

SUPPORT GROUPS

A support group can give you an opportunity to share your experiences, increase your feelings of self-worth, decrease your sense of isolation, learn from others in your situation, learn about resources available to you and receive encouragement and moral support from other caregivers.

***** If you are interested in attending a support group, then please call ahead to confirm the day and time. *****

| ADAMS COUNTY | | |
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| Quincy Branch Office Senior Center 639 York St., Room 200, Quincy, IL 62301 | 4th Monday, 6:30 p.m. | 217-228-1111 |
| BUREAU COUNTY | | |
| Prouty Communication Building 435 South Main, Princeton, IL 61356 | 4th Thursday, 1:00 p.m. | 815-875-1196 |
| FULTON COUNTY | | |
| Heartland Healthcare 2018 N. Main Street, Canton, IL 61520 | 3rd Tuesday, 2:00 p.m. | 309-647-6135 |
| KNOX COUNTY | | |
| Gordon Behrents Senior Center (Respite care available for loved ones with dementia) 2015 Windish, Galesburg, IL 61401 | 3rd Wednesday, 1:00 p.m. | 309- 344-2520 |
| Hawthorne Inn (Seminary Village) 2245 N. Seminary St., Galesburg, IL 61401 | 4th Thursday, 3:00 p.m. | 309-344-1300 |
| Marigold Health Care 275 East Carl Sandburg Dr., Galesburg, IL 61401 | Last Friday, 1:30 p.m. | 309-344-1151 |
| LA SALLE COUNTY | | |
| Care Partners Alzheimer's Support Group American Red Cross – 1530 4 th St., Peru, IL 61354 | 2nd Tuesday, 5:30 p.m. | 815-339-6465 or 800-272-3900 |
| MARSHALL COUNTY | | |
| Heartland Health Care Center 1650 Indian Town Road, Henry, IL 61537 | 4th Tuesday, 1:30 p.m. | 309-364-3905 |
| OGLE COUNTY | | |
| Mt. Morris Support Group – Pinecrest Grove Community Center 500 Evergreen Lane, Mount Morris, IL 61054 | 2nd Tuesday, 2:30 p.m. | 815-734-9069 |

| PEORIA COUNTY | | |
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| Apostolic Christian Skylines 7023 N. Skyline Drive, Peoria, IL 61614 | 1st Tuesday, 2:00 p.m. | 309-691-8091 |
| River Valley Support Group - sponsored by Heritage Manor of Chillicothe and St. Joseph Nursing Home of Lacon Pearce Community Center - Chillicothe (Respite activities available for loved ones with dementia) 610 W. Cedar Street, Chillicothe, IL 61523 | 2nd Tuesday, 2:00 p.m. Room 210 | 309-351-9774 |
| Lutheran Hillside Village 6901 North Galena Road, Peoria, IL 61614 | 3rd Tuesday, 6 :00 p.m. | 309-689-2180 |
| Men's Only Support Group 606 West Glen Avenue, Peoria, IL 61614 | 3rd Tuesday, 10:00 a.m. | 309-681-1100 |
| PALZ – Support Group (Activities available for loved ones with dementia) 606 West Glen Avenue, Peoria, IL 61614 | 2nd Thursday, 4:00 p.m. <i>please call ahead to register</i> | 309-681-1100 |
| St. Paul's Episcopal Cathedral 3601 North Street, Peoria, IL 61604 | 3rd Tuesday, 1:30 p.m. | 309-692-0805 |

| STARK COUNTY | | |
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| Toulon Healthcare Center R.R.1, Box 249, Hwy 17 East, Toulon, IL 61483 | 3rd Monday, 3:00 p.m. | 309-286-2631 |

| TAZEWELL COUNTY | | |
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| Apostolic Christian Restmor, Inc. 1500 Parkside Ave., Morton, IL 61550 | 3rd Thursday, 1:30 p.m. | 309-284-1416 |
| Pekin Hospital- SNF 600 S. Thirteenth Street, Pekin, IL 61554 | 2nd Wednesday, 2:00 p.m. | 309-353-0925 |
| Pekin Manor 1520 El Camino Drive, Pekin, IL 61554 | 3rd Wednesday, 3:00 p.m. | 309-353-1099 |

| WHITESIDE COUNTY | | |
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| Whiteside County Senior Center 1207 West Ninth Street • Sterling, Illinois 61081 | 2nd Thursday, 5 p.m. | 815-626-7707 |

*** Please call to confirm dates and times. ***

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