Activities and Dementia

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff primarily for healthcare professionals. Contact your local chapter or local library for availability of the items.

Activities

Articles

Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library owns.

Green-Field Library owns.
Books

Boston, MA: Butterworth Heinemann, 1998
Green-Field Library Call No.: WM 450 H4771 1998

Simard, J. *End-of-life Namaste Care program for people with dementia.*
Baltimore, MD: Health Professions Press, 2007
Green-Field Library Call No.: WY 152 S588 2007

Baltimore, MD: Health Professions Press
Green-Field Library owns.

Journals

*Activities Adaptation & Aging.* Published quarterly by Taylor & Francis.
London, UK
http://www.tandf.co.uk/journals/WAAA

*Activities Directors’ Quarterly: for Alzheimer’s and other Dementia Patients.* Published quarterly by Westen Medical Publishing.
www.alzheimersjournal.com

*Creative Forecasting.* Published monthly by Creative Forecasting.
http://www.creativeforecasting.net

Web Sites

*Alternative Solutions in Long Term Care*
This site is a gateway that provides links or direct online access to practically anything an activity professional needs. These include but are not limited to Alzheimer’s unit development, bulletin boards, calendars and dates to remember, care plans, catalogues and long term care magazines.
http://www.activitytherapy.com/
**National Association of Activity Professionals**
NAAP is the only national group that represents activity professionals exclusively in geriatric settings. NAAP is nationwide in scope.
http://www.thenaap.com/

**The National Coalition of Creative Arts Therapies Associations**
The National Coalition of Creative Arts Therapies Associations (NCCATA), founded in 1979, is an alliance of professional associations dedicated to the advancement of the arts as therapeutic modalities. The creative arts therapies include art therapy, dance/movement therapy, drama therapy, music therapy, poetry therapy, and psychodrama.
http://www.nccata.org

**Therapeutic Recreation**
The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors, and other disciplines. There are links to chat rooms, bulletin boards, workshops, and other information for those providing activity programs of all kinds.
http://www.recreationtherapy.com/rt.htm

**Art**

**Articles**

Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library owns.
Green-Field Library does not own.

**Book**

Green-Field Library Call No.: WM 450 L66 2007

**Web Site**

National Center for Creative Aging
The NCCA provides professionals in health care, social work and the arts with the theoretical framework and hands-on skills they need to implement sustained, quality creative programs for older people. Training faculty present at regional and national conferences. The NCCA also publishes and distributes training manuals, manages an Arts & Aging Directory, and publishes an e-newsletter.
http://www.creativeaging.org

**Dance/ Exercise/ Movement**

**Articles**

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.


Green-Field Library does not own.


Green-Field Library owns.

**Journals**

*Journal of Aging and Physical Activity*. Published quarterly by Human Kinetics Publishers. 
[www.humankinetics.com](http://www.humankinetics.com)

*American Journal of Dance Therapy*. Published bi-annually by Springer Publishing. 

**Web Sites**

*American Dance Therapy Association*

The official site of the American Dance Therapy Association. The association has defined Dance/Movement Therapy as the psychotherapeutic use of movement as a process which furthers the emotional, social, cognitive, and physical integration of the individual. 
[http://www.adta.org](http://www.adta.org)
Horticulture

Articles

Green-Field Library does not own.

Web Site

*American Horticultural Therapy Association*
The American Horticultural Therapy Association (AHTA) is a nonprofit organization whose mission is to promote and advance the profession of horticultural therapy as a therapeutic intervention and rehabilitative medium. [http://www.ahta.org](http://www.ahta.org)

Intergenerational

Articles

Green-Field Library owns.

Web Sites

*The Intergenerational Center*
The Center for Intergenerational Learning at Temple University is dedicated to strengthening communities by bringing generations together to meet the needs of individuals and families throughout the life cycle. Established in 1979, the Center for Intergenerational Learning is a national resource for intergenerational programming.
[http://templeigc.org](http://templeigc.org)
Generations United
Generations United (GU) focuses on promoting intergenerational strategies, programs, and policies. http://www.gu.org

Montessori

Articles


Pet Therapy

Articles


Web Sites

Delta Society
Delta Society is an international, non-profit organization that unites people who have mental and physical disabilities and patients in healthcare facilities with professionally trained animals to help improve their health.
http://www.deltasociety.org

Pet Therapy
Part of the Alternative Solutions in Long Term Care web site this section provides resources and products for animal assisted therapy in nursing homes and other health care facilities.
http://www.activitytherapy.com/pet.htm

Recreation Therapy

Articles

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library does not own.

**Journals**


**Web Sites**

*American Therapeutic Recreation Association*

The American Therapeutic Recreation Association (ATRA) is the largest, national membership organization representing the interests and need of recreational therapists. Recreational therapists are health care providers using recreational therapy interventions for improved functioning of individuals with illness or disabling conditions. ATRA, was incorporated in the District of Columbia in 1984 as a non-profit, grassroots organization in response to growing concern about the dramatic changes in the health care industry. http://www.atra-online.com

**Reminiscence / Validation**

**Articles**


Green-Field Library owns.

McFadden, S.H.; Dysert, A. Creativity in the "now" of advanced dementia: glimpses of the lifeworld through storytelling and painting. *Journal of Aging, Humanities, and the Arts*. Apr-Jul 2008; vol. 2 (2) pp 135-149.

Green-Field Library does not own.
Sahoo, S. Alzheimer's and non-Alzheimer's dementia: a critical review of pharmacological and
nonpharmacological strategies. *American Journal of Alzheimer's Disease and Other Dementias.* Apr-
May 2008; vol. 23 (2), 150-161.
Green-Field Library owns.

Tondi, L.; Ribani, L. Bottazzi, M.; et al. Validation therapy (VT) in nursing home: a case-control study.
Green-Field Library does not own.

**Video**

*Introduction to validation.*
Jasper, OR : Edward Feil Productions LLC, c2011. 1 DVD (24 min.)
WM 220 DVD no.149 2011

**Web Sites**

*Time Slips*
Developed by Anne Basting in 1998, the time slips storytelling method provides inventive ways for
facilities to use storytelling as a creative outlet for residents.
http://www.timeslips.org

*Validation Training Institute*
This web site contains information about Validation, a method for communicating with very old people.
There are links to articles and books as well as workshops and courses on validation therapy.
http://www.vfvalidation.org

**Sensory Stimulation**

**Articles**

improve balance in individuals with dementia: a feasibility randomized controlled trial.
Green-Field Library does not own.


**Book**

Web Sites

Snoezelen
Part of the Alternative Solutions in Long Term Care web site this section provides information on Snoezelen resources & Snoezelen products. There are links to sample policies and procedures, marketing plans and Snoezelen care plans for nursing homes and other health care facilities.
http://www.activitytherapy.com/snoezelen.htm

Vendors

These companies have activity therapy products available for purchase.

Ageless Design - Alzheimer's Store
http://alzstore.com
This web site was developed for those who care for people with Alzheimer’s disease. There are products of all kinds including safety and activity.

Bi-Folkal Productions, Inc.
http://www.bifolkal.org
This company provides program ideas and resources for those planning reminiscence programs with older adults.

Flaghouse Special Populations
http://www.flaghouse.com/
This catalog company carries a Special Populations catalog which features innovative, creative solutions, with therapy and educational options to enhance the potential of individuals with developmental and physical disabilities.

Innovative Caregiving Resources
http://www.videorespite.com
This company produces a series of videos referred to as Video Respite that incorporate music and images specifically for people with dementia.
Nasco Activity Therapy Products
http://www.enasco.com
Nasco has several catalogs for activity products in various settings including schools, recreational and health care.

S&S World Wide Games
http://www.ssww.com/
Arts and crafts company has an extensive catalog online. There are downloadable activity guides geared to various age groups. They also carry a line of activity products called Primelife for seniors.

Therapeutic Recreation
http://www.recreationtherapy.com/rt.htm
The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors and other disciplines. The TR Store provides information on a variety of products that can be purchased on Amazon.com.

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A selected list of references compiled by

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