



Greater Kentucky/Southern Indiana
Lending Library Listing

CATEGORY: VIDEOS

Alone, but not forgotten (48 minutes) Explores the issue of persons with Alzheimer's who live alone. Accompanying guide available.

Alzheimers 101 (85 minutes) This comprehensive educational package is especially structured for training professionals and family caregivers of people with Alzheimer's disease and related disorders. Provides a culmination of a unique collaboration among family caregivers and distinguished health care professionals, and offers successful methods.

Alzheimer's: The Long Goodbye (45 minutes) CNN Special exploring Alzheimer's diseases.

Alzheimer's Disease: Inside Looking Out (18 minutes) Several persons with early stage Alzheimer's talk openly about the impact of the disease on their lives, their feelings and how they are coping.

Alzheimer's Disease: Interviewing & Assessment Techniques for Social Workers Training for social workers working with persons with Alzheimer's disease and their families.

Alzheimer's Disease: Living Here and Now (15 minutes) Overview of memory, aging, and Alzheimer's.

Alzheimer's Disease: Pieces of the Puzzle (set of 5 tapes)

-*Introduction* (35 minutes)

-*A practical approach to communication* (23 minutes)

-*A practical approach to problem behavior* (23 minutes)

-*A practical approach to recreation* (23 minutes)

-*A practical approach to activities of daily living* (23 minutes)

This training program, with five videos and a 294-page instructor's manual divided into ten modules, is an excellent and comprehensive resource for training caregivers. The package provides practical information designed to improve understanding of Alzheimer's disease and to enhance the caregiving skills of those who work with persons who have Alzheimer's

Alzheimer's Disease: What Everyone Should Know An educational video highlighting the warning signs of AD, importance of diagnosis, available treatments, ongoing research and tips for families dealing with the disease.

Bathing without a Battle (60 minutes) Provides caregivers with an understanding of how to create a better bathing experience for those with dementia.

Best Friends (12 minutes) This video describes the Helping Hand Adult Day Center (a program of the Greater Kentucky & Southern Indiana Chapter) and the "best friends" philosophy of care.

Bon Appetit: How to Create Meaningful Mealtimes in Long Term Care (set of 2 tapes) (#1-22 minutes; #2-20 minutes) This video training program presents a comprehensive mealtime program that focuses on principles of resident autonomy and person centered care. Special attention is devoted to identifying the needs of people with dementia.

Caregiver Series* (set of 5 tapes) 1990 Each of the 5 videos feature people with Alzheimer's disease and their caregivers who share their daily experiences. Accompanying guide available.

- Caring for the Caregiver* (20 minutes) This video presents an overview of how caregivers can best take care of themselves while providing individuals with dementia the best possible care.
- Communicating* (19 minutes) This video illustrates ways in which the caregiver can deal with communication problems.
- Managing Difficult Behavior* (21 minutes) This video presents common feelings people with Alzheimer's experience and behavioral challenges that can result from such feelings. Gives suggestions for dealing with various types of behaviors associated with Alzheimer's disease.
- Meeting Daily Challenges* (15 minutes) Daily challenges such as hygiene, dressing, meals, toileting, and activities are covered with techniques to maximize the person's abilities.

-*Safety First* (14 minutes) This video presents ways in which caregivers can prepare for an emergency. It also suggests ideas for making the home accident-proof.

Caring (28 minutes) This video follows the lives of individuals with Alzheimer's disease and their families. They have differing levels of impairment, family support, and services available.

Challenges of Caregiving: Living with Alzheimer's Describes some of the common challenges experienced by Alzheimer caregivers.

Complaints of a Dutiful Daughter (44 minutes) Chronicles the journey of a mother's Alzheimer's disease and the evolution of a daughter's response to the illness. Neither depressing nor medical, *Complaints of a Dutiful Daughter* is a life-affirming exploration of family, aging, memory and love.

Creating Successful Dementia Care Settings (Set of 3 tapes)

-*Maximizing Cognitive and Functional Abilities* (40 minutes) This video helps viewers learn to appreciate the sometimes insurmountable challenges presented by typical residential facilities when residents have to navigate daily activities with a host of age-related cognitive and sensory deficits. The video also gives a step-by-step process for identifying barriers and finding respectful, supportive solutions.

-*Minimizing Disruptive Behavior* (21 minutes) This video profiles several residents who are exhibiting common problematic behaviors, including leaving the unit and rummaging. It takes viewers step by step through a problem-solving process that can effectively reduce or even eliminate many kinds of disruptive behavior

-*Enhancing Self and Sense of Home* (33 minutes) Through individual resident profiles, this video illustrates facility staff using a step-by-step process to identify problem areas, recognize underlying needs that aren't being met, and then create more supportive, homelike solutions that enhance the residents sense of self.

Drifting & Dreaming (40 minutes) Video respite.

Driving & Dementia Don't Mix (18 minutes) Explores the issue of driving and dementia.

Even These May Forget: Alzheimer's disease — A Pastoral Care Challenge (18 minutes) A video targeted at clergy to build stronger connections and relationships with Alzheimer's families. Accompanying guide available.

Flashpoints: Losing Control (20 minutes) This video opens the door to much-needed discussion of the daily stresses involved in caregiving. The video highlights the importance of caregivers acknowledging feelings of anger, resentment, and fatigue as a way to reduce flare-ups, especially when dealing with difficult or demanding residents/family members.

Flashpoints: Regaining Control (20 minutes) This video highlights methods caregivers can use to redirect stressful emotions in a way that does not interfere with delivering quality care.

Forming Family Partnerships Outlines how facility staff can work with families to be partners in care. Accompanying guide available.

Grace Explores the life of one woman suffering from Alzheimer's chronicling her journey from diagnosis to death. Accompanying guide available.

Home Is Where I Remember Things (47 minutes) Curriculum for training in-home caregivers.

In & Out of Time Award-winning video portraying the experience of Alzheimer's.

Just for the Summer (29 minutes) Targeted to youth to gain a better understanding of Alzheimer's. It is the story of a high school student whose grandmother with AD comes to live with his family. Accompanying guide available.

Living in Alzheimer's Disease (60 minutes) Comprehensive look at the journey through Alzheimer's disease.

Maintaining Daily Routines This video examines what parts of activities of daily living and household chores each resident in a long term care facility can do. Their accomplishments provide an opportunity to say thank you for what they contribute to the life of the community, build rapport between staff and residents and increase resident's self-esteem.

Memory Loss Among American Indians (15 minutes) Explores the issue of dementia among the American Indian community.

Minimizing Disruptive Behaviors (21 minutes) Overviews techniques for minimizing and responding to challenging behaviors.

Mouth Care: Parkinson's Disease (14 minutes) Produced by the UK School of Dentistry, this video discusses the importance of mouth care for people with Parkinson's Disease, but, its principles can easily be adapted to persons with all types of dementia.

Musical Journey #1, #2, & #3 (20 minutes each) Video respite

Orientation to Alzheimer's Disease (17 minutes) Gives an introduction & overview of Alzheimer's disease. Accompanying guide available.

Parkinson's Disease: Accept the Challenge (14 minutes) presents the importance of exercise for the person with Parkinson's.

A Part of Daily Life (16 minutes) Describes how caregivers can simplify activities in the home for persons with Alzheimer's disease.

Peace of Mind (8 minutes) Documentation of a man's response and that of his daughter to Alzheimer's disease and death.

The Road To Galveston (1 hour, 33 minutes) A USA Network made-for-TV movie. When a widow finds out her deceased husband has left her three months in arrears on the mortgage payments she decides to turn her house into a care facility for Alzheimer's patients. Then, when the pressure becomes too great, she and her patients embark on a journey to Galveston to get away from it all.

Safe Driving Explores the issue of driving and Alzheimer's.

Saving Memories and Enhancing Lives (16 minutes) Gives an introduction to the Alzheimer's Association and its services and mission.

Solving Bathing Problems in Persons with Alzheimer's Disease (22 minutes) For professional caregivers only. Addresses common bathing problems from actual bathing experiences and offers helpful guidelines for developing a bathing plan of care. Accompanying guide available.

Someone I Love Has Alzheimer's Disease (18 minutes) Video targeted towards youth to explain Alzheimer's disease. Accompanying guide available.

A Thousand Tomorrows (31 minutes) Spousal caregivers explore the issues around intimacy and sexuality. Accompanying guide available.

Wave of Stone (57 minutes) PBS documentary describing Alzheimer's disease and how it affects families. Also addresses research being done to discover a cause and cure.