

FOR IMMEDIATE RELEASE:

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Now What Was I Saying? to be Presented in Naperville

CHICAGO, IL---The Alzheimer's Association – Greater Illinois Chapter will present *Now What Was I Saying?* on Wednesday, April 22 from 6:00 p.m. until 8:00 p.m. at Tabor Hills Supportive Living Community, 1439 McDowell Road, Naperville.

"Now What Was I Saying?" is for people who are concerned about the affects aging will have on their brain," said Chris Garnaat, Program Manager for the Chapter. "This fun, informative and interactive seminar focuses on how our memory works, normal age-related changes versus serious memory problems and tricks and techniques to stimulate and challenge the brain."

A recent study conducted by the Alzheimer's Association now ranks Alzheimer's disease as the sixth leading cause of death in the United States. Concurrently, every 70 seconds someone in America develops Alzheimer's disease and by mid-century someone will develop Alzheimer's disease every 33 seconds. The numbers are climbing at drastic rates and more people are being affected by this disease. **Now What Was I Saying?** is an excellent way to become enlightened about Alzheimer's disease and ways to keep your brain healthy for as long as possible.

To register for this free event call 847.933.2413 or visit www.alz.org/illinois.

About the Alzheimer's Association - The Alzheimer's Association, the world leader in Alzheimer research and support, is the largest voluntary health organization dedicated to finding prevention methods, treatments and cure for Alzheimer's. Since 1980, the donor-supported, nonprofit Alzheimer's Association has provided reliable information and care consultation; created supportive services for families; increased funding for dementia research; and influenced public policy changes. **The Greater Illinois Chapter** serves dozens of counties with offices in Bloomington, Carterville, Chicago, Joliet, Rockford and Springfield. For more information, call our Helpline at 800-272-3900 or visit www.alz.org/illinois.

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