

## **A Family Program**

For individuals who are interested in learning more about Alzheimer's

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# community conversations

## a four part alzheimer's education series

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Community Conversations is a series of free programs that will feature information on a variety of topics that are of interest to caregivers.

### **May 7**

*Alzheimer's disease: What You Need to Know* will be a medical overview of Alzheimer's and will include warning signs of the disease.

### **May 21**

*Caring for the Caregiver* will cover caregiving tips and ways to care for oneself while caring for someone with Alzheimer's.

### **May 14**

*Making Life Decisions* will provide information on the financial and legal issues that can arise with a diagnosis of Alzheimer's disease.

### **May 28**

*Maintain Your Brain* will offer information about leading a brain healthy lifestyle.

All Community Conversations sessions will take place every Thursday from 2:00 to 3:00 p.m. at the Community Hospital Education Building, 1923 N. Madison Avenue, Anderson

### **Pre-registration requested.**

Please call the Alzheimer's Association Helpline at 800-272-3900 to register or to obtain more information about Alzheimer's disease.

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**Presented By:**

**alzheimer's  association®**