

| Recommended List of Videos | | | | | |
|-----------------------------------|---|--|-------------|---------------|--|
| Subject Category | Video Title | Description | Cost | Length | Publisher Web sites |
| Activities | Movement and music / Care and Compliance Group, [?] | <i>Movement and Music</i> contains forty music and movement activities with lists of materials that are needed and workbook. The DVD explains the goal of each exercise and demonstrates how to do it. The program is helpful for body strengthening, communication and engagement. | \$99 | 55 min. | http://www.advhs.com |
| Activities | Prescription music : favorite sing-a-long songs / Prescription Music Productions, [?] | <i>Prescriptions for Music</i> , volumes I & II contains popular sing-along-songs that appeal especially to elders of a generation or two ago. Visit the Web site for additional titles. | \$23 | various | www.shop.prescriptionmusic.com |
| Activities | Sentimental Productions sing- along collection / Sentimental Productions | This company sells twenty volumes of sing-along-songs that appeal to elders of a generation or two ago. Love, romance, songs of the road, patriotic and wartime, holiday and campfire songs, and more provide activities for social engagement, reminiscence and communication. Includes reproducible song sheets. | \$25 | various | www.sentimentalonline.com |

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| Activities | Sentimental Productions video activity collections / Sentimental Productions | This company sells DVDs for viewing. Topics include Americana, twentieth century flashbacks, sentimental reflections, videos on historic topics, travel, and seasonal depictions provide activities for social engagement, reminiscence and communication. | \$25 | various | www.sentimentalonline.com |
| Activities | Video respite series / Innovative Caregiving Resources | Fourteen DVDs to engage the person with Alzheimer's disease by sparking memories through music and conversation. The titles in the series are <i>Favorite Things</i> , <i>Gonna Do a Little Music</i> ; <i>Ladies Let's Chat</i> ; <i>Lunchbreak with Tony</i> ; <i>Remembering When</i> ; <i>Sharing Christmas Cheer</i> ; <i>Visit with Maria</i> ; <i>Yankee Doodle Dandy Time</i> ; <i>Those Good 'Ole School Days</i> ; <i>Favorite Canadian Memories</i> ; <i>Movement, Music and Memories</i> ; <i>Sharing Favorite Things</i> ; <i>Kibitz with David</i> ; and <i>Celebrating African American Culture</i> . | \$40 per DVD | various | www.videospite.com |

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|---------------------|--|---|---------------|----------------------|---|
| Alzheimer's Disease | Alzheimer's mystery / Films for the Humanities & Sciences, 2003. | The DVD takes an historical look at the work of Dr. Alois Alzheimer and the century that followed to help the viewer understand the disease and how it was brought to the public's attention. Persons in early stage, family members, and healthcare professionals discuss aspects of coping, the disease pathology, research, and the importance of compassionate care. | \$149 | 48 min. | http://ffh.films.com |
| Alzheimer's Disease | Alzheimer's encyclopedia / Video Press, School of Medicine, University of Maryland, 2008 | <i>Alzheimer's Encyclopedia</i> follows the progression of Alzheimer's disease and its cognitive and behavioral symptoms through the clinical footage of 22 patients. It covers assessment, quality of life and treatment planning for 3 stages. Vignettes and commentary are by Dr. Peter Rabins. Disc 4 is an overview of stages 1 - 3. The four discs are sold separately. | \$150 per DVD | 15 - 30 min. per DVD | http://www.videopress.umaryland.edu |
| Alzheimer's Disease | Alzheimer's project / HBO Documentary Films; National Institute on Aging; Alzheimer's Association, 2009 | HBO's <i>The Alzheimer's Project</i> in 4 parts takes a look at the faces behind the disease. The series includes segments on caregivers, memory loss from the perspective of persons with the disease, conversations with children with commentary by Maria Shriver and scientific discovery. | \$25 | 298 min. | http://store.hbo.com |

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|---------------------|---|---|------|---------|---|
| Alzheimer's Disease | Facing Alzheimer's: an African-American perspective / TMK Productions, 2002 | Hosted by public radio and television personality Richard Steele, this program examines the challenges faced by African-American families who experience Alzheimer's. Interviews with persons with the disease, caregivers, doctors, churches, home health and long-term care agencies, and other support organizations highlight the DVD. | \$30 | 33 min. | http://www.aptonline.org |
| Alzheimer's Disease | Understanding Alzheimer's : an introductory guide ; Alzheimer's and safety : a guide to planning and preparation / Alzheimer's Association National Office, 2008 | The Alzheimer's Association National Office has produced a two-subject DVD titled <i>Understanding Alzheimer's: An Introductory Guide</i> and <i>Alzheimer's and Safety: A Guide to Planning and Preparation</i> . The introductory guide has guidelines on diagnosis and treatment, as well as tips for everyday life with dementia. Topics covered in detail are - Getting a Diagnosis, What to Expect and How to Cope. The safety segment outlines safety issues and helps with planning and preparation. This guide details what changes may be presented due to dementia, how to make your home safe, how to travel safely, medications and staying safe, wandering and driving. | \$25 | 50 min. | http://shop.alz.org |

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|--------------------|--|--|-------|---------|---|
| Bio-Auto-biography | Alzheimer's disease : inside looking out / Alzheimer's Association Cleveland Area Chapter, 1994 | Personal interviews with people in the early stages of Alzheimer's disease offer insights into how the illness alters their everyday life. Discussion include dependence on others, driving, becoming a burden, attitudes toward them, airing emotions and support groups as a valuable resource for those in the early stages of the disease. | \$169 | 19 min. | http://fanlight.com |
| Bio-Auto-biography | Complaints of a dutiful daughter / Women Who Make Movies, 1994 | This account of one woman's struggle with Alzheimer's disease seen through her daughter's eyes begins when the mother's symptoms first became apparent. It follows Deborah Hoffman and her mother as they cope with the changes in their lives, using humor and warmth to portray their relationship as loving and meaningful throughout – even when the daughter eventually moves her mother into a nursing home. Nominated for an academy award as best documentary. | \$295 | 44 min. | http://www.wmm.com |

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|--------------------|--|--|---------------|----------------|---|
| Bio-Auto-biography | Forgetting (the) : a portrait of Alzheimer's : stories of love, courage, and hope / Twin Cities Public Television, Inc., 2003 | A PBS documentary with experts Steven DeKosky and Rudolph Tanzi that follows several research studies and the lives of families affected by the disease. Includes a panel discussion of nationally recognized experts led by David Hyde Pierce. This discussion covers symptoms, treatment options, research, coping, community resources, and more. | \$20 | 90 min. | http://www.shoppbs.org |
| Caregiver | Alzheimer caregiver kit / Video Press, University of Maryland, School of Medicine, 1997 | Presented by Dr. Peter Rabins, this video series of 3 DVDs provides basic information about Alzheimer's disease and care for the healthcare professional and family caregiver. The titles of the three videos are <i>Signs and Symptoms of Alzheimer's Disease</i> , <i>Alzheimer's Disease: Responsive Care Plans</i> , and <i>Minimizing Care Problems</i> . Titles are sold separately. | \$150 per DVD | 21 -33 per DVD | http://www.videopress.org |

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|------------------|--|--|-------|---------|---|
| Caregiver | Alzheimer's journey / Alzheimer's Society of Canada, 2002 | In four modules, family caregivers can learn what to expect as Alzheimer's disease progresses. The program tells how to manage changes during each of the three stages of the disease and covers such issues as planning for the future, managing daily routines, personal care, and emotional matters. It offers resources and emphasizes during each stage of the disease the need for the caregiver to have respite and the link between brain and behavior. | \$100 | 72 min. | http://www.alzheimer.ca |
| Caregiver | Alzheimer's disease do's and don'ts : tips for family and friends / Video Press, University of Maryland, School of Medicine, 2000 | Dr. Peter Rabins assembles a group of adult children whose parents have Alzheimer's and spouses whose partners have the disease. For some the experience is new while others have been caregivers for many years. The discussion offers emotional and practical insight into caregiving. Topics discussed are: the driving dilemma; the need to lock doors; making a safe zone; responding to a person who becomes agitated and even violent; continuing a loving peer-to-peer relationship, and sense of loss. The program provides a mechanism for sharing experiences and getting ideas from one another. | \$150 | 26 min. | http://www.videopress.umaryland.edu |

| Subject Category | Video Title | Description | Cost | Length | Publisher Web sites |
|------------------|---|--|------|---------|---|
| Caregiver | Behavior management training for dementia care / Alzheimer's Association Central and New York Chapter / 2005 | <i>Behavior Management Training for Dementia Care</i> outlines a 3-step method to manage behavior problems that can occur with someone with dementia. These include identifying possible physical discomfort; identifying patterns or triggers and understanding the emotion behind the behaviors; and responding to remove or reduce triggers. While intended for the certified nursing assistant, the program is useful for other facility staff or family members and can use in a group or by an individual. | \$99 | 50 min. | http://www.alz.org |
| Caregiver | Best friends / Terra Nova Films, 1993. | Volunteers in a day care center show how quality one-on-one care for someone with Alzheimer's disease can derail many of the behavioral problems often associated with the illness. The volunteers not only act as safe, comfortable companions of people with Alzheimer's, but also offer caregivers some relief. Produced by the Lexington Bluegrass Chapter to accompany the book of the same title by Virginia Bell and David Troxel. | \$49 | 20 min. | http://www.terranova.org |

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|------------------|---|--|-------|---------|---|
| Caregiver | Caregiver wellness / Healing Arts Communications, Marion Karpinski, 2003 | Covers the factors of caregiver stress and offers realistic solutions for minimizing stress and nurturing wellness in caregivers. Topics include acknowledging and defusing difficult emotions, using simple and effective exercises for relaxation and renewal, and performing activities that foster self-esteem and well-being. | \$139 | 36 min. | http://www.medifecta.com |
| Caregiver | Caring for someone with early to mid stage Alzheimer's disease / Medifecta Healthcare Training, Marion Karpinski, 2010 | This program examines Alzheimer's disease in early to mid stage and its effects as well as teaches techniques of communication. Topics are: repetitive questions; doing chores; aggressive behavior; answering difficult questions; use of language; and other forms of communication. | \$139 | 27 min. | http://www.medifecta.com |
| Caregiver | Dementia care - sundowning / Advanced Healthcare Studies, 2003 | Agitation, confusion, and disorientation may plague nursing home residents in the evening hours in a syndrome called sundowning. Staff can benefit from the techniques for managing it which are demonstrated in this video. | \$85 | 23 min. | http://www.advhs.com |

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|------------------|--|---|-------|---------|---|
| Caregiver | Dementia with dignity / Terra Nova Films, 2003 | <i>Dementia With Dignity</i> is a one hour training video for professional and family caregivers. The program covers the effects of dementia, communication, how to utilize the remaining strengths and skills of the person for building self-esteem, stimulating intelligence and enhancing quality of life for persons with dementia and caregivers. | \$189 | 60 min. | http://www.terranovalog |
| Caregiver | Family guide to Alzheimer's disease / LifeView Resources, 2004 | In 5 modules, this video of practical information introduces families to the basics of Alzheimer's disease and what to expect including daily life, behavior challenges, family caregiving responsibilities and transitions. It is narrated by Lezza Gibbons. | \$25 | 62 min. | http://www.lifeviewresources.com |
| Caregiver | He's doing this to spite me : emotional conflicts in dementia care / Terra Nova Films, 2007 | Three caregivers candidly express their experience and frustrations while interacting with their loved one who has dementia. Video segments are interspersed with discussion by experts in dementia care. The DVD helps family and professional caregivers reconsider their responses to challenging behaviors in favor of more comfortable and supportive results. <input type="checkbox"/> | \$179 | 22 min. | http://www.terranovalog |

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|------------------|---|---|-------|---------|---|
| Caregiver | In your hands / Terra Nova Films, 1994 | This practical video introduces the viewer to durable power of attorney, medical power of attorney, living wills and trusts. Narrated by the late Helen Hayes, it includes an added segment and heart-felt message from her son about the importance of her own living will at the time of her death. | \$149 | 19 min. | http://www.terranovalog |
| Caregiver | Into the other lane : driving with dementia / Terra Nova Films, 2010 | In two parts, this DVD includes real-life stories about five persons with dementia who are no longer able to drive. and the impact it has on their autonomy, self-esteem, and on their families. It also includes discussion by healthcare professionals on starting a conversation about driving, transportation options, and how healthcare specialists can assist in this process. | \$189 | 56 min. | http://www.terranovalog |

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|------------------|--|---|-------|---------|---|
| Caregiver | Learning to speak Alzheimer's : an introduction to the habilitation approach to care / Joanne Koenig Coste; Image Studios, 2008 | Based on her book by the same title, the author applies the habilitation model which works on minimizing stress, promoting positive emotion, and optimizing function for successful communication. The DVD shows how to create an environment in which the person can experience quality of life. Practical information is presented to improve the physical, psycho-social, and sensory experiences of the person. | \$179 | 32 min. | http://www.aquariusproductions.com |
| Caregiver | Living with Alzheimer's / Phyllis Kramer; Information Television Network, 2007 | The difference between memory loss due to normal aging and Alzheimer's disease is covered with information on the chemical changes that lead to cell loss in the brain. Additionally it includes how diagnosis is made through cognitive testing and patient history. The video includes Interviews with experts from the University of Michigan and the Miami Jewish Home and Hospital for the Aged. | \$129 | 28 min. | http://ffh.films.com |

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|------------------|--|---|-------|---------|---|
| Caregiver | More than a thousand tomorrows / Terra Nova Films, 2003 | <i>More Than a Thousand Tomorrows</i> is a follow-up to <i>A Thousand Tomorrows: Intimacy, Sexuality, and Alzheimer's</i> . Everett and Betty Jordan from the original program are interviewed again after seven years. The changes in the disease and the impact they have had on their intimacy are the focus of the DVD. Everett discusses his feelings openly and his decisions regarding their intimacy. As a bonus feature, the video includes a candid discussion by their children on the separate issue of nursing home placement for Betty. | \$139 | 22 min. | http://www.terranovalog.org |
| Caregiver | Prescription for caregivers: take care of yourself / Terra Nova Films, 1995 | This informative DVD of real-life stories depicts the many signs of caregiver stress and their related emotions as well as coping strategies that can help improve the quality of life for both the caregiver and the person with dementia. Topics include resentment as a warning sign, guilt, self-care, and the importance of humor. The program is useful for family and professional caregivers. | \$119 | 60 min. | http://www.terranovalog.org |

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|------------------|--|---|-------|---------------|---|
| Caregiver | Safety in and around the home : fall prevention / Medifecta Health Training, 2010 | This training program for health professionals and families includes information on the physical and emotional effects of a fall, the goal of fall prevention, falls and the older adult, fall prevention for care providers, proper shoes, how to prevent falls in and around home, using a gait belt, medications that increase fall risk, and walkers. | \$139 | 19 min. | http://www.medifecta.com |
| Caregiver | Savvy caregiver : a caregiver's manual / K. Hepburn, et al.; Healthcare Interactive, Inc., 2002 | <i>The Savvy Caregiver</i> is a 4-DVD set that provides training for family members or friends of someone with early stages of memory loss, all forms of dementia or Alzheimer's disease. It is designed to empower viewers by teaching real-world, practical skills, knowledge about memory loss and competency for caregiving. | \$50 | 6 hr. 58 min. | http://www.memorylossdvd.com |

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|------------------|--|---|-------------------|---------|------------------------------|
| Caregiver | La Familia Latina y Problemas de la Memoria: La Enfermedad de Alzheimer / Alzheimer's Association National Office, 2006 | <p>The Latino Family and Alzheimer's Disease bilingual telenovela DVD titled "La Familia Latina y Problemas de la Memoria: La Enfermedad de Alzheimer," is a Spanish-language video that includes the option of English subtitles. The program is narrated by Maria Elena Salinas, the most recognized Hispanic female journalist in the United States. The story portrays a Latino family living with a grandmother who is diagnosed with Alzheimer's. Use it in sections or as a continuous play video.</p> | Free for chapters | 32 min. | Shop for the Cause on Insite |

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|------------------|--|--|-------|---------|---|
| Caregiver | Thousand tomorrows: intimacy, sexuality and Alzheimer's / Terra Nova Films, 1995. | Alzheimer's disease can produce either hypersexuality or loss of interest in sex. Three married couples speak frankly with Dan Kuhn about how Alzheimer's disease has affected their relationships. The video examines the changing roles and relationship between couples, changes in behavior that affect intimacy and changes in sexual attraction. More than a Thousand Tomorrows explores sensitive and sometimes taboo issues about intimacy, sexuality, and Alzheimer's disease providing a vehicle for discussion in support groups or clinical settings. See also More than a Thousand Tomorrows. | \$189 | 31 min. | http://www.terranova.org |
| Caregiver | Time to care: activities of daily living / Ronalter Productions, 2005 | With visual demonstrations and advice, this training video for caregivers and their families covers eating, bathing, dressing, grooming, dental care, and incontinence. <i>A Time To Care - Activities of Daily Living</i> interviews caregivers and a body of experts on problem solving surrounding ADLs. | \$30 | 45 min. | http://www.terranova.org |

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|------------------|--|--|------|----------|---|
| Children /Teen | Grandpa, do you know who I am? / Home Box Office (HBO), 2009 | <i>Grandpa, Do You Know Who I Am,</i> " narrated by Maria Shriver, shows how dementia can affect children and ways in which younger people can relate to older family members with memory problems. This DVD is part of <i>The Alzheimer Project</i> by HBO. It is intended for children touched by Alzheimer's and their caregivers. | \$25 | 30 min. | http://store.hbo.com |
| Children /Teen | Someone I love has Alzheimer's disease / Alzheimer's Association, Massachusetts Chapter; Terra Nova Films, 1993 | This video program is intended to help children and their families cope when a loved one has Alzheimer's disease. Children who are coping and caring for someone with the disease share their feelings advice. Includes a video guide. | \$99 | 17 min. | http://www.terranoval.org |
| Fiction | Away from her / Film Farm and Foundry Films, 2007 | A couple who has been married for over 40 years are faced with Alzheimer's when the wife experiences episodes of forgetfulness and wandering. The decision is made for her to go into a nursing home. When her husband visits, he is devastated to find out that she has forgotten him and has transferred her affections to someone else. | \$8 | 110 min. | http://www.amazon.com |

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|------------------|---|---|-----------------|----------|---|
| Fiction | Ex memoria / a film by J. Appignanesi; Missing in Action Films, 2006 | Ex Memoria explores a day in the life of Eva who tries to piece together past events which are barely remembered and possibly imagined. As witnesses to her troubled past, we the viewers are able to consider what it is like to have dementia and be receiving care. It is an opportunity to reflect on this topic and try to understand the complexities of Alzheimer's disease. | \$139 | 15 min. | http://www.terranova.org |
| Fiction | Iris / Miramax Films, 2001 | This film is adapted from the memoirs of literary critic John Bayley. He recounts his early relationship and marriage to British novelist Iris Murdoch. Scenes in the film volley back and forth from the young energetic Iris to the elder Iris whose memory is slowly drifting away due to Alzheimer's disease. | Various sellers | 90 min. | http://www.amazon.com |
| Fiction | Notebook (the) / Warner Home Video, 2005 | The film touches on class which separates the main characters socially while in their youth. Years later they are reunited. The man preserves their love story in a notebook that he reads to the woman whose memory is fading because of dementia. | \$9 | 124 min. | http://www.amazon.com |

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|------------------|---|--|-------|---------|---|
| Professional | Alzheimer's disease: a multi-cultural perspective / Terra Nova Films, 1993 | In this program, medical experts and multi-ethnic families share their experiences and solutions about seeking assistance, long-term-care placement, and language differences. The four ethnic groups involved are Chinese, Japanese, Latino, and Vietnamese. Northern California and Northern Nevada chapter executive director, Bill Fisher, is interviewed. | \$135 | 34 min. | http://terrano.org |
| Professional | Alzheimer's disease: natural feeding techniques / Terra Nova Films, 1993. | Three case studies show that some Alzheimer's residents can be fed orally even in the late stages of the disease. By using the correct techniques, nursing home staff can avoid using a gastrostomy tube, improve nutrition, and reduce the risk of infection. The program suggests making breakfast and lunch the biggest meals of the day, serving a variety of food, using more staff to help out at mealtimes, and offering cues for chewing and swallowing. | \$105 | 14 min. | http://terrano.org |

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|------------------|--|--|-------|---------|---|
| Professional | Alzheimer's : facilitating ADLs / Video Press, University of Maryland, School of Medicine, 2009 | Having someone assist with activities of daily living can be a confusing and frightening experience for a nursing home resident. Dr. Peter Rabins and staff examine a step-by-step method using simple verbal cues, positive facial expressions, body language, and gentle guiding for assisting during dressing, bathing, grooming and at meal times. | \$150 | 20 min. | http://www.videopress.umaryland.edu |
| Professional | Alzheimer's disease : a world of fear / Video Press, University of Maryland, School of Medicine, 2007 | Fear behaviors can be consuming and destructive to residents, staff, and the facility. Nursing staff discuss common fear behaviors, their triggers and how to prevent them with simple positive solutions. | \$300 | 20 min. | http://www.videopress.umaryland.edu |
| Professional | Alzheimer's, the 36-hour day / Video Press, University of Maryland, School of Medicine, 2009 | Based on the national bestseller and critically acclaimed, <i>The 36-Hour Day: A Family Guide to Caring for People with Alzheimer Disease, Other Dementias, and Memory Loss in Later Life</i> , one of the authors acquaints the viewer with Alzheimer's through the experiences of one family who provides a view into the realities of caregiving. Guidance on recognizing and managing behaviors and essential care tips and solutions are offered. | \$50 | 25 min. | http://www.videopress.umaryland.edu |

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|------------------|--|---|-------|---------|---|
| Professional | Bathing without a battle: personal care of individuals with dementia / University of North Carolina, 2003 | Primarily for healthcare professionals, this CD-ROM and companion DVD by Philip Sloane, Joanne Rader, and Anne Barrick suggest ways to reduce the stress of bathing through such activities as in-bed towel bath and other alternatives to showering. | \$60 | 45 min. | http://www.bathingwithoutabattle.unc.edu |
| Professional | Behaviors associated with dementia : case presentations / University of Maryland at Baltimore, 1988 | <i>Behaviors Associated with Dementia</i> is a documentary without explanatory narration of actual patients filmed in long-term care facilities. The program depicts difficult behaviors such as extreme agitation, refusing care, catastrophic reactions, and verbal and physical violence. Presents case histories and provides a creative vehicle for training by an experienced instructor. | \$150 | 28 min. | http://www.videopress.org |
| Professional | Bon appetite : how to create meaningful mealtimes in long-term care / Terra Nova Films, 2001 | <i>Bon Appetite</i> is a 2-DVD training program on resident autonomy and person-centered care Covered are the effects of dementia on communication, behavior, and eating, dining experiences with less distraction, food preparation and service that enable independence. | \$169 | 40 min. | http://terranova.org |

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|------------------|--|--|-------|---------|---|
| Professional | Caring for someone with mid to late stage Alzheimer's disease / Medifecta Healthcare Training; Marion Karpinski, 2010 | Mid to late stage Alzheimer's disease presents various challenges. Persons in these stages may be unable to express themselves with speech and less able to use reason and judgment, as well as understand socially acceptable behavior. The program examines the more common issues in these stages to equip professional caregivers with practical solutions. Topics include: physiological and behavioral changes that occur in mid to late stages, core principles in Alzheimer's care, activities, tolerance levels, naps, balancing the day, repetitive calling out, sexuality and intimacy, pain management, incontinence and toileting, flexibility and humor; and keys to caregiver well-being. | \$139 | 43 min. | http://www.medifecta.com |
| Professional | Choice and challenge: caring for aggressive older adults across levels of care / Terra Nova Films, 1998 | Clips of incidents involving aggression among Alzheimer's residents in nursing homes are the basis for this guide to assessing and managing combative behavior. It shows how providing support and calming residents can help reduce such problems. | \$149 | 23 min. | http://www.apna.org |

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|------------------|--|--|-------|---------|---|
| Professional | Communicating with moderately confused older adults / Terra Nova Films, 1997 | Experts in aging show how to stimulate the minds of people in the middle stages of Alzheimer's disease without asking for more than they can handle, and it shows how, given the right atmosphere, people with dementia can adjust to the changes in their lives. | \$149 | 20 min. | http://www.terranoval.org |
| Professional | Communicating with severely confused older adults / Terra Nova Films, 1997 | Provides demonstrations of how to communicate with people who have advanced dementia. The program provides an overview of Barry Reisberg's Global Deterioration Scale and discusses the characteristics of intervention techniques for individuals at stages 6 and 7 of the Scale. | \$149 | 20 min. | http://www.terranoval.org |
| Professional | Dealing with sexually inappropriate behavior : masturbation and sexually provocative behavior / Video Press, University of Maryland, School of Medicine, 1996 | <i>Dealing with Sexually Inappropriate Behavior</i> is a program for nursing home staff that suggests effective ways of handling residents' inappropriate sexual behavior. Narrated by experts Georgia Stevens and Suzanne Friedman on location at Pineview Nursing and Rehabilitation Center. | \$150 | 18 min. | http://www.videopress.umaryland.edu |

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|------------------|---|--|-------|---------|---|
| Professional | Detecting discomfort in dementia : focus on behaviors / University of Wisconsin Board of Regents, 2006 | A short DVD to introduce nursing assistants to behaviors that may indicate pain or discomfort in residents with cognitive impairment and ways residents can get relief. The accompanying booklet <i>Tools for In-service Education</i> contains a discussion guide, role play, knowledge test, and suggestions for how to introduce the program and adapt it for education geared toward culture change. | \$49 | 13 min. | http://trc.wisc.edu |
| Professional | Dress him while he walks: management in caring for residents with Alzheimer's / Terra Nova Films, 1993 | Workers in a long-term-care unit specializing in Alzheimer's disease offer suggestions for handling the wandering, delusions, and hallucinations that can accompany the disease as well as provide tips for communicating with residents. Using scenes from their facility to illustrate their points, they demonstrate ways to help with such everyday activities as eating, dressing, and bathing. Staff stress behavior management instead of behavior modifications, discuss the use of medications, and explain how to tailor care to each individual. Produced by the Miami Valley Chapter of the Alzheimer's Association. | \$149 | 20 min. | http://terrano.org |

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|------------------|---|--|-------|---------|---|
| Professional | Eating and feeding issues in older adults with dementia / Terra Nova Films, 2009 | Memory loss is often a cause of poor nutrition and hydration in persons with dementia. Using the Edinburgh Feeding and Dementia Scale, this DVD program helps caregivers learn to identify specific interventions that promote nutritional intake through the detection of eating and feeding difficulties. Suggestions on when and how often to do an assessment are included and well as eating in late-stage dementia. | \$89 | 38 min. | http://terranova.org |
| Professional | Emotional needs : the cornerstone of care for Alzheimer's patients. Strategies for nurturing emotional well-being of the Alzheimer's patient / Video Press, University of Maryland, School of Medicine, School of Medicine, University of Maryland, 2008 | Dr. Peter Rabins and nursing assistants examine strategies that help promote emotional well-being while in the act of providing care to residents with Alzheimer's. These include: connecting person to person, entering into the world of the person with Alzheimer's disease even if this means accepting impossible realities, knowing treats and activities people enjoy, using physical touch to comfort and reassure, and empathizing with the confusion of their world. | \$150 | 20 min. | http://www.videopress.umaryland.edu |

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|------------------|--|---|-------|----------------------|---|
| Professional | Everyone wins! Quality care without restraints / Independent Production Fund, 1995 | An eight-video kit designed to improve the quality of life in long term care facilities by avoiding the use of physical restraints. The program explores the reasons for avoiding restraints, the implementation of restraint-free care to nursing home management staff and visitors, how to help avoid falls and handle aggressive behavior, and more. The various video titles are geared toward nursing home administrators, nursing staff, and families alike. | \$199 | 12 - 16 min. per DVD | http://www.terranoval.org |
| Professional | Great nursing assistants : the resident's perspective / Video Press, University of Maryland, School of Medicine, School of Medicine, University of Maryland, 2005 | Residents explain what they appreciate in a great nursing assistant. <i>Great Nursing Assistants</i> covers how it feels for the resident, knowing that a call bell will be answered quickly; how much they appreciate food containers opened on a food tray; how good it is to know when they're in pain, they'll be taken seriously; and how good it feels when someone takes the time to know them. These principles also apply to residents with dementia. | \$150 | 17 min. | http://www.videopress.umaryland.edu |

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|------------------|--|---|-------|---------|---|
| Professional | Is Mrs. Jones OK? / Video Press, School of Medicine, University of Maryland, 2001 | <i>Is Mrs. Jones OK?</i> identifies the basics of what to look for when making routine resident rounds. A checklist of areas to consider include: skin color, facial expressions, body positioning, body temperature, respiratory rate, and blood pressure. The program urges staff to look, listen, ask questions, take vital signs, and record mental or physical changes that implicate a shift in health status. Knowing each resident and looking for communication cues from non-verbal or dementia residents is an important aspect that is highlighted. | \$159 | 17 min. | http://www.videopress.umaryland.edu |

| Subject Category | Video Title | Description | Cost | Length | Publisher Web sites |
|------------------|---|--|------|---------|---|
| Professional | Just in case : emergency readiness for older adults and caregivers / Aging in Stride, 2006 | This community education kit provides an educational video and materials that supplement the <i>Just in Case</i> factsheet and forms prepared by Aging in Stride and the U.S. Administration on Aging's National Family Caregiver Support Program. The kit is available for purchase while the video can be streamed from the Aging in Stride web site. Kit topics include making a personal plan, medications, medical equipment, mobility and support services, risks in your community, preparing to stay at home and evacuate, and essential emergency supplies; http://www.aginginstride.org/emergencyprep/default.htm#Section2 | \$60 | 16 min. | http://terrano.org |

| Subject Category | Video Title | Description | Cost | Length | Publisher Web sites |
|------------------|---|---|-------|---------|---|
| Professional | Pain in cognitively impaired seniors / Geriatric Video Productions, 2003 | <i>Pain in Cognitively Impaired Seniors</i> teaches a process for assessing and managing pain in cognitively impaired persons living in the community and in facility settings. Includes: choosing an assessment tool; correctly administering assessment tools; assessing noncommunicative, severely impaired seniors; overcoming barriers that prevent optimal management of pain; applying specific management principals for persistent pain; applying assessment and management principals in seniors with disruptive behaviors related to pain; instituting a process for reassessing interventions and providing adequate pain management. | \$189 | 30 min. | https://www.geriatricvideo.com |

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|------------------|---|--|-------|---------|---|
| Professional | Palliative care for advanced dementia : a self-instructional seven-part video / Alzheimer's Association Desert Southwest Chapter, 2004 | A video training program for healthcare professionals working in long-term care, illustrates the benefits of a culture change in palliative care for persons with Alzheimer's disease. It focuses on getting the job done, basic approaches proven to give comfort, the difference between medicating for behavior and medicating for pain, bathing methods that are more comfortable and efficient, alternatives for meals, activities for advanced dementia, and more. | \$25 | 53 min. | Order: 602-528-0545 |
| Professional | Preventing resident to staff aggression / Kansas Association of Homes and Services for the Aging; Terra Nova Films, 2003 | This program examines why residents react aggressively and provides techniques for decreasing aggression. Common factors that can trigger aggression and suggestions on ways to improve communication are highlighted. The DVD discusses the importance of developing individualized behavior management plans. Includes manual with post-test. | \$149 | 11 min. | http://login.npwebsitese rvices.com |

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|------------------|--|--|-------|---------|---|
| Professional | Rabins response to the challenging behaviors of Alzheimer's disease / Video Press, University of Maryland, School of Medicine, School of Medicine, University of Maryland, 2010 | <p>"5 W's" of responding effectively to residents in order to minimize disordered behaviors is the topic of this program. Initial questions covered are: What is the problem behavior? Why is it a problem? When does the behavior happen? Where does it happen? Who is around when it happens? This information can help care providers develop plans of action for minimizing disordered behaviors.</p> | \$150 | 20 min. | http://www.videopress.umaryland.edu |
| Professional | Understanding Alzheimer's and Dementia In Long-Term Care. Better ways to communicate : a guide for CNA staff. Parts 1 - 3 mild, moderate and severe stage, Terra Nova Films, 2007 | <p>This DVD series helps arm facility caregivers with knowledge and skills for providing quality care to residents with Alzheimer's disease. It covers the specific symptoms of each stage and gives practical steps that address caregiver issues and help residents through each stage with dignity. The three titles in this 3 DVD set are: 1) Part One (Mild Stage). 2) Part Two (Moderate Stage). 3) Part Three (Severe Stage).</p> | \$179 | 90 min. | http://www.terranoval.org |

| Subject Category | Video Title | Description | Cost | Length | Publisher Web sites |
|------------------|--|--|------|---------|---|
| Professional | Working with families of hospitalized older adults who have dementia / Terra Nova Films, 2008 | Family members have valuable information to share with hospital staff who are treating persons with dementia. This program on hospitalization examines the importance of identifying normal behavior, individual preferences, proficiency with activities of daily living, and preventing delirium and falls in order to improve outcomes. | \$89 | 32 min. | http://terrano.org |