



**Greater Kentucky/Southern Indiana  
Lending Library Listing**

**CATEGORY: CAREGIVING – SPECIAL ISSUES**

**A Caregiver's Guide To Nutrition and Feeding** (Date Unknown) by Alzheimer's Association, Western New York Chapter. Provides information on general nutrition needs, tips for success at mealtimes and recipes.

**Activities of Daily Living** (2006) by Kathy Lawrenhue. In this book, the author combines practicality and lightheartedness to assist families and professionals to solve ADL issues associated with caring for people with dementia.

**Assessing Quality of Life in Alzheimer's Disease** (2000) by: Steven M. Albert & Rebecca G. Logsdon. An overview of conceptual and practical issues in the measurement of quality of life in persons with Alzheimer's disease.

**Bathing Without a Battle: Personal Care of Individuals with Dementia** (2002) by Ann Louise Barrick, et al. Presents an individualized problem-solving approach to bathing and personal care. Practice guidelines, transfer techniques, and lists of suppliers are included.

**Bon Appetit** (2001) by Jitka Zgola and Gilbert Bordillon. Based on a proven mealtime program for elder care facilities, this book demonstrates how to restore the simple pleasures of eating to frail residents.

**Caregiver Helpbook, The** (2006) Legacy Caregiver Services. This book is designed to provide caregivers with tools to increase self care and give them confidence in handling difficult situation, emotions and decisions.

**Caring For Yourself While Caring For Others: A Caregiver's Survival and Renewal Guide** (1999) by Lawrence M. Brammer, PH.D and Marian L. Bingea, MA. This book is a self care book covering topics from humor and spirituality to intimacy, coping, communication, forgiveness and hope.

**Compassionate Touch** (1994) Dawn Nelson, M.F.A., C.M.T. Compassionate Touch is a gentle, sensitive, and non-intrusive program of massage touch therapy and comfort care, supported by such skills as active listening, reflective communication, intuitive feedback, guided relaxation, and breathing awareness.

**Coping with Communication Challenges in Alzheimer's Disease** (1993) by Marie Rau. Suggestions for communicating more effectively.

**Early Alzheimer's Disease** (1996) by U.S. Dept. of Health & Human Services. Clinical practice guidelines.

**Early-Stage of Alzheimer's Care** (1994) by Diane Weddington. Written in a non-technical and readable style, this volume provides useful information needed for implementing early-intervention programs for persons with Alzheimer's disease.

**Encircling Care: Alzheimer's Disease and Congregational Giving** (2006) by the Presbyterian Church USA.

**Hard Choices for Loving People** (1994) by Hank Dunn. Provides guidance and discussion of decisions to be made for end-of-life care.

**Hospice Care for Patients with Advanced Progressive Dementia** (1998) by Ladislav Volicer, M.D., Ph.D. and Ann Hurley, R.N., D.S.Nc. Addresses how to implement hospice care programs for persons with Alzheimer's.

**Late Stage Dementia Care** (1997) Edited by Christine Kovach. Topics discussed include hospice care, idea of maintaining personhood, medical and physical care, late-stage dementia behaviors, legal and ethical issues, and family centered care.

**Miles Away & Still Caring** (1986) AARP. Guide for long distance caregivers.

**Moving A Relative With Memory Loss** (2000) by Laurie White and Beth Spencer. Outlines steps to make a smooth transition.

**Of Two Minds** (1995) by Judith M Antonangeli, R.N., B.S.N. A guide to the care of people with the dual diagnosis of Alzheimer's Disease and Mental Retardation.

**Pressure Points** (1996) by Edna L Mallard, M.S.W., et al. This guide will help caregivers to experience anger as a normal, acceptable emotion.

**Sexuality and the Alzheimer's Patient** (1992) by Edna Ballard and Cornelia Poer. Problems and concerns about intimacy in an Alzheimer relationship are addressed with expert opinions and ideas.

**Understanding Difficult Behaviors** (1988) edited by Ann Robinson, Beth Spencer, Laurie White. Written to help caregivers better understand causes of various behaviors and learn ways to prevent or better cope with them.

**Visiting Mom** (2002) by Sherry M. Bell, PhD. A guide for visiting elders with Alzheimer's Disease.