

Team Up...



Family and Friends Teams

Form a friends and family team in honor of a loved one with Alzheimer's disease – or just because you want to get the group together for a good cause. Participating in Walk to End Alzheimer's is a great time to host a family gathering or invite friends to town for a visit.



Company Teams

Recruit your co-workers to collaborate on a new project: the fight to end Alzheimer's. Walk to End Alzheimer's is a great team-building exercise and demonstrates your company's commitment to the community.

Role of a Team Captain

1. **Register Your Team.** The team captain needs to register online first and then team members will be able to join your team.
2. **Recruit a Minimum of 4 Additional Team Members.** It only takes 5 people to make a team but why stop there...ask everyone you know! Start the 'no person left behind in the fight' campaign!
3. **Lead the Team's Fundraising Efforts.** Hold a team meeting and start devising your fundraising plan... big or small...just be sure to start early. Maintain the enthusiasm by providing your team with fresh ideas, incentives, kudos and many thanks. Be sure to checkout [Event Central](#) for the walk supplies available to you, fundraising & recruitment ideas, Alzheimer's fact sheet and more.
4. **Connect with the Event and the Chapter.** Make the Walk more than just a day...make it an experience for your entire team. Keep informed of everything going on by joining us on Facebook, reading the walk email newsletters, attending kickoff meetings and contacting the Walk coordinators with any questions.

Find the [Walk to End Alzheimer's](#) closest to you and begin your experience today!