



**Greater Kentucky/Southern Indiana  
Lending Library Listing**

**CATEGORY: ACTIVITIES**

**Activities Keep Me Going & Going ... Volumes 1 & 2** (1995) By M. E. Miller, C. Peckham, & A. Peckham. A guidebook for activity professionals who plan, direct, and evaluate activities for older persons.

**Activity Programming for Persons With Dementia:  
A Sourcebook** (1995) By the Alzheimer's Association. A compilation of activity programming ideas from experts in the field of dementia care. Provides direction in designing activities for persons with memory loss.

**Alzheimer's Disease: Activity-Focused Care** (1998) By Carly R. Hellen. This text illustrates the valued results that activity-focused care promotes within the person affected by memory loss.

**Best Friends Book of Activities, Vol. One** (2004) by Virginia Bell and David Troxell. Planning activities for persons with dementia becomes easier with this resource. This book provides activity programming ideas for nursing facilities, adult day centers, assisted living facilities or home care settings.

**Best Friends Book of Activities, Vol. Two** (2008) by Virginia Bell, David Troxell, Tonya Cox and Robin Hamon. With this book, any member of a program's care staff can master the fine art of being together by turning even simple interactions into engaging activities that help satisfy essential physical, emotional, and spiritual needs.

**Doing Things: A Guide to Programming Activities for Persons with Alzheimer's Disease and Related Disorders** (1987) by Jitka M. Zgola. Designed to help professionals, volunteers, and family caregivers assess a patient's functional impairment and ways activities can be tailored to accommodate them.

**Failure-Free Activities for the Alzheimer's Patient** (1987) by Carmel Sheridan. A description of activities which can bring moment-to-moment satisfaction to the person with AD. Not all suggestions will be appropriate for all persons.

**How To Tape Instant Oral Biographies** (1992) by William Zimmerman. This book demonstrates how to tape biographies for loved ones with a tape or video recorder. This book makes it possible to preserve traditions, wisdom, and wit for future generations.

**Memory Books and Other Graphic Cuing Systems** (2007) by Michelle S. Bourgeois. Help people with memory impairment function more independently and effectively by using graphic cuing systems.

**Memories in the Making** (1993) by the Alzheimer's Association. A program of creative art expression for persons with Alzheimer's.

**Movement with Meaning** by Barbara Larsen. Reinforce the remaining strengths and abilities of people with dementia with this interactive multisensory movement program.

**Music Therapy & The Dementias** (1988) Ruth Bright, B. Mus., C.M.T. Music programs for activity planning for persons with dementia.

**Reminiscence: Finding Meaning in Memories** (1989) by AARP. The variety of resource articles published inside this book provides insight and information on topics related to the aging population.

**Reminisce: Uncovering a Lifetime of Memories** (1991) by Carmel Sheridan. Explains simple techniques involved in stimulating memories, describes themes to explore, shows how to use memory makers, and outlines hundreds of meaningful activities involving reminiscence.

**Strengthen Your Mind: Activities for People with Early Memory Loss** (2007) by Kristin Einberger and Janelle Sellick. A collection of short, one-page worksheets will enhance brain functioning and sharpen memory skills. Features trivia, reminiscence, and sensory stimulation.