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Peoria Library Book List



ALZHEIMER'S ASSOCIATION LIBRARY BOOKS

Central Illinois Chapter
606 West Glen Avenue
Peoria, IL 61614
(309) 681-1100
800-272-3900
www.alz.org/illinoiscentral

Books are available for three weeks.

The following is a list of categories and sub-categories of the Alzheimer's Association, Central Illinois Chapter library books.

CATEGORIES / SUB-CATEGORIES

ACTIVITIES

- 1.) General Activities
- 2.) Reminiscence

BEHAVIOR

- 1.) Eating
- 2.) General Behaviors
- 3.) Personal Accounts
- 4.) Sexuality

CAREGIVING

- 1.) Cross Reference-Family & Professional
- 2.) Family & Friends
- 3.) General
- 4.) Nursing Home
- 5.) Professional
- 6.) Respite/Home Health

CHILDREN'S BOOKS

COMMUNICATION

GRIEF

JOURNALS

MEDICAL

- 1.) General
- 2.) Research

SAFETY

- 1.) Elder Abuse
- 2.) Home/Environmental Safety
- 3.) Legal/Financial
- 4.) Safe Return/Elopement

SPIRITUALITY

TRAIN YOUR BRAIN

ALZHEIMER'S ASSOCIATION LIBRARY BOOKS

Central Illinois Chapter
606 West Glen Avenue
Peoria, IL 61614
(309) 681-1100
800-681-1181
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Books are available for three weeks.

ACTIVITIES:

1.) General Activities

Activity Programming For Persons with Dementia: A Sourcebook; Alzheimer's Association

Compilation of activity programming ideas from 10 experts in the field of dementia care.

ACT 1 ALZ 01

Connections; Alzheimer's Association Central & Western Virginia Chapter

Engagement in life for persons diagnosed with dementia; a complete activities guide. ACT 1 ALZ2 01

A Loving Voice; Carolyn Banks, Janis Rizzo

Collection of short stories to provide some moments of pleasure for elderly relatives, patients or friends.

ACT 1 BAN 01

Country Scenes; Dot Barlowe

A coloring book. ACT 1 BAR 01

Life-Enhancing Activities for Mentally Impaired Elders: A Practical Guide; Beverly Ann Beisgen

Manual focusing on recreational needs of the older adult who is mentally impaired. Suggestions to promote optimal functioning, encourage independence, improve self-esteem and enhance the quality of life. ACT 1 BEI 01

The Best Friends Book of Alzheimer's Activities; Virginia Bell, David Troxel, Tonya Cox, Robin Hamon

Describes how to program activities in various settings. All activities are adult content and meaningful.

ACT 1 BEL 01

Montessori-Based Activities for Persons with Dementia; Cameron Camp, Ph.D.

Manual uses Montessori-based activities as a rehabilitation approach to the treatment of dementia.

Provides stimulating, interesting, and challenging activities that can help persons with dementia meet several of the basic human needs. ACT 1 CAM 01

Montessori-Based Activities for Persons with Dementia, Volume 2; Cameron Camp, Ph.D., Nicole Schneider, B.S., Silvia Orsulic-Jeras, M.A., Jeanne Mattern, Ph.D.,L.S.W., Adena McGowan, M.A., Vincent M. Antenucci, M.A., Megan L. Malone, M.A.,S.L.P., Gregg J. Gorzelle, B.A.

Volume 2 provides new ideas for activities programming for persons with dementia and other cognitive disorders. ACT 1 CAM2 01

Conversations

Interactive photo story album and activity book for making connections with older adults. ACT 1 CON 01

Baking Cookies for Santa; Maxine McQueen

Includes pictures, written to be mutually read by you and your loved one experiencing dementia and can

also be a tool for professionals. Presents opportunities to communicate via pictures and memories.
ACT 1 COO 01

Story of World War II; Peter Copeland
A coloring book. ACT 1 COP 01

“I’m In Here!” Strategies for One-to-One Activities; Nancy DeBolt, Mary Ellen Kastner
Book for those who work, live and care for physical bodies of those dealing with pain, confusion and struggle. ACT 1 DEB 01

Making the Moments Count: Leisure Activities for Caregiving Relationships; Joanne Ardolf Decker
Provides clear strategies for making leisure part of the caregiving experience. Focuses on keeping the mind active, promoting general body movement, influencing self-esteem and outlook, making plans for each day, keeping outings simple and encouraging hobbies. ACT 1 DEC 01

Airplanes of the Second World War; Carlo Demand
A coloring book. ACT 1 DEM 01

Strengthen Your Mind; Kristin Einberger & Janelle Sellick
Activities for people with early memory loss. ACT 1 EIN 01

Tell Me a Story; Elder Books
Activity suggestions to stimulate memory and encourage discussion. ACT 1 ELD 01

The Alzheimer’s Activities Guide; Forest Pharmaceuticals, Inc.
A caregiver’s guide to daily activities for people with Alzheimer’s disease. ACT 1 FOR 01

America’s First Ladies; Leslie Franz
A coloring book. ACT 1 FRA 01

Therapeutic Interventions in Alzheimer’s Disease (2nd edition); Joan K. Glickstein
Provides health care professionals with therapy material to be used in the development of individualized programs suitable for use with this client population. ACT 1 GLI 01

Alzheimer’s Disease, Activity-Focused Care (2nd edition); Carly Hellen
Updated version popular with both professional and family caregivers, promotes the resident’s cognitive, physical, psychosocial, and spiritual well-being. ACT 1 HEL 01

Big Book of Alzheimer’s Activities, Vol. 1; Jill Hernandez
A treasury of armchair activities to spark the mind. ACT 1 HER 01

A Different Visit; Adena Joltin, M.A., Cameron J. Camp, Ph.D., Beverly H. Nobel, R.N., Vincent M. Antenucci, M.A. **
Activities for caregivers and their loved ones with memory impairments. Created to help people have a different visit with relatives who have memory problems. ACT 1 JOL 01

Moments to Remember; Beckie Karras, RMT-BC, ACC
Continuation of *Down Memory Lane* with 24 new topics for reminiscing. Updated resource list, popular song index and list of historical events by decade, 1900-1959. Suggestions for relevant music, visual aids and activities to enhance the theme and set the mood. ACT 1 KAR 01

Puzzlers (Volume 1); Beckie Karras

Provides mental stimulation, enjoyment, and success to those who work the puzzles. Additional clues given to solve the puzzles; puzzles may need to be adapted to a particular group or individual.

ACT 1 KAR2 01

Puzzlers (Volume 2); Beckie Karras, Nancy Dezan

Additional puzzles to promote mental stimulation, enjoyment and success. ACT 1 KAR3 01

Down Memory Lane (Second Edition); Beckie Karras

Topics and ideas for reminiscence groups. It incorporates sessions from the first edition and its sequel, Moments to Remember, as well as 15 new sessions. ACT 1 KAR4 01

Famous Buildings of Frank Lloyd Wright; Bruce LaFontaine

A coloring book. ACT 1 LAF 01

American Muscle Cars 1960-1975; Bruce LaFontaine

A coloring book. ACT 1 LAF2 01

Movements with Meaning; Barbara Larsen

A multisensory program designed specifically to meet the needs of people with early-stage Alzheimer's disease. Combines gentle dance movements, yoga-inspired poses, and breathing exercises with music, poetry, and specific sensory activities. ACT 1 LAR 01

To Life: Activities for the Alzheimer's Client; Wisconsin Alzheimer's Information & Training Center

Manual for those who care for people with dementia, from the family member to the activity professional. ACT 1 MAG 01

Famous Lovers from Literature; Brenda Sneathen Mattox

A coloring book. ACT 1 MAT 01

The Positive Interactions Program of Activities for People with Alzheimer's Disease; Sylvia Nissenboim and Christine Vroman

Outlines an individualized approach that helps you customize your activities to the existing needs and abilities of a person at any stage in the disease. ACT 1 NIS 01

Color Your Own Classic Movie Posters; Marty Noble

A coloring book. ACT 1 NOB 01

Alzheimer's Activities; B.J. FitzRay

Contains hundreds of activities for men and women with Alzheimer's Disease and related disorders. ACT 1 RAY 01

Red Reminds Me of...; Maxine McQueen

Book with pictures, written to be mutually read by you and your loved one experiencing dementia; can be a tool for professionals. Presents opportunities to communicate via pictures and memories. ACT 1 RED 01

Failure-Free Activities for the Alzheimer's Patient; Carmel Sheridan

Clearly illustrated instructions make activities like scrapbooks, sing-alongs, outings, baking and life collages activities easy to do. Thoughtful appendices give sources for supplies and further help.
ACT 1 SHE 01

Sing-Along With ElderSong Volume 1

CD of old songs in low keys accompanied by lyrics book. ACT 1 SIN 01

The Memory Bible; Gary Small, M.D.

This book will teach you how to protect our brain and keep your memory at peak performance.
ACT 1 SMA 01

Statue of Liberty and Ellis Island; A. G. Smith

A coloring book. ACT 1 SMI 01

Butterflies and Flowers; Ruth Soffer

A coloring book. ACT 1 SOF 01

What Do You Know?; Teresa Sumrall

Trivia fun and activities for seniors with emphasis on mental stimulation. ACT 1 SUM 01

What More Do You Know?; Teresa Sumrall

More activities to provide mental stimulation and promote positive self-esteem and group cohesiveness.
ACT 1 SUM2 01

Keeping Active; Susan C. Walker

Shows caregivers how to use activities to bring meaning into the lives of elderly loved ones.
ACT 1 WAL 01

World War II; Maxine McQueen

Book with pictures, written to be mutually read by you and your loved one experiencing dementia; can be a tool for professionals. Presents opportunities to communicate via pictures and memories.
ACT 1 WAR 01

When We Were Young; Maxine McQueen

Book with pictures, written to be mutually read by you and your loved one experiencing dementia; can be a tool for professionals. Presents opportunities to communicate via pictures and memories. ACT 1 YOU 01

2.) Reminiscence

The 1920's Remembering and Reminiscing; John Artman and Gary Grimm

This book contains discussion questions, puzzles, and activities in addition to the events, people, inventions and trivia of the decade. ACT 2 ART 01

The 1930's Remembering and Reminiscing; John Artman and Gary Grimm

This book contains discussion questions, puzzles, and activities in addition to the events, people, inventions and trivia of the decade. ACT 2 ART2 01

The 1940's Remembering and Reminiscing; John Artman and Gary Grimm

This book contains discussion questions, puzzles, and activities in addition to the events, people, inventions and trivia of the decade. **ACT 2 ART3 01**

The 1950's Remembering and Reminiscing; John Artman and Gary Grimm

This book contains discussion questions, puzzles, and activities in addition to the events, people, inventions and trivia of the decade. **ACT 2 ART4 01**

Memory Books and Other Graphic Cuing Systems; Michelle S. Bourgeois

Practical communication and memory aids for adults with dementia. **ACT 2 BOU 01**

The Sunshine on My Face; Lydia Burdick **

A read-aloud book for memory-challenged adults **ACT 2 BUR 01**

The Lost Chord; Melanie Chavin, RMT-BC

Sensitively-written practical book about using music with older adults who have dementia; a valuable resource for professional and family caregivers. **ACT 2 CHA 01**

Senior Stories: Spring in the Park; Patricia Garbarini

Using photographs and language that is simple and clear, this book provides the caregiver and the person with Alzheimer's disease moments of respite from the daily demands of the disease. **ACT 2 GAR 01**

Senior Stories: Summer by the Water; Patricia Garbarini

Using photographs and language that is simple and clear, this book provides the caregiver and the person with Alzheimer's disease moments of respite from the daily demands of the disease. **ACT 2 GAR2 01**

Senior Stories: Autumn in the Country; Patricia Garbarini

Using photographs and language that is simple and clear, this book provides the caregiver and the person with Alzheimer's disease moments of respite from the daily demands of the disease. **ACT 2 GAR3 01**

Senior Stories: Winter Fun; Patricia Garbarini

Using photographs and language that is simple and clear, this book provides the caregiver and the person with Alzheimer's disease moments of respite from the daily demands of the disease. **ACT 2 GAR4 01**

The Past in the Present: Using Reminiscence in Health and Social Care; Faith Gibson

A diverse collection of methods working in groups and individually. **ACT 2 GIB 01**

Mind Joggers; Sandy Minor

Contains activities on similes, sounds, kitchen activity and poetry. **ACT 2 MIN 01**

Reminiscence, Uncovering a Lifetime of Memories; Carmel Sheridan

Practical and user-friendly book that helps get older adults in touch with things that were important to them; helps validate who they are and build a sense of identity. An essential guidebook for anyone who has contact with older adults-family, friends, clergy, volunteers, social workers and health care workers. **ACT 2 SHE 01**

BEHAVIOR:

2.) General Behaviors

A Practical Approach to Daily Living; University of Arizona

Manual that accompanies the video, A Practical Approach to Daily Living, Pieces of the Puzzle Series and Nursing Home Setting ideas. **BEH 2 APR2 01**

Developmental Disabilities and Alzheimer's Disease. What You Should Know; The Arc

Booklet describes Alzheimer's disease, how to find out if someone has it, & how it affects adults with developmental disabilities. Also provides information on what to do & suggests where to seek help. **BEH 2 ARC 01**

Solving Bathing Problems in Persons with Alzheimer's Disease and Related Dementias; Sharon A. R. Dwyer, PhD; Philip D. Sloane, MD, MPH, Ann Louise Barrick, PhD

Provides answers to commonly asked questions about bathing problems, general guidelines, procedures for dealing with specific bathing problems, developing and writing a Personal Hygiene Care Plan, maintaining quality of bathing procedures and care exercises for training. **BEH 2 DWY 01**

Just the Facts and More; Alzheimer's Association

Collection of fact sheets that focus on safety, activities, environment, drug research, eating, bathing, dressing, nutrition, incontinence, feelings, sexuality, medication, combativeness, hallucinations, visiting, holidays, vacationing, adult day care, hospitalization, driving, dental care, grief, mourning, guilt, sun downing, and sharing the diagnosis with patient, family and friends. **BEH 2 JUS 01**

Understanding Difficult Behaviors; Anne Robinson, Beth Spencer, Laurie White

Materials are intended to help caregivers better understand the various causes of behaviors such as incontinence and wandering; practical suggestions for coping with AD and related illnesses. **BEH 2 ROB 01**

3.) Personal Accounts

4.) Sexuality

Sexuality and the Alzheimer's Patient; Ednaa L. Ballard, Cornelia M. Poer

Offers ideas and experts from a wide variety of sources representing varying beliefs, behaviors and experiences. **BEH 4 BAL 01**

CAREGIVING:

1.) Cross reference-family and professional

Alone...But Not Forgotten; Janet Colwell

Manual for people interested in serving older people with dementia who live alone. A video that accompanies the book explains barriers, training, care, safety and coordinating services. **CAR 1 ALO 01**

Alzheimer's Disease: Issues in the Late & Terminal Stages; Iowa Alzheimer's Association Chapter Network

Manual on the late stages of AD provides support, education and opportunity for families and caregivers as their loved ones progress through the disease. **CAR 1 ALZ 01**

Public Policy: Alzheimer Special Care in Nursing Homes; Alzheimer's Association

Surveys taken by families and professional advocates about special care units, conclusions and recommendations. **CAR 1 ALZ2 01**

Improving End of Life Care, Why Has It Been So Difficult; Adrienne Asch **

Addresses fundamental end of life issues. **CAR 1 ASC 01**

The Hedge People; Louise Carey

Written from her experiences as a caregiver, Carey offers you solace in the stories and joy in the journey as you face the daily challenges of care giving with God's help. **CAR 1 CAR 01**

Circles of Care; Ann Cason

This book explains how to care for and comfort an aging person in their own home. Uses case studies and numerous examples and suggestions to show how to provide quality care at every level: physical, psychological, emotional and spiritual. **CAR 1 CAS 01**

Coping Skills for Caregivers; Madeline Singer, Steven Halpern

CD combines Madeleine's exquisite voice w/Steven's specially composed music that relaxes the body, opens the heart & soothes the soul. **CAR 1 COP 01**

At Ease with Alzheimer's; Madeline Singer, Steven Halpern

CD that explains skills and techniques for handling many situations caregivers encounter. As Steven's music touches your soul, Madeline's soothing voice guides you on a journey to renew your strength with gentle courage and an unshaken will. **CAR 1 EAS 01**

Rethinking Alzheimer's Care; Sam Fazio

Exciting resource challenges readers to think differently about people with dementia and ways to care for them. Rather than telling us how, the authors help us find the answers within ourselves and our programs. Wonderful new reference for families and professionals. **CAR 1 FAZ 01**

Caregiving 101: Caring for the Physical Needs of Someone at Home; by IPMR(CIAAA grant)

A solution-oriented guidebook is designed for family and friends of aging family members. It answers basic questions for physical care at home. **CAR 1 IPM 01**

Late-Stage Dementia Care: A Basic Guide **

Examines stages of dementia (late-stage in particular). Provides background on hospice movement and concepts, idea of maintaining personhood, and administration of a Late-Stage Care Unit. Focuses on treatment approaches for common needs in late-stage dementia: medical and physical care, comprehensive mealtime suggestions, supportive environment, communications, and the fundamentals of care, late-stage dementia behaviors, psychopharmacology, and therapeutic activities. Covers family-centered care, change strategies, legal and ethical issues, program evaluation and future opportunities. **CAR 1 KOV 01**

Alzheimer's Basic Caregiving; an ABC Guide; Kathy Laurenhue, M.A.

Sets the stage for understanding common patterns of progression in Alzheimer's disease, communication issues and the meaning behind behavior. **CAR 1 LAU 01**

Activities of Daily Living; an ADL Guide for Alzheimer's Care; Kathy Laurenhue, M.A.

Provides specific advice for assisting with dressing, bathing, grooming, continence care and nutrition and hydration issues. **CAR 1 LAU2 01**

Nursing Strategies for Treating Dementing Disorders; Eli Lilly & Company

Continuing Education audiotape and booklet. **CAR 1 LIL 01**

Dear Gail...A Collection of Helpful Hints; Alzheimer's Association

Collection of helpful hints for daily caregiving. **CAR 1 LOS 1**

An Ocean of Time; Patrick Mathiasen, MD

Shows that amid sadness and difficulty, author also encounters hope, humor and caring. His patients tell his story, beginning with the earliest signs of the disease to the end. **CAR 1 MAT 01**

Mayo Clinic on Alzheimer's Disease; Ronald Petersen, MD, PhD **

Covers recent advances in understanding the disease. Topics include new treatments, tips for daily caregiving, conditions that cause dementia and assessing financial situations to pay for care costs. **CAR 1 MAY 01**

Mayo Clinic Staying Mentally Sharp; Mayo Clinic

Tips to help keep your memory in shape. **CAR 1 MAY2 01**

Counseling the Alzheimer's Caregiver; Mary Mittelman

Research evidence-based, practice guide for counseling Alzheimer's families. Vignettes and practical how-to's, about Alzheimer's care and families. **CAR 1 MIT 01**

Alzheimer's Disease: A Family Journey; James Pattee, MD, Wayne Caron, PhD

Geared toward family caregivers. Seven phases of AD are described and tasks are outlined to help the family cope. Seeks to help understand AD as a family illness that affects all parts of family life. **CAR 1 PAT 01**

Alzheimer's Disease-A Guide for Families; Lenore Powell

Wonderful introduction for families new to Alzheimer's disease. Helps overcome the challenges of looking after a loved one with Alzheimer's, communicating, staying healthy, making the home safe, avoiding depression and finding long-term health care. **CAR 1 POW 01**

Resource Directory for Older People

U.S. Department of Health and Human Services. **CAR 1 RES 01**

At the Heart of Alzheimer's; Carol Simpson

Guidebook provides reassurance that caregivers are not alone and offers practical advice on how to manage. **CAR 1 SIM 01**

Talking With Your Doctor; National Institute on Aging

A guide for older people. **CAR 1 TAL 01**

To Survive Caregiving; Cheryl E. Woodson, MD

A daughter's experience, a doctor's advice on finding hope, help and health. Written by a doctor who specializes in eldercare and cares for her own ailing parent. **CAR 1 WOO 01**

2.) Family & Friends

The Caregiver's Survival Handbook; Alexis Abramson

How to care for your aging parent without losing yourself. CAR 2 ABR 01

How to Cope with Alzheimer's Disease (Training Manual); Alzheimer's Association

Helps to enhance learning about AD and provides practical management techniques to caregivers. CAR 2 ALZ4 01

The Best Friend's Approach to Alzheimer's Care; Virginia Bell, David Troxel **

Shows how easily you can make a difference in the life of a family member or client in your care. Learn new ways to solve problems, encourage positive behavior and improve communications. CAR 2 BEL 01

A Dignified Life; Virginia Bell

For every friend, relative, or caregiver to a person with Alzheimer's, offers this practical advice, compassion and optimism in dealing with the daily challenges they face so that a life that seems at times hopeless can be one of love and dignity. CAR 2 BEL2 01

Los Mejores Amigos en el Cuidado de Alzheimer; Virginia Bell, David Troxel

Spanish version of the Best Friend's Approach to Alzheimer's Care. CAR 2 BEL3 01

The Best Friends Staff; Virginia Bell, David Troxel

Indispensable companion with specific tools and suggestions for building a culture of care. Discover valuable tools for training staff to achieve better outcomes and enjoy more rewarding experiences. Contains motivational stories and ideas from practitioners in facilities. CAR 2 BES 01

What the Heck Do We Do Now? Families Facing Alzheimer's; John G. Bloomer

Reference manual for families as they begin the uncertain journey through Alzheimer's. Twists & turns & mistakes & successes described as they happened without exaggeration. CAR 2 BLO 01

Staying Connected While Letting Go; Sandy Braff & Mary Rose Olenik **

Caregivers experiences from beginning to end of Alzheimer's disease. CAR 2 BRA 01

Walking One Another Home; Rita Bresnahan

Moments of grace and possibility in the midst of Alzheimer's. Highlights how the author visits with her mother in a nursing home, the spiritual and emotional meaning in the lives of both women. CAR 2 BRE 01

A Caregiver's Guide to Alzheimer's Disease; Patricia Callone, MA, Connie Kudlacek, BS, Barbara Vasiloff, MA, Janaan Manternach, D Min, Roger Brumback, MD

300 tips for making life easier. Offers practical advice on how to cope with the personality and behavioral changes that occur throughout the disease's progression. CAR 2 CAL 01

Alzheimer's Disease: A Handbook for Caregivers, Family, and Friends; Patricia R. Callone, MA, Barbara C. Vasiloff, MA, Connie Kudlacek, BS, Janaan Manternach, D MIN, Roger A. Brumback, MD

Guide educates the reader on the physical changes in the brain as the disease progresses and outlines what can be done from a caregiver's standpoint at each stage. CAR 2 CAL2 01

Helping Yourself Help Others: Rosalynn Carter

Approach caregiving as a blessing as well as a challenging task. **CAR 2 CAR 01**

Learning to Speak Alzheimer's: Joanne Koenig Coste **

Offers hundreds of practical tips to ease life for everyone involved with Alzheimer's. **CAR 2 COS 01**

Alzheimer's Disease: Paul Dash, M.D., Nicole Villemarette-Pittman, Ph.D.

Provides an overview of the latest findings regarding causes, diagnosis, and treatment. Helps caregivers and family members gain a better understanding of the progression of the disease and the available options for coping with and managing it. **CAR 2 DAS 01**

Male Caregivers' Guidebook: Alzheimer's Association (Des Moines Chapter)

Guidebook helps male caregivers come to terms with the feelings of frustration and loneliness, offers practical solutions to everyday problems of caregiving. **CAR 2 DES 01**

Living Well in a Nursing Home: Lynn Dickinson, M.A., & Xenia Vosen, Ph.D.

A guide to making life in a nursing home a time of support, companionship, and new opportunities. Explains the ins and outs of choosing and making the best use of nursing home. **CAR 2 DIC 01**

Alzheimer's: A Handbook for the Caretaker: Eileen H. Driscoll

Suggestions that help caregivers and their loved ones live happier lives. **CAR 2 DRI 01**

Alzheimer's, Caring for your Loved One and Caring for Yourself: Sharon Fish

Offers personal and professional experience advice. Answers all of the common questions about the disease. **CAR 2 FIS 01**

Coming of Age with Aging Parents: Gail Goeller

Charts milestones of Alzheimer's through real life stories, dealing with late-night phone calls & parental self-diagnosis to managing angry outburst, emergencies of all sorts, etc. **CAR 2 GOE 01**

Alzheimer's Essentials: Bretten C. Gordeau and Jeffrey Hillier, Ph.D. **

Practical skills for caregivers. Learn to plan for the future, talk to your doctor, manage difficult behaviors, understand the disease and coping skills. **CAR 2 GOR 01**

Alzheimer's –A Caregiver's Guide and Sourcebook: Howard Gruetzner **

Guide for the realities of caring for and coping with an Alzheimer's patient. **CAR 2 GRU 01**

Long Distance Caregiving: Angela Heath

Sourcebook tells how to survive the challenge of caring for a "distant" relative. Helps caregivers to shift gears emotionally, to think logically and strategize about the best approaches to providing needed care. **CAR 2 HEA 01**

Stages of Senior Care: Paul and Lori Hogan

Your step-by-step guide to making the best decisions in choosing care for your aging parents and other seniors. **CAR 2 HOG 01**

Caregiver Journal

Journal by the wife of an Alzheimer's Patient. **CAR 2 INS 01**

Mosaic Moon; Frances H. Kakugawa

Caregiving through poetry. Honolulu caregivers offer the life-changing poetry. Book for caregivers and professionals that offers hope, humor and a powerful antidote to the burden of caregiving. **CAR 2 KAK 01**

Dancing with Rose; Lauren Kessler

Finding life in the land of Alzheimer's. Caregiving in a residential Alzheimer's facility as seen through the eyes of an accomplished journalist who enlisted as a bottom-rung caregiver. **CAR 2 KES 01**

Lessons Learned: Shared Experiences in Coping

CAR 2 LES 01

How to Care for Your Parents; Nora Jean Levin

Time-saving guide to help families successfully map and navigate the unfamiliar terrain of eldercare, using a step-by-step approach. Explains how to organize your time and energy, and offers advice on medical coverage. **CAR 2 LEV 01**

A Caregiver's Survival Guide; Kay Marshall Strom

How our own needs take a back seat when responsible for another person's physical needs. After caring for her spouse for 10 years, Kay Strom is able to bring a voice of experience and compassion to this important topic. **CAR 2 MAR 01**

Dementia Caregivers Share Their Stories; Lynda A. Markut and Anatole Crane

An essential guidebook for anyone who must attend to the needs of a loved one suffering from Alzheimer's disease or another form of dementia. **CAR 2 MAR2 01**

Elder Rage or Take My Father Please!; Jacqueline Marcell

A riveting novel about a daughter's love for her aging parents and an informational book on caregiving which solves the mystery of managing difficult elders. **CAR 2 MAR3 01**

Strength in Caring; Giving Power Back to the Alzheimer's Caregiver; Mark Matloff, Ph.D.

A treasury of information, ideas and powerful techniques to assist, emotionally strengthen, and manage caregiver stress. **CAR 2 MAT 01**

And Thou Shalt Honor; Beth Witrogen McLeod **

Advice and inspiration to help you care for your aging parents and loved ones **CAR 2 MCL 01**

Mom's OK She Just Forgets; Evelyn McLay & Ellen P. Young

The Alzheimer's journey from denial to acceptance. A handbook for families. **CAR 2 MCL2 01**

The Best That I Can Recall; Howard D. Mehlinger

Unfinished life story of author's revealing reflections on the purpose & meaning of life. Chapter 24 devotes his caregiving skills for his wife who has Alzheimer's disease. **CAR 2 MEH 01**

The Comfort of Home; Maria M. Meyer with Paula Derr

Guide that promises to take the fear out of home care, bring confidence and peace of mind to caregivers. Starts with the basics, easy to read, and full of money-saving ideas. **CAR 2 MEY 01**

The Comfort of Home Third Edition; Maria M. Meyer with Paula Derr, RN

Third edition, guide that promises to take the fear out of home care, bring confidence and peace of mind to caregivers. **CAR 2 MEY2 01**

Don't Eat the Elephants; Patricia H. Miller

A love story about Pat's reflections on her life's journey with her husband who had Alzheimer's disease. She skillfully illustrates the necessity & rewards of looking past the symptoms & into the "real person" behind the illness. **CAR 2 MIL 01**

The Alzheimer's Health Care Handbook; Mary S. Mittelman, DR.PH, & Cynthia Epstein, ACSW ******

Specific, practical and sensitive advice on how to meet the challenges of caring for a relative with Alzheimer's disease. **CAR 2 MIT 01**

Mom, Are You There?; Kathleen A. Negri ******

This book will show you several simple strategies—stepping stones—that can help you find your path to peace as you care for a parent, family member or friend with this illness. **CAR 2 NEG 01**

Painted Diaries; Kim Howes Zabbie

This is a true story of two women who began their journey when one is diagnosed with Alzheimer's. It is a diary of AD patient's experiences. **CAR 2 PAI 01**

Problem Solving Method; Alzheimer's Disease Center

Five outlines for support group leaders to use for educating families on what to expect, disease overview, problem solving, drugs used, legal issues, developing a support network for care for the AD patient. (Video) **CAR 2 PRO 01**

The New Nursing Homes; Marilyn Rantz

Book was written by award-winning experts on long term care, provide help in locating nursing homes that look like home, treat you like family and provide high-quality, personalized care. **CAR 2 RAN 01**

Taking Care of Caregivers; D. Jeanne Roberts

Covers the needs of caregivers, communication and feelings, grief and its various phases, sharing and support, and stress management techniques for everyone involved. **CAR 2 ROB 01**

Help for Alzheimer's Caregivers, Families, and Friends; Jean Robinson, RD

She shares her personal experiences as a caregiver to help other caregivers adjust in the early years of their new experience. **CAR 2 ROB2 01**

Sharing the Care; Lyn and Bill Roche ******

When someone you love resides in an adult care facility...this book will be very helpful in reducing caregiver guilt and stress because it emphasizes quality visits and ways to stay involved. **CAR 2 ROC 01**

The Savvy Caregiver, Caregiver Manual; Ken Hepburn,Ph.D., Marsha Lewis,Ph.D., Jane Tornatuore,Ph.D., etc.

Manual to go with the DVD of the same title. **CAR 2 SAV 01**

A Glass Full of Tears; June Lund Shiplett

June's story of how she coped with caregiving for her husband at home. **CAR 2 SHI 01**

Navigating the Alzheimer's Journey; Carol Bowlby Sifton ******

This book gives you the encouragement and tools you need to manage the daily care of someone with dementia in a caring, compassionate, and supporting way. **CAR 2 SIF 01**

Caring for Your Aging Parents; Kerri S. Smith

A sourcebook of timesaving techniques and tips. **CAR 2 SMI 01**

Alzheimer's Making Sense of Suffering; Teresa R. Strecker

Readers will gain comfort and strength from the firsthand accounts of a wife and daughter who discovered how to continue loving someone who no longer remembered who they were. **CAR 2 STR 01**

Talking to Alzheimer's; Claudia J. Strauss

Simple ways to connect when you visit with a family member or friend. Learn the tools for effective, meaningful, and mutually rewarding communication with the person with Alzheimer's in your life. **CAR 2 STR2 01**

Into the Mist, When Someone You Love Has Alzheimer's Disease; Deborah Uetz with Dr. Anne Lindsay

Book to assist the family of loved one who begins to walk the path that no one would take by choice. Deals with early, middle and final stages of the disease, learn coping strategies and resource information. **CAR 2 UET 01**

Alzheimer's Dementia & Memory Loss Help Me Cope & Survive; Monica Vest Wheeler

This book gives you information, hope & confidence, practical ways to deal with surprising situations, advice from those who've been there to name a few. **CAR 2 VES 01**

Moving a Relative with Memory Loss; Laurie White, Beth Spencer

Discusses all of the factors that go into moving someone with the disease. Covers topics such as advantages and disadvantages of moving, how to locate residential care homes and how to talk to your relative about the move. In addition, this book also talks about how to deal with the move after it has happened. **CAR 2 WHI 01**

Coping when a Grandparent has Alzheimer's Disease; Beth Wilkinson

Discusses the nature and effects of Alzheimer's disease and the problems involved in coping when a grandparent has the disease. **CAR 2 WIL 01**

Alzheimer's Disease and Marriage; Lore K. Wright

Peers deeply into caregiving research and personal data on individual relationships to uncover the profound effects of Alzheimer's disease on marriage. **CAR 2 WRI 01**

3.) General

Caregiver Manual; Alzheimer's Association

Manual covers everything a caregiver will need to know. **CAR 3 ALZ3 01**

Caregiver Notebook; Alzheimer's Association

A guide to caring for people with Alzheimer's and related dementias. **CAR 3 ALZ4 01**

Caring for the Caregiver; Parke-Davis

Tips for caregiving, home safety, finance management, medical update and creating a patient profile. **CAR 3 DAV 01**

Caring For a Person with Memory Loss

Easy guide for caregivers, proven techniques from experienced caregivers and tips that may help make your job a little easier. **CAR 3 EAS 01**

The Alzheimer's Sourcebook for Caregivers; Frena Gray-Davidson

Helps you learn how to find solutions to your daily problems, deal with difficult behaviors, and make this complex time more rewarding for both of you. **CAR 3 GRA 01**

The Alzheimer's Sourcebook for Caregivers, Third Edition; Frena Gray-Davidson

Newly revised version of a practical guide for getting through the day for an Alzheimer's caregiver. **CAR 3 GRA2 01**

When Someone You Love Has Alzheimer's; Earl A. Grollman, Kenneth S. Kosik, M.D.

Helps you better understand the disease and the needs of your loved one as well as your own emotions and assist you in finding ways to honor and meet your own needs. **CAR 3 GRO 01**

Alzheimer's Disease: Caregivers Speak Out; Pam Haisman

Guide to understanding, caring, and coping. In their own words, families seek compassion, professionals relate frustrations, spouses share their grief, and teenagers pledge their love. **CAR 3 HAI 01**

The Alzheimer's Caregiver; Harriet Hodgson

Offers valuable information and support. Each chapter examines a different problem, offering practical solutions and ending with a summary of positive steps to take. **CAR 3 HOD 01**

Your Name is Hughes Hannibal Shanks; Lela Knox Shanks **

One woman's inspiring story of caring for her husband, who had stricken with Alzheimer's disease—and an indispensable guide to caring for AD patients at home. **CAR 3 LEL 01**

The 36-Hour Day; Nancy L. Mace, Peter Rabins

Book is considered to be "one of the best." A family guide to the care of the AD patients, covers concerns from daily living activities to financial and legal issues. **CAR 3 MAC 01**

In the Care of Strangers; Linda Pischke

For parents and children grandparents, grandchildren, husbands, wives, caregivers and anyone who deal with aging loved ones. Speaks openly about our fears of growing old and facing death apart from family and friends. **CAR 3 PIS 01**

Facilitator Manual; Easter Seals

Training guide for transportation solutions for Caregivers Starting Point. (CD Rom training program video for a training tool). **CAR 3 TRA 01**

I-Can't-Chew Cookbook; J. Randy Wilson

Delicious soft-diet recipes for people with chewing, swallowing and dry-mouth disorders. **CAR 3 WIL 01**

4.) Nursing Home

Key Elements of Dementia Care; Alzheimer's Association

Defines, describes and illustrates dementia-capable care in retirement communities, board and care, assisted living and skilled nursing facilities. **CAR 4 ALZ2 01**

Family Members' Views; Alzheimer's Association

Study done on the role of assisted living in providing long-term care for people with dementia. **CAR 4 ALZ4 01**

Of Two Minds; Judith Antonangeli

Practical guide to the care of people with the dual diagnosis of Alzheimer's Disease and mental retardation. CAR 4 ANT 01

Caring for People with Alzheimer's Disease: A Manual for Facility Staff; Lisa Gwyther

Update of the original book, dealing with state-of-the art, compassionate caregiving for people with Alzheimer's disease and related memory disorders. CAR 4 GWY2 01

Dementia Units in Long-Term Care; Philip Sloane & Laura Mathew

Reports on dementia units, deals with topics fundamental in designing and implementing specialized units. CAR 4 SLO 01

5.) Professional

Caregiving Training Manual; Alzheimer's Association

Manual covers caregiving training. CAR 5 ALZ 01

Therapeutic Caregiving; Barbara J. Bridges, R.N

Provides dedicated caregivers with information to assist them in their very difficult roles of providing day-in and day-out support and therapeutic caring to person's with dementia. CAR 5 BRI 01

Creating Successful Dementia Care Settings (4 volumes)

Understanding the Environment Through Aging Senses; S. H. Briller, M. A. Proffitt, K. Perez, M. P. Calkins

Illustrates how AD exaggerates or confounds already-compromised sensory perceptions. Reveal respectful ways to compensate for losses & improve communication, orientation & enjoyment w/dementia. CAR 5 CAL 01

Maximizing Cognitive and Functional Abilities; S.H. Briller, M.A. Proffitt, K. Perez, M.P.Calkins, J.P. Marsden
Step-by-step process for identifying barriers & finding respectful solutions to problems that arise during self-care activities, mealtimes, & way-finding. CAR 5 CAL2 01

Minimizing Disruptive Behaviors; K. Perez, M.A. Proffitt, M. P. Calkins

Advice on how to evaluate the sources of problems & how to develop individualized solutions that can improve the quality of life for residents & staff. CAR 5 CAL3 01

Enhancing Identity and Sense of Home; J.P. Marsden, S.H. Briller, M.P. Calkins, M.A. Proffitt

Explains how a home-like setting contributes to the smooth operation of a facility for people with dementia. CAR 5 CAL4 01

Focus on Family; Suzy Engman

Model for Alzheimer's disease and related disorders support groups in long term care and other settings. CAR 5 ENG 01

Dementia Nursing-A Guide to Practice; Rosalie Hudson

Encourages nurses to go beyond their technical aspects of nursing practice to hear the deeply human needs of people living with dementia. This book identifies physical problems and clinical needs, but also encourages all carers to respond to dementia patients with creativity and imagination. CAR 5 HUD 01

Dementia Care Mapping: Applications Across Cultures; Anthea Innes

Discusses the principals of person-centered care that underlie Dementia Care Mapping and how these principals have influenced the use of DCM in diverse care cultures. CAR 5 INN 01

Alzheimer's Solutions: A Personal Guide for Caregivers: Jim Knittweis and Judith Harch

A guide of user-friendly book filled with practical solutions to the problems facing millions of caregivers each day. CAR 5 KNI 01

Caring for People with Challenging Behaviors: Stephen Weber Long

Essential skills and successful strategies in long-term care. CAR 5 LON 01

Developing Support Groups for Individuals with Early-Stage Alzheimer's Disease: Robyn Yale **

Provides step-by-step guidelines and ready-to-use forms for developing, facilitating, and administering effective support groups for people in the early stages of Alzheimer's disease. CAR 5 YAL 01

6.) Respite/Home Health

Respite Care Guide: Alzheimer's Association

Describes different types of respite care. Designed to help caregivers and persons with dementia recognize the benefits of respite care as well as identify which respite care service will best meet their needs. CAR 6 ALZ 01

Building a Volunteer Respite Program: Judi Ver Hoef

"How-to" book for anyone who wants to organize a respite program – from disease overview to training of caregivers. CAR 6 VER 01

CHILDREN'S BOOKS:

Grandpa's Music: Alison Acheson

Grandpa plays the piano by relying on "muscle memory" in his fingers. It's not easy having a family member with Alzheimer's but embracing creativity can bring surprises & unexpected pleasures. CHI 1 ACH 01

Singing With Momma Lou: Linda Jacobs Altman

Tamika finds a way with great determination & inventiveness to make a difference in Momma Lou's life who has Alzheimer's disease and her own. CHI 1 ALT 01

The Memory Box: Mary Bahr

For the middle school-age child. Zach spends the summer at his grandparents making a box of memories with pictures, souvenirs, and stories; he doesn't realize how important this box will be until Grandpa can't remember. CHI 1 BAH 01

The Stranger I call Grandma: Swanee Ballman

Walks children through the heartaches of living with an Alzheimer's patient; it shows them that their feelings are quite normal. **CHI 1 BAL 01**

Through Tara's Eyes; Kathy Baumann, Erin Conners

Helps children to cope with Alzheimer's disease. **CHI 1 BAU 01**

An Early Winter; Maron Bauer

Story about Tim who idolizes his grandfather and refuses to believe Grandad has Alzheimer's disease. **CHI 1 BAU2 01**

Something to Remember Me By; Susan V. Bosak, Laurie McGraw

True story about a grandmother and granddaughter dealing with Alzheimer's disease that shows love is the greatest gift of all. **CHI 1 BOS 01**

Grandma Has Alzheimer's But It's OK; Marian Tally Simmons Brown

Story takes you to a place of childhood memories as it recalls the power of grandmothers in our lives. **CHI 1 BRO 01**

Sunshine Home; Eve Bunting

Story about a boy going to visit his Gram at the nursing home. **CHI 1 BUN 01**

Jeremy Goes to Camp Good Grief; Rebecca DiSunno, Sarah Zimmerman, Priscilla Ruffin

Written for children who have experienced the death of someone they love; giving caregivers a new insight & a deeper appreciation of a grieving child's thoughts & feelings. **CHI 1 DIS 01**

Wilfred Gordan McDonald Partridge; Mem Fox

For the pre-primary/primary. Story about a little boy who tries to help his friend find her memory. **CHI 1 FOX 01**

Grandma's Cobwebs; Ann Frantti

Grandma tells me about her Alzheimer's Disease. It's like having my mind filled with cobwebs. **CHI 1 FRA 01**

Talking with Children and Teens about Alzheimer's Disease; Generations Together; University of Pitts

Question answer book for parents, teachers and caregivers regarding commonly asked questions. **CHI 1 GEN 01**

Grandfather's Story Cloth; Linda Gerdner & Sarah Langford

Written in English & Hmong, allows children & their loved ones not only to gain a compassionate understanding of Alzheimer's disease, but also to share in the simplest act of pleasure & love – that of reading together. **CHI 1 GER 01**

Remember Me?; Sue Glass **

Alzheimer's through the eyes of a child. Written in English and Spanish. **CHI 1 GLA 01**

Allie Learns About Alzheimer's Disease; Kim Gosselin

A story to help children learn about love, patience and acceptance in dealing with a loved one with Alzheimer's disease. **CHI 1 GOS 01**

The Magic Tape Recorder; Grandma Joyce

A story about growing up and growing down. Grandma Joyce shows children how to be helpers to their grandparents with memory loss. **CHI 1 GRA 01**

Grandpa Doesn't Know It's Me; Donna Guthrie

For the primary/middle school child. Told through her eyes of a granddaughter who is watching the changes Alzheimer's is causing in her grandfather, Lizzie loves her grandpa despite the changes in him. **CHI 1 GUT 01**

Wordsworth Dances the Waltz; Frances H. Kakugawa

Wordsworth the Poet is worried about Grandma. She's losing her memory & other things too. What can Wordsworth do to help? **CHI 1 KAK 01**

Grandma's Soup; Nancy Karkowsky

A granddaughter notices her grandmother's soup isn't as good as it used to be. **CHI 1 KAR 01**

Fireflies, Peach Pies, and Lullabies; Virginia Kroll **

For primary age children. Story of Francie's grandmother's death. Francie is afraid friends and family will remember Great-Granny Annabel as a confused and empty shell. Francie finds a way to share her memories and encourage others to remember the little things, too. **CHI 1 KRO 01**

The Sunsets of Miss Olivia Wiggins; Lester L. Laminack

Children perplexed or upset by their own visits to deteriorating elders may find this book helpful & even consoling. **CHI 1 LAM 01**

When Meme Came to Live at My House; Mary Janine Langdon

For younger primary age children. Story about Katie and what it was like when her Meme came to live with her, explains what it was like when her family had to put Meme in a nursing home. **CHI 1 LAN 01**

Help Wanted: Wednesdays Only; Peggy Dymond Leavey

Story about a 13 year old boy and his mother moving in with his grandfather who has Alzheimer's, changing schools and leaving behind his friends. **CHI 1 LEA 01**

Horse Whispers in the Air; Dandi Daley Mackall

A story about a ninth grade girl dealing with a grandfather with Alzheimer's and a problem mare at Horsefeathers Stable. **CHI 1 MAC 01**

Flowers for Grandpa Dan; Connie McIntyre

A gentle story to help children understand Alzheimer's disease. As Alzheimer's disease gradually changes Grandpa Dan, grandson Danny learns there is one important thing that never changes. **CHI 1 MCI 01**

Daughter; Isabel Moore

Story of a 14-year-old girl whose mother is showing signs of Alzheimer's. **CHI 1 MOO 01**

Sad Isn't Bad; Michaelene Mundy

A good grief guidebook for kids dealing with loss...promotes honest and healthy grief—and growth. **CHI 1 MUN 01**

The Graduation of Jake Moon; Barbara Park

Story of a teenage boy who's responsible for his grandfather with Alzheimer's. **CHI 1 PAR 01**

When You Care About Someone With Alzheimer's Disease; Paula Harrington
Educational activity book for children 4-12 years old. **CHI 1 PAU 01**

The Voice of Climbing Rose; Christopher Perry
Story of a daughter's devotion given to her Mother after she was diagnosed with Alzheimer's disease.
A tribute to Caregivers **CHI 1 PER 01**

Getting to Know Ruben Plotnick; Roz Rosenbluth **
This heartwarming story of aging grandparents and school-age embarrassment reveals the importance of looking beneath the surface to really get to know someone. **CHI 1 ROS 01**

When Your Grandparent Dies; Victoria Ryan
A child's guide to good grief...explores the meaning of death and heaven, as well as how to stay close in spirit with a grandparent who has died. **CHI 1 RYA 01**

Maria's Grandma Gets Mixed Up; Doris Sanford
Geared for pre-school/primary age children. Excellent description of Alzheimer's disease by a little girl who is struggling to understand what is happening to her grandmother and how her family learns to cope. Particular behaviors are discussed. **CHI 1 SAN 01**

Always My Grandpa; Linda Scacco
A story about Daniel's grandpa who has Alzheimer's disease. This story offers guidance for helping children with common emotions and reactions to Alzheimer's disease. **CHI 1 SCA 01**

Forget-Me-Not; J. Schein
Grandma with Alzheimer's disease comes for a visit and Becky and her brothers don't like it.
CHI 1 SCH 01

Striped Shirts and Flowered Pants; Barbara Schnurbush
A story about Alzheimer's disease for young children. Libby finds ways to be with Nana who has Alzheimer's disease and still do the things they love. **CHI 1 SCH1 01**

What's Wrong with Grandma?; Margaret Shawver
A young girl tries to understand the frustrating, frightening changes in her grandmother caused by Alzheimer's disease. **CHI 1 SHA 01**

What's Happening to Grandpa?; Maria Shriver
A book to inspire children to find creative ways to keep grandparents' stories alive and have readers of all ages realize how important it is to cherish the lives, love and memories of our grandparents.
CHI 1 SHR 01

It Only Looks Easy; Pamela Curtis Swallow
A story about a 7th grade girl whose dog was run over by a woman with Alzheimer's disease and her reactions toward it. **CHI 1 SWA 01**

Down the Memory Hole; Bonnie Turner
A 12 year old boy shares his bedroom with his grandfather with Alzheimer's. **CHI 1 TUR 01**

Remember This; S. T. Underdahl
A young adult novel about a 16 year old granddaughter finding out who she is while her grandmother is losing her own sense of self. **CHI 1 UND 01**

Still My Grandma; Veronique Van den Abeele

Camille and her grandmother have a special friendship. Grandma has Alzheimer's disease and Camille finds a way to continue their special traditions. **CHI 1 VAN 01**

Alzheimer's Disease: Understanding Diseases and Disorders; Barbara Webber

Discusses causes and treatments as well as ways in which people learn to live with some of their illnesses. **CHI 1 WEB 01**

A Beautiful Pearl; Nancy Whitelaw

For the middle school-age child. Story of Lisa, a young girl whose grandmother has Alzheimer's. She remembers the happiness of the past and sees the changes the disease is bringing to her grandmother. General behavior is discussed. **CHI 1 WHI 01**

If I Forget, You Remember; Carol Lynch Williams

For middle school age children. Story about Elyse and the changes that happen in her life when her grandmother comes to live with her; what it was like to take care of her grandmother when Elyse's mother is at work. **CHI 1WIL 01**

COMMUNICATION:

The Validation Breakthrough; Namoi Feil, ACSW

Extension of her first book, contains simple techniques for communicating with the AD patient. **COM 1 FEI2 01**

Alzheimer's Finding the Words; Harriet Hodgson

Communication guide for those who care. Shows how Alzheimer's affects speech and gives proven, practical advice, based on life experience. **COM 1 HOD 01**

GRIEF:

Living With Grief: At Work, At School, At Worship; Joyce D. Davidson, Kenneth J. Doka

A companion to Hospice Foundation of America's sixth annual National Bereavement Teleconference. **GRI 1 DAV 01**

Finding Your Way After Your Spouse Dies; Marta Felber

Combines her professional counseling skills with her personal grief journey to provide a superb resource for hope and healing. **GRI 1 FEL 01**

Living With Grief: When Illness is Prolonged; The Hospice Foundation

Tips on dealing with any prolonged illness and the grief that is experienced. **GRI 1 HOS 01**

Living With Grief: Who We Are, How We Grieve; The Hospice Foundation

A companion to the Hospice Foundation's Bereavement Teleconference, assists those who cope either personally or professionally with terminal illness, death, and the process of grief. **GRI 1 HOS2 01**

Living with Grief: Alzheimer's Disease; The Hospice Foundation

A companion to the Hospice teleconference, with the focus on Alzheimer's disease, providing end stage care, caregiver burden, and hospice. **GRI 1 HOS3 01**

The Death of a Husband; Helen Reichert Lambin

A collection of poignant reflections for a wife mourning the loss of her husband. **GRI 1 LAM 01**

The Gift of Significance; Doug Manning

Collection of stories from people who have grieved, shares insights of people who hurt and dare to share the hurt. **GRI 1 MAN 01**

Establishing Significance; Doug Manning

About grief, helping you overcome it and begin to heal. **GRI 1 MAN2 01**

Understanding Grief; Doug Manning

Helps you to discover how normal you really are and find relief from any fears you have about how you are doing with your grief. **GRI 1 MAN3 01**

The Gift of Understanding; Doug Manning

Explains the importance of understanding yourself, others, depression and death. **GRI 1 MAN4 01**

Don't Take My Grief Away From Me; Doug Manning

How to walk through grief and learn to live again. **GRI 1 MAN5 01**

Thoughts for the Lonely Nights; Doug Manning

Doug's best discussions about loss and the grief journey & discusses how to find help & comfort along the way. **GRI 1 MAN6 01**

How to Go On Living When Someone You Love Dies; Therese A. Rando, Ph.D.

Dr. Rando offers the solace, comfort, and guidance to help you accept your loss and move into your new life without forgetting your treasured past. **GRI 1 RAN 01**

Healing a Spouse's Grieving Heart; Alan D. Wolfelt, Ph.D.

Book offers 100 practical, here-and-now suggestions for helping widows and widowers mourn well so they can go on to live well and love well again. **GRI 1 WOL 01**

Healing Your Grieving Heart for Kids; Alan D. Wolfelt, Ph.D.

Simple advice and activities for children after a death. **GRI 1 WOL2 01**

Healing a Teen's Grieving Heart; Alan D. Wolfelt, Ph.D.

Offers 100 practical, realistic ideas to help a teen in grief. **GRI 1 WOL3 01**

Healing Your Grieving Heart; Alan D. Wolfelt, Ph.D.

Offers 100 practical, here-and-now suggestions for helping yourself mourn well so that you can go on to live well and love well again. **GRI 1 WOL4 01**

Healing Your Grieving Body; Alan D. Wolfelt, Ph.D., and Kirby J. Duvall, M.D.

This compassionate, practical guide will help you soothe your body as you heal your heart and soul. **GRI 1 WOL5 01**

Healing Your Holiday Grief; Alan D. Wolfelt, Ph.D.

Offers 100 practical ideas for blending mourning and celebration during the holiday season. **GRI 1 WOL6 01**

Healing Your Traumatized Heart; Alan D. Wolfelt, Ph.D.

Offers 100 practical ideas after someone you love dies a sudden, violent death. For those who grieve after a homicide, suicide or accidental death. **GRI 1 WOL7 01**

Creating Meaningful Funeral Ceremonies; Alan D. Wolfelt, Ph.D.

If you need to plan a funeral or memorial service, this compassionate, easy-to-follow workbook will help you & your family create a loving, personalized tribute to the person who has died. **GRI 1 WOL8 01**

The Understanding Your Grief Support Group Guide; Alan D. Wolfelt, Ph.D.

Starting and leading a bereavement support group. A companion guide for support group leaders for use with Understanding Your Grief and The Understanding Your Grief Journal. **GRI 1 WOL9 01**

How to Care For Yourself While You Care For the Dying and the Bereaved; Alan D. Wolfelt, Ph.D.

Directed at caregivers who companion dying and bereaved people, Dr. Wolfelt gives concise, practical information that will help you help yourself practice ongoing, compassionate self-care. **GRI 1 WOL10 01**

The Wilderness of Grief; Alan D. Wolfelt, Ph.D.

Using grief as a wilderness, Dr Wolfelt teaches you how to follow the sometimes hard-to-find path that leads to healing. **GRI 1 WOL11 01**

Companioning the Bereaved; Alan D. Wolfelt, Ph.D.

This book presents a model for grief counseling based on Dr. Wolfelt's philosophy of companioning. **GRI 1 WOL12 01**

Healing Your Grieving Heart for Teens; Alan D. Wolfelt, Ph.D.

Simple tips for understanding and expressing a teen's grief. **GRI 1 WOL13 01**

Understanding Your Grief; Alan D. Wolfelt, Ph.D.

Describes ten touchstones that are essential physical, emotional, cognitive, social and spiritual action for you to take to help yourself heal. **GRI 1 WOL14 01**

Understanding Grief; Alan D. Wolfelt, Ph.D.

A compassionate guide to coping with the death of someone loved...helping yourself heal. **GRI 1 WOL15 01**

Sharing the Final Journey; Norma Wylie

Each chapter of this book is the true and intimate story of the living, dying, and the death of a special person and of his or her family. Stories are an inspiration, but they also convey the importance of telling the truth in a painful situation, of listening, showing compassion, and celebrating life, in the midst of dying. **GRI 1 WYL 01**

Getting to the Other Side of Grief; Susan J. Zonnebelt-Smeenge, R.N., Ed.D. & Robert C. DeVries, D.Min., Ph.D.
Empathy, valuable psychological insights, biblical observations, and male and female perspective to help you experience grief in the healthiest, most complete way. **GRI 1 ZON 01**

JOURNALS:

Ginny-A love Remembered; Bob Artley

Bob Artley's tender remembrance of nearly fifty years of living with his beloved wife Ginny and how he and his family learned to cope with the grim details and long good-bye of Alzheimer's disease.

JOU 1 ART 01

Finding Joy in Alzheimer's: When the Tears are Dried with Laughter; Brenda Avadian

A collection of stories and poems written by caregivers – warm rays to bring you joy and to dry your tears. **JOU 1 AVA 01**

To Hold a Falling Star; Betty Baker Spohr, Jean Valens Bullard

Story will deepen our understanding of the day-to-day realities of living with Alzheimer's, for patient and caregiver. **JOU 1 BAK 01**

Catch a Falling Star; Betty Baker Spohr, Jean Valens Bullard

Same as "To Hold a Falling Star". **JOU 1 BAK2 01**

Eulogy for Iris; John Bayley

John Bayley finds the glimmers of his wife's old self that break through the barriers of her disease and shares his message of hope and joy. **JOU 1 BAY 01**

For Love of Lois; Edward Bliss

Edward Bliss for five years cares for his wife with AD. This rare book chronicles remembrance, love and loneliness. **JOU 1 BLI 01**

Creating Moments of Joy; Jolene Brackey **

Ways to create moments of joy for you and the Alzheimer's patient provides a place to journal your thoughts, solutions and treasures. **JOU 1 BRA 01**

Will I Be Next?; Lois Bristow

Biography of a remarkable woman and a comprehensive review of information helpful to those struggling to care for someone with Alzheimer's disease. **JOU 1 BRI 01**

Love Is Ageless; Jessica Bryan

A collection of stories and poetry presenting a variety of personal experiences with Alzheimer's disease. **JOU 1 BRY 01**

My Mother's Voice; Sally Callahan

Sally's journey with her mother through Alzheimer's. Book about conflict, faith, loss, grief and letting go. It is also about the triumph of the human spirit and the power of love. **JOU 1 CAL 01**

Chicken Soup for the Caregiver's Soul;

Stories to inspire caregivers in the home, the community and the world. **JOU 1 CHI 01**

Clouds on a Clear Day; The Alzheimer's Association

Several caregivers, in their own words, share their experiences and emotions dealing with Alzheimer's disease. **JOU 1 CLO 01**

Death in Slow Motion, My Mother's Descent into Alzheimers; Eleanor Cooney

Cooney documents the slow erosion of her mother's mind, of the powerful bond the two shared, and her own descent into drink and despair to blunt the edges of the relentless loss and the demands of ministering to this devastating disease. **JOU 1 COO 01**

The Other Side of Nowhere; Manuela Williams Crosno

Book of poetry. Thoughts expressed are those one person experienced while caring for a loved one with Alzheimer's. Love, frustration, anger, and a strong determination not to be forgotten will be found in these pages. A profoundly heartening experience. **JOU 1 CRO 01**

Caring for Stan; Joanne Damours

A candid story of a woman suddenly confronted with her husband's Alzheimer's disease; tells how she struggles to cope with loneliness and learn how to be a caregiver. **JOU 1 DAM 01**

Living with Alzheimer's; Art Danforth

Deeply moving and heartwarming story of the life shared by two victims of senile dementia. Art shares his love and his fears for his wife, and also his anger and sense of guilt. **JOU 1 DAN 01**

Alzheimer's: A Love Story; Ann Davidson

Book is as much about love as it is about Alzheimer's, a year in the life of Ann and her husband, who has been diagnosed with AD. Help people to appreciate what they have even more. **JOU 1 DAV 01**

A Curious Kind of Widow, Loving a Man with Advanced Alzheimer's; Ann Davidson **

In this memoir, Ann Davidson relates her experience as caregiver for her husband during the later stages of Alzheimer's disease. **JOU 1 DAV2 01**

Dancing with Pearl Cobwebs; Gloria Dawn

Based on a true story, book covers physical changes, issues dealing with maintenance, verbal, mental, eating, spirituality, caregivers and relationships. **JOU 1 DAW 01**

Losing My Mind; Thomas DeBaggio

A first-person account of early onset Alzheimer's. **JOU 1 DEB 01**

Shades of Grace; Barbara Delinsky

Unforgettable story of three generations of women examining the limits of love, responsibility, and commitment, as Grace is suffering from the early stages of Alzheimer's disease.

JOU 1 DEL 01

Fading Angel; Sande Donahue

From the beginning to end of her journey through hell as she struggles through 14 years of Alzheimer's disease caring for her mother. **JOU 1 DON 01**

In a Tangled Wood; Joyce Dyer

Takes us inside an Alzheimer's unit and shows us a world where life occurs in its most simple form. A paean to the human spirit, to the well and unwell who refuse to relinquish their capacity for wonder, compassion and joy. **JOU 1 DYE 01**

The Seed; The Mary Bickford Story; Angela Eby

Story of a woman with Alzheimer's as told by her children and grandchildren. **JOU 1 EBY 01**

She Never Said Goodbye; George Vernon Ellison **

Story of true and honest love, and one brave man's strength in surviving the impact of Alzheimer's Disease. **JOU 1 ELL 01**

Still Alice; Lisa Genova

A novel about a young woman's descent into dementia through early-onset Alzheimer's disease. **JOU 1 GEN 01**

Shared Stories from Daughters of Alzheimer's; Persis R. Granger

Nine women map the passage of a parent through Alzheimer's disease, describing the evolution of their own emotional responses the disease and the changes it effects in the patient and in her relationship with family members. **JOU 1 GRA 01**

In Sickness and In Health; William M. Grubbs

Caregiver's courageous tale of caring for his wife who had Alzheimer's disease, writes about the agonizing decisions he was forced to make during his wife's slow decline. **JOU 1 GRV 01**

Small Miracles; Yitta Halberstam

Collection of 60+ moving, heartwarming and inspirational stories; profound teachings, important moral lessons and even divine messages. **JOU 1 HAL 01**

Glimmers-A Journey into Alzheimer's Disease; Heidi E. Hamilton

A woman's journey into Alzheimer's disease that provides words of hope, advice and assistance to family members and caregivers. **JOU 1 HAM 01**

The Worst Day of My Life, So Far; M.A. Harper

Comic, timely novel about Alzheimer's and one woman's struggle to discover herself. **JOU 1 HAR 01**

The Wilderness; Samantha Harvey

A novel about a man in his mid-sixties with Alzheimer's who lost his wife, his son is in prison and he is about to lose his past. **JOU 1 HAR1 01**

Partial View; Cary Smith Henderson

Words and photographs in this book beautifully capture the full emotional impact of the disease and give insight into the feelings of patient and caregiver. **JOU 1 HEN 01**

Just Love Me, My Life Turned Upside-Down by Alzheimer's; Jeanne L. Lee

Reveals the thoughts and emotions of a woman struggling with a suddenly unmanageable life; numerous hospitalizations, suicide attempts, everyday turmoil, and finally, the arduous search for an accurate diagnosis of the illness responsible for it all: Alzheimer's Disease. **JOU 1 LEE 01**

It's Not My Fault; Ruth Lovelace **

Candid account of the journey into Alzheimer's Disease, practical and useful to caregiver and care receiver. **JOU 1 LOV 01**

Twilight Travels With Mother; Mary Ann Mayo

Deals with a daughter's often-humorous course through her mother's Alzheimer's journey. Also faces head-on the fear that many sons or daughters experience when their parent has Alzheimer's disease—the fear that they are likely to be afflicted next. **JOU 1 MAY 01**

Living in the Labyrinth; Diana Friel McGowin

Written in a simple and direct style, this is an excellent guide for professionals, friends and family that will bring light into the lives of other early-onset Alzheimer victims. **JOU 1 MCG 01**

The Story of My Father; Sue Miller

An intensely personal journey that becomes, by virtue of her enormous gifts of observation, perception, & literary precision, a universal story of fathers and daughters. **JOU 1 MIL 01**

Young Hope; Tracy Mobley

Learn more about what people go through as their mind is slowly and irreversibly wiped away and take heart in their struggle to maintain themselves. **JOU 1 MOB 01**

When Someone You Love has Alzheimer's Disease; by Cecil Murphey

This book offers spiritual hope and help for people whose loved ones are facing this disease. **JOU 1 MUR 01**

A View from Within: Living with Early Onset Alzheimer's; Thaddeus Raushi

Reflects the author's inner thoughts and feelings about living a high quality life with this low quality disease called Alzheimer's. Moves beyond the adventure of surviving to the art of celebrating all of life as a gift to be lived well each day. **JOU 1 RAU 01**

The Legacy of Ronald Reagan

Collection of heartfelt tributes and post-presidential remarks. **JOU 1 REA 01**

Taking Care of Dad; John B. Reynolds

Collection of letters tells his father's story and his story as he cares for his father through the disease. **JOU 1 REY 01**

The Long Way Home, A Journey Through Alzheimer's; Marian Ritchie

A poignant & penetrating account of the author's turbulent journey through Alzheimer's as she care for her husband...focuses on the human - and often humorous - aspects of the disease rather than the medical ones. **JOU 1 RIT 01**

Show Me the Way To Go Home; Larry Rose

Absorbing first-person saga of Larry Rose's journey through Alzheimer's disease, provides a window into a world of memory loss and confusion. **JOU 1 ROS 01**

Conversations at the Nursing Home; A Mother, A Daughter and Alzheimer's; Deanna Shapiro

A collection of poems that deals with the painful ambiguities of losing a parent through dementia. **JOU 1 SHA 01**

No Turning Back: A Journey into the World of Alzheimer's with my Mother; by Lyn Silberman

This book is a reflection of the special bond between a mother and daughter. Story of Lyn and her mother, Ruth and the journey of Alzheimer's disease for six years. **JOU 1 SIL 01**

Through the Wilderness of Alzheimer's; Robert & Anne Simpson

Their journey through AD offers families accurate, firsthand information about the disease, as well as support and practical help for patients and caregivers. **JOU 1 SIM 01**

I Can't Remember; Kathleen O'Brien

Intimate photo essay of four families and their process of coping with Alzheimer's disease. **JOU 1 SMO 01**

The Notebook; Nicholas Sparks

A love story, it tells about a couple's life and how the disease affects their lives. **JOU 1 SPA 01**

Reconstructing Our Lives; Doug Manning

Gives little insight and relieves pain. **JOU 1 SPO 01**

Alzheimer's from the Inside Out; Richard Taylor **

Author diagnosed at 58 shares a provocative & courageous account of his slow transformation & deterioration & of the growing divide between his reality & the reality of others. **JOU 1 TAY 01**

Where Did Mary Go?; Frank A. Wall

Frank shares his very personal account of their struggle with Mary's illness, discusses this stress and emotion-filled time as she gradually slipped away from him and their children. **JOU 1 WAL 01**

One Family's Journey Through Alzheimer's; Mary Walsh

As Gram's mental and physical state begin to deteriorate, she was not the only one affected by Alzheimer's disease--the lives of Mary and her family are greatly impacted as well. **JOU 1 WAS 01**

Between Two Worlds; Ellen P. Young

Unique attempt to explore, through personal accounts and colorful, revealing vignettes, those precious and unforgettable moments of humor and lightheartedness found while ministering to those with AD. **JOU 1 YOU 01**

MEDICAL:

1.) General

Welcome to Your Brain; Sandra Aamodt, Ph.D. and Sam Wang, Ph.D.

A marvelous collection of facts and findings that answer the questions we all have about our own minds. If the human brain came with an owner's manual, it might well look like this. **MED 1 AAM 01**

Aging and Mental Health; Martin Orrell, Dan Blazer

Provides a forum for the rapidly expanding field which investigates the relationship between the aging process and mental health. Journal covers the biological, psychological and social aspects of aging as they relate to mental health. **MED 1 AGI 01**

Alzheimer's Disease; Facts and Figures 2010; Alzheimer's Association

Provides a statistical resource for US data related to Alzheimer's Disease, as well as other dementias. **MED 1 ALZ 01**

Parkinson's Disease Handbook; The American Parkinson Disease Association

Covers information dealing with Parkinson's. **MED 1 AME 01**

Antipsychotic and Antidepressant Medications and Side Effects

(Video) **MED 1 ANT 01**

The Alzheimer's Answer Book; Charles Atkins, M.D.

Professional answers to more than 250 questions about Alzheimer's and dementia. **MED 1 ATK 01**

Alzheimer's: The Answers You Need; Helen D. Davies

Guidebook for people in the early stages of Alzheimer's disease and their caregivers. Provides helpful answers to the questions raised by newly-diagnosed, early-stage patients. **MED 1 DAV 01**

The Anti-Alzheimer's Prescription; Vincent Fortanasce, M.D.

The science-proven plan to start at any age. Reduce your chance of Alzheimer's by 70%. Make lifestyle changes now to stay vital tomorrow. **MED 1 FOR 01**

Alzheimer Disease: Therapeutic Strategies; Ezio Giacabini

Provides most up-to-date reviews of advances in basic and clinical sciences that are relevant to understanding the etiology, pathogenesis and diagnosis of AD. **MED 1 GIA 01**

Alzheimer's & Dementia; Jennifer Hay

An easy-to-read, question-and-answer format, includes details you need to know, resources available, and strategies for dealing with these conditions. **MED 1 HAY 01**

Alzheimer's Disease: Causes, Diagnosis, Treatment, and Care; Zaven Khachaturian

One-stop educational resource, this text provides valuable information on treatment strategies, care and management of AD. **MED 1 KHA 01**

Alzheimer's Early Stages; Daniel Kuhn, MSW

Practical book covers the early stages of Alzheimer's disease, what the disease is, giving care and caring for yourself. **MED 1 KUH 01**

Alzheimer's Early Stages second edition; Daniel Kuhn

New edition contains updated information on risk factors, treatment options, drug approvals and federal coverage of counseling and other health related services through Medicare A. **MED 1 KUH2 01**

Health Politics, Power, Populism and Health; Mike Magee, MD **

Classroom resource of essays regarding a variety of health issues. MED 1 MAG 01

The Brain Trust Program; Larry McCleary, M.D.

A leading neurosurgeon reveals secrets for increasing brain function at any age. MED 1 MCC 01

Alzheimer's-Answers to Hard Questions for Families; James & Hilde Nelson

Caregivers who are dealing with Alzheimer's need assistance in making the moral and ethical decisions that will preserve the dignity and integrity of the person they love, while maintaining their own selfhood as well. MED 1 NEL 01

Newsweek Alzheimer's; Newsweek

Several articles pertaining to Alzheimer's Disease. MED 1 NEW 01

Alzheimer's Disease: An Overview for Primary Care; University of Arizona Health Sciences Center

Addresses how to properly identify, assess, and manage patients with Alzheimer's Disease, important roles professionals and organizations may assume and the services they provide. MED 1 PRI 01

What If It's Not Alzheimer's? Includes Vital Information on Frontotemporal Dementia (FTD);

Lisa & Gary Radin

One of the largest groups on non-Alzheimer's resource for caregivers and professionals. MED 1 RAD 01

The Forgetting-Alzheimer's: Portrait of an Epidemic; David Shenk

Shenk shows that Alzheimer's is as old as humankind itself. Moving portraits of patients, their families, and caregivers bring home the frightening pattern of regression Alzheimer's exacts, and offer a well of new hope for families to better understand and come to terms with their loss. Charts the complicated race to find a cure. MED 1 SHE 01

Aging with Grace; David Snowdon

Study of nuns and what it teaches us about leading longer, healthier and more meaningful lives. MED 1 SNO 01

Alzheimer's Disease: Unraveling the Mystery; National Institute on Aging

Uses graphic illustration and non-technical language to present the latest research findings and basic science behind Alzheimer's Disease. MED 1 UNR 01

Early Identification of Alzheimer's Disease and Related Dementias; U.S. Department of Health & Human Services

Focuses on symptoms that suggest the presence of a dementing disorder and steps to follow in conducting an initial assessment for AD. MED 1 USD 01

2.) Research

Breaking Through; Alzheimer's Association

Impressive portfolio of work by some of the top scientists in the field. MED 2 ALZ 01

Progress Report on Brain Research 2008; Eve Marder, Michael Gazzaniga, Mahlon DeLong, Thomas Wichmann

Book published annually committed to advancing public awareness about the progress and benefits of brain research and to disseminating information on the brain in an understandable and accessible fashion. **MED 2 MAR 01**

Time's Alzheimer's Study; Time Magazine

Discusses a landmark study of Alzheimer's involving a group of nuns, sheds new light on what causes the disease and how to prevent it. **MED 2 TIM 01**

Weight Loss & Eating Behavior in Alzheimer's Patients

Weight loss, eating disorders and nutrition relating to Alzheimer's patients. **MED 2 WEI 01**

SAFETY:

1.) Elder Abuse

Operation Senior Security; Seniorstrength

Crime prevention program for the elderly. **SAF 1 SEN 01**

2.) Home/Environmental Safety

Assessing and Counseling Older Drivers; American Medical Association

Provides information to assist physicians in evaluating the ability of their older patients to operate a motor vehicle safely as part of their everyday, personal activities. **SAF 2 AMA 01**

Gone Without a Trace; Marianne Dickerman Caldwell

Provides unique insight into the profound pain endured by the families of missing persons and offers sensitive guidance on how to comfort them. **SAF 2 DIC 01**

Home Safety for the Alzheimer's Patient; Alzheimer's Disease Research Center

Tips on ways to improve home safety and identify problems to help prevent accidents, increase the AD patient's security and freedom within the home. **SAF 2 HOM 01**

Dementia and Wandering Behavior-Concerns for the Lost Elder; Nina M. Silverstein, Gerald Flaherty,
Terri Salmons Tobin

Focuses on specific responses to wandering behavior and describes ways to create a safe environment in The home, community and care facility. **SAF 2 SIL 01**

Safety for Older Consumers; U.S. Consumer Product Safety Commission

Checklist of safe practices to use periodically to check your home. **SAF 2 USC 01**

The Complete Guide to Alzheimer's-Proofing Your Home; Mark L. Warner

Shows how to create a home environment to cope with the difficulties associated with Alzheimer's and related dementia. **SAF 2 WAR 01**

In Search of the Alzheimer's Wanderer; Mark L. Warner **

A comprehensive workbook to protect your loved one. SAF 2 WAR2 01

3.) Legal/Financial

The Nursing Home Crunch-A Legal and Financial Guide to Surviving a Long-Term Nursing Home Stay Without Losing Your Life Savings; Edward D. Beasley, JD, LL.M., David H. Ferber, JD

Takes the mystery out of the nursing home and Medicaid laws. Explains practical issues of everyday importance, such as the difference between Medicare and Medicaid and how they both work. SAF 3 BEA 01

Generations; Robert A. Esperti

First book of its kind to answer many vital questions on how you can reduce or eliminate the effects of income, estate, gift and capital gain taxes in light of the new laws. SAF 3 ESP 01

Alzheimer's Disease: "Fighting for Financial Survival"; Edward D. Beasley, JD, LL.M., David H. Ferber, JD

Discusses legal and financial issues related to Alzheimer's disease, particularly asset protection. SAF 3 FER 01

Looking Ahead; Heyl, Royster, Voelker & Allen

Estate and long-term care planning for you and your family. SAF 3 HEY 01

Your Life, Your Legacy; Ketra Mytich, J.D.

Fundamentals of effective estate planning. SAF 3 MYT 01

Choices at the End of Life; Linda Norlander, RN, MS, and Kerstin McSteen, RN, MS **

Find out what your parents want before it's too late. SAF 3 NOR 01

Senior Citizens Handbook; Prairie State Legal Services

Handbook provides information you need to deal with the new legal problems you may encounter as a senior citizen. SAF 3 PRA 01

Long-Term Care Planning; United Seniors Health Co.

Useful as a planning tool includes much up-to-date information of value to seniors and their families as they plan for long-term care. SAF 3 UNI 01

Federal Benefits for Veterans; Department of Veterans Affairs

Pamphlet explaining the benefits for veterans, dependents and survivors, 2009 edition. SAF 3 VET 01

Assisted Living Needs, Practices, and Policies in Residential Care for the Elderly; Sheryl Zimmerman, Ph.D., Phillip D. Sloane, M.D., M.P.H., F. Kevin Eckert, Ph.D. **

Examines the evolving field of residential care and focuses on national issues of regulation, reimbursement, and staffing. SAF 3 ZIM 01

4.) Safe Return/Elopement

Safe Return Home; Tom Batiuk, Chuck Ayers

Special collection featuring the touching story of two women and their families' experiences with the disease. **SAF 4 BAT 01**

The Vanishing Mind; Leonard L. Heston, June A. White

Addresses family's need to cope with problems such as driving, medical coverage, legal competence and supervision. Provides clear, scientific descriptions of disorders, onsets, courses, probable causes. **SAF 4 HES 01**

Caregiver Series

Meeting Daily Challenges, Communicating, Safety First, Managing Difficult Behavior, Caring for the Caregiver. (Video). **SER 1 CAR 01**

SPIRITUALITY:

Ethical Issues in Alzheimer's Disease; Alzheimer's Association

Documentation reflects the ongoing work of the Ethics Advisory Panel, identifies key ethical issues, reviews recommendations of the panel, and summarizes important Association position statements. **SPI 1 ALZ 01**

Hard Choices for Loving People; Frank Dunn

CPR, artificial feeding, comfort measures only and the elderly patient. **SPI 1 DUN 01**

Light in the Shadows; Hank Dunn

Meditations while living with a life-threatening illness. **SPI 1 DUN2 01**

You Are One of Us; Lisa P. Gwyther

Attempts to link church ministries to Alzheimer's families. **SPI 1 GWY 01**

Pray With Me Still; Holy Cross Family Ministries **

Rosary meditations and spiritual support for persons with Alzheimer's, their caregivers, and loved ones. **SPI 1 HOL 01**

Forgetting Whose We Are; David Keck

Offers a Christian understanding of and response to the difficult theological, spiritual and pastoral problems raised by Alzheimer's disease. Affirms the classic Christian doctrines that witness to the reality of grace and the promise of salvation even for those who can no longer remember themselves, their families or their relationship with God. **SPI 1 KEC 01**

Day to Day: Spiritual help when someone you love has Alzheimer's; Cecil Murphey

Deals with first reactions, facing, adapting, and living with AD, self-care, advancing stages decisions. **SPI 1 MUR 01**

The Moral Challenge of Alzheimer Disease; Stephen Post

Updates the highly praised account of the major ethical issues relating to dementia care, chapters organized to follow the progression from mild to severe and terminal stages of dementia. **SPI 1 POS2 01**

Coping with Care; Lyn Roche

An inspiring daily reflection, followed by a related caregiving tip. **SPI 1 ROC 01**

A Guide to the Spiritual Dimension of Care for People with Alzheimer’s Disease and Related Dementia;

Eileen Shamy **

This sensitive and informative book provides guidelines for pastoral visits to people with dementia, showing how to empathise with, understand and support individuals during a visit. **SPI 1 SHA 01**

Train Your Brain:

Brainteasers; Karen Richards, Alan Stillson, Bernardo Recam’an Santos, et. al.

TYB 1

Carved in Sand; Cathryn Jakobson Ramin

TYB 2

Easy Sudoku; Sterling Publishing Co., Inc.

TYB 3

Food Wine Lover’s Puzzle & Quizz Book; Andrews McMeel Publishing, LLC

TYB 4

Front Page Photo Puzzles; Hal Buell

TYB 5

Infuriating Lateral Thinking Puzzles; Paul Sloane & Des Machale

TYB 6

Keep Your Brain Fit – 101 Ways to Tone Your Brain; Gareth Moore

TYB 7

Keep Your Brain Fit; Tim Dedopulos

TYB 8

Keep Your Brain Alive; Lawrence Katz & Manning Rubin

TYB 9

Life Picture Puzzle; Life Books

TYB 10

Mental Floss – History of the World; Erik Sass & Steve Wiegand

TYB 11

Nikoli Fillomino & Sudoku; Sterling Publishing Co., Inc.

TYB 12

Photo Puzzle Challenges; Robin Fox

TYB 13

Scratch & Solve Travel Hangman; Mike Ward

TYB 14

Spark – The Revolutionary New Science of Exercise & the Brain; John Ratey

TYB 15

Sudoku for Dummies; Andrew Heron and Edmund James

TYB 16

The Brain Game; Imagination

TYB 17

The Everything Memory Booster Puzzles Book; Charles Timmerman

TYB 18

The Greatest Dot to Dot Book in the World; David Kalvitis

TYB 19

The Memory Bible; Gary Small, M.D.

TYB 20

The Puzzlemaster Presents; Will Shortz with an introduction by Liane Hansen

TYB 22

Why Did I Buy This Book?; Lynn Brunelle

TYB 23

Word Play 200 Puzzles; Andrews McMeel Publishing, LLC

TYB 24

Yoga For Your Brain; Tim Sole and Rod Marshall

TYB 25

****** Books donated by the **Fites Family Charitable Trust** to the Alzheimer's Association, Central Illinois Chapter **Sylvia Fites Library**.

Revised 2/2010

Quincy Library Book List



LIBRARY BOOKS

May be borrowed for two weeks at a time

The following is a list of categories and sub-categories of our library books.

CATEGORIES

ACTIVITIES

SUB-CATEGORIES

- 1.) General Activities
- 2.) Reminiscence

BEHAVIOR

- 1.) Eating
- 2.) General Behaviors
- 3.) Personal accounts
- 4.) Sexuality

CAREGIVING

- 1.) Cross reference-family and professional
- 2.) Family & Friends
- 3.) General
- 4.) Nursing Home
- 5.) Professional
- 6.) Respite/Home Health

CHILDREN'S BOOKS

COMMUNICATION

GRIEF

JOURNALS

MEDICAL

- 1.) General
- 2.) Research

SAFETY

- 1.) Elder Abuse
- 2.) Home/Environmental Safety
- 3.) Legal/Financial
- 4.) Safe Return/Elopement

SPIRITUALITY

LIBRARY BOOKS
May be borrowed for two weeks at a time

ACTIVITIES:

1.) General Activities:

Activity Programming in Long-Term Care

By: Lynn Avery

ACT 1 AVE 01

Activity Programming For Persons with Dementia: A Sourcebook

By: Alzheimer's Association. A compilation of activity programming ideas from ten experts in the field of dementia care.

ACT 1 ALZ 01

Connections

By: Alzheimer's Association Central & Western Virginia Chapter
Engagement in life for persons diagnosed with dementia; a complete activities guide.

ACT 1 ALZ2 01

Conversations

Interactive photo story album. An activity book for making connections with older adults.

ACT 1 CON 01

Baking Cookies for Santa

By: Maxine McQueen. This book was written to be mutually read by you and your loved one experiencing dementia. It was also created to be a tool professionals can use for their care receivers. It presents opportunities to communicate via pictures and memories.

ACT 1 COO 01

Making the Moments Count: Leisure Activities for Caregiving Relationships

By: Joanne Ardolf Decker. Provides clear strategies for making leisure part of the caregiving experience. It focuses on keeping the mind active, promoting general body movement, influencing self-esteem and outlook, making plans for each day, keeping outings simple, and encouraging hobbies.

ACT 1 DEC 01

Alzheimer's Disease, Activity Focused Care

By: Carly R. Hellen. A manual that provides practical and innovative strategies, interventions, and guidelines for professional caregivers working with persons with dementia. This book emphasizes simplifications of daily living tasks, and promotes exercise and mobility as activities to generate a sense of well being.

ACT 1 HEL 01

A Different Visit

By: Adena Joltin, M.A., Cameron J. Camp, Ph.D., Beverly H. Nobel, R.N., Vincent M. Antenucci, M.A. Activities for caregivers and their loved ones with memory impairments. Created to help people have a different visit with relatives who have memory problems.

ACT 1 JOL 01

Alzheimer's Activities

By: B.J. FitzRay. This book contains hundreds of activities for men and women with Alzheimer's Disease and Related Disorders.

ACT 01 RAY 01

Red Reminds Me of...

ACT 1 RED 01

By: Maxine McQueen. This book was written to be mutually read by you and your loved one experiencing dementia. It was also created to be a tool professionals can use for their care receivers. It presents opportunities to communicate via pictures and memories

Failure-Free Activities for the Alzheimer's Patient

ACT 1 SHE 01

By: Carmel Sheridan. From scrapbooks and sing-alongs to outings, baking, and life collages, clear illustrated instructions make each activity easy to do, and thoughtful appendices give sources for supplies and further help.

World War II

ACT 1 WAR 01

By: Maxine McQueen. This book was written to be mutually read by you and your loved one experiencing dementia. It was also created to be a tool professionals can use for their care receivers. It presents opportunities to communicate via pictures and memories

When We Were Young...

ACT 1 YOU 01

By: Maxine McQueen. This book was written to be mutually read by you and your loved one experiencing dementia. It was also created to be a tool professionals can use for their care receivers. It presents opportunities to communicate via pictures and memories

BEHAVIOR

Understanding Difficult Behaviors

BEH 1 UND 01

Some practical suggestions for coping with Alzheimer's Disease and related illnesses.

3.) Personal Accounts

Facing Alzheimer's

BEH 3 COU 01

By: Patricia Brown Coughlan

Book gives direct insights into the problems and challenges faced by caregivers, as caregivers perceive those problems and challenges.

CAREGIVING

1.) Cross reference-family and professional

Alone...But Not Forgotten

CAR 1 ALO 01

By: Janet Colwell. This is a manual for people interested in serving older people with dementia who live alone. There is a video that goes along with the book. It goes over, values, barriers, training, care, safety, and coordinating services.

Rethinking Alzheimer's Care

CAR 1 FAZ 01

By: Sam Fazio. This exciting resource challenges readers to think differently about people with dementia and ways to care for them. Rather than telling us how, the authors help us find the answers within ourselves and our programs. This is a wonderful new reference for families and professionals alike.

When Your Loved One Has Dementia: A Simple Guide for Caregivers

CAR 1 GLE 01

By: Joy A. Glenner. Developed from a training program for professionals and family caregivers, this book teaches the basics of dementia care while emphasizing communication, understanding and acceptance, and personal growth through the caregiving experience. The result is a guide that integrates the practicalities of caregiving with the human emotions that accompany it.

The Last Childhood

CAR 1 KNO 01

By: Carrie Knowles. A family story of Alzheimer's. A sympathetic and touching story of a classic Alzheimer's case.

Late-Stage Dementia Care: A Basic guide

CAR 1 KOV 01

This book examines the stages of dementia (late-stage in particular). It provides background on the hospice movement and concepts, the idea of maintaining personhood, and the administration of a Late-Stage Care Unit. It also focuses on treatment approaches for common needs in late-stage dementia: medical and physical care, comprehensive mealtime suggestions, supportive environment, communications, and the fundamentals of care, late-stage dementia behaviors, psychopharmacology, and therapeutic activities. It also covers family-centered care, change strategies, legal and ethical issues, program evaluation, and future opportunities.

Alzheimer's Basic Caregiving; an ABC Guide

CAR 1 LAU 01

By: Kathy Laurenhue, M.A. Sets the stage for understanding common patterns of progression in Alzheimer's disease, communication issues and the meaning behind behavior.

Activities of Daily Living; an ADL Guide for Alzheimer's Care

CAR 1 LAU2 01

By: Kathy Laurenhue, M.A. Provides specific advice for assisting with dressing, bathing, grooming, continence care and nutrition and hydration issues.

An Ocean of Time

CAR 1 MAT 01

By: Patrick Mathiasen, MD Shows that amid sadness and difficulty, author also encounters hope, humor and caring. His patients tell his story, beginning with the earliest signs of the disease to the end.

2.) Family & Friends

The Caregiver's Survival Handbook: How to Care for Your Aging Parents Without Losing Yourself

CAR 2 ABR 01

By: Alexia Abramson. This book addresses the guilt, frustration, anger, fatigue and burnout that befall many women (this book's primary intended audience) when they're caught between caring for parents, children, maintaining a home and pursuing a career. Advice and anecdotes from women going through such travails, and their stories, are sure to bolster the sense of self of many adults who are dealing with caring for their aging parents.

The Fearless Caregiver: How to Get the Best Care for Your Loved One and Still Have a Life of Your Own

CAR 2 BAR 01

By: Gary Barg. Caregiving usually doesn't happen gradually. Families are often thrust into the situation because of a crisis, without any experience on how to manage the overwhelming stress, responsibilities, legalities, and medical aspects. The author sorts it all out in this book by guiding the reader through the maze.

The Best Friend's Approach to Alzheimer's Care

CAR 2 BEL 01

By: Virginia Bell & David Troxel. This book shows how easily you can make a difference in the life of a family member or client in your care. It helps you to learn new ways to solve problems, encourage positive behavior, and improve communications.

A Dignified Life

CAR 2 BEL2 01

By: Virginia Bell. This book is for every friend, relative, or caregiver to a person with Alzheimer's and offers practical advice, compassion and optimism in dealing with the challenges they face each day so that a life that seems at times hopeless can be one of love and dignity.

The Best Friends Staff

CAR 2 BES 01

By: Virginia Bell & David Troxel. This is an indispensable companion with specific tools and suggestions for building a culture of care. Discover valuable tools for training staff so they can achieve better outcomes and enjoy more rewarding experiences. This book contains motivational stories and ideas from practitioners in real facilities.

What the Heck Do We Do Now? Families Facing Alzheimer's

CAR 2 BLO 01

By: John G. Bloomer. Reference manual for families as they begin the uncertain journey through Alzheimer's. Twists & turns & mistakes & successes described as they happened without exaggeration.

Walking One Another Home: Rita Bresnahan

CAR 2 BRE 01

Moments of grace and possibility in the midst of Alzheimer's. Highlights how the author visits with her mother in a nursing home, the spiritual and emotional meaning in the lives of both women.

Learning to Speak Alzheimer's

CAR 2 COS 01

By: Joanne Koenig Coste. Offers hundreds of practical tips to ease life for everyone involved with Alzheimer's.

Coming of Age with Aging Parents

CAR 2 GOE 01

By: Gail Goeller

Charts milestones of Alzheimer's through real life stories, dealing with late-night phone calls & parental self-diagnosis to managing angry outburst, emergencies of all sorts, etc.

Lessons Learned: Shared Experiences in Coping

CAR 2 LES 01

How to Care for Your Parents

CAR 2 LEV 01

By: Nora Jean Levin. This is a time-saving guide to help families successfully map and navigate the unfamiliar terrain of eldercare, using a step-by-step approach. Explains helping without undermining, how to organize your own time and energy, and advise on medical coverage, and much more.

Parenting Our Parents (Cont. Care Series)

CAR 2 MAN 01

By: Doug Manning. This booklet gives advice on timing and communication.

When Love Gets Tough

CAR 2 MAN5 01

By: Doug Manning. This book carries the hope of people discovering the normal feelings experienced while making the important decision of a nursing home. Helps the reader feel normal and relieve guilt.

A Caregiver's Survival Guide

CAR 2 MAR 01

By: Kay Marshall Strom. Author talks about your own needs taking a back seat when you are responsible for another person's physical needs. After caring for her spouse for 10 years, Kay Strom is able to bring a voice of experience and compassion to this important topic.

The Comfort of Home

CAR 2 MEY 01

By: Maria M. Meyer with Paula Derr. A guide that promises to take the fear out of home care and bring confidence and peace of mind to caregivers. Starts with the basics, easy to read, and full of money-saving ideas.

Painted Diaries

CAR 2 PAI 01

By: Kim Howes Zabbie

This is a true story of two women who began their journey when one is diagnosed with Alzheimer's. It is a diary of AD patient's experiences.

Courage to Care: A Caregiver's Guide Through Each Stage of Alzheimer's

CAR 2 PAR 01

By: Joanne Parrent. This book helps ease the burden of those who have accepted this labor of love by providing them with knowledge and coping strategies to make it through each stage of the disease. The author focuses not only on how to deal with the emotional issues associated with the disease, but offers advice on how to make life easier and more enjoyable for both the loved one and the caregiver.

The New Nursing Homes

CAR 2 RAN 01

By: Marilyn Rantz. This book was written by three award-winning experts on long term care and will help you locate nursing homes that look like home, treat you like family, and provide high-quality, personalized care.

HELP for Alzheimer's Caregivers, Families, and Friends

CAR2 ROB2 01

By: Jean Robinson. Jean's personal experiences lead her to write this book, particularly to help other caregivers adjust in the early years of their new experience.

A Glass Full of Tears

CAR 2 SHI 01

By: June Lund Shiplett. June's story of how she coped with caregiving for her husband at home.

Navigating the Alzheimer's Journey

CAR 2 SIF 01

By: Carol Bowlby Sifton. This book gives you the encouragement and tools you need to manage the daily care of someone with dementia in a caring, compassionate, and supporting way.

Still Holding Hands

CAR 2 STO 01

By: Stacie Ruth Stoelting. Based upon the factual story of the lives of Ray and Hilda Beamer, Stacie's grandparents, this story was written by the author at age 15. Her story has the simplicity of a young girl, and yet the wisdom and insight of an adult. A gripping story of love and triumph over adversity, the book captures the enduring strength of a family's love.

Alzheimer's Making Sense of Suffering

CAR 2 STR 01

By: Teresa R. Strecker. Readers will gain comfort and strength from the firsthand accounts of a wife and daughter who discovered how to continue loving someone who no longer remembered who they were.

Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friend

CAR 2 STR2 01

By: Claudia J. Strauss. A concise and comprehensive guide to communication with both paid caregivers and their patients. The author's recommendations are appropriate for any family struggling with serious communication issues, no matter what the cause. Much of the book discusses methods of easing conversation during visits, as well as ways to manage the emotions that can surface in difficult times.

Into the Mist

CAR 2 UET 01

By: Deborah Glover-Uetz. This book's objective is to assist the reader as their loved one begins to walk the path "which no one would take by choice". It follows three Alzheimer's patients and their families throughout the three stages of Alzheimer's disease – early, middle and late – and offers coping strategies and resource information.

Alzheimer's Dementia & Memory Loss

CAR2 VES 01

By: Monica Vest Wheeler. Hear directly from other caregivers and families how to overcome the frustration, loneliness, and grief of caring for loved ones with Alzheimer's, dementia, or memory loss.

3.) General

Caring for the Caregiver

CAR 3 DAV 01

By: Parke-Davis. Tips for caregiving, home safety, finance management, medical update and creating a patient profile.

Alzheimer's Disease: Caregivers Speak Out

CAR 3 HAI 01

By: Pam Haisman. A guide to understanding, caring, and coping. In their own words families seek compassion, professionals relate frustrations, spouses share their grief, teenagers pledge their love.

The Alzheimer's Caregiver

CAR 3 HOD 01

By: Harriet Hodgson. This book offers a place to turn to for valuable information and support. Each chapter examines a different problem, offering practical solutions and ending with a summary of positive steps to take.

Your Name is Hughes Hannibal Shanks

CAR 3 LEL 01

By: Lela Knox Shanks. One woman's inspiring story of caring for her husband, who was stricken with Alzheimer's disease—and an indispensable guide to caring for AD patients at home.

The 36-Hour Day

CAR 3 MAC 02

By: Nancy L. Mace and Peter Rabins. This book is considered to be "one of the best." A family guide to the care of the AD patients. Covers concerns from daily living activities to financial and legal issues

Coping with Alzheimer's: A Caregiver's Emotional Survival Guide

CAR 3 OLI 01

By: Rose Oliver, Ph.D. and Frances A. Bock, Ph. D. The authors use actual case histories of treating caregivers to demonstrate practical, powerful "inner dialogues" that can be used when the daily stress and frustrations of dealing with this challenging condition occur. This book not only provides the means to lift the spirits and emotions of caregivers, but by doing so, potentially change for the better the necessary interactions between them and their stricken loved-one.

Voices of Alzheimer's: Stories of Courage, Comfort and Strength

CAR 3 PRO 01

By: The Healing Project. Written by those touched by the disease, this collection of more than 50 stories provides a look at their journeys and serves as a companion to those currently struggling to cope with Alzheimer's. The contributors provide insight and strategies for living with the Alzheimer's patient and share the positive effect the experience can have on those affected.

Facilitator Manual

CAR 3 TRA 01

By Easter Seals. This Manual, is a training guide for Transportation Solutions for Caregivers: A Starting Point. There is a CD Rom training program and a video for a training tool.

4.) Nursing Home

Guidelines for Dignity

CAR 4 ALZ 01

By: Alzheimer's Association. A guide to setting up special care for the Alzheimer's patient.

Key Elements of Dementia Care

CAR 4 ALZ2 01

By: Alzheimer's Association. The purpose of this document is to define, describe, and illustrate dementia-capable care in the range of residential care settings such as retirement communities, board and care, assisted living and skilled nursing facilities.

Of Two Minds

CAR 4 ANT 01

By: Judith Antonangeli. This book is a guide to the care of people with the dual diagnosis of Alzheimer's Disease and Mental retardation.

Caring for People with Alzheimer's Disease: A Manual for Facility Staff

CAR 4 GWY2 01

By: Lisa Gwyther. An update of the original book, dealing with state-of-the-art, compassionate caregiving for people with Alzheimer's disease and related memory disorders.

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Dementia Units in Long-Term Care

CAR 4 SLO 01

By: Sloane and Mathew. Reports on dementia units; deals with topics pertinent and fundamental in designing and implementing specialized units.

5.) Professional

Therapeutic Caregiving

CAR 5 BRI 01

By: Barbara J. Bridges, R.N. This book will provide dedicated caregivers with information which will assist them in their very difficult roles of providing day-in and day-out support and therapeutic caring to person's with dementia, thereby enhancing this aging person's quality of life.

CHILDREN'S BOOKS

The Memory Box

CHI 1 BAH 01

By: Mandy Bahr. For the middle school-age child. Zach spends the summer at his grandparents making a box of memories with pictures, souvenirs, and stories. He doesn't realize how important this box will be until Grandpa can't remember.

Something to Remember Me By

CHI 1 BOS 01

By: Susan V. Bosak with Laurie McGraw. A true story about a grandmother and granddaughter dealing with Alzheimer's disease that shows love is the greatest gift of all.

Grandpa Doesn't Know It's Me

CHI 1 GUT 01

By: Donna Guthrie. For the primary/middle school child. Told through her eyes of a granddaughter who is watching the changes Alzheimer's is causing in her grandfather. Lizzie loves her grandpa despite the changes in him.

Fireflies, Peach Pies, and Lullabies

CHI 1 KRO 01

By: Virginia Kroll. For primary age children. This is the story of Francie's grandmother's death. Francie is afraid that friends and family will remember Great-Granny Annabel as a confused and empty shell. Francie finds a way to share her memories and encourage others to remember the little things, too.

Daughter

CHI 1 MOO 01

By: Isabel Moore. The story of a 14 year old girl whose mother is showing signs of Alzheimer's.

My Other Grandpa Lives Next Door

CHI 1 SOU 01

By: Southeastern Wisconsin Chapter. Complete curriculum to teach about Alzheimer's disease to grades 4, 5, and 6. Handouts can be duplicated and distributed to children.

A Beautiful Pearl

CHI 1 WHI 01

By: Nancy Whitelaw. For the middle school-age child. This is a story of Lisa, a young girl whose grandmother has Alzheimer's. She remembers the happiness of the past and sees the changes the disease is bringing to her grandmother. General behavior is discussed.

If I Forget, You Remember

CHI 1WIL 01

By: Carol Lynch Williams. For middle school age children. This is a story about Elyse and the changes that happened in her life when her grandmother came to live with her. It also talks about what it was like to take care of her grandmother when her mother was at work.

Talking with Children and Teens about Alzheimer's Disease

CHI 2 TAL 01

A question and answer guidebook for parents, teachers, and caregivers.

COMMUNICATION

The Validation Breakthrough

COM 1 FEI2 01

By: Namoi Feil, ACSW. An extension of her first book, this one contains simple techniques for communicating with the AD patient.

GRIEF

Living With Grief: Who We Are, How We Grieve

GRI 1 HOS2 01

By: The Hospice Foundation. This book was produced as a companion to the Hospice Foundation's Bereavement Teleconference. It assists those who cope either personally or professionally with terminal illness, death, and the process of grief.

JOURNALS

The Caregiver

JOU 1 ALT 01

By: Aaron Alterra. This is a book about a journey through Alzheimer's disease. Aaron Alterra tells us what he went through when his wife was diagnosed with Alzheimer's disease.

Elegy for Iris

JOU 1 BAY 01

By: John Bayley. In this story, John Bayley finds the glimmers of Iris's (his wife) old self that break through the barriers of her disease, and to share with us his message of hope and joy.

Creating Moments of Joy

JOU 1 BRA 01

By: Jolene Brackey this book offers ways to create moments of joy for you and the Alzheimer's patient, and provides a place for you to journal your thoughts, solutions, and Treasures.

Clouds on a Clear Day

JOU 1 CLO 01

By: The Alzheimer's Association. In this book, several caregivers, in their own words, share their experience and their emotions dealing with Alzheimer's disease.

Alzheimer's: Another Opportunity to Love

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A Curious Kind of Widow, Loving a Man with Advanced Alzheimer's

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By: Ann Davidson. In this memoir, Ann Davidson relates her experience as caregiver for her husband during the later stages of Alzheimer's disease.

Losing My Mind

JOU 1 DEB 01

By: Thomas DeBaggio. A first-person account of early onset Alzheimer's.

In a Tangled Wood

JOU 1 DYE 01

By: Joyce Dyer. This powerful book takes us inside an Alzheimer's unit and shows us a world where life occurs in its most simple form. It is a paean to the human spirit, to both the well and unwell who refuse to relinquish their capacity for wonder and compassion and joy.

She Never Said Goodbye

JOU 1 ELL 01

By: George Vernon Ellison. This is a story of true and honest love, and one brave man's strength in surviving the impact of Alzheimer's Disease.

A Shining City

JOU 1 FEL 01

By: D. Erik Felton. This book has tributes written by more than forty world leaders and prominent public figures—including the four other living U.S. presidents. All of these people describe their greatest memories of the fortieth president.

In Sickness and In Health

JOU 1 GRV 01

By: William M. Grubbs. A caregiver's courageous tale of caring for his wife who had Alzheimer's disease. He writes about the agonizing decisions he was forced to make during his wife's slow decline.

The Wilderness

JOU1 HAR1 01

By: Samantha Harvey. A haunting, intelligent novel, crowded with powerful characters, told in a language that is never ordinary, but always clear and elegant.

It's Not My Fault

JOU 1 LOV 01

By: Ruth Lovelace. A wide and candid account of the journey into Alzheimer's Disease. It is practical and useful to both caregiver and care receiver.

Living in the Labyrinth

JOU 1 MCG 01

By: Diana Friel McGowin. This book was written in a simple and direct style. An excellent guide for professionals, friends and family...will bring light into the lives of other early-onset Alzheimer victims.

Show Me the Way To Go Home

JOU 1 ROS 01

By: Larry Rose. This is an absorbing first-person saga of Larry Rose's journey through Alzheimer's disease, provides a window into a world of memory loss and confusion.

Through the Wilderness of Alzheimer's

JOU 1 SMI 01

By: Robert and Anne Simpson. A story about their journey through AD. IT offers families accurate, firsthand information about the disease, as well as support and practical help for patients and caregivers.

Speaking our Minds

JOU 1 SNY 01

By: Lisa Snyder. Personal reflections from individuals with Alzheimer's.

The Notebook

JOU 1 SPA 01

By: Nicholas Sparks. This book is a love story, it tells about a couple's life and how the disease, the wife gets, affects their lives.

Alzheimer's from the Inside Out

JOU 1 TAY 01

By: Richard Taylor. Author diagnosed at 58 shares a provocative & courageous account of his slow transformation & deterioration & of the growing divide between his reality & the reality of others.

Between Two Worlds

JOU 1 YOU 01

By: Ellen P. Young. A unique attempt to explore, through personal accounts and colorful, revealing vignettes, those precious and unforgettable moments of humor and lightheartedness found while ministering to those AD.

MEDICAL

1.) General

Alzheimer's: The Answers You Need

MED 1 DAV 01

By: Helen D. Davies. A guidebook written for people in the early stages of Alzheimer's disease and their caregivers. Provides helpful answers to the questions raised by newly-diagnosed, early-stage patients.

Alzheimer's Disease: Causes, Diagnosis, Treatment, and Care

MED 1 KHA 01

By: Zaven Khachaturian. This book is a one-stop educational resource, this text provides valuable information on treatment strategies, care, and management of AD.

Alzheimer's Early Stages

MED 1 KUH 01

By: Daniel Kuhn, MSW. This practical book covers the early stages of Alzheimer's disease. It covers what the disease is, giving care, and caring for yourself.

Newsweek Alzheimer's

MED 1 NEW 01

By: Newsweek. Articles pertaining to Alzheimer's Disease.

The Forgetting-Alzheimer's: Portrait of an Epidemic

MED 1 SHE 01

By: David Shenk Shenk shows that Alzheimer's is as old as humankind itself. Moving portraits of patients, their families, and their caregivers bring home the frightening pattern of regression Alzheimer's exacts, and offer a well of new hope for families to better understand and come to terms with their loss. Shenk also charts the complicated race to find a cure.

Aging with Grace

MED 1 SNO 01

By: David Snowdon A study of nuns and what it teaches us about leading longer, healthier, and more meaningful lives.

SAFETY

1.) Elder Abuse

2.) Home/Environmental Safety

Gone Without a Trace

SAF 2 DIC 01

By: Marianne Dickerman Caldwell. This book provides unique insight into the profound pain endured by the families of missing persons, and offers sensitive guidance on how to comfort them.

The Complete Guide to Alzheimer's-Proofing Your Home

SAF 2 WAR 01

By: Mark L. Warner. This book shows you how to create a home environment to cope with the difficulties associated with Alzheimer's and related dementia.

3.) Legal/Financial

Generations

SAF 3 ESP 01

By: Robert A. Esperti. The first book of its kind to answer many vital questions on how you can reduce or eliminate the effects of income, estate, gift, and capital gain taxes in light of the new laws passed.

Your Life, Your Legacy

SAF 3 MYT 01

By: Ketra Mytich, J.D. The Fundamentals of Effective Estate Planning.

Choices at the End of Life

SAF 3 NOR 01

By: Linda Norlander, RN, MS, and Kerstin McSteen, RN, MS. Find out what your parents want before it's too late.

Senior Citizens Handbook

SAF 3 PRA 01

By: Prairie State Legal Services. This handbook will provide you with the information you need to deal with the new legal problems you may encounter as a senior citizen.

4.) Safe Return/Elopement

Safe Return Home

SAF 4 BAT 01

By: Tom Batiuk and Chuck Ayers. A special collection featuring the touching story lines of two women and their families' experiences with the disease.

The Vanishing Mind

SAF 4 HES 01

By: Leonard L. Heston. This helpful guide provides authoritative answers to questions, helping those afflicted, and their families, make realistic plans for proper care.

SPIRITUALITY

You Are One of Us

SPI 1 GWY 01

By: Lisa P. Gwyther. This book attempts to link caring church ministries to Alzheimer's families.

Pray With Me Still

SPI 1 HOL 01

By: Holy Cross Family Ministries. Rosary meditations and spiritual support for persons with Alzheimer's, their caregivers, and loved ones.

The Moral Challenge of Alzheimer Disease

SPI 1 POS 01

By: Stephen G. Post. This book encourages humane and dignified care for people with dementia by examining the moral basis for such care against the background of cultural trends that threaten it.

Coping with Care

SPI 1 ROC 01

By: Lyn Roche. Each page provides an inspiring daily reflection, followed by a related caregiving tip.

Dixon Library Book List



LIBRARY BOOKS

May be borrowed for two weeks at a time

The following is a list of categories and sub-categories of our library books.

CATEGORIES

ACTIVITIES

SUB-CATEGORIES

- 1.) General Activities
- 2.) Reminiscence

BEHAVIOR

- 1.) Eating
- 2.) General Behaviors
- 3.) Personal accounts
- 4.) Sexuality

CAREGIVING

- 1.) Cross reference-family and professional
- 2.) Family & Friends
- 3.) General
- 4.) Nursing Home
- 5.) Professional
- 6.) Respite/Home Health

CHILDREN'S BOOKS

COMMUNICATION

GRIEF

JOURNALS

MEDICAL

- 1.) General
- 2.) Research

MISCELLANEOUS

SAFETY

- 1.) Elder Abuse
- 2.) Home/Environmental Safety
- 3.) Legal/Financial
- 4.) Safe Return/Elopement

SPIRITUALITY

LIBRARY BOOKS

May be borrowed for two weeks at a time

ACTIVITIES:

1.) General Activities:

Connections

ACT 1 ALZ2 01

By: Alzheimer's Association Central & Western Virginia Chapter
Engagement in life for persons diagnosed with dementia; a complete activities guide.

Baking Cookies for Santa

ACT 1 COO 01

By: Maxine McQueen. This was written to be mutually read by you and your loved one experiencing dementia. This book is also a tool professionals can use for their care receivers. It presents opportunities to communicate via pictures and memories.

Conversations

ACT 1 CON 01

Interactive photo story album. An activity book for making connections with older adults.

Alzheimer's Disease, Activity-Focused Care (2nd edition)

ACT 1 HEL2 01

By: Carly Hellen. This is an updated version of the first one. It promotes the resident's cognitive, physical, psychosocial, and spiritual well-being. It has been popular with both professional and family caregivers.

A Different Visit

ACT 1 JOL 01

By: Adena Joltin, M.A., Cameron J. Camp, Ph.D., Beverly H. Nobel, R.N., Vincent M. Antenucci, M.A. Activities for caregivers and their loved ones with memory impairments. Created to help people have a different visit with relatives who have memory problems.

Puzzlers (Volume 2)

ACT 1 KAR3 01

By: Beckie Karras and Nancy Dezan. This book has more puzzles to help mental stimulation, enjoyment, and success.

Movement with Meaning

ACT 1 LAR 01

By: Barbara Larsen. A multisensory program designed specifically to meet the needs of people with early-stage Alzheimer's disease. Combines gentle dance movements, yoga-inspired poses, and breathing exercises with music, poetry, and specific sensory activities.

Red Reminds Me of ...

ACT 1 RED 01

By: Maxine McQueen. This was written to be mutually read by you and your loved one experiencing dementia. This book is also a tool professionals can use for their care receivers. It presents opportunities to communicate via pictures and memories.

Failure-Free Activities for the Alzheimer's Patient

ACT 1 SHE 01

By: Carmel Sheridan. From scrapbooks and sing-alongs to outings, baking, and life collages, clear illustrated instructions make each activity easy to do, and thoughtful appendices give sources for supplies and further help.

World War II

ACT 1 WAR 01

By: Maxine McQueen. This was written to be mutually read by you and your loved one experiencing dementia. This book is also a tool professionals can use for their care receivers. It presents opportunities to communicate via pictures and memories.

When We Were Young

ACT 1 YOU 01

By: Maxine McQueen. This was written to be mutually read by you and your loved one experiencing dementia. This book is also a tool professionals can use for their care receivers. It presents opportunities to communicate via pictures and memories.

2.) Reminiscence

The Sunshine on my Face

ACT 2 BUR 01

By: Lydia Burdick. A read-aloud book for memory-challenged adults.

Reminiscence, Uncovering a Lifetime of Memories

ACT 2 SHE 01

By: Carmel Sheridan. This book helps get older adults in touch with things that were important to them through reminiscence. It will help them to validate who they are and build a sense of identity. It is an essential guidebook for anyone who has contact with older adults-family, friends, clergy, volunteers, social workers and health care workers. It is a practical and user-friendly book.

BEHAVIOR:

2.)General Behaviors

Just the Facts and More

BEH 2 JUN 01

By: Alzheimer's Association. This is a collection of fact sheets that focus on safety, activities, environment, drug research, eating, bathing, dressing, nutrition, incontinence, feelings, sexuality, medication, combativeness, hallucinations, visiting, holidays, vacationing, adult day care, hospitalization, driving, dental care, grief, mourning, guilt, sundowning, and telling the patient, family and friend.

Understanding Difficult Behaviors

BEH 2 ROB 01

By: Anne Robinson, Beth Spencer, and Laurie White. The materials are intended to help caregivers better understand the various causes of behaviors such as incontinence and wandering. Some practical suggestions for coping with AD and related illnesses.

4.) Sexuality

Sexuality and the Alzheimer's Patient

BEH 4 BAL 01

By: Edna L. Ballard and Cornelia M. Poer. Offers ideas and experts from a wide variety of sources representing varying beliefs, behaviors, and experiences.

CAREGIVING:

1.) Cross reference-family and professional

Alone...But Not Forgotten

CAR 1 ALO 01

By: Janet Colwell. This is a manual for people interested in serving older people with dementia who live alone. There is a video that goes along with the book. It goes over, values, barriers, training, care, safety, and coordinating services.

Rethinking Alzheimer's Care

CAR 1 FAZ 01

By: Sam Fazio This exciting resource challenges readers to think differently about people with dementia and ways to care for them. Rather than telling us how, the authors help us find the answers within ourselves and our programs. This is a wonderful new reference for families and professionals alike.

Alzheimer's Basic Caregiving; an ABC Guide

CAR 1 LAU 01

By: Kathy Laurenhue, M.A. Sets the stage for understanding common patterns of progression in Alzheimer's disease, communication issues and the meaning behind behavior.

Activities of Daily Living; an ADL Guide for Alzheimer's Care

CAR 1 LAU2 01

By: Kathy Laurenhue, M.A. Provides specific advice for assisting with dressing, bathing, grooming, continence care and nutrition and hydration issues.

At the Heart of Alzheimer's

CAR 1 SIM 01

By: Carol Simpson. This guidebook provides reassurance that caregivers are not alone and practical advice on how to manage.

2.) Family & Friends

The Best Friend's Approach to Alzheimer's Care

CAR 2 BEL 01

By: Virginia Bell & David Troxel. This book shows how easily you can make a difference in the life of a family member or client in your care. It helps you to learn new ways to solve problems, encourage positive behavior, and improve communications.

A Dignified Life

CAR 2 BEL2 01

By: Virginia Bell. This book is for every friend, relative, or caregiver to a person with Alzheimer's and offers practical advice, compassion and optimism in dealing with the challenges they face each day so that a life that seems at times hopeless can be one of love and dignity.

The Best Friends Staff

CAR 2 BES 01

By: Virginia Bell & David Troxel. This is an indispensable companion with specific tools and suggestions for building a culture of care. Discover valuable tools for training staff so they can achieve better outcomes and enjoy more rewarding experiences. This book contains motivational stories and ideas from practitioners in real facilities.

Staying Connected While Letting Go

CAR 2 BRA 01

By: Sandy Braff & Mary Rose Olenik. Caregivers experiences from beginning to end of Alzheimer's disease.

What the Heck Do We Do Now? Families Facing Alzheimer's

CAR 2 BLO 01

By: John G. Bloomer. Reference manual for families as they begin the uncertain journey through Alzheimer's. Twists & turns & mistakes & successes described as they happened without exaggeration.

Walking One Another Home; Rita Bresnahan

CAR 2 BRE 01

Moments of grace and possibility in the midst of Alzheimer's. Highlights how the author visits with her mother in a nursing home, the spiritual and emotional meaning in the lives of both women.

The Loss of Self

CAR 2 COH 01

By: Donna Cohen and Carl Eisdorfer. A family resource for the care of AD patients

Learning to Speak Alzheimer's

CAR 2 COS 01

By: Joanne Koenig Coste. Offers hundreds of practical tips to ease life for everyone involved with Alzheimer's.

Male Caregivers' Guidebook

CAR 2 DES 01

By: Alzheimer's Association (Des Moines Chapter). This guidebook helps male caregivers come to terms with the feelings of frustration and loneliness, and to offer practical solutions to everyday problems of caregiving.

Family Care Guide

CAR 2 EAS 01

By: E. Massachusetts ADRDA. Large print; simple caregiving basics and tips.

Coming of Age with Aging Parents

CAR 2 GOE 01

By: Gail Goeller Charts milestones of Alzheimer's through real life stories, dealing with late-night phone calls & parental self-diagnosis to managing angry outburst, emergencies of all sorts, etc.

Alzheimer's –A Caregiver's Guide and Sourcebook

CAR 2 GRU 01

By: Howard Gruetzner. This guide leads you through the realities of caring for and coping with an Alzheimer's patient.

Long Distance Caregiving

CAR 2 HEA 01

By: Angela Heath. This sourcebook tells you everything you need to know to survive the challenge of caring for your "distant" relative. It helps caregivers to shift gears emotionally, to think logically and strategize about the best approaches to providing needed care.

Lessons Learned: Shared Experiences in Coping

CAR 2 LES 01

How To Care for Your Families

CAR 2 LEV 01

By: Nora Jean Levin. This is a time-saving guide to help families successfully map and navigate the unfamiliar terrain of eldercare, using a step-by-step approach. Explains helping without undermining, how to organize your own time and energy, and advise on medical coverage, and much more.

The Comfort of Home

CAR 2 MEY 01

By: Maria M. Meyer with Paula Derr. A guide that promises to take the fear out of home care and bring confidence and peace of mind to caregivers. Starts with the basics, easy to read, and full of money-saving ideas.

Homes that Help

CAR 2 OLS 01

By: Richard Olsen. Advice from caregivers for creating a supportive home.

The New Nursing Homes

CAR 2 RAN 01

By: Marilyn Rantz. This book was written by three award-winning experts on long term care and will help you locate nursing homes that look like home, treat you like family, and provide high-quality, personalized care.

Taking Care of Caregivers

CAR 2 ROB 01

By: D. Jeanne Roberts. This book covers the needs of caregivers, communication and feelings, grief and its various phases, sharing and support, and stress management techniques for everyone involved.

A Glass Full of Tears

CAR 2 SHI 01

By: June Lund Shiplett. June's story of how she coped with caregiving for her husband at home.

Navigating the Alzheimer's Journey

CAR 2 SIF 01

By: Carol Bowlby Sifton. This book gives you the encouragement and tools you need to manage the daily care of someone with dementia in a caring, compassionate, and supporting way.

Alzheimer's Making Sense of Suffering

CAR 2 STR 01

By: Teresa R. Strecker. Readers will gain comfort and strength from the firsthand accounts of a wife and daughter who discovered how to continue loving someone who no longer remembered who they were.

Coping when a Grandparent has Alzheimer's Disease

CAR 2 WIL 01

By: Beth Wilkinson. Discusses the nature and effects of Alzheimer's disease and the problems involved in coping when a grandparent has the disease.

Alzheimer's Disease and Marriage

CAR 2 WRI 01

By: Lore K. Wright. This book peers deeply into caregiving research and personal data on individual relationships to uncover the profound effects of Alzheimer's disease on marriage.

3.) General

Caring for the Caregiver

CAR 3 DAV 01

By: Parke-Davis. Tips for caregiving, home safety, finance management, medical update and creating a patient profile.

Alzheimer's Disease: Caregivers Speak Out

CAR 3 HAI 01

By: Pam Haisman. A guide to understanding, caring, and coping. In their own words families seek compassion, professionals relate frustrations, spouses share their grief, teenagers pledge their love.

The Alzheimer's Caregiver

CAR 3 HOD 01

By: Harriet Hodgson. This book offers a place to turn to for valuable information and support. Each chapter examines a different problem, offering practical solutions and ending with a summary of positive steps to take.

Your Name is Hughes Hannibal Shanks

CAR 3 LEL 01

By: Lela Knox Shanks. One woman's inspiring story of caring for her husband, who was stricken with Alzheimer's disease—and an indispensable guide to caring for AD patients at home.

The 36-Hour Day

CAR 3 MAC 02

By: Nancy L. Mace and Peter Rabins. This book is considered to be "one of the best." A family guide to the care of the AD patients. Covers concerns from daily living activities to financial and legal issues.

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By: Mandy Bahr. For the middle school-age child. Zach spends the summer at his grandparents making a box of memories with pictures, souvenirs, and stories. He doesn't realize how important this box will be until Grandpa can't remember.

Through Tara's Eyes

CHI 1 BAU 01

By: Kathy Baumann and Erin Conners. Helps children to cope with Alzheimer's disease.

Wilfred Gordan McDonald Partridge

CHI 1 FOX 01

By: Mem Fox. For the pre-primary/primary. A light story about a little boy who tries to help his friend find her memory.

Grandpa Doesn't Know It's Me

CHI 1 GUT 01

By: Donna Guthrie. For the primary/middle school child. Told through her eyes of a granddaughter who is watching the changes Alzheimer's is causing in her grandfather. Lizzie loves her grandpa despite the changes in him.

My Grammy

CHI 1 KIB 01

By: Marsha Kibbey. For primary age children. This is the story of Amy's grandma who comes to live with Amy's family. Behaviors common to Alzheimer's disease are discussed.

This is a touching story of how Amy begins to understand her Grammy's disease and help her through the hard times.

Daughter

CHI 1 MOO 01

By: Isabel Moore. The story of a 14 year old girl whose mother is showing signs of Alzheimer's.

Maria's Grandma Gets Mixed Up

CHI 1 SAN 01

By: Doris Sanford. Geared for pre-school/primary age children. An excellent description of Alzheimer's disease by a little girl who is struggling to understand what is happening to her grandmother and how her family learns to cope. Particular behaviors are discussed.

A Beautiful Pearl

CHI 1 WHI 01

By: Nancy Whitelaw. For the middle school-age child. This is a story of Lisa, a young girl whose grandmother has Alzheimer's. She remembers the happiness of the past and sees the changes the disease is bringing to her grandmother. General behavior is discussed.

COMMUNICATION

Getting Through

COM 1 OST 01

By: Ostini and Pietro. Tips for improving communication for caregiver and the professional.

GRIEF

Living With Grief: When Illness is Prolonged

GRI 1 HOS 01

By: The Hospice Foundation. Tips on dealing with any prolonged illness and the grief that is experienced.

The Gift of Significance

GRI 1 MAN 01

By: Doug Manning. This book is a collection of stories from people who have grieved. It's purpose is to share the insights and stretch the influence of some people who hurt and dared to share the hurt.

Sharing the Final Journey

GRI 1 WYL 01

By: Norma Wylie. Each chapter of this book is the true and intimate story of the living, dying, and the death of a special person and of his or her family. These stories are an inspiration, but they also convey the importance of telling the truth in a painful situation, of listening, showing compassion, and celebrating life, in the midst of dying.

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A Curious Kind of Widow, Loving a Man with Advanced Alzheimer's

JOU 1 DAV2 01

By: Ann Davidson. In this memoir, Ann Davidson relates her experience as caregiver for her husband during the later stages of Alzheimer's disease.

Dancing with Pearl Cobwebs

JOU 1 DAW 01

By: Gloria Dawn. This story is based on a true life story. This book goes over physical changes, issues dealing with maintenance, verbal, mental, eating, spirituality, caregivers and relationships.

Losing My Mind

JOU 1 DEB 01

By: Thomas DeBaggio. A first-person account of early onset Alzheimer's.

A Shining City

JOU 1 FEL 01

Tributes written by more than forty world leaders and prominent public figures describing their best memories of President Ronald Reagan.

In Sickness and In Health

JOU 1 GRV 01

By: William M. Grubbs. A caregiver's courageous tale of caring for his wife who had Alzheimer's disease. He writes about the agonizing decisions he was forced to make during his wife's slow decline.

Small Miracles

JOU 1 HAL 01

By: Yitta Halberstam. A collection of over sixty stories that are moving, heartwarming, and inspirational. These are often profound teachings, important moral lessons and even divine messages.

Heavy Snow

JOU 1 HAU 01

By: John Haugse. My Father's Disappearance.

Partial View

JOU 1 HEN 01

By: Cary Smith Henderson. The words and photographs in this book beautifully capture the full emotional impact of the disease and give us insight into the feelings of both patient and caregiver.

It's Not My Fault

JOU 1 LOV 01

By: Ruth Lovelace. A wide and candid account of the journey into Alzheimer's Disease. It is practical and useful to both caregiver and care receiver.

Living in the Labyrinth

JOU 1 MCG 01

By: Diana Friel McGowin. This book was written in a simple and direct style. An excellent guide for professionals, friends and family...will bring light into the lives of other early-onset Alzheimer victims.

Hannah's Heirs

JOU 1 POL 01

By: Daniel A. Pollen. An inspiring portrait of the efforts of a courageous family to confront and overcome a "personal biological Holocaust," and an encouraging look at the advances in science that have created the basis for the eventual understanding and treatment of Alzheimer's disease.

The Common Sense of an Uncommon Man

JOU 1 REA 01

By: Michael Reagan. The wit, wisdom, and eternal optimism of Ronald Reagan.

Show Me the Way To Go Home

JOU 1 ROS 01

By: Larry Rose. This is an absorbing first-person saga of Larry Rose's journey through Alzheimer's disease, provides a window into a world of memory loss and confusion.

Alzheimer's from the Inside Out

JOU 1 TAY 01

By: Richard Taylor. Author diagnosed at 58 shares a provocative & courageous account of his slow transformation & deterioration & of the growing divide between his reality & the reality of others.

I Love You, Too

JOU 1 WIR 01

By: Woodrow Wirsig. A story of husband and wife's search of hope and love.

MEDICAL:

1.) General

Aging and Mental Health

MED 1 AGI 01

By: Martin Orrell & Dan Blazer. Provides a forum for the rapidly expanding field which

investigates the relationship between the aging process and mental health. The journal covers the biological, psychological and social aspects of aging as they relate to mental health.

Understanding Alzheimer's Disease

MED 1 ARO 01

By: Miriam K. Aronson. An in-depth, comprehensive guide to AD. An invaluable resource for patients, their families, and friends, and all health-care professionals.

Alzheimer's: The Answers You Need

MED 1 DAV 01

By: Helen D. Davis. A guidebook written for people in the early stages of Alzheimer's disease and their caregivers. Provides helpful answers to the questions raised by newly-diagnosed, early-stage patients.

Alzheimer's Early Stages

MED 1 KUH 01

By: Daniel Kuhn, MSW. This practical book covers the early stages of Alzheimer's disease. It covers what the disease is, giving care, and caring for yourself.

Newsweek Alzheimer's

MED 1 NEW 01

Alzheimer's Disease: An Overview for Primary Care

MED 1 PRI 01

By: University of Arizona Health Sciences Center. This book addresses how to properly identify, assess, and manage patients with Alzheimer's Disease. Also addresses the important roles professionals and organizations may assume and the services they provide.

The Forgetting-Alzheimer's: Portrait of an Epidemic

MED 1 SHE 01

By: David Shenk. Shenk shows that Alzheimer's is as old as humankind itself. Moving portraits of patients, their families, and caregivers bring home the frightening pattern of regression Alzheimer's exacts, and offer a well of new hope for families to better understand and come to terms with their loss. Charts the complicated race to find a cure.

Women, Cognition, Alzheimer's Disease

MED 1 WYE 01

Supported in part by an educational grant from Wyeth-Ayerst Laboratories.

MISCELLANEOUS

Reagan Wit, The Humor of the American President

MIS 1 ADL 01

By: Bill Adler and Bill Adler, Jr.

GOTCH, An American Hero

MIS 1 CHA 01

By: Mike Chapman. A historical novel.

Under Fire, An American Story

MIS 1 NOR 01

By: Oliver North with William Novak.

Jack Brickhouse, A Voice for all Seasons

MIS 1 PET 01

By: Janice A. Petterchak.

SAFETY:

1.) Home/Environmental Safety

Gone Without a Trace

SAF 2 DIC 01

By: Marianne Dickerman Caldwell. This book provides unique insight into the profound pain endured by the families of missing persons, and offers sensitive guidance on how to comfort them.

Home Safety for the Alzheimer's Patient

SAF 2 HOM 01

By: Alzheimer's Disease Research Center. This booklet will improve home safety and identify problems which will help prevent accidents, and increasing the AD patient's security and freedom within the home.

The Complete Guide to Alzheimer's Proofing your Home

SAF 2 WAR 01

By: Mark L. Warner. This book shows you how to create a home environment to cope with difficulties associated with Alzheimer's and related dementia.

3.)Legal and Financial

Generations

SAF 3 ESP 01

By: Robert A. Esperti. The first book of its kind to answer many vital questions on how you can reduce or eliminate the effects of income, estate, gift, and capital gain taxes in light of the new laws passed.

Your Life, Your Legacy

SAF 3 MYT 01

By: Ketra Mytich, J.D. The Fundamentals of Effective Estate Planning.

Choices at the End of Life

SAF 3 NOR 01

By: Linda Norlander, RN, MS, and Kerstin McSteen, RN, MS. Find out what your parents want before it's too late.

4.) Safe Return/Elopement

The Vanishing Mind

SAF 4 HES 01

By: Leonard L. Heston. This helpful guide provides authoritative answers to questions, helping those afflicted, and their families, make realistic plans for proper care.

Spirituality

Forgetting Whose We Are

SPI 1 KEC 01

By: David Keck. This offers a Christian understanding of and response to the difficult theological, spiritual, and pastoral problems raised by Alzheimer's disease. It affirms the classic Christian doctrines that witness to the reality of grace and the promise of salvation

even for those who can no longer remember themselves, their families, or their relationship with God.

When Bad Things Happen to Good People

SPI 1 KUS 01

By: Harold S. Kushner. This book answers the universal question: "Why Me?" and is written for those of us who must contend with suffering.

You Are One of Us

SPI 1 GWY 01

By: Lisa P. Gwyther This book attempts to link caring church ministries to Alzheimer's families.

Pray With Me Still

SPI 1 HOL 01

By: Holy Cross Family Ministries. Rosary meditations and spiritual support for persons with Alzheimer's, their caregivers, and loved ones.

The Moral Challenge of Alzheimer Disease

SPI 1 POS 01

By: Stephen G. Post. This book encourages humane and dignified care for people with dementia by examining the moral basis for such care against the background of cultural trends that threaten it.

Coping with Care

SPI 1 ROC 01

By: Lyn Roche. Each page provides an inspiring daily reflection, followed by a related caregiving tip.