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11-FEB-09

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New “Playing Up Abilities” Workshop

JOLIET, IL---The Alzheimer’s Association – Greater Illinois Chapter will present the new “Playing Up Abilities” workshop on Friday, March 13 from 10:00 a.m. until 1:30 p.m. at The Inn at Willow Falls, 1681 Willow Circle Drive, Crest Hill.

“Playing Up Abilities’ is an interactive three hour baseball themed workshop, which is divided into nine modules or ‘innings’, designed for family members and friends of people with memory loss,” said Melanie Adams, Senior Program Manager for the Chapter. “This program will help participants focus on daily routines, creative, intellectual, physical, social, spiritual and work-related activities throughout the journey of memory loss. The focus of this workshop is to remember and honor the person with memory loss and help them keep their purpose in life.”

Alzheimer’s disease is a progressive disease that destroys brain cells and gradually destroys a person’s memory and ability to learn, reason, make judgments, communicate and carry out daily activities. The duration of Alzheimer’s ranges from three to 20 years after symptoms are experienced. Many scientists believe Alzheimer’s develops over several decades before people begin showing symptoms. There is a growing need in Illinois for programs and services that is why the Greater Illinois Chapter developed this state-of-the-art program.

To register for “Playing Up Abilities” call the Greater Illinois Chapter at 815.744.0804 or visit www.alz.org/illinois.

About the Alzheimer’s Association - The Alzheimer’s Association, the world leader in Alzheimer research and support, is the largest voluntary health organization dedicated to finding prevention methods, treatments and cure for Alzheimer’s. Since 1980, the donor-supported, nonprofit Alzheimer’s Association has provided reliable information and care consultation; created supportive services for families; increased funding for dementia research; and influenced public policy changes. **The Greater Illinois Chapter** serves dozens of counties with offices in Bloomington, Carterville, Chicago, Joliet, Rockford and Springfield. For more information, call our Helpline at 800-272-3900 or visit www.alz.org/illinois.

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