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Alzheimer's Association to Offer Personal Care Program for Caregivers

Providing personal care and creating a safe and supportive environment for the individual with Alzheimer's disease are important concerns and topics that will be addressed at an upcoming program designed for caregivers. The Alzheimer's Association - Central Illinois Chapter will present **Protecting What Matters: Adapting to the Personal Care and Safety Needs of Persons with Alzheimer's**, on **Thursday, Sept. 1, 9:30 a.m. – Noon, at the Galesburg Public Library, 40 E. Simmons Street, Galesburg.**

Participants will learn tips and strategies for assisting with routine personal care activities and simple steps to make the home safe and supportive for the individual with Alzheimer's.

Co-funded by Western Illinois Area Agency on Aging, the program is one of a series of 13 special programs for caregivers being held in Warren, McDonough, LaSalle, Bureau, Knox, and Putnam counties that make up an Alzheimer's Summer Symposium.

The program is free and open to the public. For more information or to register, individuals should call the Central Illinois Chapter office at 309.681.1100 or 800.272.3900. For a complete list of the Alzheimer's Summer Symposium programs, visit the agency website at www.alz.org/illinoiscentral.

The Alzheimer's Association – Central Illinois Chapter is a donor supported, not-for-profit health organization serving 20 counties in northern, central, and west central Illinois. Its three office locations – Dixon, Peoria, and Quincy – provide educational and supportive services to help people with Alzheimer's and their caregivers understand and deal with the disease and its impact on their lives. Its core programs include information and referral, care consultations, education, support groups and safety services.

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