Alternative Therapies in Alzheimer’s Disease

This list is a reviewed collection of items prepared by the Alzheimer’s Association Green-Field Library staff. Contact your local chapter or local library for availability of the items.

On this resource list:

Alzheimer’s Association Publications

General
- Articles, Journal
- Book & Book Chapters
- Journal Issue
- Web Resources

Aromatherapy
- Articles, Journal
- Book

Art Therapy
- Articles, Journal
- Books

Botanicals - Herbal Supplements
- Articles, Journal
- Book
- Web Resources

Exercise
- Articles, Journal

Therapeutic Touch & Multi-Sensory Experiences
- Articles, Journal
- Books & Book Chapter
- Video

Pet – Animal
- Articles, Journal
- Video
**Alzheimer's Association Publications**

*Alternative treatments for Alzheimer's*
http://www.alz.org/alzheimers_disease_alternative_treatments.asp

**General**

**Articles, Journal**

Green-Field Library does not own.

Cefalu, C.A. The role of alternative therapies in the management of Alzheimer's disease and dementia, Part I. *Annals of Long-Term Care.*
Green-Field Library owns.

Cefalu, C.A. The role of alternative therapies in the management of Alzheimer's disease and dementia, Part II. *Annals of Long-Term Care.*
Green-Field Library owns.

http://ecam.oxfordjournals.org/cgi/content/abstract/3/4/411
Green-Field Library does not own.

Jan 2003; 10(13), pp. 981-998.
Green-Field Library owns.

2008; vol. 25(5); pp. 408-422.
Green-Field Library owns.
Discuss simulates presence therapy via audiotapes, pet therapy, light therapy, validation group therapy, multi-sensory stimulation, music therapy, massage, therapeutic touch and aromatherapy.
Green-Field Library does not own.

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library does not own.

“For now, we do not have enough evidence to recommend routine treatment with DHEA. As with other supplements, quality control is always a concern, and different brands may contain different amounts of active ingredient.”
Green-Field Library does not own.

Green-Field Library does not own.

Green-Field Library does not own.
**Book & Book Chapters**


**Journal Issue**


This issue is dedicated to topics such as the use of CAM (complementary and alternative medicine), prevention, role of ginkgo biloba, antioxidants, fish oil, dietary fats, stress reduction, acupuncture, and spirituality. Green-Field Library owns.

**Web Resources**

http://www.mayoclinic.com/health/alternative-medicine/SA00078


*Understanding CAM (complementary and alternative medicine).* Bethesda MD: National Center for Complementary and Alternative Medicine.
http://nccam.nih.gov/health
Aromatherapy

Articles, Journal


Green-Field Library does not own.


Book

Price, S. *Aromatherapy for health professionals.*
Art Therapy

Articles, Journal

Basting, A.D.  Arts in dementia care: 'this is not the end...it's the end of this chapter'.  *Generations*.  Spr 2006; vol. 30(1), pp. 16-20.  Green-Field Library owns.


**Books**


**Botanicals -- Herbal Supplements**

**Articles, Journal**


Green-Field Library does not own.

Green-Field Library does not own.

Green-Field does not own.

Green-Field Library owns.

Green-Field Library does not own.

http://neuro.psychiatryonline.org/cgi/reprint/12/2/177
Green-Field Library does not own.

Green-Field Library does not own.

Green-Field Library owns.
Green-Field Library does not own.

"The phase IV clinical trials in China have demonstrated that HupA significantly improved memory deficits in elderly people with benign senescent forgetfulness, and patients with Alzheimer disease and vascular dementia, with minimal peripheral cholinergic side effects and no unexpected toxicity. HupA can also be used as a protective agent against organophosphate intoxication."
Green-Field Library does not own.

Green-Field Library does not own.

Green-Field Library does not own.

**Book**

*PDR for herbal medicines*. (4th ed.)
Green-Field Library Call No.: Ref QV 766 P348 2007

**Web Resources**

*Herbs at a glance.*
Bethesda MD: National Center for Complementary and Alternative Medicine
http://nccam.nih.gov/health/herbsataglance.htm

*International bibliographic information on dietary supplements (IBIDS) database.*
Bethesda, MD: National Institutes of Health.
The International Bibliographic Information on Dietary Supplements (IBIDS) database provides access to bibliographic citations and abstracts from published, international, and scientific literature on dietary supplements.
http://ods.od.nih.gov/Health_Information/IBIDS.aspx
National Center for Complementary and Alternative Medicine.
Bethesda, MD: National Institutes of Health.
The National Center for Complementary and Alternative Medicine (NCCAM) is the Federal Government's lead agency for scientific research on complementary and alternative medicine (CAM).
http://nccam.nih.gov

Exercise

Articles, Journal

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

Hayes, K. Line dancing with dementia. Activities Director's; Quarterly for Alzheimer's and Other Dementia Patients. Sum 2006; vol. (7,3), pp. 31–34.
Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.
Therapeutic Touch & Multi-Sensory Experiences

Articles, Journal

Adventure into Snoezelen therapy. *Nursing Homes Long Term Care Management*. Oct 2005; vol. 54(10), pp. 64-70. Green-Field Library owns.


"Authors' conclusions: Massage and touch may serve as alternatives or complements to other therapies for the management of behavioural, emotional and perhaps other conditions associated with dementia. More research is needed, however, to provide definitive evidence about the benefits of these interventions."
Green-Field Library does not own.

Green-Field Library owns.

Green-Field Library does not own.

**Books & Book Chapter**

Green-Field Library does not own.

Green-Field Library does not own.

Marcus, C.C.; Barnes, M. *Healing gardens: therapeutic benefits and design recommendations.*
Green-Field Library Call No.: WM 27.1 H434 1999

**Video**

Compassionate touch.
1 videocassette (27 min.)
Discusses the effectiveness and techniques of therapeutic massage and focused touch for residential care staff.
Green-Field Library Call No.: WB 537 VC no.416 1995
Pet – Animal

Articles, Journal

Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library does not own.

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

Video

*Pet therapy in long term care: A workshop for staff.*
1 videocassette (15 min.)
Chicago, IL: Terra Nova Films, 2002.
Green-Field Library Call No.: WM 450 VC no. 801 2002
Alternative Therapies in Alzheimer’s Disease

A selected list of references compiled by Mary Ann Urbashich, MALS.

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