

## participate

Social Workers and Health Facility Administrators may earn 4 CEUs. Certificates of attendance will be given to all other attendees. This will also count toward the six hours of dementia specific training required by the state. Certificates will be given at the conclusion of the conference. In order to receive CEUs, 100% of the conference must be attended.

## community forum

During the Conference's *Alzheimer's Community Forum*, participants will be informed about pertinent legislation from the 2009 Indiana General Assembly and explain the concept of an Alzheimer's Disease State Plan for Indiana. Participants will be given the opportunity to discuss issues of concern and understand how they can impact the State Plan process.

## sponsorship

Sponsorship opportunities are still available. Please contact Sarah Ferguson at 317.575.9620 or via e-mail at [sarah.ferguson@alz.org](mailto:sarah.ferguson@alz.org) for more details.

alzheimer's association  
50 e. 91st street, suite 100  
indianapolis, in 46240

alzheimer's  association®

# Spring Caregiver Conference



Artwork from *Memories in the Making Program*

*Empowering Caregivers*

Friday, May 15, 2009

8:00 a.m. to 3:30 p.m.

**Marten House Hotel and  
Lilly Conference Center  
1801 W. 86th Street  
Indianapolis, IN 46260**

## keynote speaker

The conference keynote address will be given by Karen Stobbe, author of "Sometimes Ya Gotta Laugh" and nationally recognized speaker and innovative trainer in dementia care. She was working as an actress, director, writer and instructor of theatre when her Dad was diagnosed with Alzheimer's disease. Karen now trains others during workshops and conferences on aging issues and Alzheimer's disease.



Her keynote address is entitled *In The Moment: Communicating With Purpose, Perspective and Presence*. This session will explore and discuss the ways we communicate, how others communicate with us and how we can become more "in the moment" with everyone in our lives. Join us in this very interactive session with Karen Stobbe who will use her experiences as a family caregiver to both of her parents and her background of theatre and improvisation.

## indianapolis conference

### Empowering Caregivers

May 15, 2009

Marten House Hotel & Lilly Conference Center  
1801 W. 86th Street

Registration, Breakfast, and Exhibits.....8:30-9:00 am

Opening Remarks.....9:00 am  
Carolyn Cunningham, MD,  
Alzheimer's Association Board Member

*In The Moment: Communicating with Purpose, Perspective, and Presence*.....9:15-10:15 am  
Karen Stobbe

Break and Exhibits.....10:15-10:30 am

Continuation of Keynote Address.....10:30-11:15 am  
Karen Stobbe

Lunch and Exhibits.....11:15-12:30 pm

*First Afternoon Breakout Session*.....12:45-1:30 pm

Professionals: *Environmental Design*  
Sharon Kennel, RN, C, BHA, CLNC

Families: *Activities in the Home*  
Susan Charlesworth, MSW, LSW

*Second Afternoon Breakout Session*.....1:30-2:15 pm

Professionals: *Activities for the Person with Dementia*  
Mark Laker, TRS, AD

Family Caregivers: *Alzheimer's-proofing Your Home*  
Amanda Janz, BSW  
Denise Saxman, MSW, LSW

Break and Exhibits.....2:15-2:30 pm

*Alzheimer's Community Forum*.....2:30-3:30 pm  
Moderated by Lana Lehman, Executive Vice  
President of The Care Group, LLC and  
Alzheimer's Association Board Member

Conclusion and Door Prizes.....3:30 pm

## registration

There is a \$15 registration fee for families and a \$30 registration fee for professionals. Registration is required at least 3 days prior to the conference and seating is limited.

Register by calling 1.800.272.3900, online at [www.alz.org/indiana](http://www.alz.org/indiana) or by mailing this form to:

**Alzheimer's Association**  
**50 E. 91st Street, Suite 100**  
**Indianapolis, IN 46240**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Enclosed is my check made payable to the Alzheimer's Association

Please charge my: \_\_\_VISA \_\_\_Mastercard  
\_\_\_American Express

Card number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

1-800-272-3900

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[www.alz.org/indiana](http://www.alz.org/indiana)