

What books are available on activities for families and professional caregivers?

Family and professional caregivers are often looking for good books on activities for persons with Alzheimer's disease. Identified here is a selected list of books and other resources on activities.

Materials may be available for loan from the Green-field Library or for purchase through various outlets.

Related to Popular Searches is:
How to Borrow

Prepared by the Alzheimer's Association Green-Field Library; greenfield@alz.org; 312.335.9602

Books and resources for early to moderate stage

Bite-size piece of my past: writing your life story in digestible chunks

Andrea Bargsley Vincent.
Bloomington, IN: Trafford Publishing, 2006.

Elder reminiscence and trivia books

Fort Atkinson, WI: Nasco
A web site of dozens of products including books to stimulate cognition.
<http://www.enasco.com>

Linda Mcclean and Christina Olsen books

Brookings, OR: BookSurge Publishing
Includes *Senior Smart Puzzles books I & II, Mazes, Hidden Object, and Same/Different Puzzles.*
<http://www.booksurge.com/search.htm?keyword=linda+mcclean>

Lydia Burdick books

Baltimore, MD: Health Professions Press, 2005.
Books for persons with memory impairment to read aloud with someone else. Search the Web site by author or titles: *Happy New Year to You!, Sunshine on My Face, and Wishing on a Star.*
<http://www.healthpropress.com/store/index.htm>

Patricia Garbarini books

Bloomington, IN: Xlibris.
Uses appropriate language and photographs to stimulate persons with dementia. Includes *Autumn in the Country, Spring in the Park, Summer by the Water, and Winter Fun.*
<http://www2.xlibris.com>

Senior activities

Fort Atkinson, WI: Nasco
Hundreds of activity products for persons with early stage and moderate Alzheimer's.
<https://www.enasco.com>

Strengthen your mind: activities for people with early memory loss

Kristin Einberger; Janelle Selleck.
Baltimore, MD: Health Professions Press, 2007.
A “layflat” book. Search author’s last name.
<http://www.healthpropress.com/index.htm>

Through the seasons: an activity book for memory-challenged adults and caregivers

Cynthia R. Green; Joan Beloff.
Baltimore, MD: Johns Hopkins University Press, 2008.
To see table of contents visit: <http://www.loc.gov/catdir/enhancements/fy0805/2007039624-b.html>

Books and resources for caregivers

Alzheimer store

Cumming, GA: Ageless Design
Activities and entertainment products for persons with Alzheimer’s.
<http://www.alzstore.com>

Alzheimer's activities that stimulate the mind

Emilia Bazan-Salazar.
New York: McGraw Hill, 2005.
Provides ideas and exercises on activities by stage of the disease in the areas of arts and crafts, gardening, music, physical movement, outings, and more. Available on Amazon.com.

Best friend's book of Alzheimer's activities: vols. 1 & 2

Virginia Bell; David Troxel; Robin Hamon; Tonya Cox.
Baltimore, MD: Health Professions Press, vol. 1, 2004; vol. 2, 2008.
The first volume includes formal and informal activities for programmed and unprogrammed times of day, activities on communication, music, intergenerational activities, and more. The second volume focuses on diversity and multiculturalism, topics of interest to participants in their 50s and 60s and more. Search by authors’ last names.
<http://www.healthpropress.com/index.htm>

A complete activities guide for persons diagnosed with dementia

Ellen Phipps and Barbara A. Braddock
Alzheimer’s Association Central and Western Virginia Chapter
This resource for persons with dementia, their families and professionals includes instructions on determining functional level, interacting, redirecting, and expanding activity in all stages of the disease.

Different visit: activities for caregivers and their loved ones with memory impairments

Adena Joltin; Cameron Camp; Beverly Noble; Vincent Antenucci.
Cleveland, OH: Menorah Park Center for Senior Living, 2005.
A spiral bound book to help families stimulate conversation and interact with persons with dementia to make visits more enjoyable. Available on Amazon.com.

End-of-life Namaste Care Program for people with dementia

Joyce Simard.

Baltimore, MD: Health Professions Press, 2007.

Provides guidance for families and professional caregivers on implementing peaceful activities and sensory practices for persons with advanced dementia stressing their individuality and dignity. Search by author's last name, "Simard."

<http://www.healthpropress.com/index.htm>

Getting to know the life stories of older adults: activities for building relationships

Kathy Laenhue.

Baltimore, MD: Health Professions Press, 2007.

Includes starting points such as Who I am and where I lived; preferences, routines, customs, and celebrations; historical and personal perspectives. Search by author's last name, "Laenhue."

<http://www.healthpropress.com/index.htm>

Kaleidoscope—color and form illuminate darkness: an exploration of art therapy and exercises for patients with dementia

Ellen Greene Stewart.

Chicago, IL: Magnolia Street Publications, 2006.

Examines the ways that art can be an effective therapy for persons with dementia. Includes original assessment for, case studies, and exercises.

Lifesaving songs and poems for the sea of dementia, Alzheimer's disease, and palliative caregiving

Carolyn Padelford Tuttle.

North Salt Lake City, UT: DMT Publishing, 2006.

Contains materials to assist in communicating with terminally ill persons who can no longer speak.

Montessori-based activities for persons with dementia: vols. 1 & 2

Cameron Camp.

Beachwood, OH: Menorah Park Center for Senior Living, vol. 1, 1999; vol. 2; 2006.

Activities using principles of Montessori education for basic tasks like eating, dressing, interaction and socialization, sensory stimulation and exercise are covered in two volumes. Search by author's last name

<http://www.healthpropress.com/index.htm>

Movement with meaning: a multisensory program for individuals with early-stage Alzheimer's disease

Barbara Larsen

Baltimore, MD: Health Professions Press, 2006.

Exercise and other programs for persons in early stage. Search by author's last name, "Larsen."

<http://www.healthpropress.com/index.htm>

Therapeutic thematic arts programming for older adults

Linda Levine-Madori.

Baltimore, MD: Health Professions Press, 2007.

Includes background discussion about thematic arts programming, steps to creating a program, and practical application. Search by author's last name.

<http://www.healthpropress.com/index.htm>
