

Popular Searches.

What audio materials are available for persons with Alzheimer's and caregivers?

Families may want audio materials for members who are visually impaired or have dyslexia. Health-care professionals may need audio resources for a diverse population of clients. Identified here is a selected list of audio resources.

Materials may be available for loan from the Green-Field Library or for downloading and purchase through various outlets.

Related to Popular Searches is:
[How to Borrow.](#)

Prepared by the Alzheimer's Association Green-Field Library; greenfield@alz.org; 312.335.9602.

Audio Resources for Persons with Dementia and Caregivers.

Alzheimer's Association National Office.

Free Online Courses.

Free E-Learning courses inform you about the disease. Listen to *The Basics: Memory Loss, Dementia and Alzheimer's* which provides information on detection, causes, and risk factors, stages of the disease and more. *Know the 10 Signs: Early Detection Matters* helps dispel myths about Alzheimer's and addresses commonly-held fears about the disease.

<http://elearning.alz.org/Default.aspx>

Recommended List of Dementia Videos.

These videos have not been specifically developed for the visually impaired or persons with dyslexia using close-captioned or video descriptive techniques, but may be valuable listening resources.

http://www.alz.org/library/downloads/resources_LibraryCore_videos.pdf

Multiple resources in one place.

AgeWiseLiving — Barbara's Radio Show.

Barbara Friesner, former professor at Cornell University, hosts a radio show with an archive of past programs to download for persons with dementia and caregivers.

Agewise Living, LLC

<http://www.agewiseliving.com/radioshow.htm>

Learning Ally, Making Reading Accessible for All.

Learning Ally was founded in 1948 as a nonprofit organization recording materials for the blind with 65,000 digitally recorded textbooks and literature titles. Individuals and families can join and use the resources for free. Find recorded books on Alzheimer's and caregiving, including *The 36 Hour Day*. Visit <https://cushub.rfbd.org/SearchCatalog.asp> to search the catalog using "alzheimer" or "dementia". Register online at

<http://www.learningally.org/Membership/Individuals-and-Families/24>

National Library Service for the Blind and Physically Handicapped.

Through a national network of cooperating libraries, NLS of the Library of Congress administers a free library program of Braille and audio materials circulated to eligible borrowers in the United States by postage-free mail. Visit

<http://www.loc.gov/nls/faq.html> to learn about the service. Visit

<http://www.loc.gov/nls> to search the catalog.

Telecaregiving Workshop Audio Archives.

Family Caregiver Alliance archives audio files and companion materials of previously recorded telephone workshops.

http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=1853

Encore CCM.

Local and regional classical music stations and chamber music ensembles may offer web sites for listening to live concerts. The Chicago Chamber Musicians offer an archive of recorded music from the past 22 years.

<http://www.encoreccm.org>

Pandora.

Listen to radio stations that play specific music chosen by the person with the disease or the caregiver. Enter an artist, song, composer or find a genre. Register and access your selections anytime, anywhere.

<http://www.pandora.com/#>

Single resources for persons with dementia.

Losing My Mind: An Intimate Look at Alzheimer's.

Thomas DeBaggio

New York, NY: Simon and Schuster, 2002.

Single resources for caregivers.

Alzheimer's Dialogues.

Sherril Bover, Nancy Graham

Second Wind Book Works, 2005

A two-CD set in four sessions on the basics of the disease, communication, behavior, self-care, and acceptance.

<http://www.amazon.com/Alzheimers-Dialogues-Conversations-About-Caregiving/dp/0977162516>

Blueprint for Dementia Caregiving* and *Blueprint for Elder Caregiving.

Judy Richardson

This two-audio CD provides information across a broad spectrum of caregiving tasks and issues in small steps of 50 sessions.

<http://www.blueprintforcaregiving.com/blueprint.html>

Family Matters: Coming Together for Alzheimer's.

Contains both closed captioned and audio description in a DVD that provides guidance on restructuring the family patterns to adapt better to the unavoidable changes.

http://www.fanlight.com/catalog/films/455_fm.php

Personal narratives.

Dancing with Rose.

Lauran Kessler (author); Ruth Ann Phimister (narrator)

Recorded Books, 2007

http://www.theaudiobookstore.com/lauren-kessler/dancing-rose-unabridged_bkreco001363.aspx

Every Single Good Day.

Max Nichols (author); Melissa Risenhoover (narrator)

Tate Publishing, 2007

http://www.audible.com/pd/ref=sr_1_1?asin=B002V5IV4Y&qid=1306525252&sr=1-1

Jan's Story Audio Book: Love Lost to the Long Goodbye of Alzheimer's.

Barry Peterson (author); Barry Peterson (narrator)

AudioEditions, 2010

<http://www.audioeditions.com/products/Jans-Story-Barry-Petersen-1273546.aspx>

Long Goodbye.

Patti Davis (author); Staci Snell (narrator)

Books on Tape, 2004

http://www.audible.com/pd/ref=sr_1_3?asin=B002V1JBZQ&qid=1306525427&sr=1-3

Speaking of Faith: Alzheimer's, Memory and Being.

Krista Tippet

American Public Media, broadcast April 22, 2010

http://www.audible.com/pd/ref=sr_1_9?asin=B0037GHB6A&qid=1306524048&sr=1-9

Story of My Father .

Sue Miller (author); Sue Miller (narrator)

Books on Tape, 2003

<http://www.amazon.com/Story-My-Father-Memoir/dp/0345455444>

Where's My Shoes? My Father's Walk Through Alzheimer's.

Breda Avadian (author); Barbara Caruso (narrator)

Recorded Books, LLC, 1999

http://www.recordedbooks.com/index.cfm?fuseaction=rb.show_prod&book_id=57515

Listening to PDFs. 

- Many computers have text-to-speech capabilities that read what is displayed on the screen. Although the quality of the voice and reading style may be imperfect, ready-to-use speech recognition is an alternative to commercial software and significantly broadens access to materials available for persons who are visually impaired or have dyslexia. The following instructions offer an example of how a PDF can be “read” by a computer narrator and “heard” by a listener.
- The instructions assume some understanding of computers.
- Assistance from a sighted person may be necessary to get started.

How to access Audio / Voice Recognition in Windows

- Visit a Web site with a document that has been created in PDF and save it to your computer
- Open it using Adobe Reader ([version 8 or higher](#))
- Choose **View / Read Out Loud** or **Activate Read Out Loud**
- Choose **View / Read to End of Document**
- Listen to the text
- Troubleshoot on next page

Troubleshooting

- The **View** option on the toolbar of your Adobe Reader is essential. If you do not have **View** or you receive an error message, you may need to download the current version of Adobe Reader from www.adobe.com.
- Be sure you have “sound” capability on your computer and it is turned on through the **Control Panel**. If you can usually “hear” sounds, you are all set.
- If the pace of the voice is too fast
 - Open the **Control Panel** in Windows / choose the **Speech, Speech Recognition** or **Text to Speech** icon depending on your version
 - Choose the **Voice** tab and move the “slider” to slow the pace of the speech
 - Choose **Apply / OK**
 - Return to **View / Read to End of Document**
 - Adjust the speed of the voice again if needed to fit listener preference
- If the document has not been created with Adobe or another PDF maker, you will not be able to hear it
- For more information on accessibility using Windows visit <http://www.microsoft.com/enable/products>
- For assistance contact the librarian at the Alzheimer’s Association at greenfield@alz.org

How to access Audio / Voice Recognition in Mac OS X.

- Click the PDF to launch Preview automatically
 - Choose **Edit / Speech / Start Speaking**
 - Choose **Edit / Speech / Stop Speaking** to stop
 - For more information on accessibility using Mac OS X visit <http://www.apple.com/accessibility/macosx/vision.html>.
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