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MEDIA RELEASE

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**Importance of Proper Foot Care Topic of
Alzheimer's Association First Friday's Program**

Dr. Shwetal Patel, DPM, will stress the importance of proper foot care at the **Oct. 7th First Friday's program sponsored by the Alzheimer's Association, Quincy Area Branch.**

The lunch time event will begin at **11:45 a.m. at the Quincy Senior and Family Resource Center, 639 York St., Quincy.**

Dr. Patel practices podiatry at Quincy Medical Group. He received his doctor of podiatric medicine at Rosalind Franklin University School of Medicine, College of Podiatric Medicine, North Chicago, in 2001. He completed his primary podiatric medicine residency at St. Louis Veterans Hospital in 2002 and in podiatric surgical residency at St. Louis Veterans Hospital in 2003. His primary interests are surgery, preventive medicine, diabetic food care and primary podiatric medicine. He is board eligible with the American Board of Podiatric Surgery.

The program is free to the public although reservations are required. Lunch will be served at 11:45 a.m.; the presentation will begin at Noon. Caregivers can also take advantage of respite care available through the Adult Day Care Center located at the Senior Center and through homemaker services. Advance registration is required for respite care.

The program is made possible through a grant from the West Central Illinois Area Agency on Aging. To register, please call 228-1111. For disease and caregiving information, visit the agency's website at www.alz.org/illinoiscentral.

The Alzheimer's Association - Central Illinois Chapter, is a donor supported, not-for-profit health organization serving 20 counties in central and west central Illinois. The Association provides educational and supportive services to help individuals with Alzheimer's and their caregivers understand and deal with the disease and its impact on their lives.

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