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Media Release

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Alzheimer's Association to Present Informational Program in Mt. Sterling

The Alzheimer's Association, Central Illinois Chapter, Quincy Area Branch, will host **Facing New Challenges**, a program that provides information on caring for someone with memory loss and teaches new communication techniques for caregivers. The program will take place **Tuesday, July 12 from 1:00 p.m. – 3:00 p.m. at the YMCA, Rt 99 South, Mt. Sterling.**

Amy Voss, MS, Quincy Area Program Specialist, will address normal aging vs. aging with dementia, safety concerns including driving and wandering, community resources, planning for the future and agency services. Time will also be allotted for specific questions about memory loss.

Individuals must register by **July 11th** to participate by calling the office at 217.228.1111.

The program is funded, in part, by WCIAAA.

The Alzheimer's Association provides free service to caregivers and those with memory loss problems including family education, 24-hour telephone Helpline, library, support groups, newsletter, advocacy, patient referral and guidance services, and registration in the national Medic Alert + Safe Return identification program.

To register or for additional information about the program or agency services, call the office at 1-800-272-3900 or 217-228-1111 or log onto the Chapter website at www.alz.org/illinoiscentral.

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