

Persons with Alzheimer's Disease

A selected list of personal narratives

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff. Contact your local chapter or local library for availability of the items.

On this resource list:

- Alzheimer's Association Publications
- Articles
- Books
- Newsletters
- Videos
- Web Sites
- Other Dementias

Alzheimer's Association Publications

I have Alzheimer's: my story.

Read personal stories written by people with Alzheimer's disease. Also visit the the [Tributes](#) section on alz.org, which allows you create and update your own special Web page to share your story or the story of a loved one with your family and friends. Through your page, others can share their memories and also make online donations to help support the Alzheimer's Association mission. You can also share your story on our [Message Boards](#).

http://www.alz.org/living_with_alzheimers_8510.asp

Voices. (video clip). Chicago, IL: Alzheimer's Association National Office; action@alz.org channel. A public awareness video from the Alzheimer's Association with comments from people with early-stage Alzheimer's and their families, media, and Association spokespersons.

<http://www.youtube.com/actionalz#p/a/u/1/zLRYcj8hv58>

Voices of Alzheimer's.

Chicago, IL: Alzheimer's Association, 2003.

1 videocassette (83 min)

A panel of individuals with Alzheimer's disease and family members discuss early symptoms, the disease's impact on their lives and their hope for the future.

Green-Field Library Call No.: WM 220.5 VC no.983 2003

Articles

Persons with Alzheimer's describe how the disease affects their lives and the coping strategies that offer them support.

Friedell, Morris. Awareness: a personal memoir in the declining quality of life in Alzheimer's. *Dementia: The International Journal of Social Research and Practice*. October 2002; vol. 1(3), pp. 359-366.

Green-Field Library owns.

Gillies, Brenda. A memory like clockwork: accounts of living through dementia. *Aging & Mental Health*. November 1, 2000; vol. 4(4), pp. 366-374.

Green-Field Library does not own.

McKillop, J.; Wilkinson, H. Make it easy on yourself! Advice to researchers from someone with dementia on being interviewed. *Dementia: The International Journal of Social Research and Practice*. May 2004; vol. 3(2), pp. 177-125. Green-Field Library owns.

Truscott, Marilyn. Life in the slow lane. *Alzheimer's Care Quarterly*. January-March 2003; vol. 4(1), pp. 11-17.

Green-Field Library owns.

Windows into Alzheimer's disease: inside looking out. *Alzheimer's Care Quarterly*. Spring 2002; vol. 3(2), pp. 95-102.

Green-Field Library owns.

Books

Davis, Robert. *My journey into Alzheimer's disease: a story of hope*. Wheaton, IL: Tyndale House, 1989. ISBN: 0843246457.

A former pastor chronicles his personal spiritual and emotional journey as he experiences memory loss and confusion from Alzheimer's disease.

Green-Field Library Call No.: WM 220.5 D35 1989

DeBaggio, Thomas. *Losing my mind: an intimate look at life with Alzheimer's*. New York, NY: The Free Press, 2002. ISBN: 0743205650.

This account was begun on the day of diagnosis and is described as an autobiography, a medical history, and a testament to the beauty of memory.

Green-Field Library Call No.: WM 220.5 D286 2002

DeBaggio, Thomas. *When it gets dark: an enlightened reflection on life with Alzheimer's*.

Flavored with correspondence, poetry, and quotes, Thomas DeBaggio in his second book goes deeper into the past with gentle observations about Alzheimer's disease and descriptions about his success as an herb grower.

New York, NY: The Free Press, 2003. ISBN: 0743250036

Green-Field Library Call No.: WM 220.5 D286w 2003

Henderson, Cary Smith. *Partial view: an Alzheimer's journal*.

Dallas, TX: Southern Methodist University Press, 1998. ISBN: 0870744380.

The author provides a view of what it is like to have Alzheimer's disease. Filled with excellent photographs by Nancy Andrews.

Green-Field Library Call No.: WM 220.5 H496 1998

Lee, Jeanne L. *Just love me: my life turned upside down by Alzheimer's*.

West Lafayette, IN: Purdue University Press, 2003. ISBN: 1557532982.

The author candidly reveals her thoughts and emotions through numerous health situations before getting the accurate diagnosis of Alzheimer's disease.

Green-Field Library Call No.: WM 220.5 L478 2003.

Mobley, Tracy. *Young hope*.
Hazelwood, MO: Emerald Falcon Press, [2004]. ISBN: 0972523030.
The author, who has early-onset, offers a candid picture of the mental struggles inherent in Alzheimer's, the daily challenges that she and her family face, and how they cope.
Green-Field Library Call No.: WM 220.5 M687

Raushi, Thaddeus M. *A view from within: living with early onset Alzheimer's*.
Albany, NY: Northeastern New York Chapter, Alzheimer's Association, 2001.
Reflects the author's inner thoughts and feelings about living with Alzheimer's disease.
Green-Field Library Call No.: WM 220.5 R248 2001

Rose, Larry. *Larry's way: another look at Alzheimer's from the inside*.
New York, NY: iUniverse, Incorporated, 2003. ISBN: 0595289274.
Larry Rose shares his feelings and insights about having Alzheimer's disease with a positive outlook.
Green-Field Library Call No.: WM 220.5 R796I 2003

Rose, Larry. *Show me the way to go home*.
Forest Knolls, CA: Elder Books, 1996. ISBN: 0943873088.
The author, diagnosed at the age of 54, writes of his day-to-day experiences in coping with Alzheimer's disease.
Green-Field Library Call No.: WM 220.5 R796 1996

Sabat, Steven R. *The experience of Alzheimer's disease: life through a tangled veil*.
Malden, MA; Oxford, UK: Blackwell Publishers Ltd; Blackwell Publishers Inc., 2001. ISBN: 0631216669.
Highlighted with dialogue and interviews with persons in various stages of Alzheimer's, this book covers topics related to communication and selfhood.
Green-Field Library Call No.: WM 220 S113 2001

Schneider, Charles. *Don't bury me...it ain't over yet.*
Bloomington, IN: AuthorHouse, 2006. ISBN: 1425913954.
A former policeman and current fireman learns he has Alzheimer's disease at age 52. He takes the reader through the first signs of the disease and the pivotal moments that contributed to the onset of his illness, as a way of helping himself and his family cope with the future.
Green-Field Library Call No.: WM 220.5 S358 2006

Simpson, Robert. *Through the wilderness of Alzheimer's: a guide in two voices.*
Minneapolis, MN; Augsburg: Northam; Roundhouse, 1999. ISBN: 0806638915.
Provides the perspective of both the person with AD and his spouse.
Green-Field Library Call No.: WM 220.5 S613 1999

Smoller, Esther Strauss. *I can't remember: family stories of Alzheimer's disease.*
Philadelphia, PA: Temple University Press, 1997. ISBN: 1566395550
Photo-essay of four families dealing with Alzheimer's. Family members describe their feelings and the process of coming to grips with disease. Stories by 2 daughters, a wife, and a person with Alzheimer's.
Green-Field Library Call No.: WM 220.5 S666 1997

Snyder, Lisa. *Speaking our minds: personal reflections from individuals with Alzheimer's.*
New York, NY: W. H. Freeman, 1999. ISBN: 0716732246.
Seven individuals of various ages and backgrounds express their thoughts and feelings about what it is like to have Alzheimer's disease.
Green-Field Library Call No.: WM 220.5 S675 1999

Taylor, Richard. *Alzheimer's from the inside out.*
Baltimore, MD: Health Professions Press, 2007. ISBN: 1932529233.
Offers a glimpse into the world of psychologist Richard Taylor, who was diagnosed with Alzheimer's disease at age 58.
Green-Field Library Call No.: WM 220.5 T245 2007

Utermohlen, W. *Portraits from the mind: the works of William Utermohlen – 1995 – 2000: a retrospective of the artist's work before and after diagnosis with Alzheimer's disease* / presented by the Alzheimer's Association Salt Lake City, UT: Myriad Pharmaceuticals, 2008 Green-Field Library Call No.: ND 237 U89 2008

Zabbia, Kim Howes. *Painted diaries: a mother and daughter's experience through Alzheimer's.*

Minneapolis, MN: Fairview Press, 1996. ISBN: 157749007X

The mother, a newspaper reporter, began a diary when diagnosed with Alzheimer's disease. The diary continued until she was no longer able to read and write. The daughter took over with her artwork and some narrative.

Green-Field Library Call No.: WM 220.5 Z12 1996

Newsletters

Insight.

Vancouver, BC: Alzheimer Society of British Columbia.

A newsletter whose content is written mostly (85%) by people with dementia.

Call: (800) 667-3742.

<http://www.alzheimerbc.org/News-and-Events/Newsletters.aspx>

Green-Field Library does not own.

Living with dementia.

Exeter, Devon: Alzheimer's Society.

Bi-monthly newsletter for people with dementia. Subscribe:

http://www.alzheimers.org.uk/I_have_dementia/Newsletter

Green-Field Library does not own.

Perspectives: a newsletter for individuals diagnosed with Alzheimer's disease.

La Jolla, CA: Lisa Snyder, 1995-

Call (858) 622-5800

Green-Field Library owns.

Videos

Alzheimer's disease: inside looking out.

Chicago, IL: Terra Nova Films, 1994.

1 videocassette (18 min.)

Features persons with Alzheimer's disease sharing their experiences.

Green-Field Library Call No.: WM 220.5 VC no.298 1994

Early onset memory loss: a conversation with Letty Tennis.

Durham, NC: Duke University, 1992.

1 videocassette (22 min.)

Tennis and her husband relate how she learned about and copes on a daily basis with memory loss due to early onset Alzheimer's disease.

Green-Field Library Call No.: WM 220.5 VC no.82 1992

My challenge with Alzheimer's disease.

Chicago, IL: Terra Nova Films, 1995.

1 videocassette (16 min.)

Beverly Wheeler describes in a very personal way experiences that are common to people who know they have Alzheimer's disease. She shows that life goes on after diagnosis.

Green-Field Library Call No.: WM 220.5 VC no.374 1995

Primary degenerative dementia of the Alzheimer's type: "I feel that I am not my own person": impact of illness.

St. Louis, MO: St. Louis University Medical Center, 1988.

1 videocassette (56 min)

Dr. and Mrs. David Bronsen share their experiences with Alzheimer's disease. The first 4 segments were filmed in 1983, four years after Dr. Bronsen was first diagnosed. The last segment was filmed in 1988 after Dr. Bronsen was placed in a nursing home facility.

Green-Field Library Call No.: WM 220.5 VC no.294 1988

Reflections on memories lost: stories of early Alzheimer's disease.
Silver Spring, MD: Alzheimer's Disease Education & Referral Center,
2003.

1 videocassette (33 min.)

Based on Lisa Snyder's book *Speaking Our Minds*, this video aims to raise public awareness and covers the early signs of Alzheimer's disease.

Green-Field Library Call No.: WM 220.5 VC no.892 2003

Stranger in the home.

Toronto, Ont.: Alzheimer Society of Canada, 1995.

1 videocassette (25 min)

This interview with a woman who has Alzheimer's—and who understands her diagnosis—offers a frank discussion about how it feels to experience the disease and to be told what the diagnosis is.

Green-Field Library Call No.: [on order]

Stolen memories.

New York, NY: Filmmakers Library, 2000.

1 videocassette (49 min.)

Filmed over 10 months, this film follows three people in their fifties who have been recently diagnosed with Alzheimer's disease. All are married with children and are struggling to come to terms with their disease.

Green-Field Library Call No.: WM 220.5 VC no.810

Web Site

DASN International: Dementia Advocacy and Support Network.

“A worldwide organization by and for those diagnosed with dementia working together to improve our quality of life.”

<http://www.dasninternational.org>

Other Dementias

Boden, Christine. *Who will I be when I die?*

North Blackburn, Victoria, Australia: HarperCollins Religious, 1998.
ISBN: 1863717331.

Christine Boden was 46 when she was diagnosed with Alzheimer's disease. Her diagnosis has since been changed to frontotemporal dementia.

Green-Field Library Call No.: WM 220.5 B666 1998

Bryden, Christine. *Dancing with dementia: my story of living positively with dementia.*

London; Philadelphia, PA: Jessica Kingsley, 2005. ISBN: 184310332x
Second book by Christine, who has married and taken the name Bryden.
Green-Field Library Call No.: WM 220.5 B666d 2005

Skloot, Floyd. *A world of light.*

Lincoln, NE: University of Nebraska Press, 2005. ISBN: 0803243189.

Brain damage caused by a virus impairs the cognitive abilities of this author who describes how he pieces his memory back together. His mother has Alzheimer's which plays a major part in his own journey and deepens his understanding of the disease.

Green-Field Library Call No.: PS 3569 S628 2005

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Updated January 2010