

# UPCOMING PROFESSIONAL PROGRAMS

## Advanced Topics in Alzheimer's Care (ATAC) Half Day: Train The Trainer

This new and innovative staff training program uses case studies, games, role playing & group exercises to bring four in-services alive for direct care staff. Topics include Making Mealtimes Matter, Understanding Exit-Seeking Behavior, Recognizing and Reporting Pain, & Communicating through Storytelling. The early registration fee is \$50 before November 10<sup>th</sup> or \$60 for regular registration. CEUs will be available for \$10.

**Program: 8:00 a.m. - 12:30 p.m.**

Date	Location
November 24	Chapter Office 606. W. Glen Ave., Peoria

## Illinois Dementia Care for Direct Care Staff

Program is targeted for staff of skilled nursing & assisted living facilities to meet the initial training requirements mandated by the State of Illinois. Program covers the basics of caring for someone with Alzheimer's disease or dementia. Topics include: understanding dementia, communication skills, creative responses to challenging behaviors & activity based care. The early registration fee is \$75 before November 19<sup>th</sup> or \$85 for regular registration. CEUs will be available for \$10.

**Program: 9:00 a.m.- 4:30 p.m.**

Date	Location
December 3	Pekin Hospital Park Court Conf. Room 2 600 S. 13th St., Pekin

## ATAC Full Day: Train the Trainer

The Alzheimer's Association has developed a new Train-the-Trainer program for staff of nursing homes, assisted & supportive living facilities, adult day care centers, & home care agencies. Objectives include: explain the difference between "old culture" & "new culture", explain why resistive behavior occurs & how to avoid or minimize it, describe 3 ways to make bathing a pleasurable experience, understand how dementia changes expressions of intimacy & sexuality, describe 3 ways to prevent or minimize the risk of falls, understand the difference between spirituality and religion, identify at least 2 ways we can use music to reach people with dementia, & provide better care for someone in the end stages of dementia. The early registration fee is \$75 before February 2<sup>nd</sup> or \$85 for regular registration. CEUs will be available for \$10.

**Program: TBA**

Date	Location
February 16	Chapter Office 606. W. Glen Ave., Peoria

## Illinois Department of Public Health Training (IDPH) and ATAC Session 2

**IDPH:** This training is in compliance with Public Act 91-744 requiring the Illinois department of Public Health to establish training criteria for nursing home & home health employees who provide direct care to persons with Alzheimer's disease & related dementia. Topics covered include understanding dementia, communication strategies, teaching techniques, conducting in-services, dealing creatively with challenging behaviors, & activity based care.

## Making Mealtimes Matter, Gentle Approaches to Bathing, Preventing Falls:

Learn to draw on knowledge of residents' needs and preferences to improve nutrition & hydration. Learn strategies to make bath time a more pleasurable experience & reduce the risk of falls and preserve mobility. The early registration fee is \$75 before March 10<sup>th</sup> or \$85 for regular registration. CEUs will be available for \$10.

**Program: 8:00 a.m. - 4:30 p.m.**

Date	Location
March 24	Perry Memorial Hospital 530 Park Ave., Princeton

## Activity Based Alzheimer's Care (ABAC) Train the Trainer

This workshop is designed for Activity Professionals with a basic understanding of Alzheimer's disease whose primary job responsibilities include activity programming, design, and implementation, & working with individuals with memory loss in all care settings. The early registration fee is \$75 before May 5<sup>th</sup> or \$85 for regular registration. CEUs will be available for \$10.

**Program: TBA**

Date	Location
May 19	Chapter Office 606 W. Glen Ave., Peoria

*For reservations or more information,  
Please contact the Peoria office:*

**309.681.1100 or 800.272.3900**  
**[www.alz.org/illinoiscentral](http://www.alz.org/illinoiscentral)**

### ATAC Sessions 1 & 3

**Person centered Care, Reducing Resistive Behaviors, Understanding Exit Seeking Behavior:** Learn the principles of friendship in a caregiving relationship, new ways to engage residents with meaningful interactions, & assess reasons for wandering & preventing unsafe wandering.

**Intimacy & Sexuality, Making Meaningful Connections through Music, Communication through Storytelling:** Understand how dementia changes expressions of intimacy and sexuality. Learn new ways to use music to reach individuals with dementia and acquire new communication skills through storytelling.

The early registration fee is \$75 two weeks prior or \$85 for regular registration. CEUs will be available for \$10.

**Program: 8:00 a.m. - 4:30 p.m.**

Date	Location
January 19	Public Library 40 E. Simmons, Galesburg
March 14	Illinois Valley Community Hospital, Conf. Room A 925 West St., Peru
June 9	McDonough District Hospital 525 E. Grant St., Macomb

### ATAC Sessions 2 & 4

**Making Mealtimes Matter, Gentle Approaches to Bathing, Preventing Falls:** Learn to draw on knowledge of residents' needs and preferences to improve nutrition and hydration. Learn strategies to make bath time a more pleasurable experience & reduce the risk of falls & preserve mobility.

**Spirituality & Religion, Recognizing & Reporting Pain, Compassionate End of Life Care:** Understand the difference between spirituality & religion, identify common nonverbal signs of pain, minimize physical, emotional & spiritual distress; maximize well being; & ensure communication with resident, family & care team as part of end of life care.

The early registration fee is \$75 two weeks prior or \$85 for regular registration. CEUs will be available for \$10.

**Program: 8:00 a.m. - 4:30 p.m.**

Date	Location
January 26	Spoon River College Conf. Room B, Eagle Building 23235 N. County Hwy. 22 Canton

### ATAC Sessions 2 & 3

**Making Mealtimes Matter, Gentle Approaches to Bathing, Preventing Falls:** Learn to draw on knowledge of residents' needs & preferences to improve nutrition & hydration. Learn strategies to make bath time a more pleasurable experience & reduce the risk of falls & preserve mobility.

**Intimacy & Sexuality, Making Meaningful Connections through Music, Communication through Storytelling:** Understand how dementia changes expressions of intimacy & sexuality. Learn new ways to use music to reach individuals with dementia & acquire new communication skills through storytelling.

The early registration fee is \$75 before June 9<sup>th</sup> or \$85 for regular registration. CEUs will be available for \$10.

**Program: 8:00 a.m. - 4:30 p.m.**

Date	Location
June 23	Chapter Office 606 W. Glen Ave., Peoria


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### Save the date! Annual Education Conference

**Program: All day event**

Date	Location
April 21	Par-A-Dice Hotel 21 Blackjack Blvd., E. Peoria

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alzheimer's   
association  
Central Illinois Chapter  
606 W. Glen Ave.  
Peoria, Illinois  
309.681.1100 or 800.272.3900  
309.681.1101 (fax)  
[www.alz.org/illinoiscentral](http://www.alz.org/illinoiscentral)

*For reservations or more information,  
Please contact the Peoria office.*

# PROFESSIONAL DIRECT CARE STAFF PROGRAMS

Central IL Chapter . 606 W. Glen Avenue . Peoria, IL 61614 . 309-681-1100 . 309-681-1101 (f)

*Studies show that staff trained specifically in dementia care are able to provide a better quality of life for residents and have increased confidence, productivity, and job satisfaction.*

**Please return completed form and payment no later than one week prior to program to above address.**

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Employer Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Program Information (please check all that apply):**

- |   |               |
|---|---------------|
| Advanced Topics in Alzheimer's Care (Half Day), Peoria                    | NOV 24 _____  |
| Illinois Dementia Care for Direct Care Staff, Pekin                       | DEC 3 _____   |
| Advanced Topics in Alzheimer's Care (Full Day), Peoria                    | FEB. 16 _____ |
| Illinois Department of Public Health Training & ATAC Session 2, Princeton | MAR 24 _____  |
| Activity Based Alzheimer's Care: Train the Trainer, Peoria                | MAY 19 _____  |
| ATAC Sessions 1 & 3   | JAN 19 _____  |
|   | MAR 14 _____  |
|   | JUNE 9 _____  |
| ATAC Sessions 2 & 4   | JAN 26 _____  |
| ATAC Sessions 2 & 3   | JUNE 23 _____ |

**Continuing Education Units (CEUs) available for professional licensure for an additional \$10 per program. Please indicate what program(s) you are requesting CEU's for:**

- \_\_\_\_ Advanced Topics in Alzheimer's Care (Half Day)
- \_\_\_\_ Illinois Dementia Care for Direct Care Staff
- \_\_\_\_ Advanced Topics in Alzheimer's Care (Full Day)
- \_\_\_\_ Illinois Department of Public Health Training
- \_\_\_\_ Activity Based Alzheimer's Care
- \_\_\_\_ ATAC Sessions 1 & 3
- \_\_\_\_ ATAC Sessions 2 & 4
- \_\_\_\_ ATAC Sessions 2 & 3

Registration Fee	\$ _____
CEU total	\$ _____
Total amount	\$ _____
Profession	_____
License #	_____

**Payment Information:**

Check \_\_\_\_\_

MC/VISA/Discover/American Express (please circle)

Credit Card # \_\_\_\_\_

Expiration month/year: \_\_\_\_\_/\_\_\_\_\_

Card Holder Address, if different than above:

\_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Card Holder Signature:  
\_\_\_\_\_

**alzheimer's  association**

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