

Core Videos in Dementia, 2004

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff. Contact your local chapter or local library for availability of the items.

Introduction

Healthcare videos have grown in popularity over the last decade. They are a frequently requested source of information for consumers and healthcare professionals. We know that approximately 4.5 million Americans have Alzheimer's disease. By the year 2030, when the entire baby boomer generation will be over the age of 65, that number will skyrocket to 7.7 million. Providing quality information in formats that consumers and healthcare professionals want should be a priority for libraries.

The Association library has compiled a listing of heavily used, good quality videos related to dementia and caregiving. Core Videos in Dementia is designed to assist public, consumer health, special, and academic libraries and resource centers in building video collections in dementia care. It is also intended for family and professional caregivers, support group leaders, trainers, program planners, and others who visit our Web site looking for quality videos. Video titles are arranged in alphabetical order. An index by subject follows the listing.

Each entry includes a summary of the video, a distributor telephone number, the cost for VHS or DVD, and a publisher's Web site when online ordering is available. For the best prices, try comparing the costs at online stores like amazon.com or barnesandnoble.com.

If budget factors are a concern, bulleted videos (•) are the primary recommendation.

Core Videos

- Accepting the challenge: providing the best care for people with dementia. Raleigh, NC: Alzheimer's Association Eastern North Carolina Chapter, 2003. This training video covers symptoms, communication, assessment, and behavior in 4 modules and offers opportunities for review and testing. It is taught by Teepa Snow and Melanie Bunn. It includes lectures, demonstrations, and on-site interactions.

DVD: \$179.00

Phone: (919) 832-3732

www.alznc.org/index.php?option=com_content&view=article&id=50&Itemid=59

- Alone...but not forgotten: a presentation of the Alzheimer's Association. Durham, NC: Educational Media Services, Duke University Medical Center ; Washington, D.C. : District of Columbia Office on Aging, 2000. Distributed by the Alzheimer's Association. The video gives two presentations ("Comfort stop" and "The kindness of strangers") dealing with the growing trend of people with Alzheimer's disease who live alone. It advises caregivers in how to assist them, including safety, health, transport and relationship issues.

VHS: \$30.00

Phone: (800) 223-4405

- Alzheimer's 101: the basics for caregiving. Columbia, SC: South Carolina Educational Television, 1993.

This video offers a basic overview of how to care for someone with Alzheimer's from the early to late stage.

VHS: \$295.00

Phone: (803) 737-3436

•Alzheimer caregiver kit. Baltimore, MD: Video Press, 1997.

Presented by Peter V. Rabins, this video series provides basic information about Alzheimer's disease and care for the healthcare professional and family caregiver. The titles of the three videos are Signs and symptoms of Alzheimer's disease, Alzheimer's disease: responsive care plans, and Minimizing care problems.

VHS: \$150.00 per video / \$400/kit

Phone: (800) 328-7450

www.videopress.org/about_us.html

•Alzheimer's disease: a multi-cultural perspective. Chicago, IL: Terra Nova Films, 1993.

In this program, medical experts and families who have dealt with such issues as talking openly about the disease, seeking assistance, long-term-care placement, and language differences, share their experiences and discuss solutions. The four ethnic groups are Chinese, Japanese, Latino, and Vietnamese. Northern California and Northern Nevada chapter executive director, Bill Fisher is interviewed.

VHS: \$135.00

Phone: (800) 779-8491

www.terrano.org

•Alzheimer's disease: inside looking out. Chicago, IL: Terra Nova Films, 1995.

Personal interviews with people in the early stages of Alzheimer's disease offer insights into how the illness alters their everyday life. They discuss dependence on others, driving, becoming a burden, attitudes toward them, airing emotions and support groups as a valuable resource for those in the early stages of the disease. Produced by the Cleveland Area Chapter.

VHS: \$169.00

Phone: (800) 779-8491

www.terrano.org

•Alzheimer's disease: natural feeding techniques. Chicago, IL: Terra Nova Films, 1993.

Three case studies show that some Alzheimer's residents can be fed orally even in the late stages of the disease. By using the right techniques, nursing home staff can avoid using a gastrostomy tube, improve nutrition, and reduce the risk of infection. The program suggests making breakfast and lunch the biggest meals of the day, serving a variety of food, using more staff to help out at mealtimes, and offering cues for chewing and swallowing. See also Bon Appetit.

VHS: \$89.00

Phone: (800) 779-8491

www.terranoa.org

Alzheimer's disease: pieces of the puzzle. Chicago, IL: Terra Nova Films, 1990.

Training program for staff and family caregivers providing information on Alzheimer's disease, caregiver stress, communication, environment, and safety. Produced by the University of Arizona.

VHS: \$199.00 / 5 video set

Phone: (800) 779-8491

www.terranoa.org

•Alzheimer's journey. Toronto, CA: Alzheimer Society of Canada, 1998.

In three modules, family caregivers can learn what to expect as Alzheimer's disease progresses. The program tells how to manage changes during each of the three stages of the disease and covers such issues as planning for the future, managing daily routines, personal care, and emotional matters. It offers resources and emphasizes during each stage of the disease the need for the caregiver to have respite.

VHS: \$100.00 / 3 video set

Phone: (416) 488-8772

Alzheimer's mystery. Princeton, NJ: Films for the Humanities & Sciences, 2003.

Contains general information on the disease's pathology, research towards a cure, and the importance of compassionate healthcare.

VHS: \$129.00

DVD: \$139.00

Phone: (800) 257-5126

www.alzheimer.ca/english/disease/whatisit-video.htm

Approaching Alzheimer's. Chicago, IL: Alzheimer's Association, 2009.

Features narrator host who is a real life first responder and highlights scenarios of common encounters and information.

•Bathing without a battle: personal care of individuals with dementia.

Chapel Hill, NC: University of North Carolina, 2003.

Primarily for healthcare professionals, this CD-ROM and companion video by Philip Sloane, Joanne Rader, and Anne Barrick suggests ways to reduce the stress of bathing through such activities as in-bed towel bath and other alternatives to showering.

VHS & CD: \$30.00

www.bathingwithoutabattle.unc.edu

Beloved strangers: caring for a love one with Alzheimer's disease. Medfield, MA: Aquarius Health Care Videos, 2003.

Three stories of Alzheimer's portray the difficulties of caregiving as a young physician, a newly-wed, and a family affected by the sandwich-generation.

VHS: \$125.00

Phone: (888) 440-2963

www.aquariusproductions.com

•Best friends. Chicago, IL: Terra Nova Films, 1993.

Volunteers in a day care center show how quality one-on-one care for someone with Alzheimer's disease can head off many of the behavioral

problems often associated with the illness. The volunteers not only act as safe, comfortable companions of people with Alzheimer's but also offer caregivers some relief. Produced by the Lexington Bluegrass Chapter to accompany the book of the same title by Virginia Bell and David Troxel.

VHS: \$95.00

Phone: (800) 779-8491

www.terranoval.org

•Bon appetite: how to create meaningful mealtimes in long-term care.

Chicago, IL: Terra Nova Films, 2001.

The focus of this 2-video training program is on resident autonomy and person-centered care. Covered are the effects of dementia on communication, behavior, and eating, dining experiences with less distraction, and food preparation and service that enable independence.

VHS: \$169.00

Phone: (800) 779-8491

www.terranoval.org

•Caregiver's guide to oral health. Chicago, IL: Terra Nova Films, 1994.

A dentist specializing in geriatric patients explains why good oral hygiene is important for maintaining general health and shows professional and family caregivers how to help the people in their care keep their teeth and gums in good condition. He provides instructions on daily hygiene for the teeth as well as tips on giving oral exams to prevent future problems. Produced by the University of Colorado Health Sciences Center.

VHS: \$97.50

Phone: (800) 779-8491

www.terranoval.org

Caring about Howard. Durham, NC: Educational Media Services, 1998.

A women who looks after her husband with Alzheimer's disease talks about such daily chores, feeding and dressing and keeping him engaged. She discusses the impact of the disease on their relationship and how she handles the change in her life. The program also describes how to handle difficult situations such as wandering and pacing, and reviews different respite care options. Produced the Lisa Gwyther and the Drake ADC.

VHS: \$25.00

Phone: (919) 684-3748

•Choice and challenge: caring for aggressive older adults across levels of care. Chicago, IL: Terra Nova Films, 1998.

Clips of incidents involving aggression among Alzheimer's residents in nursing homes are the basis for this guide to assessing and managing hostile behavior. It shows how providing support and calming residents can help reduce such problems.

VHS: \$159.00

Phone: (800) 779-8491

www.terranoval.org

Communicating with moderately confused older adults. Chicago, IL: Terra Nova Films, 1997.

Experts in aging show how to stimulate the minds of people in the middle stages of Alzheimer's disease without asking for more than they can handle. It shows how, given the right atmosphere, people with dementia can adjust to the changes in their lives.

VHS: \$139.00

Phone: (800) 779-8491

www.terranoval.org

Communicating with oriented older adults. Chicago, IL: Terra Nova Films, 1997.

This program shows how to listen, empathize, and engaged in the give-and-take of effective conversation. It also demonstrates techniques of getting information, paraphrasing, summarizing, and clarifying.

VHS: \$139.00

Phone: (800) 779-8491

www.terranoval.org

Communicating with severely confused older adults. Chicago, IL: Terra Nova Films, 1997.

Provides demonstrations of how to communicate with people who have advanced dementia, including the later stages of Alzheimer's disease.

VHS: \$139.00

Phone: (800) 779-8491

www.terranova.org

Communicating with the "Alzheimer-type" population: the validation method. New York, NY: Filmmakers Library, 1991.

Created and written by Naomi Feil, this video shows two examples of troublesome behavior in elderly people who are disoriented. Provides techniques to assist the caregiver and care recipient. Includes "Marge, the blamer" and Muriel, the wanderer."

VHS: \$150.00

DVD: \$170.00

Phone: (212) 808-4980

www.filmakers.com

•Complaints of a dutiful daughter. New York, NY: Women Make Movies, 1994.

This account of one woman's struggle with Alzheimer's disease seen through her daughter's eyes begins when the mother's symptoms first became apparent. It follows Deborah Hoffman and her mother as they cope with the changes in their lives, using humor and warmth to portray their relationship as loving and meaningful throughout – even when the daughter eventually moves her mother into a nursing home. Nominated for an academy award as best documentary.

VHS: \$275.00

Phone: (212) 925-0606

www.wmm.com/catalog/pages/c127.htm

Controlling pain. Baltimore, MD: Video Press, 2002.

In this 3-video set, Debra Wertheimer stresses the essential role nursing staff play in observing behavior, communicating, assessing and reassessing responses to pain management, and non-pharmacologic approaches to pain management.

VHS: \$400; \$150 each

Phone: (800) 328-7450

www.videopress.org/about_us.html

Coping with Alzheimer's: you are not alone. Madison, WI: University of Wisconsin Extension Publications, 1995.

This program differentiates between normal memory loss and Alzheimer's and other forms of dementia. This video, in three modules, explores important legal and financial steps to take after the diagnosis is made. It also offers suggestions on safety matters and handling the stress of caregiving.

VHS: \$28.00 Order #VB1005

Phone: (608) 262-2655

Dealing with sexually inappropriate behavior: masturbation and sexually provocative behavior. Baltimore, MD: Video Press, 1996.

For nursing home staff, this video suggests effective ways of handling residents' inappropriate sexual behavior. With Georgia Stevens and Suzanne Friedman on location at Pineview Nursing and Rehabilitation Center.

VHS: \$150.00

Phone: (800) 328-7450

www.videopress.org/about_us.html

Dealing with sexually inappropriate behavior: physical touching and disrobing. Baltimore, MD: Video Press, 1996.

Ways to bring inappropriate sexual conduct in the elderly under control while

maintaining a healthy environment are the focus of this program. It explains why such behavior occurs and suggests what to do and what not to do. With Georgia Stevens and Suzanne Friedman on location at Pineview Nursing and Rehabilitation Center.

VHS: \$150.00

Phone: (800) 328-7450

www.videopress.org/about_us.html

Dementia with dignity. Chicago, IL: Terra Nova Films, 2003.

Covers the effects of dementia, communication, and how to utilize the remaining strengths and skills of the person for building self-esteem and stimulating intelligence. This video is geared both toward the professional and family caregiver.

VHS: \$169.00

Phone: (800) 881-8491

www.terranovalia.org

•Diagnosis and management of persons with dementia. Los Angeles, CA: Alzheimer's Association, Los Angeles Chapter, 1998.

A doctor explains what dementia is and outlines the assessment and treatment of the condition, including comorbidity and planning for the long term. A caregiver talks about her experience looking after someone with dementia.

VHS: \$50.00

Phone: (323) 938-3379

•Dress him while he walks: management in caring for residents with Alzheimer's. Chicago, IL: Terra Nova Films, 1993.

Workers in a long term care unit specializing in Alzheimer's disease offer suggestions for handling the wandering, delusions, and hallucinations that can accompany the disease as well as tips for communicating with residents. Using scenes from their facility to illustrate their points, they demonstrate ways to help with such everyday activities as eating, dressing, and bathing. They stress

behavior management instead of behavior modifications, discuss the use of medications, and explain how to tailor care to each individual. Produced by the Miami Valley Chapter under the former title of Caring for Residents with Alzheimer's Disease.

VHS: \$139.00

Phone: (800) 779-8491

www.terranoval.org

•Early onset memory loss: a conversation with Letty Tennis. Chicago, IL: Terra Nova Films, 1992.

A woman beginning to show the signs of memory impairment talks about how it impacts on her work and her relationships with her family and friends. Both she and her husband describe how it has changed their daily lives. This program was created to give loved ones and professionals a good perspective on the early stages of the disease. Interview done by Lisa Gwyther.

VHS: \$145.00

Phone: (800) 779-8491

www.terranoval.org

•Emergency medical technician training video. Fairfax, VA: Alzheimer's Association, Northern Virginia Chapter, 1993.

When the Emergency Medical Team is called to help either a confused individual, perhaps someone with Alzheimer's disease, or the caregiver with a medical emergency it is imperative that the team has an understanding of how to handle this complex situation. This video depicts several scenarios where there is either a confused individual at risk with a medical condition or a caregiver with an emergency medical condition thus placing the confused individual at risk without the support of the caregiver. The tape covers Alzheimer's disease and provides specific guidelines and techniques for meeting the needs of the confused individual.

VHS: \$15.00

Phone: (703) 359-4440

Everyone wins! Quality care without restraints. New York, NY: Independent Production Fund, 1995.

An eight-video kit designed to improve the quality of life in long term care facilities by avoiding the use of physical restraints. The video explores the reasons for avoiding restraints, the implementation of restraint-free care to nursing home management staff and visitors, how to help avoid falls, handle aggressive behavior, and more. The various video titles are geared toward nursing home administrators, nursing staff, and families alike.

VHS: \$199.00

Phone: (800) 779-8491

www.terranova.org

•Facing Alzheimer's: an African-American perspective. Northfield, IL: TMK Productions, 2002.

Hosted by Richard Steele, this original PBS broadcast with Jennie Ward-Robinson, David Bennett, Lisa Barnes, Stephanie Garret and others, is a documentary exploring Alzheimer's through interviews with doctors and caregivers, support groups, church groups, home health agencies, and long-term care providers.

VHS: \$29.00

Phone: (847) 446-9636

The forgetting. St. Paul, MN: Twin Cities Public Television, Inc., 2003.

A PBS documentary with experts Steven DeKosky and Rudolph Tanzi that follows several research studies and families affected by the disease.

Includes Alzheimer's: The Help You Need, a panel discussion with Steven Dekosky, Lisa Gwyther, Edna Ballard, and David Shenk, author of The Forgetting, led by David Hyde Pierce. This discussion covers symptoms, treatment options, research, coping, community resources, and more.

VHS: \$24.98

DVD: \$24.98

Phone: (877) 727-7467

www.pbs.org/theforgetting/about

From here to hope. Durham, NC: Educational Media Services, 1998.
People with Alzheimer's disease join caregivers and researchers and present a broad perspective on the disease. The program includes experiences of people in each stage of the disease and presents caregivers with an overview of home health care, adult day care, and respite services. Using an autopsy,

experts show the changes that occur in the brain and discuss treatment options.

VHS: \$25.00

Phone: (919) 684-3748

Grace series

•Grace. Baltimore, MD: Video Press, 1987.

This Emmy award-winning program tells the story of Grace Kirkland, who has a progressive dementia disorder. At the beginning of this seven-year journey, Grace begins having trouble with her short-term memory. Four years later she has stopped speaking and spends her waking hours pacing through the house. Two years after that, she needs help walking and eating. Nevertheless, Grace and her husband weather their troubles with an indomitable spirit.

VHS: \$200.00

Phone: (800) 328-7450

www.videopress.org/about_us.html

•Caregiving with Grace. Baltimore, MD: Video Press, 1987.

Ten years after her diagnosis, Grace Kirkland's progressive dementia reaches the point at which she needs constant supervision and help with activities of daily living. Her husband Glenn and a foster home caregiver show how they handle both the practical and emotional issues that result. At this point, Grace is no longer able to understand what is being said and rarely speaks at all.

VHS: \$200.00

phone: (800) 328-7450

www.videopress.org/about_us.html

•Living with Grace. Baltimore, MD: Video Press, 1992.

When Grace Kirkland's progressive dementia is in its early stages, her husband shows how he handles the changes in his wife—the confusion, mood swings, and catastrophic reactions—and how it has changed their life as a couple. He manages in part through the support of others.

VHS: \$200.00

Phone: (800) 328-7450

www.videopress.org/about_us.html

•Moments with Grace. Baltimore, MD: Video Press, 2004.

A 5-minute video containing excerpts from "Grace," useful for board orientation and major donor programs.

VHS: \$50.00

Phone: (800) 328-7450

www.videopress.org/about_us.html

HIPPA: a privacy compliance video. Virginia Beach, VA: Coastal Training Technologies, Corp., 2003.

Reflects the most recent HIPPA (Health Insurance Portability and Accountability Act) changes. Topics include the use and disclosure of protected health information, consent and authorization, patient rights, administrative requirements, compliance, and more.

VHS: \$395.00

Phone: (800) 725-3418

www.coastal.com

Home care for people with Alzheimer's disease. Gaithersburg, MD: Aspen Publishers, 1995.

This program addresses the day to day challenges of Alzheimer's disease. Three programs provide specific help to caregivers. Titles are: Activities of Daily Living, Communication, and Home Safety.

VHS: \$449.00

Phone: (888) 331-7114

www.therapeuticresources.com/61-7text.html

•How to communicate effectively with someone who has Alzheimer's disease. Meford OR: Healing Arts Communications, 2001.

Reinforcing that the person with Alzheimer's lives only in the moment, this program introduces the viewer to the effects of the disease. Topics include repetitive questioning, doing chores, aggression, answering difficult questions, and the use of language and other forms of communication. The video incorporates interviews with experts and family members.

VHS: \$99.00

Phone: (888) 846-7008

www.homecarecompanion.com/videos.html

•In your hands. Chicago, IL: Terra Nova Films, 1994.

Using case studies – including a woman with Alzheimer's disease – the program, narrated by Helen Hayes describes how people with chronic illness can use legal documents to preserve the right to make their own decisions as long as possible, then to assign that responsibility to someone else when necessary. It describes durable power of attorney and trusts, medical power of attorney, and living wills.

VHS: \$149.00

Phone: (800) 779-8491

www.terranoval.org

In your hands - nursing home resident care. Chicago, IL: Terra Nova Films, 1995.

For orientation and training of nurses aides, the video hosted by Robert Butler promotes respectful care while including both scenes of improper caregiving and abusive behavior along with those that are sensitive and respectful.

VHS: \$139.00

Phone: (800) 779-8491

www.terranoval.org

Injury prevention / preventing choking and aspiration. Chicago, IL: Terra Nova Films, 2001.

Such problems as weak swallowing muscles, poor cough, gag reflexes, and dementia can be characteristics of the elderly. Prevention tips and techniques

are covered in this video for reducing the risk of choking, aspiration, strangulation, and suffocation. Step-by-step instructions for using the Heimlich Maneuver are included

for conscious and unconscious persons.

VHS: \$119.00

Phone: (800) 779-8491

www.terranova.org

Is Mrs. Jones OK? Baltimore, MD: Video Press, 2001.

Staff discuss specific guidelines on appropriate “checking” of residents, when looking in the door just isn’t enough for providing information. Checking vital signs, observing changes, and recognizing individual differences are covered.

VHS: \$150

Phone: (800) 328-7450

www.videopress.org/about_us.html

Journey by the heart. Chicago, IL: D-Facto Film Studio, 2009

A film about the importance of good quality of life for persons with dementia through music, dance, art, quilting, holistic exercise, and acceptance.

Closed captioned in English and Spanish.

DVD: \$89

Phone: (800) 779-8491

www.terranova.org

•Just for the summer. Chicago, IL: Terra Nova Films, 1990.

A boy in high school learns about Alzheimer’s disease when his grandmother comes to stay with him and his family. During her visit, he comes to understand her illness and grows more sensitive to what she is going through. Originally done as an “after school special” for commercial television.

VHS: \$149.00

Phone: (800) 779-8491

www.terranova.org

•La familia Latina y problemas de la memoria: la enfermedad de Alzheimer.

Chicago, IL: Alzheimer's Association, 2007.

The Latino family and Alzheimer's disease is a telenovela which tells the story of a family that goes through stages of awareness, diagnosis, and care for a grandmother who has Alzheimer's disease. With warning signs, diagnosis, care and resources of the Alzheimer's Association, this DVD is a starting point for families who have no experience with the disease. This DVD has been made possible by Kaiser Permanente.

1 DVD (32 min); consult your local Alzheimer's Association.

•Living in Alzheimer's disease. San Diego, CA: George G. Glenner Alzheimer's Family Centers, Inc., 1999.

Alzheimer's disease receives comprehensive coverage in this video program that addresses physiology, warning signs, diagnosis, stages, behavior, activities of daily living, and caregiving.

VHS: \$10.00

Phone: (619) 543-4700

•Managing and understanding behavior problems in Alzheimer's. Chicago, IL: Terra Nova Films, 1990.

Ten videos produced by Linda Teri cover such topics as depression, aggressive behaviors, hallucinations/delusions, paranoia and suspiciousness, language deficits, personal hygiene, wandering, inappropriate sexual behaviors, depression, caregiver issues.

VHS: \$295.00

Phone: (800) 779-8491

www.terranova.org

Memory loss among American Indians: the caregiving experience. Helena, MT: Aging Services Bureau, Department of Public Health & Human Services, 1996.

Native Americans whose parents have Alzheimer's disease discuss the early symptoms, share their caregiving techniques, and talk about how the illness has affected their own lives.

VHS: Free

Phone: (406) 444-4077

•More than a thousand tomorrows. Chicago, IL: Terra Nova Films, 2003.
It is six years later and Everett and Betty Jordan, a couple who had been in the original program, A Thousand Tomorrows, are interviewed. Everett gives a candid account of the disease, focusing on the intimate relationship he and Betty have shared and the changes that occurred during those years. See also Thousand Tomorrows: Intimacy, Sexuality and Alzheimer's.

VHS: \$179.00

Phone: (800) 779-8491

www.terrano.org

•My challenge with Alzhiemer's. Chicago, IL: Terra Nova Films, 1996.
In this first person account, a schoolteacher who was diagnosed with Alzheimer's disease while in her mid-50s talks about the changes in her life since then. She discusses the critical role her doctor played in the initial stages and how people have treated her after discovering she had the disease. She offers suggestions for people who are diagnosed with the disease and for those who interact with them.

VHS: \$119.00

Phone: (800) 779-8491

www.terrano.org

•Nursing assistant video-based instruction. Waunakee, WI: Wisconsin Technical College System Foundation, 1994.
This wide-ranging course for nurses' aides consists of eighty videos overall with six videos focusing on dementia. The titles are What Is Dementia, Environment and Activities, Nursing Assistant Caregiver, Mealtime Interventions, Working with Behavioral Challenges, Family Support and Community Resources.

VHS: \$59.00 each

Phone: (608) 849-2425

On our own terms – Moyers on dying in America. Princeton, NJ: Films for the Humanities and Sciences, 2000.

In this four-part PBS series, Bill Moyers interviews patients, caregivers, and medical professionals in real life situations candidly discussing the subject of death

in America. Medical, legal, and public policy experts offer ways to improve end of life conditions. Program segment titles include “Living with dying,” “Different kind of care,” “A death of one’s own,” and “A time to change.”

VHS: \$319.00

DVD: \$395.95

Phone: (800) 257-5126

www.films.com

Pain management in long-term care: case studies. Chicago, IL: Terra Nova Films, 2002.

Training video to apply the principles of chronic pain assessment and management. It covers the implications of drug use and serves as a guide for non-pharmacological therapies and individualized care plans for chronic pain in the elderly.

VHS: \$159.00

Phone: (800) 779-8491

www.terrano.org

•Palliative care for advanced dementia: a self-instructional seven-part video. Phoenix, AZ: Alzheimer's Association Desert Southwest Chapter, 2004.

A video training program for healthcare professionals working in long-term care, illustrates the benefits of a culture change in palliative care for persons with Alzheimer's disease. It focuses on getting the job done, basic approaches proven to give comfort, the difference between medicating for behavior and medicating for pain, bathing methods that are more comfortable and efficient, alternatives for meals, activities for advanced dementia, and more.

VHS: \$79.00

Phone: (602) 528-0545

•Paranoia, suspiciousness and accusations. Baltimore, MD: Video Press, 1993.

Understanding the causes of paranoia, suspiciousness, and accusations in nursing homes can be the first step to keeping such conduct at a minimum. The video presented by Peter V. Rabins explains common reasons why nursing home residents sometimes display these distressing behaviors and furnishes some practical solutions.

VHS: \$150.00

Phone: (800) 328-7450

www.videopress.org/about_us.html

Positive approaches to difficult behaviors. Baltimore, MD: Video Press, 1993. This program presented by Peter V. Rabins offers nursing home caregivers effective ways to manage behavior problems in residents. It explains emotional and behavioral troubles that nursing home staff are likely to encounter and discusses how to evaluate and manage them. It also illustrates how to teach these techniques to colleagues.

VHS: \$150.00

Phone: (800) 328-7450

www.videopress.org/about_us.html

•Prescription for caregivers: take care of yourself. Chicago, IL: Terra Nova Films, 1995.

Wendy Lustbader, a social worker who cared for her own grandfather, helps viewers share their feelings about looking after elderly relatives, including those with Alzheimer's. She helps caregivers come to terms with the guilt, resentment, and feelings of anxiety that occur. She talks about the importance of respite and the often difficult decision to move a loved one into a nursing home.

VHS: \$119.00

Phone: (800) 779-8491

www.terranoval.org

•Preventing and reducing negative and abusive responses. Baltimore, MD: Video Press, 1997.

This video program in two parts presented by Georgia Stevens shows how to ease the strain and prevent caregivers from reacting in negative ways.

Caregivers open up about which demands are the most stressful – verbal

abuse, physical abuse, residents' troublesome behavior, overwork, or demands from residents' families. Then they decide how to cope with those stresses.

VHS: \$150.00

Phone: (800) 328-7450

www.videopress.org/about_us.html

Ray of hope: facing the holidays following a loss. Wheeling, IL: Film Ideas, Inc., 1995.

People who have lost loved ones offer suggestions for getting through holidays and other times that arouse sentimental memories.

VHS: \$110.00

Phone: (800) 475-3456

Reflections on memories lost: stories of early Alzheimer's disease. Silver Spring, MD: Alzheimer's Disease Education & Referral Center, 2003.

Based on Lisa Snyder's book Speaking Our Minds, this video aims to raise public awareness and covers the early signs of Alzheimer's disease.

VHS: \$7.50

Phone: (800) 438-4380

www.nia.nih.gov/Alzheimers/Publications/reflections.htm

•Safe Return: saving lives. Chicago, IL: Alzheimer's Association National Office, 2000.

Wandering can often be a life-threatening behavior for a memory-impaired adult. It is also an emotionally wrenching experience for caregivers. This 12-minute video includes information about understanding and managing wandering behavior and how families can be prepared for an emergency.

Several families discuss their real-life stories and how they have successfully used the Alzheimer's Association Safe Return Program to reunite them with their lost loved ones.

VHS: \$8.00, unlooped (12 min.); \$15.00, looped (60 min.)

Phone: (800) 223-4405

- Safe Return police training video. Cambridge, MA: Alzheimer's Association, Massachusetts Chapter; Newton, Massachusetts: Communication Media Group, 1995.

This video explains the Safe Return program. It demonstrates how to communicate with a person who has dementia and law enforcement personnel attempting to safely return to their home persons with dementia encountered in the community.

VHS: \$12.99

Phone: (800) 735-0264

- Saving memories, enhancing lives. Chicago, IL: Alzheimer's Association National Offices; Glendale Heights, IL: FilmComm, 1999.

In this 16-minute video, featuring National Board President Orient Reid, people affected by Alzheimer's disease describe how the Alzheimer's Association has improved lives – by funding research, working to change legislation, and providing information and vital support services. Includes inspirational stories of positive reaction and commitment to the Association's vision of "a world without Alzheimer's

disease." Chapters can localize the tag information at the end of the video by contacting FilmComm.

VHS: \$8.00

Phone: (800) 223-4405

- Sleep, sex, and wandering. Baltimore, MD: Video Press, 1993.

This educational program presented by Peter V. Rabins is designed for staff members at long term care facilities and discusses such disorders as wandering and inappropriate sexual behavior. It explains why these problems occur and suggests ways to intervene.

VHS: \$150.00

Phone: (800) 328-7450

www.videopress.org/about_us.html

- Solving bathing problems with Alzheimer's disease and related disorders. Chicago, IL: Terra Nova Films, 1996.

This video developed by Philip Sloane for the Alzheimer's Association helps caregivers determine what might be causing inappropriate behavior and develop a flexible plan for bathing and how to include that information in the resident's personal record.

VHS: \$89.00

Phone: (800) 779-8491

www.terrano.org

•Someone I love has Alzheimer's disease. Cambridge, MA: Alzheimer's Association, Massachusetts Chapter; Boston, Massachusetts, Lifecycle Productions, Newton, Massachusetts, 1993.

Shelly Fabares narrates this program which explains Alzheimer's disease to young people. It includes interviews with children ages seven to fifteen who have family members with the disease and shows scenes of them caring for their relatives.

VHS: \$169.00

Phone: (800) 779-8491

www.terrano.org

Sundowning: a caregiver's guide. San Marcos, CA: Advanced Healthcare Studies, 2003.

Featuring administrators, nurses, activity directors, and caregivers, this video includes practical tips, techniques, and solutions for managing sundowning.

VHS: \$59.00

Phone: (800) 444-1384

www.advhs.com

•Thousand tomorrows: intimacy, sexuality and Alzheimer's. Chicago, IL: Terra Nova Films, 1995.

Alzheimer's disease can produce either hypersexuality or loss of interest in sex. Three married couples speak frankly to Dan Kuhn about how Alzheimer's disease has affected their relationships. See also More than a Thousand Tomorrows.

VHS: \$265.00

Phone: (800) 79-8491

www.terranova.org

•Training manual and video for dementia care specialists. Baltimore, MD: Johns Hopkins University Press, 1996.

This video explains how to begin a program of caring for people with dementia in any kind of environment from the home to day care centers to assisted living and to nursing homes. It covers how to assess individual cases, how to adjust the person's physical surroundings to make them safer, and ways to interact. It also discusses how the disease affects family relationships and emphasizes the importance of respite and outside support for relatives.

VHS: \$99.00 #0801852684

Phone: (410) 516-6900

•Understanding Alzheimer's disease and Alzheimer's safety. Chicago, IL: Alzheimer's Association National Office, 2009.

This two-subject DVD provides an introduction to Alzheimer's disease and safety. It covers guidelines on diagnosis and treatment and tips for everyday life with dementia. The second part outlines safety issues and helps with planning and preparation, such as how to make your home safe, how to travel safely, medications and staying safe, wandering and driving.

1 DVD (27 min) \$34.95

Phone: (800) 272-3900

www.four51.com/UI/Custom.aspx?p=Catalog&CatID=rHNRJIWYwVS6bQ-pdqugvqzD8vJzLJSxdektzJfERORGG-pNULTs95A-e-e&CatInteropID=01-07037046-Caregivers+Resources-Educational+Products&CEI=dd5c8a81-5b5d-4027-892b-eb01336376bb

Video respite series. Salt Lake City, UT: Innovative Caregiving Resources. This series of videotapes will engage the person with Alzheimer's disease by sparking memories through music and conversation. If budget factors are a concern, choose only the videos with bullet points (•). The titles in the series are Favorite Things, 1998; •Gonna Do a Little Music, 1993; •Ladies Let's Chat, 1994; •Lunchbreak with Tony, 1994; Remembering When, 1994; Sharing Christmas Cheer, 1994; •Visit with Maria, 1994; Yankee Doodle

Dandy Time, 1994; Those Good 'Ole School Days, 1998; Favorite Canadian Memories, 1998; Movement, Music and Memories, 1996; Sharing Favorite Things, 1996; Kibitz with David, 1994; Celebrating African American Culture, 1994.

VHS: \$35.00 – \$59.95 each

Phone: (800) 249-5600

www.videospite.com

•Voices of Alzheimer's. Chicago, IL: Alzheimer's Association National Office, 2003.

An interview and discussion with four persons with early Alzheimer's and their family members moderated by Dan Kuhn at the opening plenary of the 11th National Alzheimer's Education Conference, 2003.

VHS; CS763Z: \$35.00

DVD; CS762Z: \$35.00

Phone: (800) 223-4405

Voices of caregiving: insights from along the way. Chicago, IL: Terra Nova, 1997.

Seven adult children from a variety of ethnic backgrounds talk about caring for relatives with dementia and show that each family's situation is unique. They talk about concerns over money and losing control over their lives. They discuss coping mechanisms, what they've learned from the experience of caregiving, how they have involved children in the process and how they have tried to keep a positive outlook.

VHS: \$119.00

Phone: (800) 779-8491

www.terranova.org

When your parent needs you: a guide to positive growth. Orleans, MA: Paraclete Press, 2002.

This video covers such areas as becoming a parent's caregiver, balancing work and personal life, coping with negative emotions, and compassionate care. It emphasizes the opportunities for personal growth, giving back, and sharing their final years with them. It uses interviews with caregivers and experts on aging.

VHS: \$24.00

(800) 451-5006

www.paracletepress.com

Working it out: support groups for nursing home aids. Chicago, IL: Terra Nova Films, 1992.

This video shows how nursing assistants can reduce stress through support groups to help minimize turnover and burnout.

VHS: \$112.50

Phone: (800) 779-8491

www.terrano.org