

**FOR IMMEDIATE RELEASE**

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**NEW PROGRAM TO GIVE THE 10 WARNING SIGNS OF ALZHEIMER'S DISEASE**

BEDFORD —The Alzheimer's Association of Greater Indiana will *Alzheimer's Disease: What You Need to Know*, a free education program that will feature information on memory loss and Alzheimer's disease on August 13 from 6 – 7:30 p.m. at the Bedford Public Library, 1323 K St.

This introductory program is designed for anyone who suspects memory loss and /or is interested in learning about it. Those who attend will learn about

- the basics of memory loss and Alzheimer's disease
- all that is involved in getting a diagnosis
- tips for maintaining a healthy brain.

*Know the 10 Signs* provides attendees with an understanding of the difference between age-related memory loss and Alzheimer's and what to do if they or someone they know has signs of the disease. Attendees will view video footage of real people who are living with the early stages of dementia and their families addressing fears and myths associated with Alzheimer's disease.

There is no charge to attend these programs, however reservations are encouraged. Programs will be cancelled if there are fewer than three individuals registered. Attendees are encouraged to attend all programs, but it is not a requirement. To reserve space or for additional information call the Alzheimer's Association at 800.272.3900.

Today, approximately 5.3 million Americans have Alzheimer's disease, including 120,000 Hoosiers. Every 70 seconds, someone develops Alzheimer's disease, making Alzheimer's disease the 6<sup>th</sup> leading cause of death. The direct and indirect costs of Alzheimer's disease and other dementia amount to more than \$148 billion annually.

The Alzheimer's Association is the world leader in Alzheimer's research and support. Having awarded more than \$150 million to nearly 1,300 research projects, the Alzheimer's Association is the largest private funder of Alzheimer research. The Association's vision is a world without Alzheimer's disease. For more information about Alzheimer's disease, call 800.272.3900 or visit the Web site at [www.alz.org/indiana](http://www.alz.org/indiana)

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