive or who live in a rural area. If such a group would meet your needs, please contact Donna Davies, Care Consultant, at 845-695-2247 or donna.davies@alz.org.

If there is interest, conference calls will be scheduled at the convenience of participants.

## Facilitators Sought for Caregiver Support Groups

We are currently seeking leaders for support groups in Newburgh, Rhinebeck, and Hopewell Junction.

Support group leaders may be health professionals or former family caregivers. Training is provided. To learn more, please contact Meg Boyce at 1-800-872-0994.

\* Early Stage Caregivers \*\* Free respite is offered during the group (pre-registration is required).  
## Adult Children Caregivers

## Advocacy

### Top Teams (Continued from p.7)

#### \$2,500-\$4,999

14th Place – Joyce’s Gang

Captain: Janice DiDonato

15th Place – Team Sarah Neuman

Captain: Barbara Mullins

16th Place – Team Betty

Captain: Patricia Folster

17th Place – Elant, Inc.

Captains: Maya Bissonette & Lisa Rywalt

18th Place – Team Fragala

Captain: Danielle Fragala-Harper

19th Place – Wednesday Caregivers

Captain: Inez Carling

20th Place – Team Gilbride

Captain: Peggy O’Donnell

21st Place – Team Griffis

Captain: Pamela Kaufman

22nd Place – Team Immi

Captain: Kellie Fuller

23rd Place – Bankers Conseco

Captain: Janene Prokes

24th Place – Team Greenwich Woods

Captain: Michael Tartaglia

25th Place – New York Presbyterian Hospital

Captain: Eliza O’Neill

26th Place – Johnny’s Angels

Captain: Sue Bondi

27th Place – Joycee Bear

Captain: Carolyn Christiano

28th Place – Cunningham Clan

Captain: Ellen Kearney

29th Place – Betty Boopers

Captain: Faith Kotzker

30th Place – SQAD

Captain: Daniel Klar

**Congratulations to all our teams and walkers on a job well done!**

## Lend Your Voice in the Fight Against Alzheimer’s Disease

As we go to press with this issue of *Newscope*, Congress takes a critical step toward addressing Alzheimer’s disease, the public health crisis of the 21st century. One in eight baby boomers, or 10 million Americans, will develop Alzheimer’s. Yet our nation lacks a national plan to overcome this epidemic.

The **National Alzheimer’s Project Act** (NAPA) provides a path to the solution. On December 8, the U.S. Senate unanimously voted in favor of NAPA. This bill will create a strategic plan to overcome the Alzheimer’s crisis with coordinated federal efforts to enhance Alzheimer-related care, services, and research. This priority legislation now moves from the Senate to the House.

Thankfully, our outreach to the Members of Congress in our area has helped us obtain four House co-sponsors for NAPA: Representatives Eliot Engel, Maurice Hinchey, Nita Lowey, and Scott Murphy.

Advocacy actions make a difference! Please plan to join us for our annual **Alzheimer’s Association Advocacy Day in Albany** on Wednesday, **March 2, 2011**, and for the **Alzheimer’s Association Advocacy Forum** in Washington, D.C., **May 15-17, 2011**.

As in previous years, our Chapter will charter a bus to Albany, arrange appointments, and provide talking points about key issues. You’ll have an opportunity to speak directly with your legislators, along with volunteers and staff.

To reserve your place on the bus, or to obtain more information about the **Advocacy Forum in Washington, D.C.**, please contact Michele Muir, Director of Communications and Public Policy, 845-471-2655, 1-800-872-0994, or [Michele.Muir@alz.org](mailto:Michele.Muir@alz.org) by January 31.

Together, we can make sure the NYS Legislature and our Federal legislators hear our voice and work toward a world without Alzheimer’s.



*Alzheimer’s Association advocates met with Congressman Eliot Engel in his District Office earlier this year.*

## Medicare to Cover Annual Wellness Visit

Due to the leadership of the Alzheimer’s Association, a new Medicare benefit will include the detection of cognitive impairment. Beginning January, 2011, the healthcare reform law (Affordable Care Act) requires that Medicare provide annual wellness visits for all Medicare beneficiaries for the first

time. Final regulations reflect the work of the Association to ensure that this visit includes a mandatory assessment for the detection of cognitive impairment.

This Medicare preventive service benefit is significant for the growing number of baby boomers who will soon be reaching

the age of Medicare eligibility and increased risk for Alzheimer’s disease. This new provision will increase the likelihood of early detection of cognitive impairment, thereby increasing the rate of diagnosis and allowing people with Alzheimer’s and their families to plan their care at an earlier stage.

## Special Events

### A Race to Remember



The 8th Annual **Race to Remember: Grand Slalom Challenge** invites skiers and snowboarders of all ages to compete in a fun, family-oriented race at Belleayre Mountain!

Two packages are offered this year – a \$40 package that includes a hot and cold breakfast buffet, entry to the race, an all-day lift ticket, and an event t-shirt, and a \$25 package that includes an all-day lift ticket and race entry.

**Race to Remember** is sponsored by **Clear Channel Radio** and **Belleayre Mountain**, and this year we are pleased to be able to offer participants official Race to Remember t-shirts, generously underwritten by **Johnson's Signs and Tees** of Kingston, NY.

Search "**Race to Remember Grand Slalom Challenge**" on Facebook -- or call Karen Skelton at the Alzheimer's Association, 1-800-872-0994 -- to learn more about this event, our sponsors, and all the fun we've got planned!

### Pilates for Purple Is Back!

Start the New Year off by getting into better shape! A donation of \$10 or more gains you entry to January classes (Weds. at 5 p.m., Fridays at 10 a.m., & Sat., Jan. 8) at Pilates Movement Studio, 390 Crystal Run Rd., Middletown, NY.

Come as often as you'd like! All proceeds will benefit the Alzheimer's Association. For more information, call Pilates Movement at 845-692-6468.

### Our 12th Annual Golf Tournament: A Fabulous Day of Golf!

The Alzheimer's Association's 12th Annual Golf Tournament took place at a new location, Elmwood Country Club, on September 13. The weather was perfect and the course ideal for a fabulous day of golf! Not even a shower during the cocktail hour could dampen the spirits of those in attendance.

Ronald Sylvestri, Senior Vice President of Hudson Valley Bank, and Donna Sylvestri, President of Madison Home Management, founders of the tournament, co-chaired the event. All funds raised will help to support the full mission of the Alzheimer's Association, including research, education, and support for families who have been touched by Alzheimer's disease or a related disorder.

Special thanks to our Benefactors **Bank of America** and **White Plains Radiology**. In addition, the Alzheimer's Association wishes to express thanks and gratitude to **Ron and Donna Sylvestri** for their continued support; to **Piaggio, USA** for their very generous donation of a VESPA LX50; and to the sponsors, committee members, and day-of-event volunteers for making the event such a success.



*Co-chairs Ron and Donna Sylvestri, with long-standing committee member Fred Haffner (r)*

### 2011 A Night of Wine & Roses to Honor Rita McPeck and John Fracasse

The Alzheimer's Association is proud to honor **Rita McPeck** of KeyBank and **John Fracasse** of Orange County Trust at our annual **A Night of Wine & Roses** gala. Rita and John have been involved in Wine & Roses since its inception fifteen years ago, and they are committed to making the 2011 affair a truly unforgettable evening.

**A Night of Wine & Roses** will be held on **Saturday, April 9, 2011** at the elegant Poughkeepsie Grand Hotel; the Michael Dell Orchestra will provide entertainment. Silent and live auctions will feature exciting items such as vacation getaways, hand-crafted jewelry, sports memorabilia, and much more!

We hope you will consider joining us at this very special event. To purchase tickets, to learn about sponsorship opportunities, and/or to purchase space in the **A Night of Wine & Roses** souvenir journal, please visit [www.alz.org/hudsonvalley](http://www.alz.org/hudsonvalley) or contact Karen Skelton, 845-471-2655 or [karen.skelton@alz.org](mailto:karen.skelton@alz.org).



*Rita McPeck*



*John Fracasse*

## Memorials & Tributes

We are grateful for all the memorials and tributes given to the Alzheimer's Association. These gifts honor friends and loved ones while helping us meet needs for education, family support, advocacy, and research. Listed below are individuals honored from 7/1/10 to 9/30/10. Unfortunately, space limitations do not allow us to list Memory Walk or Luminary gifts here.

### Memorials

Louis M. Ackerman  
E. Peter Aird  
Josephine Aloia  
Arnold Aronson  
Ruth Mary Asch  
Mary Brady  
Ella B. Brechlin  
Eleanor Burguiere  
Barbara Casper  
Ramon Castro  
Salvatore Cavaliere  
Vivian Christian  
John Collins  
John Coltman  
Mrs. Peter Condro  
Jerry A. Cordova  
Carmela Corsaro  
Hugh Courtney  
Millie Coviello  
Dominic T. Crane  
Bob Creedon  
Charles Cronic  
Bernie Dauerman  
Marie Discastro  
Mary Di Prizito  
Charlotte Di Silvio  
Maria Dodaro  
Yolanda Dommermuth  
Lucy Druss  
Mary Gallagher Duers  
John Joseph Dyba  
Alice Eagan  
John (Dutch) Ebert  
Grace M. Eisloeffel  
Bernie Farbman  
Lino Ferrante  
Frank A. Ferraro

John Fowler  
Frank Fraietta  
Marion Frank  
Essie Garrett  
Esther Hernandez  
Martin Jablon  
Joyce Ann Garran  
Charles Genni  
Bernard Goldberg  
Harriet Goldenberg  
Barbara Goldstein  
Felicia Graham  
Jwadja Haldga  
Helen Halpern  
Esther Hernandez  
Marguerite Huber  
Bertha Kasten  
Arnold Klar  
Harriet Klein  
Thera Helena Klingman  
Mary A. Koenig  
Agnes B. Kuderna  
Eugine Lappin  
Felicia Laubich  
Gerda Lautmann  
Shirley Lehigh  
Robert Levey  
Anne Levin  
Rita Lowy  
Robert A. MacKenna  
Teddy H. Makuch  
Fran Mandell  
Elfreda Manderson  
Marie Manoni  
Janet Marro  
Frances (Frank) Mathers  
Isidore "Matty" Matlofsky  
Donald Mavros

Betty Morano  
John F. Nau  
Audrey Nichtberger  
Frank O'Connor  
Anne Ortolani  
Nate Pierdiluca  
Raymond Porter  
Marie Quaziano  
Kathy Ramey  
Georgina Roberts  
Frances W. Ramsey  
Amerigo (Rico) Ranaldi  
Violeta Santa Maria Delos Reyes  
Max Rohrllich  
Muriel Sachs  
Lidia L. Santiamo  
Frank Santino  
Donald T. Scanlon  
Joy Schreffes  
Pearl Schwartz  
Milton Simon  
Gwen Smith  
Lester Spear  
Phyllis Jean (PJ) Steadman  
Nancy Steck  
Shirley Stucklen  
George Suffern  
Anna Surprise  
Clara Szabo  
Raymond Paul Tresvik  
Robert Underhill  
Leticia Vega  
Alfred "Al" Mace Wade, Jr.  
William F. Warnecke  
Sidney Wexler  
Eugene Whitely  
David Zomback  
Elizabeth Zucker

### Tributes

Susan Albright  
on her birthday  
Meg Boyce  
Dan Briggs  
Alison Judith Buchalter  
Mr. & Mrs. Mel Carlin  
Charles Cohen  
on his 90th birthday  
Norman Fuller  
on his 50th birthday  
Albert Gottlieb  
Felicia Graham  
Frederick W. Haffner  
Wilma Rapp  
on her 56th birthday  
Arnett Richardson  
on his 50th birthday  
Wendy & Ed Rudder  
Art Stucklen  
on his 83rd birthday  
Peggy Utter  
Charles R. Utter  
on his 80th birthday  
Sheila & Richard Vernon  
on their 50th Anniversary

**Ensure a future without  
Alzheimer's - Leave  
your legacy today!**

**Become a member of  
the Founders Society.**

For more information,  
please contact Karen  
McAllister, 860-570-0787.

## Know Your Charity

As the year comes to a close, you may receive solicitations with "Alzheimer's" in the name of the charity. These may arrive by mail, by email, by phone or via a variety of media outreach campaigns.

If your intent is to support the **Alzheimer's Association**, please be sure that the name "Alzheimer's Association" is present in combination with our trademark logo, below.

**alzheimer's  association®**

Whether you make your gift by mail, by phone, or on-line,

your unrestricted gift will support the Alzheimer's Association's full mission of research, care and support. If you prefer, you may restrict your gift either to research or to the programs and services of the Hudson Valley/Rockland/Westchester, NY Chapter. Our Chapter assists individuals and families in Westchester, Ulster, Sullivan, Rockland, Putnam, Orange, and Dutchess Counties.

If you have questions regarding any campaign, please call 1-800-872-0994 or send an email to [info@alz.org/hudsonvalley](mailto:info@alz.org/hudsonvalley). Thank you in advance for your generosity and your interest in our work, and best wishes for a happy holiday season.

Hudson Valley/Rockland/Westchester, NY Chapter  
Administrative Office  
2 Jefferson Plaza, Ste. 103  
Poughkeepsie, NY 12601-4060

Administrative Office and  
Dutchess/Ulster Regional Office  
D: 845-471-2655 U: 845-340-8474

Orange/Sullivan Regional Office  
O: 845-695-2247 S: 845-794-3774

Rockland Regional Office  
845-639-6776

Westchester/Putnam Regional Office  
914-253-6860

Putnam Point of Service  
845-278-0343

www.alz.org (national web site)  
www.alz.org/hudsonvalley (chapter web site)  
info@alz-hudsonvalley.org  
1-800-872-0994  
1-800-272-3900 (24-hour Contact Center)

*If you no longer wish to receive this newsletter or would prefer to receive an electronic copy, please let us know! Your call will help us keep our mailing list up to date.*

## How Our Funds Are Used

### Condensed Statement of Receipts and Disbursements for the Year Ended June 30, 2010

You can give with confidence when making a donation to the Alzheimer's Association. The Association meets the Wise Giving Standards of the Better Business Bureau. Together with our sister chapters and our national office, we invest 82% of funds raised in local programs and services and in Alzheimer research!

Here at the Hudson Valley/Rockland/Westchester, NY Chapter, our 24-hour Helpline, care consultations, support groups, and educational programs were utilized by 10,159 members of our local communities in FY10. Because of your generosity, we were able to provide all these services free of charge.

For information about Alzheimer's Association giving opportunities, please contact Alison Buchalter, Director of Development, 914-253-6860, 1-800-872-0994, or Alison.Buchalter@alz.org.

#### Public Support and Revenues\*

Direct Public Support	\$ 300,193
Indirect Public Support	91,073
Special Events (net)	628,776
Government & Other Grants	226,540
Shared Fundraising Revenues (net)	(9,416)
Other	24,725

#### Disbursements

Program Services	1,056,131
Management & General	160,284
Fundraising	189,232
<b>Change in Net Assets</b>	<b>(143,756)</b>

**Net Assets, beginning** 894,912

**Net Assets, ending** 751,156

\* Donations restricted to research are not reflected here as they are passed directly to the national office of the Alzheimer's Association.

