

## Information for Children and Adolescents

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This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff. Contact your local chapter or local library for availability of the items.

### on this resource list:

#### Alzheimer's Association Publications

*Grandpa do you know who I am? The Alzheimer's Project.*

New York, NY: Home Box Office, Inc.: Chicago, IL; Alzheimer's Association National Office, 2009.

A featured documentary with commentary by Maria Shriver telling the stories of five children whose grandfathers and grandmothers have Alzheimer's disease.

<http://www.hbo.com/alzheimers>

*Inside the brain: an interactive tour*

Chicago, IL: Alzheimer's Association National Office

[http://www.alz.org/alzheimers\\_disease\\_4719.asp](http://www.alz.org/alzheimers_disease_4719.asp)

*Just for kids & teens: helping you understand Alzheimer's disease.*

Chicago, IL: Alzheimer's Association National Office, 2009

[http://www.alz.org/living\\_with\\_alzheimers\\_just\\_for\\_kids\\_and\\_teens.asp](http://www.alz.org/living_with_alzheimers_just_for_kids_and_teens.asp)

## Juvenile Fiction

### Preschool - Grade 3

#### Books

Abeebe, Veronique van den; illustrated by Claude K. Dubois. *Still my grandma*. Grand Rapids, MI; Cambridge, UK: Eerdmans Books for Young Readers, 2007. A young girl describes her special relationship with her grandmother, both before and after Grandma contracts Alzheimer's Disease.  
Green-Field Library Call No.: PZ 7 B598 Gr 2007

Altman, Linda Jacobs. *Singin' with Momma Lou*. New York, NY: Lee & Low Books, Inc., 2002. Nine-year-old Tamika uses photographs, school yearbooks, movie ticket stubs, and other mementos to try to improve the memory of her grandmother, who has Alzheimer's disease.  
Green-Field Library Call No.: PZ 7 A46393 Si 2002

Ballman, Swanee. *The stranger I call Grandma: a story about Alzheimer's disease*. St. Cloud, FL: Jawbone Publishing Corp., 2001. Andrew's beloved grandmother is acting strange. When she has to come live in his house, Andrew's life is suddenly turned upside down. Grandma scares his friends and accuses him of things he did not do. He hates her. Mom has to explain to him why grandma acts as she does. They learn what they need to do to make life tolerable for everyone.  
Green-Field Library Call No.: PZ 7 B192 St 2001

Billington, Carin; illustrated by Keturah Stevens. *Grandma can't remember: so I remember for Grandma.*

Mustang, OK: Tate Publishing & Enterprises, 2007.

*Grandma Can't Remember* was born out of the real life experience of the author whose mother had Alzheimer's disease. The book is written from the viewpoint of a young granddaughter as she tries to understand, as well as accept, her Grandma's new life robbed of her memory.

Green-Field Library Call No.: PZ 7 B598 Gr 2007

Bruns, Judy; illustrated by Mary Coons. *Hattie and her 43 cats.*

Coldwater, OH : Amicus Vitae Press, c2005.

Hattie gets help from the community and her cats find new homes.

Green-Field Library Call No.: PZ 7 B899 Ha 2005

Fox, Mem. *Wilfrid Gordon McDonald Partridge.*

Brooklyn, New York; La Jolla, California: Kane/Miller Book Publishers, 1985.

A small boy tries to discover the meaning of "memory" so he can restore it to an elderly friend.

Green-Field Library Call No.: PZ 7 F8373 Wi 1985

Frantti, Ann. *Grandma's cobwebs.*

Clifton Park, NY: Dagny Publishing.

Claire's parents teach her facts about Alzheimer's disease but don't pay attention to how Claire is feeling about the changes in her grandmother's behavior. Claire tells her friends silly stories about Grandma to make them laugh. Eventually Claire realizes that grandma is still the best grandmother in the world. The book introduces the concept of the three R's of Alzheimer's disease: Relax, Remember, Respect. An educational supplement of questions and answers is included with Grandma's cobwebs. The full-text is available as a flashbook with audio to download for free at [www.AlzheimersHope.com](http://www.AlzheimersHope.com).

Green-Field Library Call No.: PZ 7 F836 GR 2002

Glass, Sue. *Remember me? Alzheimer's through the eyes of a child = Te acuerdas de mi?*

Green Bay, WI: Raven Tree Press, LLC, 2002.

This bilingual tale centers on a girl whose grandfather has Alzheimer's disease. The little girl thinks that her grandfather cannot or doesn't want to remember her. She knows her mother is upset. It must be something she did or didn't do. But what? She mistakenly blames herself, not only for her grandfather's lack of memory but also for her mom's sadness.

Green-Field Library Call No.: PZ 7 G54 Re 2003

Gosselin, Kim. *Allie learns about Alzheimer's disease: a family story about love, patience and acceptance.*

Plainview, NY: JayJo Books, 2002.

When Allie's grandmother is late for their monthly outing, Allie's mother goes to check on her at her home. We see the process the family goes through from noticing early symptoms to diagnosis and treatment and finally education.

Green-Field Library Call No.: PZ 7 G675 Al 2001

McIntyre, Constance R; illustrated by Louise McIntyre. *Flowers for Grandpa Dan.* St. Louis, MO: Thumbprint Press, 2005

"This story in this picture book follows a family through the complete progression of Grandpa Dan's illness, providing a springboard for family discussions. The book also contains an informational page, provided by the St. Louis Chapter of the Alzheimer's Association, that offers facts and suggestions to help adults talk with children about the disease in a candid and supportive way."

Green-Field Library Call No.: PZ 7 M189 FI 2005

Massa, N. *She's my grandmother....*

Bloomington, IN: AuthorHouse, 2006.

As Joey gets older he begins to understand Alzheimer's disease and teaches his family how love can be unchanged in the face of adversity.

Green-Field Library Call No.: PZ 7 M414 Sh 2006

Rosenbluth, Roz; illustrated by Maurie J. Manning. *Getting to know Ruben Plotnick*.

Brooklyn, NY : Flash Light Press, 2005.

This is a story about school-age embarrassment and senility. David is worried about how a popular boy, Ruben Plotnick, will react when he meets Grandma Rosie, whose senile moments cause her to say and do unexpected things. The result is unexpected encounters and surprises.

Green-Field Library Call No.: PZ 7 R813 Ge 2005

Scacco, L. *Always my grandpa: a story for children about Alzheimer's disease*.

Washington, DC: Magination Press, 2006.

During a summer at his grandfather's house, young Daniel, with his mother's help, begins to understand Alzheimer's disease and how it affects not only Grandpa, but the entire family, as well.

Green-Field Library Call No.: PX 7 S275 Al 2006

Sakai, Kimiko; Arai, Tomie. *Sachiko means happiness*.

San Francisco, CA: Children's Book Press, 1990.

Although at first five-year-old Sachiko is upset when her grandmother no longer recognizes her, she grows to understand that they can still be happy together.

Green-Field Library Call No.: PZ 75158 Sac 1990

Schnurbush, Barbara; illustrated by Cary Pillo. *Striped shirts and flowered pants: a story about Alzheimer's disease for young children*.

Libby and her grandmother love to read stories, color pictures, plants gardens, and feed the birds. Libby is puzzled when Nana begins having trouble with words and wearing mismatched clothing. Her parents provide reassurance and guidance.

Washington, DC : Magination Press, c2007.

Green-Field Library Call No.: PZ 7 S362 St 2007

Shriver, Maria. *What's happening to grandpa?*

Boston, MA: Little, Brown and Company, 2004.

Kate, a bright and wise young girl, decides to understand her grandfather and help him and her deal better with his Alzheimer's disease by making a scrapbook

Green-Field Library Call No.: PZ 7 S561 Wh 2004.

Simard, Joyce. *The magic tape recorder.*

Prague, Czech Republic: Joyce Simard Publishing & The Czech Alzheimer's Society, 2007.

The Magic Tape Recorder explains that some older people have Alzheimer's disease, making it difficult to remember things that have just happened. Memory loss is explained as a "broken" tape recorder. When a grandparent can't remember their grandchild's name, it is not because they don't care about them, it's because their tape recorder is not working. The book is based on a program the author offers to elementary school children.

Green-Field Library Call No.: PZ 7 S588 Ma 2007

Thurston, Dorie. *Thank-you for the thistle.*

White Stone, VA: Dorie Books, 2001; <http://www.doriebooks.com>

This is the story of Great Aunt Nellie and her feathered friends. When her nephew Brent notices the golden finches have stopped coming to the bird feeders because Aunt Nellie forgot to find their favorite food, Brent steps in to help.

Green-Field Library Call No.: PZ 7 T544 Th 2002

## Preschool - Grade 3

### Nonfiction

#### Book

Mobley, Tracy; Mobley, Austin. *I remember when.*

Hazelwood, MO : Emerald Falcon Press, 2005.

Written from the point of view of a young child whose mother has Alzheimer's disease.

Green-Field Library Call No.: PZ 7 M687 I 2005

#### Videos

*Loving grandpa.*

Peoria, Illinois: Alzheimer's Association, Central Illinois Chapter, 1997.

Children can learn about Alzheimer's disease through this story with puppets of a grandfather who wanders into a store near his home. He is confused, but a friend of his granddaughter's calms him down and stays with him until his daughter and granddaughter get there. The granddaughter and the friend talk about the disease, the Safe Return

Program, and other kinds of support available to families. For very small children; Available for purchase in limited numbers.

Green-Field Library Call No.: WM 220 VC no. 520 1997

## Grades 4-7

### Fiction

Bauer, Marion Dane. *An early winter*.

New York, NY: Bantam Doubleday Dell Books for Young Readers, 1999.

When eleven-year-old Tim's beloved grandfather develops Alzheimer's disease, Tim tries to restore and save him by taking him out for a fishing adventure at the pond, but the outing turns into a disaster.

Green-Field Library Call No.: PZ 7 B344 Ear 1999

Johnson, J. *Do you have a moon at your house?*

New York, NY: Vantage Press, 2005.

A compassionate story about a child and her grandmother who has Alzheimer's depicting how children deal with the changes of the disease.

Green-Field Library Call No.: PZ 7 J67 Do 2005

Mackall, Dandi Daley. *Horse whispers in the air*.

St. Louis, MO: Concordia Publishing House, 2000.

After she discovers what her grandfather had been collecting in jars which appeared to be empty, Scoop understands that although he had Alzheimer's, he remembered the past.

Green-Field Library Call No.: PZ 7 M153 Ho 2000

Park, Barbara. *The graduation of Jake Moon*.

New York, NY: Athenaeum Books for Young Readers, 2000.

Fourteen-year-old Jake recalls how he has spent the last four years of his life watching his grandfather descend slowly but surely into the horrors of Alzheimer's disease. When Jake is in third grade, Skelly, Jake's grandfather, begins forgetting things. By the time Jake is ready to graduate from eighth grade, Skelly's Alzheimer's disease has progressed to the point where he is barely aware of his surroundings. Jake learns from Skelly's doctor that Alzheimer's disease has three stages, "each . . . worse than the one before it," which Jake thinks of as "(1) sad, (2) sadder, and (3) the saddest thing you've ever seen."

Green-Field Library Call No.: PZ 7 P235 Gr 2002

Swallow, Pamela Curtis. *It only looks easy*.

Brookfield, CT: Mill Brook Press, 2003.

Kat Randall's dog Cheddar is hit by a car driven by an elderly woman with Alzheimer's disease, Mrs. Lawrence. While Cheddar recovers Kat and Mr. & Mrs. Lawrence become friends. Kat stays with Mrs. Lawrence so Mr. Lawrence can run errands. Kat learns responsibility and begins to understand how the disease has affected this family.

Green-Field Library has on order.

Williams, Carol Lynch. *If I forget, you remember*.

New York, NY: Random House, Inc., 1998.

Elyse Donaldson's big plans for the summer unravel when her grandmother moves in with Elyse, her sister and mother. Many changes await Elyse and she develops the strength to help her grandmother and stand up for herself.

Green-Field Call No.: PZ 7 W655 1999

Woodbury, Mary. *Jess and the runaway grandpa*.

Regina, SK: Coteau Books, 1997.

A story that takes place in Canada depicts a neighborhood incident that turns dangerous. Jess Baines' friend, Grandpa Ernie, wanders, taking his camper truck to the wilderness. In split seconds, Jess decides to go with him and together in love and friendship they survive until Jess is able to bring them safely home.

Green-Field Library Call No.: PS 8595 W885 Je 1997

## **Grades 4 – High School**

### **Nonfiction**

Altman, Linda Jacobs. *Alzheimer's disease*.

San Diego, CA: Lucent Books, 2001.

This book, one in the Diseases and Disorders series, gives an overview of the disease, history, research and diagnosis and treatment. It includes a glossary, and a section for further reading.

Green-Field Library Call No.: WM 220 A46393 2001

Borda, Cynthia. *Alzheimer's disease and memory drugs*.

New York, NY: Chelsea House Publisher, 2006.

Defines Alzheimer's disease; provides an overview of brain function, causes of the disease, characteristics of Alzheimer's, information on diagnosis, cholinesterase inhibitors and other treatments.

Green-Field Library Call No.: WM 220 B67 2006

Brill, Marlene Targ. *Alzheimer's disease*.

New York, NY: Benchmark, 2005.

Includes what it's like to have Alzheimer's disease, what is Alzheimer's disease, the history of the disease, and dealing with Alzheimer's.

Green-Field Library Call No.: WM B75 2005

Landau, Elaine. *Alzheimer's disease: a forgotten life*.

New York, NY: Franklin Watts, 2005.

Provides a thorough look at Alzheimer's including the causes, symptoms, diagnosis, treatment, and statistical information and discoveries.

Green-Field Library Call No.: WM 220 L36 2005

McGuigan, Jim. *Alzheimer's disease*.

Oxford, NY: Heinemann Library, 2005

A "Need to Know" series book on Alzheimer's disease.

Green-Field Library Call No.: WM 220 M113 2005

Webber, Barbara. *Alzheimer's disease*.

Detroit, MI: Farmington Hills: Thomson/Gale KidHaven Press, 2005

Defines Alzheimer's disease and discusses how it is diagnosed and treated.

Green-Field Library Call No.: WM 220 W425 2005

Willett, Edward. *Alzheimer's disease*.

Berkley Heights, NJ: Enslow Publishers, Incorporated, 2002. ISBN: 0766015963.

After a profile of the disease and a brief history, symptoms and diagnosis are described and treatment and social implications are discussed, as well as studies about preventative measures and ongoing research. Includes personal stories to this overview. The author relates information about several famous people who have (or had) this disease. A photograph of Ronald Reagan is the cover illustration.

Green-Field Library Call No.: WM 220 W54 2002

## Video

*All in your mind - middle school.*

University of Alabama Center for Public Television & Radio. (800) 463-8825;

<http://www.ALZBRAIN.org>.

1 videocassette (30 min.)

Produced for middle-school students, the program describes the changes in the brain and symptoms of Alzheimer's, and explains how it affects the lives of persons with the disease and their families.

Green-Field Library Call No.: WM 220 VC no. 597.

*All in your mind – high school.*

University of Alabama Center for Public Television & Radio, (800) 463-8825;

<http://www.ALZBRAIN.org>.

1 videocassette (60 min.)

Produced for teenagers, the program describes the workings of the brain and brain disorders such as Alzheimer's disease, depression, and schizophrenia. It compares healthy and unhealthy aging and describes the symptoms of dementia.

Green-Field Library Call No.: WM 220 VC no. 596.

*Just for the Summer.*

James Moll, Barbara Marshall.

Los Angeles, California: Churchill Films. (800) 779-8491;

<http://www.terranova.org>.

1 videocassette (30 min.)

A boy in high school learns about Alzheimer's disease when his grandmother comes to stay with him and his family. During her visit, he comes to understand her illness and grows more sensitive to what she is going through.

Green-Field Library Call No.: WM 220 VC no.138 1991

*Poppy's head.*

Brooklyn, Australia: Angell Productions, 130 Brooklyn Road, Brooklyn, NSW, 2083, Australia. (02) 9985-7207; FAX: (61) (02) 9985-7175.

<http://www.angellpro.com.au>

1 videocassette (23 min.).

Zeb, a teenager, relies on Poppy, his grandfather, for company and guidance. When Poppy is diagnosed with Alzheimer's disease, Zeb's life changes drastically. He is forced to cope with Poppy's confusion and memory loss, while keeping a constant eye out for Poppy's safety and well being. Zeb also faces bullying and teasing from his classmates about Poppy's strange behavior. In the end, Zeb learns to cope with Poppy's illness and to take advantage of the time they still have together.

Green-Field Library does not own.

## **Web Resources**

*Alzheimer's disease: information for children and teenagers.*

ADEAR: Silver Springs, MD, 2009.

<http://www.nia.nih.gov/alzheimers/alzheimers-disease-information-children-and-teens-resource-list>

*For teens and children.*

Alzheimer's Society of Toronto: Toronto, CA, 2009.

[http://www.asmt.org/edu\\_TeensAndChildren.htm](http://www.asmt.org/edu_TeensAndChildren.htm)

*Kidshealth for kids.*

The Nemours Foundation.

(Click on " Health problems of grown-ups")

Created by the Nemours Foundation's Center for Children's Health Media. On the Web since 1995 KidsHealth provides families with accurate, up-to-date, and jargon-free health information they can use. Kids Health has separate areas for kids, teens, and parents - each with its own design, age-appropriate content, and tone.

<http://kidshealth.org/kid>

*Neuroscience for kids.*

Eric H. Chudler, University of Washington, Seattle, Washington.

Eric H. Chudler started neuroscience for Kids in 1996, Ph.D. Dr. Choler received a Science Education Partnership Award from the National Center for Research Resources to work with science teachers to create the materials on Neuroscience for Kids. This meta site provides links to resources for teaching about neuroscience as well as print resources, experiments, demonstrations, activities and worksheets.

<http://faculty.washington.edu/chudler/neurok.html>

*Support Group for Teenagers Who Have Loved Ones with Alzheimer's Disease*

Do Something Inc.

New York, New York

<http://www.dosomething.org/project/support-group-young-people-who-have-loved-ones-alzheimers>

*When dementia is in the house.*

Chow, T.; Nichols, K.

Comprehensive information for parents and teens in language that is candid and appealing to these audiences. The teen section includes "Doctors don't know anything about dementia," "What psychologists say about you," "Advice from kids who understand," "Learn more about dementia," and "How to get help." The parent section discusses how to talk to your teen about dementia, a variety of special challenge topics, and information about the disease.

<http://www.lifeandminds.ca/whendementiaisinthehouse>

## Adult Materials

### Articles, Journal

Antonangeli, Judith. Creating a model of support for children who are coping and caring for a loved one with Alzheimer's disease or a related disorder. *American Journal of Alzheimer's Care and Related Disorders and Research*. September-October 1993; vol. 8(5), pp. 2-4.

Green-Field Library owns.

Beach, Diane. Family caregiving: the positive impact on adolescent relationships. *Gerontologist*. April 1997; vol. 37(2), pp. 233-238.

Green-Field Library owns.

Davies, Helen; Clovis, Christie; Ingram, Linda; et al. Stages of resolution: young adult children coping with an Alzheimer's disease parent. *Clinical Gerontologist*. 2000; vol. 22(2), pp. 43-58.

Green-Field Library owns.

Eisner, E. Preparing yourself: visiting loved ones with Alzheimer's disease. *Advance for Nurse Practitioners*. May 1997; vol. 5(5), pp. 65-67.

Green-Field Library does not own.

Horsma, H. High school genetics education and Alzheimer disease. *Genetic Testing*. 1999; vol. 3(1), pp. 147-153.

Green-Field Library does not own.

Magnuson, Sandy. Strategies to help students whose grandparents have Alzheimer's disease. *Professional School Counseling*. April 1999; vol. 38(3), pp. 342-352.

Green-Field Library does not own.

Shifren, K. Early caregiving and adult depression: good news for young caregivers. *Gerontologist*. April 2001; vol. 41(2), pp. 188-190.

Green-Field Library owns.

Winters, Sandra. Alzheimer's disease from a child's perspective. *Geriatric Nursing*. January-February 2003; vol. 24(1), pp. 36-39.  
Green-Field Library owns.

### Web Resource

Plontz, Michael. *Helping children understand Alzheimer's*.  
Caregiver.com.

[http://www.caregiver.com/channels/alz/articles/help\\_children\\_understand\\_alz.htm](http://www.caregiver.com/channels/alz/articles/help_children_understand_alz.htm)

### Book

Doka, Kenneth; Davidson, Joyce. *Living with grief: when illness is prolonged*.  
Bristol, PA: Taylor and Francis, 1997.

Presents--in separately authored chapters--a guide to living with long term illnesses. This book was produced as a companion to the Hospice Foundation of America's fourth annual national bereavement teleconference. Included is a chapter on the impact of grieving on children and adolescents.

Green-Field Library Call No.: WB 310 L785 1997

## Alzheimer's Information for Children & Adolescents

### A selected list of references compiled by

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