Activities and Dementia

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff primarily for healthcare professionals. Contact your local chapter or local library for availability of the items.

Activities, General

Articles

Abstract: http://www.tandfonline.com/doi/abs/10.1080/01924780903148151#.Uq9ifvRDs1I
Green-Field Library owns.

Abstract: http://www.tandfonline.com/doi/abs/10.1080/01924788.2011.572272#.UrStWvRDs1I
Green-Field Library owns.

Books

Boston, MA: Butterworth Heinemann, 1998
Green-Field Library Call No.: WM 450 H4771 1998

Simard, J. End-of-life Namaste Care program for people with dementia.
Baltimore, MD: Health Professions Press, 2007
Green-Field Library Call No.: WY 152 S588 2007
Baltimore, MD: Health Professions Press
Green-Field Library owns.

**Journals**

*Activities Adaptation & Aging*. Published quarterly by Taylor & Francis.
London, UK
http://www.tandf.co.uk/journals/WAAA

*Activities Directors’ Quarterly: for Alzheimer’s and other Dementia Patients*. Published quarterly by Weston Medical Publishing.
www.alzheimersjournal.com

*Creative Forecasting*. Published monthly by Creative Forecasting.
http://www.creativeforecasting.net

**Web Sites**

*National Association of Activity Professionals*
NAAP is the only national group that represents activity professionals exclusively in geriatric settings. NAAP is nationwide in scope.
http://naap.info

*The National Coalition of Creative Arts Therapies Associations*
The National Coalition of Creative Arts Therapies Associations (NCCATA), founded in 1979, is an alliance of professional associations dedicated to the advancement of the arts as therapeutic modalities. The creative arts therapies include art therapy, dance/movement therapy, drama therapy, music therapy, poetry therapy, and psychodrama.
http://www.nccata.org
**Therapeutic Recreation**

The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors, and other disciplines. There are links to chat rooms, bulletin boards, workshops, and other information for those providing activity programs of all kinds.

[http://www.recreationtherapy.com/rt.htm](http://www.recreationtherapy.com/rt.htm)

---

**Art**

**Articles**


Green-Field Library owns.


Abstract: [http://dem.sagepub.com/content/11/5/633.abstract](http://dem.sagepub.com/content/11/5/633.abstract)

Green-Field Library owns.


Green-Field Library does not own.


Green-Field Library owns.


**Book**


**Web Site**

National Center for Creative Aging
The NCCA provides professionals in health care, social work and the arts with the theoretical framework and hands-on skills they need to implement sustained, quality creative programs for older people. Training faculty present at regional and national conferences. The NCCA also publishes and distributes training manuals, manages an Arts & Aging Directory, and publishes an e-newsletter. [http://www.creativeaging.org](http://www.creativeaging.org)
**Cognitive Stimulation**


Green-Field Library owns.


Green-Field Library does not own.

Yang, Ya-Ping; Lee, F.; Chao, H.; et al. Comparing the Effects of Cognitive Stimulation, Reminiscence, and Aroma-Massage on Agitation and Depressive Mood in People With Dementia. *Journal of the American Medical Directors Association*. Aug 2016; vol. 17(8); pp. 719-724.


Green-Field Library owns.

**Dance/ Exercise/ Movement**

**Articles**


Green-Field Library does not own.


Green-Field Library owns.

Green-Field Library owns.

Full-text: [http://journals.lww.com/acsm-csmr/fulltext/2017/01000/Alzheimer_s_Disease_and_Exercise___A_Literature.9.aspx](http://journals.lww.com/acsm-csmr/fulltext/2017/01000/Alzheimer_s_Disease_and_Exercise___A_Literature.9.aspx)

Green-Field Library does not own.


Green-Field Library owns.


Green-Field Library owns.


Green-Field Library owns.

Karkou, V.; Meekums, B. Dance movement therapy for dementia. *Cochrane Database Systematic Reviews*. Feb 2017 2;2:CD011022

Green-Field Library does not own.


Green-Field Library does not own.
Green-Field Library owns

Abstract: [http://wrap.warwick.ac.uk/37306/](http://wrap.warwick.ac.uk/37306/)
Green-Field Library owns

Sherder, E. The more physical inactivity, the more agitation in dementia. *International Psychogeriatrics.* Dec 2010; vol. 22(8), pp. 1203-1208.
Green-Field Library owns

Green-Field Library owns.

Green-Field Library owns

**Journals**

*Journal of Aging and Physical Activity.* Published quarterly by Human Kinetics Publishers.
[www.humankinetics.com](http://www.humankinetics.com)

*American Journal of Dance Therapy.* Published bi-annually by Springer Publishing.
Web Sites

American Dance Therapy Association
The official site of the American Dance Therapy Association. The association has defined Dance/Movement Therapy as the psychotherapeutic use of movement as a process which furthers the emotional, social, cognitive, and physical integration of the individual. http://www.adta.org

Horticulture

Articles

Green-Field Library does not own

Mendes, A; Palmer, S.J. Therapeutic use of gardening and horticulture in dementia care. Nursing & Residential Care, Oct 2016; vol. 18(10); pp. 546-548.
Green-Field Library does not own

Watts, C.; Pei-Chun H. The Use of Horticulture-Based Programs to Promote Engagement for Older Adults with Dementia. Therapeutic Recreation Journal. 2015; vol. 49(3); pp. 257-260.
Abstract: https://www.highbeam.com/doc/1P3-3779575191.html
Green-Field Library does not own

Web Site

American Horticultural Therapy Association
The American Horticultural Therapy Association (AHTA) is a nonprofit organization whose mission is to promote and advance the profession of horticultural therapy as a therapeutic intervention and rehabilitative medium. http://www.ahta.org
Intergenerational Articles

Green-Field Library owns.

Green-Field Library does now own.

Green-Field Library does now own.

Green-Field Library owns.

Green-Field Library does not own.

Sterns, A. Bridging the intergeneration gap in therapeutic activity delivery between younger professional caregivers and older adults living with dementia. *Journal of Intergenerational Relationships*, 2011; vol. 9(2), pp. 161-175.
Green-Field Library does not own.
Web Sites

The Intergenerational Center
The Center for Intergenerational Learning at Temple University is dedicated to strengthening communities by bringing generations together to meet the needs of individuals and families throughout the life cycle. Established in 1979, the Center for Intergenerational Learning is a national resource for intergenerational programming.
http://templeigc.org

Generations United
Generations United (GU) focuses on promoting intergenerational strategies, programs, and policies.
http://www.gu.org

Montessori

Articles
Abstract: http://libra.msra.cn/Publication/57929049/montessori-based-activities-as-a-transgenerational-interface-for-persons-with-dementia-and
Green-Field Library does not own

Green-Field Library owns.

Abstract: http://journals.sagepub.com/doi/abs/10.1177/1471301207085370
Green-Field Library owns.
Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

**Music Therapy**

**Articles**

Full-text: [http://www.tandfonline.com/doi/pdf/10.1080/01924780902718566](http://www.tandfonline.com/doi/pdf/10.1080/01924780902718566)
Green-Field Library owns.

Green-Field Library owns.
Green-Field Library does not own.

**Audio**

Therapy for memory: music activity and educational program to stimulate the mind and exercise memory. *Therapy for Memory*. Audio CD. Available on Amazon.com
72 min.

**Occupational Therapy**

**Articles**

Green-Field Library does not own.

Abstract: [http://www.ltlmagazine.com/article/occupational-therapy-s-role-ltc](http://www.ltlmagazine.com/article/occupational-therapy-s-role-ltc)
Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library owns.
Green-Field Library does not own.

Green-Field does not own.

Green-Field Library owns

**Pet Therapy**

**Articles**

Green-Field Library owns

Full-text: https://www.ncbi.nlm.nih.gov/pubmed/19075298
Green-Field Library owns.

Green-Field Library owns.
Green-Field Library owns.

Green-Field Library owns.

Green-Field Library does not own.

**Web Sites**

*Pet Partners*

Pet Partners, formerly the Delta Society, is an international, non-profit organization that unites people who have mental and physical disabilities and patients in healthcare facilities with professionally trained animals to help improve their health.
http://www.petpartners.org

**Recreation Therapy**

**Articles**

Green-Field Library owns.
Green-Field Library owns.

Green-Field Library owns.

Full-text: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2736598/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2736598/)
Green-Field Library owns.

Full-text: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2780321/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2780321/)
Green-Field Library does not own.

Green-Field Library owns.

**Journals**

American Journal of Recreation Therapy. Published quarterly by Weston Medical Publishing.
[http://www.pnpco.com/pn10000.html](http://www.pnpco.com/pn10000.html)
**Web Sites**

*American Therapeutic Recreation Association*

The American Therapeutic Recreation Association (ATRA) is the largest, national membership organization representing the interests and need of recreational therapists. Recreational therapists are health care providers using recreational therapy interventions for improved functioning of individuals with illness or disabling conditions. ATRA was incorporated in the District of Columbia in 1984 as a non-profit, grassroots organization in response to growing concern about the dramatic changes in the health care industry.

http://www.atra-online.com

**Reminiscence / Validation**

**Articles**


Abstract: "Life skill stations create small vignettes that help dementia residents spark old memories and create activities that encourage interest, movement, and interaction. In the case of Querencia at Barton Creek, near Austin, Texas, the community was completing a phased construction project that included independent living units as well as assisted living units with a memory-support floor. While the life skill stations were not part of the original design, Executive Director Ross Dickmann knew they were a key feature that needed to be integrated to further support the quality of life of the residents."

Green-Field Library owns.


Green-Field Library owns
Abstract: [http://www.tandfonline.com/doi/full/10.1080/19325610802162044](http://www.tandfonline.com/doi/full/10.1080/19325610802162044)
Green-Field Library does not own.

Abstract: [http://aja.sagepub.com/content/23/2/150.abstract](http://aja.sagepub.com/content/23/2/150.abstract)
Green-Field Library owns.

Full-text: [https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5034922/](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5034922/)
Green-Field Library does not own.

Green-Field Library does not own.

**Video**

*Introduction to validation.*
Jasper, OR : Edward Feil Productions LLC, c2011. 1 DVD (24 min.)
WM 220 DVD no.149 2011

**Web Sites**

*Time Slips*
Developed by Anne Basting in 1998, the time slips storytelling method provides inventive ways for facilities to use storytelling as a creative outlet for residents.
[http://www.timeslips.org](http://www.timeslips.org)
Validation Training Institute
This web site contains information about Validation, a method for communicating with very old people. There are links to articles and books as well as workshops and courses on validation therapy.
http://www.vfvalidation.org

Sensory Stimulation

Articles

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library does not own.

Abstract: http://ajot.aotapress.net/content/66/4/e61.full
Green-Field Library does not own.

Green-Field Library does not own.
Abstract: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3278923/?tool=pubmed](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3278923/?tool=pubmed)
Green-Field Library owns.

Green-Field Library does not own.

**Book**

Larsen, B. Movement with meaning: a multisensory program for individuals with early stage Alzheimer's disease.
Green-Field Library Call No.: WM 450 L37 2006

**Vendors**

These companies have activity therapy products available for purchase.

*Ageless Design - Alzheimer's Store*
[http://alzstore.com](http://alzstore.com)
This web site was developed for those who care for people with Alzheimer's disease with products of all kinds including safety and activity.

*Bi-Folkal Productions, Inc.*
[http://www.bifolkal.org](http://www.bifolkal.org)
This company provides program ideas and resources for those planning reminiscence programs with older adults.

*eNasco Activity Therapy Products*
[http://www.enasco.com](http://www.enasco.com)
Nasco has several catalogs for activity products in various settings including schools, recreational and health care. Link to Senior Activities.
Flaghouse Special Populations
http://www.flaghouse.com
This catalog company carries a Special Populations catalog which features therapy and educational options for individuals with developmental and physical disabilities.

Innovative Caregiving Resources
http://www.videorespite.com
This company produces a series of videos referred to as Video Respite that incorporate music and images specifically for people with dementia.

S&S World Wide Games
http://www.ssww.com
Arts and crafts company has an extensive catalog online. There are downloadable activity guides geared to various age groups. They also carry a line of activity products called Primelife for seniors.

Therapeutic Recreation
http://www.recreationtherapy.com/rt.htm
The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors and other disciplines. The TR Store provides information on a variety of products that can be purchased on Amazon.com.

Web Sites

How to make a sensory room for people living with dementia: a guide
Anke Jakob and Lesley Collier
University of Southampton