

What resources are available on starting a dementia care unit?

Facilities are often looking for good resources on starting a dementia care unit. Identified here is a selected list of books, articles, a Web site and other resources.

Materials are available for loan from the Greenfield Library or for purchase from various outlets.

Prepared by the Alzheimer's Association Green-Field Library; greenfield@alz.org; 312.335.9602

Consult your state nursing home regulations.

Start here. Check with your state health department for policies or statutes regarding dementia care units. Search the Internet to find the health department in your state using these terms: **health department [name of your state]** or use this link.

<http://www.cdc.gov/mmwr/international/relres.html>

Dementia care practice recommendations for assisted living residences and nursing homes. Phases 1 & 2.

Chicago, IL: Alzheimer's Association National Office; 2006.

Phase 1 includes dementia care practice recommendations for the environment.

http://www.alz.org/national/documents/brochure_DCPRphases1n2.pdf

Creating successful dementia care settings.

Calkins, M.P.

Baltimore, MD: Health Professions Press, 2001.

Contains: Understanding the environment through aging senses, (v. 1); Maximizing cognitive and functional abilities, (v. 2); Minimizing disruptive behaviors, (v. 3), and Enhancing identity and sense of home, (v. 4). For sale at:

<http://www.healthpropress.com/store/calkins-2718/toc.htm>

Dementia care and the built environment. Position paper.

Alzheimer's Australia, 2004.

This paper provides a starting point for thinking about dementia design.

<http://www.alzheimers.org.au/common/files/>

[NAT/20040600_Nat_NP_3DemCareBuiltEnv.pdf](http://www.alzheimers.org.au/common/files/NAT/20040600_Nat_NP_3DemCareBuiltEnv.pdf)

Dementia design guidelines. Home and Community Care Capitol Works Program.

Hodges, L.; Bridge, C.; Chaudhary, K.

Lidcombe, NSW: University of Sydney, The Home Modification Information Clearinghouse Project Team, 2006.

http://www.adhc.nsw.gov.au/_data/assets/file/0004/228190/

[DementiaDesignGuidelines.pdf](http://www.adhc.nsw.gov.au/_data/assets/file/0004/228190/DementiaDesignGuidelines.pdf)

Design innovations for aging and Alzheimer's: creating caring environments.

Brawley, E.C.

Hoboken, NJ: John Wiley & Sons, 2006. For sale at:

<http://www.betsybrawley>

Designing for Alzheimer's disease: strategies for creating better care environments.

Brawley, E.C.

New York, NY: Wiley, 1997. For sale at:

<http://www.betsybrawley>

Health promotion by design in long-term care settings.

Concord, CA: The Center for Health Design, 2006.

A study reporting the physical environment impacts and outcomes in resident quality of life, resident safety, and staff stress.

<http://www.healthdesign.org/chd/research/health-promotion-design-long-term-care-settings>

Low cost practical strategies to transform nursing home environments.

Cutler, L.J.; Kane, R.A.

Minneapolis, MN: Retirement Research Foundation, University of Minnesota, 2006.

Contains ideas for modifying the existing physical environment of nursing homes in ways that improve residents' quality of life and without major expenditures.

<http://www.pioneernetwork.net/Data/Documents/Cutler-Low-Cost-Practical-Strategies.pdf>

Put yourself in my place: designing and managing care homes for people with dementia.

Cantley, C.; Wilson, R.C.

www.jrf.org.uk/sites/files/jrf/1861348118.pdf

Questions about the environment: an assessment checklist.

Lansing, MI: Michigan Department of Community Health, 1999.

This resource lists questions a professional or family caregiver can ask to determine how well the physical environment provides for the strengths and needs of a person with dementia.

<http://www.lcc.edu/mhap/CARING/Caring22.2010.pdf>

The Therapeutic Environment Screening Survey for Nursing Homes (TESS-NH): an observational instrument for assessing the physical environment of institutional settings for persons with dementia.

Sloane, P.D.; Mitchell, C.M.; Weisman, G.; et al. *The Journals of Gerontology. Series B.* Mar 2002; vol. 57(2), pp. S69-S78.

An overview is located at

www.unc.edu/depts/tessnh/tess_info.htm

Designing Environments for Dementia

Chicago, IL: Alzheimer's Association National Office; 2006.

A comprehensive resource of books, articles, Web sites, and videos on designing environments for dementia care which includes this selected list and more.

http://www.alz.org/we_can_help_resource_lists.asp